

Unitarian Universalist Society: East

Member of the Clara Barton District of the Unitarian Universalist Association



Unitarian Universalist Society: East is a welcoming, open-minded, spiritual community seeking truth and meaning in its many forms. We share responsibility for building a more equitable, peaceful, and sustainable world.

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Sunday Services Schedule

November Ministry Theme: Attention
Services at 9:00 and 11:00 AM

November 3: "On Giving and Legacy."

As we near the end of our 50th Anniversary year, what legacy are we leaving for those who will follow us—here and in the larger world? How do each of us give to our beloved community: our time, our treasure, our deep attention and so much more? This morning we honor the generosity of those who are no longer with us, and begin to contemplate.

Presenter: Jean A. Lebutis and the Legacy Giving Committee

Coordinator: Rev. Josh Pawelek

November 10: "Attention: Being in the Moment with Hospice."

This service recognizes November as National Hospice/Palliative Care Month. Two of our members will speak about providing care to patients to enable them to live the end of their lives as fully as possible with dignity, compassion and love. Information about hospice and volunteer opportunities will be available following the service.

Speakers: Nancy Madar and Ellen Williams

Coordinators: Lorry King and Nancy Madar

November 17: "Paying Attention!"

Our ministry theme for November is attention—a very significant spiritual muscle. Rev. Josh asks: What draws your attention these days? What prevents you from being attentive? How best to exercise this spiritual muscle?

Special Musical Guests: MEETING HOUSE!

Coordinator: Rev. Josh Pawelek

November 24: "Gratitude."

On this Thanksgiving Sunday we examine the concept of gratitude with words, song, and story. This is an all congregation Sunday so the children will be in the sanctuary with their families. In addition to celebrating gratitude, we will welcome new members to the congregation.

Coordinator: Beth Hudson-Hankins and Martha Larson

December 1: "Preparing."

We come fully into the holiday season. We prepare for festivity and fun, which is challenging enough for the party planners and the gift buyers. Yet, how well do we prepare to receive the spiritual gifts this season offers?

Coordinator: Rev. Josh Pawelek

2019 – 2020 Ministry Themes

<https://www.soulmatterssharingcircle.com/themes.html>

July	none
August	none
September	Expectation
October	Belonging
November	Attention
December	Awe
January	Integrity
February	Resilience
March	Wisdom
April	Liberation
May	Thresholds
June	Play

Sunday Service Flowers

The signup sheet for flowers is in a binder in Annie's office. Please make sure you check off the box, indicating whether you want to take the flowers back home with you or have them donated. The contact person for delivering donated flowers is Cyndi Krupa, 860-986-1957, cyndikrupa@sbcglobal.net

Recorded Services Available

Many of the Sunday Services at UUS:E run on the three community access channels (Cox in Manchester, Community Voice Channel in Bolton, and Charter Communications in Windham). The DVDs are available at UUS:E, and you can sign out the programs you were unable to see. Audio CDs are available one week after each service, and as a download from Jane, our sexton, if you provide a flash drive (USB port).

Community Outreach Ministry

Charitable Giving for November 2019

As always, thank you for your generosity.

"We do not gather our gifts only for ourselves, but to share with the larger community."

Continuing our practice of sharing our gifts with the community beyond our walls, the recipient of fifty percent of our Sunday plate collections for the month of November will go to Manchester Senior, Adult and Family Services.

The Manchester department of Senior, Adult and Family Services works to improve the quality of life and help maintain the independence of Manchester residents by offering information, referral, outreach, advocacy, assessment of needs and individual consultation on human services benefits and programs.

Please contact Louisa Graver at lgraver163@gmail.com, David Lacoss, or Nancy Madar at nancymadar@hotmail.com.

Checks made out to UUS:E will be treated as follows: If the memo line:

- ✓ is blank or "pledge" is written, all will go toward your pledge.
- ✓ has "COM" or the name of the charity is on the memo line, all will go to the charity.
- ✓ has "1/2 pledge, 1/2 COM," it will be divided equally.

Equal Exchange

Fair-trade, sustainably-grown, **organic coffee, tea, chocolate and now olive oil** are available for purchase in the lobby after each service on the **second Sunday of every month**. These products are good for the growers, good for the Earth, and offered at a very good price. And did you know that the coffee served on Sunday mornings and at other UUS:E events is also **Equal Exchange** brand?

