

Unitarian Universalist Society: East

Member of the Clara Barton District of the Unitarian Universalist Association



Unitarian Universalist Society: East is a welcoming, open-minded, spiritual community seeking truth and meaning in its many forms. We share responsibility for building a more equitable, peaceful, and sustainable world.

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Sunday Services Schedule

September Ministry Theme: none

Services at 9:00 and 11:00 AM

10:00 AM Only

September 1: "Religious Toolmakers."

On this Labor Day Sunday, third generation UU John Stowe will speak about our role as 'religious toolmakers' and how craftsmanship informs our faith.

Coordinator: Sheila Foran

September 8: "Homecoming."

Don't miss our annual homecoming worship celebration featuring special music and rituals to mark the commencement of a new congregational year! Bring a backpack, briefcase, purse, etc. for the annual "Blessing of the Backpacks."

Coordinators: Gina Campellone, Mary Bopp, and Rev. Josh Pawelek

September 15: "Deep, Not Wide"

When did multitasking become a thing? When did headline banners start running across the bottom of cable news shows? What was life like before Facebook, Instagram, Twitter and 1,000 other social media platforms? We live in a larger culture that demands width; yet our souls hunger for depth. Let's resist the urge to go wide, and learn instead how to go deep.

Coordinator: Rev. Josh Pawelek

September 22: "Women's Right to Vote: The 19th Amendment."

Explore the history of the women's suffrage movement in the United States, including its supporters and opponents, struggles, failures and successes.

Coordinator: Marsha Howland

September 29: "Beloved Community."

So often, the term "beloved community" is used to describe an ideal state we are working toward as a faith community. But describing that ideal state can easily distract us from the actual work of being "beloved community." What is that actual work?

Coordinator: Rev. Josh Pawelek

2019 – 2020 Ministry Themes

<https://www.soulmatterssharingcircle.com/themes.html>

July	none
August	none
September	Expectation
October	Belonging
November	Attention
December	Awe
January	Integrity
February	Resilience
March	Wisdom
April	Liberation
May	Thresholds
June	Play

Sunday Service Flowers

The signup sheet for flowers is in a binder in Annie's office. Please make sure you check off the box, indicating whether you want to take the flowers back home with you or have them donated. The contact person for delivering donated flowers is Cyndi Krupa, 860-986-1957, cyndikrupa@sbcglobal.net

Recorded Services Available

Many of the Sunday Services at UUS:E run on the three community access channels (Cox in Manchester, Community Voice Channel in Bolton, and Charter Communications in Windham). The DVDs are available at UUS:E, and you can sign out the programs you were unable to see. Audio CDs are available one week after each service, and as a download from Jane, our sexton, if you provide a flash drive (USB port).

Community Outreach Ministry

Charitable Giving for September 2019

As always, thank you for your generosity.

"We do not gather our gifts only for ourselves, but to share with the larger community."

Continuing our practice of sharing our gifts with the community beyond our walls, the recipient of fifty percent of our Sunday plate collections for the month of September will go to KIDSAFE CT.

KIDSAFE CT concentrates on preventing and treating child abuse and neglect in 12 east-of-the-river towns. It is part of a network of centers established by the National Exchange Club Foundation for the Prevention of Child Abuse. Our contribution will support the Parent Aide Program, which matches trained volunteers with parents at risk of abusing or neglecting their children, offering support and guidance.

Please contact Louisa Graver at lgraver163@gmail.com, David Lacoss, or Nancy Madar at nancymadar@hotmail.com.

Checks made out to UUS:E will be treated as follows: If the memo line:

- ✓ is blank or "pledge" is written, all will go toward your pledge.
- ✓ has "COM" or the name of the charity is on the memo line, all will go to the charity.
- ✓ has "1/2 pledge, 1/2 COM," it will be divided equally.

Equal Exchange

Fair-trade, sustainably-grown, **organic coffee, tea, chocolate and now olive oil** are available for purchase in the lobby after each service on the **second Sunday of every month**. These products are good for the growers, good for the Earth, and offered at a very good price. And did you know that the coffee served on Sunday mornings and at other UUS:E events is also **Equal Exchange** brand?