2019 – 2020 COM Recipients

July	Three area food banks (Manchester, Vernon, East Hartford)
August	Kado Pet Foundation and STRIVE
September	KIDSAFE CT
October	Free at Last Players
November	Manchester Senior, Adult and Family Services
December	Three area shelters McKinney Men's Shelter (Hartford), East Hartford Community Shelter, Cornerstone Shelter (Rockville)
January	Moral Monday CT and Black Lives of Unitarian Universalism (BLUU)
February	Operation Fuel
March	Rebuilding Together (Manchester) and Communitas
April	CT Alliance to End Sexual Violence and Covenant to Care for Children
May	MARC and MARCH, Inc
June	Mary's Place and True Colors

Stop & Shop Cards for Sale

We're looking for people who would be willing to sell Stop & Shop cards on the first Sunday of the month especially after the 11:00 AM service. Many folks who volunteered in the past can no longer help out. It's easy and fun and a good way to meet fellow UUs. Please contact Sandy Johnson if you would like to help out (860-888-9673).

The Minister's Column: Hallelujah!

Dear Ones:

Our ministry theme for November is **attention**. Paying attention is, at its most basic level, a spiritual practice: paying attention to your body, your feelings, your thoughts as they arise and recede; paying attention to whatever is right in front of you, whatever is happening in the present moment; paying attention to the blessings in your life; playing attention to the ugliness and pain in your life; paying attention to beauty; paying attention to evil. Paying attention in any of these ways connects us to something that matters. That's why I say paying attention, at its most basic level, is a spiritual practice.

In her poem, "Gratitude," Mary Oliver asks a series of questions that invite us to pay attention. She asks:

What did you notice?
What did you hear?
When did you admire?
What astonished you?
What would you like to see again?
What was most tender?
What was most wonderful?
What did you think was happening?

(By the way, this poem appears online on a number of websites. It's worth reading. I found it here: <http://www.findingsolace.org/gratitude-by-mary-oliver/>.)

I offer these questions for your contemplation during the month of November. Keep a record of your answers—Daily? Weekly? After a Thanksgiving meal? After the UUS:E holiday fair? After a Sunday service at UUS:E? What do you notice when you pay attention? I'm curious. Feel free to share your answers with me.

There are some events I'm really excited about coming up this month. These are all worth paying attention to! First, on Tuesday the 5th at 7:00 PM, Pamela and Bishop John Selders of Moral Monday, CT will be at UUS:E to talk about the state of the

Black Lives Matter movement. UUS:E has made a congregational commitment to BLM—please come out for this informative event.

On Sunday the 10th in the afternoon, the CT Council for Interreligious Understanding will host an event at UUS:E, "To Love Your Neighbor, Get to Know Your Neighbor." We will have guests from a variety of local faith communities speaking to us about their traditions.

On Wednesday the 20th, the Metropolitan Community Church of Hartford will host Transgender Day of Remembrance. (See the announcement in this newsletter). This is a very important event for demonstrating our love and support for our transgender and non-binary siblings.

Finally, on Sunday the 24th at 4:00 pm at Temple Beth Shalom B'Nai Israel in Manchester, we will participate in an interfaith Thanksgiving Service featuring our good friend Diane Clare-Kearney as keynote speaker. (See announcement in this newsletter.)

I hope you can participate in some of these events, and the many other events happening at UUS:E in November.

With love,
—Rev. Josh

Josh



Enter, rejoice, and come in!

A Religious Education message from Gina

Dear Friends,

We are about six weeks into the 2019 – 2020 Religious Education program, and we're off to a great start! Sunday morning classes are in full swing, covenants have been created, and both children and adults are enjoying making new friends and re-connecting with old ones. Building strong community is every bit as important to our RE program as the curricula we use—in fact, I'd venture to say it's even more important! That's why the Religious Education Committee is committed to offering programming that provides opportunities for children to establish friendships and deepen connections to one another. It's important to make sure that such opportunities are available to children of all ages, and not just limited to Sunday mornings!

Our High School Youth Group is larger and more active than it has been in many years, and while they spend a fair amount of time planning and organizing community service projects and fundraising activities, they also make it a priority to reserve some time to just have fun. You might find our high school youth watching the Twilight Zone, playing Dungeons & Dragons, eating taquitos, or taking a field trip to the Escape Room or the movie theater.

With the inception of Junior Youth Group three years ago, our middle school youth also have an opportunity to socialize outside of Sunday mornings. Youth in grades 6 – 8 meet monthly for team building games, discussions based on exploration of the Seven Principles, parties, and fun outings. In August the group had a pool party, and last month went to Sonny's Place for a haunted hayride. Wildly popular right from the start, the Junior Youth Group continues to thrive.

New this year is Club UU, a social group for children in grades 1 – 5. This group meets the third Friday of each month, October – May from 6 – 8 PM to provide our elementary school aged children an opportunity to spend time with their UU peers outside of Sunday mornings, and to help build a sense of community. The focus of the group is simple—play! Children are invited to bring toys and games from home, or to use what we have here at UUS:E. Adult volunteers are there to oversee and provide guidance as needed, but the goal is really to offer the time and space for child directed, unstructured play—something kids get so little of these days. The group met for the first time last month and the kids were engaged in many different activities including jewelry making with Halloween beads, building with Legos, a silly guessing game, and some very cool battery operated bugs!

Play is important for adults, too! It might not involve Legos or toy bugs – or maybe it will. Whatever meets your definition of fun—a cup of tea with a friend, painting, journaling, gardening, shooting hoops—I encourage you to carve out some intentional time in your own busy schedule to do it. Not only does it model the value of down time and self-care to your children, you will also be giving yourself the gift of some no doubt well deserved fun.

Be well & be loved,
Gina



Membership News



Greetings from the Membership Committee!



Kristen Dockendorff

Kristen Dockendorff was born in Pennsylvania, and then grew up in a town called Little Silver New Jersey right near Monmouth Beach in Longbranch. She spent most of her days in Little Silver swimming, sailing, playing tetherball and learning watercolors.

At six years old during a school eye exam she was diagnosed with Retinitis Pigmentosa. The doctors said not to put her in any special ed classes because she was too smart. Unfortunately they didn't know that she was also dyslexic so many people couldn't figure out whether some of her problems during academics at school had to do with her eyesight or the dyslexia, which they didn't know much about at the time. She was always a very creative girl and never let bad eyesight stop her creativity.

She was raised in the Methodist and Congregational faith with her mother, father, and one brother. Music was always important in her family's life and a good music program often was a factor in choosing a church, though she was never a part of the church's choir. In fact she was asked to leave the children's choir. Instead, she worked in the nursery and discovered her love of children. Her mother often jokes that every family needs an audience.

Her schooling was focused on the arts, from junior high through earning a Master's at Eastern Connecticut State University. During this time it became obvious that teaching was what she loved. The desire to create, problem solve, and share have always been the strongest force in her artistic passion.

Teaching art was something that made her life very fulfilling. After 32 years of teaching art to children ages 4 to 15 she retired from the Ashford school system. Now she still uses her talents in pottery and creativity, as well as many other crafts, to keep her artistic spirit indulged.

Three years ago she got her first Seeing Eye Dog, Emma. Since 2004 she has been legally blind, and after retirement had enough time to dedicate to the training in care of a Seeing Eye dog. With greater independence and confidence Kristen enjoys swimming, hitting some golf balls, traveling to Cleveland Ohio to her parents and brother and Seattle Washington to visit her daughter. She continues her desire to share information with others by giving lectures to various groups about guide dogs and their training.

Kristen continues to share her leadership and creativity as a member of the National federation for the Blind, the Manchester Art Association, the guide dog handlers group, and as the leader of a blind and low vision support group. When not cheering on the Yankees or the UConn women's basketball team, Kristen enjoys solving Sudoku puzzles and discovering new locations to explore with Emma.

Kristen continues to share her gifts at church with the aesthetics committee and hopes to become more involved in various committees and with the adult and children's education program where she has already done some workshops with her Native American flute.



Fay Peters

Lauren Fay Peters was brought up in Meriden, Connecticut, graduated from Platt High School. In 1968 was chosen as Miss Meriden and won a \$500 scholarship. She attended Southern Connecticut State University and graduated with a B.S. In Art Education.

Lauren was an itinerant Art Teacher in Dalton, Massachusetts and in Meriden, Connecticut. Taking a career detour, she returned to college, this time taking up Interior Design.

She's has been Art Director at summer camp, as well as working in recreation in hospitals and group homes. Lauren became a professional clown in her thirties and even tried out for Barnum and Bailey's clown school. She made it to second cuts in Boston.

The Peters family joined a fundamentalist Baptist church while Lauren was still in Kindergarten, but this did not work for her in later life. However, Lauren did learn what it was like to have a church family and was able to reclaim this with UUS:E.

She says, and I quote..."My personal spiritual journey is mish-mosh of things that feel right to me—fairies, angels, nature spirits, Gaia, extra sensory perception, as well as moderation, forgiveness, and gratitude. UUS:E has allowed me to be me—even encouraged it! This is my home. After 20 years of friendship, I am FINALLY ready to be a bonified member!"



Mike Baxter

Mike was born and raised in Glastonbury. He has lived there all his life.

His spiritual journey includes being baptized Greek Orthodox, a mother who is a devout Orthodox Christian, and an agnostic father who was raised Universalist in the 1940s and 50s.

Mike is a talented poet and advocate for trans rights. He volunteers twice a week for VITAS Healthcare in Glastonbury and once a month in the summer as a docent at Old Manchester Museum. He is also an active member of Glastonbury Kiwanis.

Mike found UUS:E when he came out as trans this spring and was looking for refuge from intolerance and bigotry, both at home and socially.