2019 – 2020 COM Recipients

July	Three area food banks (Manchester, Vernon, East Hartford)
August	Kado Pet Foundation and STRIVE
September	KIDSAFE CT
October	Free at Last Players
November	Manchester Senior, Adult and Family Services
December	Three area shelters McKinney Men's Shelter (Hartford), East Hartford Community Shelter, Cornerstone Shelter (Rockville)
January	Moral Monday CT and Black Lives of Unitarian Universalism (BLUU)
February	Operation Fuel
March	Rebuilding Together (Manchester) and Communitas
April	CT Alliance to End Sexual Violence and Covenant to Care for Children
May	MARC and MARCH, Inc
June	Mary's Place and True Colors

Stop & Shop Cards for Sale

During the last fiscal year, members of our congregation purchased \$22,350 in Stop & Shop cards. After removing \$800 for those purchased for Manchester Senior & Adult Services, that leaves a profit of \$1077.50 for UUS:E!

We want to thank all of you who purchased cards and those who volunteered to sell them. This year, there are a few changes. Gail Crook, who ran this program for four years, will be handing off the fundraiser to Sandy Johnson, who has been assisting Gail these past two years. In addition, the cards will be sold on the first Sunday of the month only. Please continue to support this fundraiser in the future!

The Minister's Column: Hallelujah!

Dear Ones:

September arrives and our congregational life kicks into high gear. We return (on September 8) to two Sunday services at 9:00 and 11:00 AM. Children's religious education classes begin later in September, and our program year commences. And that's just the beginning. Here's a brief list of some of the major activities we're anticipating in the coming year:

- We continue to celebrate UUS:E's 50th anniversary year. Please mark your calendars now for our Friday, October 4 gala at Georgina's.
- We are launching a new partnership with the Verplanck Elementary School in Manchester. Watch for announcements in this newsletter and elsewhere.
- Our work continues with the Greater Hartford Interfaith Action Alliance (GHIAA). Watch for announcements about GHIAA's Monday, October 28 Public Meeting in Hartford. We are hoping to bring between 85 and 100 UUS:E members and friends to this event.
- Our Sanctuary Team now switches its focus to preparing Rocky for life beyond UUS:E now that a federal immigration judge has granted him asylum.
- We look forward to the Unitarian Universalist Association's General Assembly which will take place in Providence, RI in June—we hope for a large contingent from UUS:E to attend.

I hope you can plug into some of these activities in some way. And, as always, if there's something missing from congregational life that you'd like to see, please don't hesitate to speak with me.

Our ministry theme for September is **expectation**. There are many ways to talk about our expectations for our spiritual lives and for our congregation. In reflecting on my own expectations, I notice a tendency to think and speak in terms of an ideal future state. For example, I hold an expectation that, in time, and with much continuing education, I will have learned enough about ministry to arrive at some still-too-abstract level of excellence in ministry. I hold an

expectation that, in time, we will achieve our congregational vision. I hold an expectation that, in time, we will become the "beloved community." I hold an expectation that, in time, we will have contributed to the emergence of a more just and loving society, state, nation, world, etc. My point is that the theme of expectation often leads us to contemplate a future state. What do we expect will be the fruit of our present efforts?

Having said that, I've been recognizing during this past summer—perhaps more than ever—that focusing on the future state, though important, can sometimes distract us from the very hard work of the here and now. What is that hard work? Here are a few ideas: 1) doing everything in our power to be as inclusive as possible in our decision-making and programming; 2) centering the voices of those on the margins of congregational life; 3) making sure that when someone says "ouch," we pause to listen and understand the hurt; 4) making sure that, when we've hurt someone, even if our intentions were good, we apologize. That's a preliminary list. I'll be focusing on this tension between the future state and the present moment in my preaching in September. I have, as always, great expectations!