Black Lives Matter

A Conversation about the "State of the Movement"
With Bishop John and Pamela Selders, co-founders
of Moral Monday CT



Tuesday, November 5, 2019, 7:00 PM
Unitarian Universalist Society: East
Main Meeting Room

Transgender Day of Remembrance

Wednesday evening, November 20, 7:00 PM
Metropolitan Community Church
155 Whylls St., Hartford



Transgender Day of Remembrance is an annual observance conducted in communities around the world to remember transgender people who've been murdered because of their gender identity or expression. It is a solemn occasion, yet one filled with hope for a more just and humane future.

Holiday Worship with the Larger Manchester Community



Manchester Interfaith Thanksgiving Service
Featuring Keynote Speaker, Diane Clare-Kearney of
Manchester Adult Education
Sunday afternoon, November 24, 4:00 PM
At Temple Beth Shalom B'Nai Israel
400 East Middle Turnpike, Manchester, CT

To Love Your Neighbor, Know Your Neighbor



Conversations on religions beyond our own

The Connecticut Council for Interreligious Understanding (CCIU) and Unitarian Universalist Society: East (UUS:E) present a moderated question and answer session designed to increase understanding of the varied religious beliefs and practices of our CT neighbors. Panelists will include members of the Jain, Hindu, and Sikh faiths. Bring your questions and meet new friends on Sunday November 10, 2019 at 2 PM.

CCIU launched this series to help people understand religions other than their own. This effort follows directly from our 4-year-old program, "Honest Conversations with Muslim Neighbors," a joint project with the Muslim Coalition of Connecticut and Hartford Seminary to combat Islamophobia.

Questions: Contact Vivian Carlson at vivjcarlson@gmail.com or 860-212-7508 or Greg Dupuis at gdupuis@outlook.com or 860-614-2669.

New Fundraisers at UUS:E!

UUS:E is planning to experiment with a few new fundraisers in the coming congregational year. Revenues from these fundraisers will add to our already successful Holiday Fair, Goods and Services Auction, Chocolate Auction, and Stop & Shop gift card sale. A list of new ideas appears below. Want to help out? We'd love to have your participation to make these fundraisers successful. Contact Rev. Josh at 860-646-5151 or minister@uuse.org if you'd like to help out with any of these efforts.

RESTAURANT NIGHTS: Participating restaurants dedicate a portion of their sales on a dedicated night to UUS:E for every customer who mentions their affiliation with the congregation. Is there a local restaurant you love? Want to share it with your fellow congregants? Let us know.

VIRTUAL TAGSALE: Create a UUS:E page on E-Bay. You donate items to UUS:E. We sell 'em online. We're looking for people who know their way around E-Bay and who would be willing to teach others.

POP-UP KITCHEN: Local chefs from UUS:E or from the wider community prepare a meal in our commercial kitchen. Buy tickets to a sit-down dinner, or purchase a meal to go.

VENDOR-BASED FAIR (Springtime): Area vendors rent table space for a day from UUS:E. The best idea we've heard yet? "Animal Days." Local vendors who work with animals, such as dog-walkers, cat sitters, groomers, trainers, kennels, pet stores. Spend a day at UUS:E introducing themselves, their services and their products to the wider community.

NICHE GAME TOURNAMENTS: Host a tournament for competitive games such as Scrabble, Chess, or even a popular video game. Participants pay a fee to enter. UUS:E splits the proceeds with the tournament winner.

Bring back the **UUS:E PLANT SALE:** we have in-depth directions on how to run this popular fundraiser in mid-Spring. Brings in lots of people from outside the congregation.

There are more possibilities: craft nights, fine art sales, etc. And if you have any ideas for a cool new fundraiser, please contact Rev. Josh.



A Special UUS:E 50th Anniversary Benefit Concert!

The Amuse Blues Jazz Trio returns with a relaxing late afternoon of jazz on Sunday, November 3, 2019, at 4 PM. Our own Paul Shumsky (guitarist), Ryan Ford (double bassist), and Steve Dauphinais (drummer) will bring their unique flavor to familiar numbers, performing an eclectic mix ranging from Cole Porter and Kurt Weill to Henry Mancini and Gabriel Faure.

About the players:

An eclectic guitarist, Paul Shumsky has performed at Boston Symphony Hall under the direction of Gunther Schuller; with the band, Wildest Dreams which he co-managed specializing in Afropop, Caribbean, funk and Brazilian styles and now, The Amuse Blues Jazz Trio playing his favorite music, improvisational jazz.

Ryan Ford, double bassist has performed at Carnegie Hall with the National Festival Orchestra under the baton of Lukas Foss and has attended over 10 summer sessions with legendary solo bassist, Gary Karr. He holds a Doctorate of Musical Arts Degree from the Hartt School.

Steve Dauphinais, drummer has performed with groups including the City Lights Jazz Orchestra, the Guinea Pigs, and Pop Omelette in styles including rock, folk-rock and jazz.

There is a suggested donation of \$15, no one is turned away.

Calling all Canners!

We need Jams and Jellies! Now is a great time to harvest for preserves for the 2019 Holiday Fair. If the weather is too hot for canning consider freezing the fruit or vegetable and canning it during cooler weather. We are also looking for Relishes, Salsas and Chutney. Remember that jars can be reused but must be thoroughly cleaned, including removing old labels. Please use new lids and bands. We also need used canning jars! Please leave them on the steel shelf in the janitor's closet next to the coatroom. Please contact Cory Clark at 860-597-9417 or clarkski107@hotmail.com with any questions/concerns, and with a description and quantity of jars you will be donating.

Calling All Singers!

Holiday choir rehearsals are already in progress but it's not too late to join the fun. Every Wednesday night at 7:15 PM we will be getting ready for the Music Services: December 15th at 9 AM and 11 AM. There are no auditions-If you love to sing you are invited. For more information speak to Mary Bopp, UUS:E Music Director or any choir member.

Thanksgiving Potluck?

Anyone interested in a potluck on Thanksgiving day? If so, please contact Paul and let him know of any dietary restrictions and/or dislikes, and what time of day you would prefer.

pcocuzzo@gmail.com

Fall Clean-Up 2019



Saturday, November 16, 9 AM - 12 PM

Join the Building & Grounds committee in preparing the grounds for the holiday fair and winter. Bring what you have for raking and pruning and we'll supply the rest: snacks, coffee, cider, equipment, direction and a few laughs. Children and youth with a responsible adult are welcome. This is a great way to connect with others in our congregation and to care for the land, the seventh principle in action! Contact Cory Clark or Jane Osborn for more information.



Helping Our Friends at Verplanck

Our partner school, Verplanck Elementary in Manchester, has asked us to help provide Thanksgiving meals for their families. This is a "high need school" where 84% of the families are eligible for free or reduced price lunch. As the school population has grown to over 540 students, our Family Resource Coordinator is trying to put together close to 100 baskets! We have committed to help at least 20 families in our first year of the partnership.

Each family will receive a turkey with the sides – stuffing, cranberry sauce, potatoes, etc. We have some cash donations already, and we're asking several markets to give us a discount on the 20 turkeys. Can you help with the other groceries? Stop by the table in the lobby after each service on October 27, November 3 and 10 and pick up an "assignment." Or email Nancy Pappas at nanapap338@aol.com. Bring donations to church by November 17 so we can clear the coat room for the Holiday Fair. Thank you for your generosity!

Save the Date!

For the UUS:E Goods & Services Auction + Chili Cook-Off on January 18, 2020!

Mark your calendar to join in the fun at this multi-gen evening of fun and community!

It's time to start thinking about the wonderful things you might contribute. Here are a few ideas— Unique services like home repair, personal training, instruction, garden assistance; Outings such as picnics, tours, musical/theatrical performances; Meals in your home or other meaningful location; Valuable objects that you are willing to donate.

Are you a member, a volunteer or a docent at a cultural institution? Please ask for a contribution ASAP!

Watch for more news about this fun and profitable event. And consider working joining the fun right away, by working on the planning group! Contact Nancy Pappas (nanapap338@aol.com) or Jennifer Klee (jenduv@sbcglobal.net).

Get Connected! with UUS:E on the Web

UUS:E WEBSITE is located at <http://uuse.org>. Here you can find the latest news about our community and upcoming events, basic information about group and committee activities, Rev. Josh's sermons, and much more.

DIALOGUE FROM HOME is our ongoing virtual **talkback series** that continues online after each of Rev. Josh's sermons. Whether you want to read along, post your thoughts, and/or engage in dialogue about the topic, you are welcome to join this group. Request a password from Annie, the office administrator, to get access to the discussion. Email uuse153@sbcglobal.net.

FACEBOOK! UUS:E has two Facebook pages where members and friends can share all things UUS:E. Our main site is www.facebook.com/UUSEast. You can find out what's going on at UUS:E here. And please share our events to your own page to help spread the word about all of the great things we do!

We also have a second site, UUS:E Happenings, designed specifically to share ideas and events with others in the UUS:E community. Anyone can post here. Is your child going to be in a play? Are you performing a concert? Looking for people to hike with? Post it here! This is a closed group, request to join here:

<https://www.facebook.com/groups/587066578028806/>

MEETUP: We have started a Meetup page! Join our group! Find events, RSVP and more at: <http://www.meetup.com/Unitarian-Universalist-Society-East/>. If you'd like to add an event to the Meetup site, contact Carol Marion at cmarion333@gmail.com.

Rev. Josh has his own website located at <http://revjoshpawelek.org>

Catch up on his latest writings, community work, and more. You can also follow Rev. Josh on **Twitter @revjoshpawelek**, or connect with him at **LinkedIn** and **Facebook**.