I'm looking forward to seeing you soon!

With love,
—Rev. Josh

Josh



The Policy Board's Column

Is it September already? Every summer I vow to slow down and live in the moment for just a few of the lazy days of summer and every year, I hit September and wonder how those lazy days passed me by. But I have to admit, I very much enjoy autumn. The shorter days lead to beautiful colors. Autumn also provides joy as I get to watch the excitement build at UUS:E as we get back to a new church year. This year the Policy Board is geared up for a leadership retreat that will be held in September at UUS:E. The NLDC Committee has come up with a wonderful program that includes training for new (and not so new) leaders on budgeting, calendaring and using our building. We also plan on continuing training on white supremacy culture and hope to begin some non-traditional strategic planning. We hope to use this retreat as a springboard for a successful year.

As part of our efforts for a successful year, I encourage you to check out, not only our Sunday services, but all of our UUS:E programming that occurs throughout the week. If you have thought about getting involved in a committee or effort, now is a wonderful time. If you've considered any of our Adult RE programs, now is a wonderful time. Make sure you check out the weekly e-blast for opportunities! Speaking of opportunities, I'd be remiss if I didn't mention our upcoming 50th Anniversary Gala scheduled for October 4. Our volunteers have put a huge amount of effort into planning this bash and it promises to be a ton of fun...and the talk of the gala season! So please come and join us. Look for tickets to be on sale after Sunday services.

I'm excited to part of our community. Let's continue to build and grow our open, loving and caring spiritual home together and make our 51st year something to remember.

With love,
Rob

Enter, rejoice, and come in!

A Religious Education message from Gina

Dear Friends,

I always find the month of September bittersweet. I am reluctant to let go of the more leisurely pace of summer, the long hours of daylight, the beach walks at dusk, and the trips to Kloter Farms for an ice cream cone with the kids. On the other hand, the approach of autumn promises cooler weather, beautiful foliage, apples, pumpkins, and of course the start of a new year of Religious Education at UUS:E.

I am excited about what's in store for our Religious Education program in 2019 – 2020. Last year our focus was on UU identity formation. This school year we shift our curriculum focus to an exploration of our Sources, the Hebrew and Christian traditions, as well as other world religions. In order to fully understand what it means to be a Unitarian Universalist, it's important to become familiar with the many religions that have informed, inspired, and influenced us.

As always we will continue to talk about race, racism, privilege, equality, and diversity. The RE Committee and the Social Justice and Anti-Oppression Committee will work collaboratively to offer our children and youth opportunities to engage in meaningful social justice activism. An important goal of our Religious Education program is to help our children understand that there are many ways to fight oppression and to serve as ambassadors of love in the world.

I look forward to seeing everyone on September 8 at the All Congregation Homecoming Worship Service, which will include a Blessing of the Backpacks, a teacher dedication, and the always popular back to school slideshow. In the meantime, please check out this year's curricula and programs. (See following page.)

Be well & be loved,
Gina



2019 – 2020 RE Curricula

Pre-K & Kindergarten: Spirit Play: The goal of Spirit Play is to help children live into their own answers to the existential questions: Where did we come from? What are we doing here? How do we choose to live our lives? This highly successful Montessori based program engages children using stories from many traditions and group “wonderings.” Children choose work activities, sing songs, and partake in a “feast” each week.

Grades 1 & 2: Picture Book World Religions:

This curriculum offers an introduction to Bible stories from the Hebrew & Christian traditions, as well as Hindu, Islamic, and Buddhist faiths using beautiful and engaging picture books. Each lesson is complemented by an age appropriate art or movement based activity, such as Arabic alphabet calligraphy, cooking with dates for Ramadan, peacock feather art, sand play, and more.

Grades 3 & 4: Love Will Guide Us: In this program, participants learn to seek guidance in life through the lens of our Unitarian Universalist Sources, with an emphasis on love. Together we ask: questions such as, “Where did we come from?” “What is our relationship to the Earth and other creatures?” “How can we respond with love, even in bad situations?” “What happens when you die?” Sessions apply wisdom from our Sources to help participants answer these questions. All sessions highlight love as a central aspect of Unitarian Universalism. Using the night sky and the North Star as metaphors, participants are “guided to love.”