Weekly e-blast – To sign up, look for the button near the top-right at uuse.org:



Send submissions to SBarlow627@aol.com

Green Sanctuary News

The season for buying and giving gifts is approaching but buying items can be expensive and fosters resource depletion and pollution in all steps from creation to transportation and disposal. Here are some alternative ideas for gifts that avoid some of these downsides of buying things.

- **Give experiences:** tickets to museums, sports events, adventures (e.g., hot air balloons or rock gym), movies, vineyards, massages, music or dance lessons.
- **Give \$:** Start a savings account; just give cash and let them decide what is best, but perhaps request a report on what special thing the cash made possible. Beware of gift cards: they might have charges or expire or get misplaced, such as my \$50 card that turned up as a bookmark 10 years after the store closed.
- **Offer Services:** cooking, housecleaning, yardwork, babysitting, or rides to the airport.
- **Plan special times together:** dinners, road trips (but not shopping trips!), brunches, or hikes.
- **Donations in their name:** charities or other good causes that they support.
- **Give subscriptions:** on topics of value to them, e.g., magazines, Netflix, box of the month club (e.g., wine, coffee, fruit, cheese).
- **Handmade Gifts:** shop fall fairs, frame a picture, compile your favorite recipes, or use software to make a calendar with personal pictures.
- **Second-hand gifts:** shop consignment shops or local fairs or give something special of yours.
- **Write a special letter** (or make a personal holiday card) with memories/feelings.
- **Give plants/trees:** Properly chosen, they can add beauty and help clean the air.

Books, Classes and Discussions

brought to you by...

The Adult Religious Education Committee

(Youth are welcome at all workshops. Childcare is available with one week's notice.)

Science and Religion

4th Thursdays* 4:30 – 6:00 in the Chapel

***Exception:** November and December meetings will be combined into one on 12/5/19.

How does science inform our beliefs? Where do science and religion meet? Where are they in opposition? Members of this ongoing group will select and discuss readings covering myriad topics such as evolutionary biology, artificial intelligence, climate change, the brain, genetics...and the way we look at the Big Questions. For information contact LindaKDuncan@gmail.com.

Community Drum Circle

Third Tuesdays and Fourth Mondays
in the Sanctuary
7:00 – 8:30 PM

Open to all levels of ability and experience. Facilitator Mary Ertel provides djembe drums and other hand instruments, and you may bring your own.

Contact Paul Cocuzzo at pcocuzzo@gmail.com or 978-270-2056 with questions or to reserve a drum.

Book Lovers

We meet every second Tuesday from 3:30 to 5:00, downstairs in the chapel area. Everyone is welcome—including friends from outside UUS:E. Even if you haven't finished the book, you are invited to the discussion. Books are selected by participants, and we try to choose books that are old enough to be available in paperback, or at least in public libraries.

- November 12, **The Sweet Hereafter**, by Russel Banks
- December 10, Essays of E.B. White

For information: marlar@wordshard.com

UU Buddhists

First Tuesdays, Room 2

The Buddhist Group meets at 7:00 PM on the first Tuesday of each month, for meditation, dharma, and discussion.

Contact Nancy Thompson
nancythompson123@yahoo.com with questions.

Women's Sacred Singing Circle

Every Thursday from 7:00 – 9:00 PM, we will be singing in the sanctuary. All women and girls eight years and older are welcome to join our circle regardless of musical training or ability. Come when you are able, stay as long as you wish.

Sing, laugh, and be in community.

For more information, contact
Jane Osborn: janeosb3@gmail.com



Yoga News

Come enjoy yoga at UUS:E!

The current yoga session with Susan Barlow is November 6 – January 8, 11 AM-12 noon (no class 12/25, 1/1). The current yoga session with Jessica DeCarli ends November 11. Her next session is November 18 – January 6, 5:45 -6:45 PM.

Come enjoy physical strengthening and the opportunity to quiet the mind. Bring a yoga mat or towel and wear comfortable clothes. All welcome, including beginners!

\$6 drop-in fee or \$40 for the eight-week session. If the fee is an issue, please contact Linda Rohlf at rohlf26@comcast.net or at 860-872-2526.

You can register with, and direct questions to:

- Jessica at jess.decarli@gmail.com,
- Susan at SBarlow627@aol.com, or
- Annie at uuse153@sbcglobal.net

To read about their classes, visit UUSE.org.

<http://uuse.org/religious-ed/adult/yoga-classes>

Books, Classes and Discussions

continued



Celebrate Life with Shakti's Light

Friday, November 8, 2019 7:00 PM

Start the season of joy with the return of Shakti's Light Kirtan. Singer-songwriters Vicky Hannon and Jenn Richard lead call and response mantras in a combination of original music and familiar tunes. Their style is an energizing acoustic guitar-based rock, with an emphasis on tapping into our universal spirit. Vicky and Jenn believe that music makes the world better in a far-reaching way that anyone can enjoy, no matter what your faith, or what you **think** your singing quality is. Come to UUS:E and experience Shakti's Light for yourself: share your voice, and share the joy!

A \$15 donation is requested at the door, **no one** is ever turned away. Chair seating is provided. Bring your own floor cushions if you want to sit on the floor. Footwear is optional. **The kirtan is held in a scent-free space.**

Adult Religious Education Programs

Notices about both on-going and special Adult Religious Education programs for the Fall term will be shared through multiple outlets at UUS:E and beyond, including the weekly and monthly listings, the e-blast, inserts to the Order of Service, posters and social media; there will be no printed brochure. The Adult RE committee invites comments and suggestions about the desirability of a printed brochure, as well as other mechanisms to ensure wide promotion of these programs. Please contact Lorry King (kingl92@gmail.com).



Holiday Fair

The Holiday Fair is our biggest fundraiser!
The UUS:E Holiday Fair is November 22 & 23
How can you help? Donate your time, your talent, & your stuff.

Share Your Time

We need you! The Fair Week starts on Sunday, Nov. 17 at 12:45 with the big set-up. The fair is open Friday night, Nov. 22 from 6:30 PM to 9 PM and Saturday Nov 23 from 10 AM to 3 PM.

Sign up to help in one of these areas BEFORE the fair:

When?	Where?	What?	Contact
Sun Nov 17, 12:45 pm	Set up	Move things out and bring in tables	Desirée Holian-Borgnis : desiree.holian@gmail.com
Mon Nov 18 - Fri Nov 22	Tag Sale	Sorting & organizing items	Deb Gould: dagould59@comcast.net or Sandi Karosi: slkarosi@comcast.net
Mon Nov 18 - Fri Nov 22	Jewelry (Lucy's Locket)	Sorting & organizing items	Peggy Webbe: dwebbe@comcast.net or Diana Sherman: dcreamer12@aol.com

Sign up to take a shift DURING the Fair:

Shop	Contact	Shop	Contact
Bake Shop	Jean Mamonas: bjeanmamonas@gmail.com or Jennifer Klee: jenduv@sbcglobal.net	Knitting/Winter Wear	Phil Sawyer: psawyer215@gmail.com or Carol Marion: cmarion333@gmail.com
Children's Shop	Peggy Gagne: pgagne15@att.net	Tag Sale	Deb Gould: dagould59@comcast.net or Sandi Karosi: slkarosi@comcast.net
Greeter (Friday or Sat.)	Desirée Holian-Borgnis : desiree.holian@gmail.com	Jewelry	Peggy Webbe: dwebbe@comcast.net or Diana Sherman: dcreamer12@aol.com
Pride /Rainbow Shop	Ctaci Belster-Coleman: this.is.ctaci@gmail.com	Gallery	Nancy Madar: nancymadar@hotmail.com
Floater	Check on booths & give workers breaks Desirée Holian-Borgnis : desiree.holian@gmail.com	Luncheon	Cooking, Cleaning, Bussing, Anne Carr: acarr06040@yahoo.com

Sign up to help AFTER the fair:

When?	Where?	What?	Contact
Sat Nov 23, 3 pm	Tag Sale	Large vehicles to remove leftovers	Deb Gould: dagould59@comcast.net or Sandi Karosi: slkarosi@comcast.net
Sat Nov 23, 3 pm	Break Down	Move out tables & put	Desirée Holian-Borgnis :

When?	Where?	What?	Contact
		things back	desiree.holian@gmail.com
Sat Nov 23, 4 - 8 pm	After Fair Party	Help prepare food, serve & clean up	Stacey Muslin: smuz@outlook.com
Suns Nov 24 & Dec1 10:15 am & 12:15 pm	After Fair Sales	Help staff sale table	Desirée Holian-Borgnis : desiree.holian@gmail.com

Share Your Talent

Please bring in donations between Sunday Nov 17 at 12 PM and Wednesday Nov 20 at 8 PM.

Please include your name, an estimate of the cost, and a description of your handmade items. Our guests enjoy the 'story behind the item'; it can really help items sell.

Where?	What?	Contact
Stitchery Booth	Handmade Stitchery items for home, adults & children	Carolyn Gimbrone: bowbrone@aol.com
Gallery	Original works of art	Nancy Madar: nancymadar@hotmail.com
Holiday Crafts	Handmade ornaments	Louisa Graver: lgraver163@gmail.com
Knitting	Patterns for mittens & hats available!	Phil Sawyer: psawyer215@gmail.com or Carol Marion: cmarion333@gmail.com
Baked Goods	Cookies, pies, breads, vegan, gluten free, your choice	Jean Mamonas: bjeanmamonas@gmail.com or Jennifer Klee: jenduv@sbcglobal.net
Jams and Jellies	Jams & jellies, relishes, salsa	Cory Clark: clarkski107@hotmail.com
Woodworking	Handcrafted wood items	Bill Graver: billgraver30@gmail.com
Pride Shop	LGBTQIA+ & rainbow related	Ctaci Belster-Coleman: this.is.ctaci@gmail.com
Luncheon	Pies & Gluten-Free Desserts	Anne Carr: acarr06040@yahoo.com
Friday Night Refreshments	Desserts, Cider, Pies	Donna Johnson: dhmjohn@gmail.com