Grades 5 & 6: Holidays & Holy Days: This much loved curriculum, revised and updated in 2018, celebrates the origin and meaning of different holidays and holy days around the world in a variety of eastern, western and indigenous religions. Each lesson relates other traditions to Unitarian Universalist principles and values.

Grades 7 & 8: Our Whole Lives (OWL): This nationally recognized, highly successful UU program on human sexuality is designed to help adolescents acquire accurate information, develop positive attitudes, and make healthy decisions about the role of sexuality in their own lives. Advisors are trained by the UUA. Participation requires regular attendance and parental permission.

Grade 9: Breakfast with TED: TED is a nonprofit organization dedicated to sharing important ideas on a variety of topics. TED brings together the world’s most innovative people to deliver short, powerful talks on issues that matter. This newly created program for ninth graders uses TED Talks to engage youth and spark meaningful conversations, all while enjoying breakfast, of course! Youth will also have the opportunity to explore different volunteer roles in the congregation.

The Kindness Project: One Sunday a month, generally the second Sunday, children in grades 1 – 6 come together as a group to explore the second UU principle, “Be kind in all we do.” Over the course of the year, children will explore kindness concepts like “A simple act can change the world,” and “You never know what other people are going through,” and “Assume good intent” as they perform a random act of kindness (RAK).

Junior Youth Group for Grades 6 – 8: The group meets one Sunday evening each month, generally the fourth Sunday, from 5 – 6:30 PM. A typical meeting includes time to check in, reflection on one of the Seven UU Principles, and games or other activities. Opportunities for community service and other special events such as outings or parties are also offered throughout the year.

Youth Group for Grades 9 – 12: Several different types of programming are incorporated to best meet the needs and interests of our high school youth. At bi-monthly meetings the group will get together to talk, play games, cook, eat, watch a movie or work on a service project. There will also be opportunities for social activities outside the building. This year’s program will also include fund raising to help the youth attend UU General Assembly in Providence in June 2020.

NEW THIS YEAR! “Club UU”

Club UU is a social group for children in grades 1– 5. It will meet the third Friday of each month, October – May from 6 – 8 PM to provide the children an opportunity to spend time with their UU peers outside of Sunday mornings, and to help build a sense of community. At these meetings we will share a snack, play cooperative games, and just have lots of fun!

Membership News



Greetings from the Membership Committee!

We have many new visitors each and every month, and thank you for reaching out to new folks.

From the comments we've received, your friendliness has made a big impact.

So many of you have volunteered faithfully to help with Coffee Hours on Sunday, as well as being at the Welcome Table, and being a Sunday Service Greeter. Heartfelt **thanks** go to all of you. However, substitutes are still needed from time to time. If you'd like to occasionally help with Coffee Hour please contact Jacquie Heintz (jacqonstance@gmail.com). If you have some time to be at the Welcome Table, Jennifer Klee would love to know, so contact her at jenduv@sbcglobal.net. Louisa Graver schedules all of our Greeters, so please contact her at lgraver163@gmail.com.

Upcoming events:

9/15/2019: Intro to UUS:E, 12:45 – 4:00 PM

9/26/2019: New Member Reception, 6 – 8 PM

9/29/2019: New Member Sunday

Are you interested in joining our busy (and fun) committee? We'd love to have you! Talk to Edie Lacey, chair, (edielacey1@gmail.com), Jerry Arcari, Membership Coordinator (membership@uuse.org), or any committee member: Jennifer Klee, Gail Crook, Louisa Graver, Jacquie Heintz, Betsy Nelson, Alexander Herpst, Susan Barlow, and Kathi Lee. You can always join us on the third Tuesday of the month at 6 PM in Room 2. No RSVP necessary.