Share Your Stuff

Please bring in donations between Sunday Nov 17 at 12 PM and Wednesday Nov 20 at 8 PM and **PLEASE make sure ANY donations are in GREAT shape, are in WORKING CONDITION and are CLEAN.**

Where?	What?	Contact
Jewelry	All kinds, but donations of fine jewelry can be left in the office	Peggy Webbe: dwebbe@comcast.net or Diana Sherman: dcreamer12@aol.com
Books	Books, CDs, DVDs (PLEASE, no textbooks, encyclopedias or books with mold/mildew)	Susan Barlow: sbarlow627@aol.com
Children's Shop	Games, toys, puzzles, books	Peggy Gagne: pgagne15@att.net
Friday Night Specials	higher ticket tag sale items	Lesley Schurmann: lesley57@cox.net
Silent Auction	Unique items minimally at \$50	Mary Ellen Vigeant: mevig@sbcglobal.net

Watch for the sign-up sheets at the Holiday Fair table after Sunday services in October and November or contact Desirée Holian-Borgnis at desiree.holian@gmail.com.

Or sign up ONLINE at uuse.org under **Upcoming Events - Craft and Food Holiday Fair**

Thank you for your help in making the UUS:E 2019 Holiday Fair a success!

Honoring the Past, Envisioning the Future



Affirmation Reunion December 1

Mark your calendars for the Affirmation Reunion on Sunday, December 1 (Thanksgiving weekend)! We'd love to see as many Affirmation Alums, Mentors and Advisors as possible—going all the way back to the first class in 1982! Stay for coffee hour to reconnect with "old" friends.

We are looking for alums from all decades to be greeters, chalice lighters, etc. at both services. Contact Tammy Stolzman at tammystolzman@gmail.com if interested. And can you help build our contact list? Click here [Affirmation List](#) and let Tammy know who's missing. Spread the word - the more "affirmammals" the merrier!

Jazz Concert Benefits UUS:E 50th Anniversary

The Amuse Blues Jazz Trio—our own Steve Dauphinais, Paul Shumsky and Ryan Ford – returns with a relaxing afternoon of jazz on Sunday, November 3 at 4 PM. The trio brings an eclectic mix ranging from Cole Porter and Kurt Weill to Henry Mancini and Gabriel Faure. Suggested donation \$15 for this 50th anniversary benefit concert, no one turned away.

What Legacy Will We Leave?

As we near the end of our 50th Anniversary year, what legacy are we leaving for those who will follow us – here and in the larger world? How does each of us give to our beloved community: our time, our treasure, our deep attention and so much more. These questions are the focus of the November 3 service, titled Looking Back, Looking Forward. We will honor the generosity of those who are no longer with us, and face the challenges of our future. Presented by Jean Labutis and the Legacy Giving Committee.

November Milestones ~ This Month in UUS:E History:

November 1970: Arnold Westwood installed as the first settled minister of Unitarian Universalist Society of Manchester.

November 1971: Our **first** holiday fair is held at Center Congregational Church. Two years later, it has become a very successful fundraiser and a focus of members' energy, with workshops offered almost weekly.



Our Anniversary Twin Scarecrows on Main Street

Have you seen our happy pair of "care crows" in front of Bui Restaurant on Main Street in Manchester? Thanks to Carol Marion of the Growth Strategy Team, we're bringing our celebration out into the community. Watch for the twins to make another appearance near the meetinghouse front door in November!

UUS:E GENERAL INFORMATION

UUS:E Office Schedule: Monday-Friday, 8:00 AM to 4:00 PM

Meetinghouse Office: 860-646-5151

Office Administrator: Annie Gentile email: uuseoffice@uuse.org

Minister: Rev. Joshua Pawelek 860-652-8961, revpawelek@gmail.com

OFFICE HOURS: Tuesday 10 AM to 7 PM and Thursday 10 AM to 4 PM

President: Rob Stolzman, 907-268-1871, robandtammylee@yahoo.com

Director of Religious Education:

Gina Campellone, 860-875-8468, redirector@uuse.org

Newsletter Editor: Paul Cocuzzo, 978-270-2056, newsletter@uuse.org

Website Coordinator: Carol Marion 860-643-8765, uuseweb@gmail.com

World Wide Web address: <http://uuse.org>

**December Newsletter Deadline:
November 20**

Unitarian Universalist Society: East
153 West Vernon Street
Manchester, CT 06042