UUS:E Common Summer Read:

Revisiting the Empowerment Controversy

In honor of UUS:E's 50th anniversary, Rev. Josh has proposed a common 'summer read' for our congregation: **Revisiting the Empowerment Controversy: Black Power and Unitarian Universalism**, by UU minister and historian of the African American UU experience, the Rev. Mark Morrison-Reed. This book chronicles a series of significant events in the Unitarian Universalist Association that took place 50 years ago. It is available from inSpirit, our denominational bookstore. To order the book, call 800-215-9076 or order online at <https://www.uuabookstore.org/Search.aspx?k=black+power>

If you need financial assistance in purchasing the book, please contact Rev. Josh at minister@uuse.org.

Book discussions will take place in the UUS:E chapel on Thursday, September 19. Attend either at 3:00 PM or 7:00 PM. Please contact Annie Gentile in the UUS:E office at 860-646-5151 to sign up for one of the discussions.

Theological Affinity Groups

with Rev. Josh

For a number of years Rev. Josh has been convening God Talk once per month. God Talk is a small group for anyone interested in exploring the meaning of God in their lives. This group meets on the fourth Tuesday of the month at 4:30 in the minister's study. All are welcome. No belief necessary. The next meeting is September 24.

In 2017 we added a Humanist Study Group. This group meets at 4:30 on the third Tuesday of every month in the minister's study to discuss the history, meaning and practice of Humanism within Unitarian Universalism. All are welcome. The next meeting is September 17.

Last year we added a Pagan Spirituality group to explore the varieties of pagan and earth-centered practices, theologies and identities that exist within Unitarian Universalism. This group meets on the second Tuesday of each month at 4:30 in the minister's study. The next meeting will be September 10. All are welcome.

UUS:E Camp Out!

Saturday, Sept. 7, 5 PM – Sunday, Sept. 8, 9 AM



Join your UUS:E friends for an overnight camp out right here on the grounds of the meetinghouse. We'll pitch our tents down in the field beyond the Memorial Garden. There will be a fire pit, s'mores, and maybe even some singing around the campfire if someone brings a guitar or ukulele!

Be sure to bring the following:

- A picnic style dinner for your family (or eat before you arrive)
- Something for breakfast
- Camp chairs
- Bug spray
- A flashlight or lantern
- Warm clothing and sleeping gear, as it gets cold at night!
- Any games you might want to play

Africa to America

The Performing Arts Department Theatre program at Eastern Connecticut State University presents a remount of **Africa to America: A Celebration of Who We Are**, script originated by Dr. Wendy R. Coleman, Alabama State University Theatre Arts Chairwoman, re-imaged and directed by DeRon S. Williams, Assistant Professor of Theatre/Directing, with original poetry and choreography from ECSU students. **Africa to America** is an interdisciplinary performance that chronicles the history, heritage, and legacy of African Americans told through oration, music, and dance. This rich and powerful experience depicts the struggles, determination, and triumphs as seen through the eyes of many African ancestors and descendants who survived the voyage from Africa to America. The audience will see representation from some of the most

notable icons, including Harriet Tubman, Malcolm X, Dr. Martin Luther King Jr., Angela Davis, Rosa Parks, and the first African-American President and First Lady, Barack & Michelle Obama.

Africa to America will be presented in the Fine Arts Instructional Center's Proscenium Theater on Tuesday, September 17 at 7:30 PM; Wednesday, September 18 at 3:00 PM; and Thursday, September 19 at 11:00 AM.

Tickets to all performances are \$8.

For more information on ticket reservation, please contact the Box Office by calling 860-465-5123 or sending an email to theatreboxoffice@easternct.edu

Mabon Ritual

Sunday, September 15, 6:00 PM

UUS:E Main Room

All are Welcome!

Join the UUS:E Pagan Study Group for a multigenerational ritual of Mabon.



Mabon is the Neo-Pagan celebration of the Autumn Equinox. It is a time of balance of light and dark. It is also for celebrating all we have harvested, in all forms, and for reflecting on what we might still need for balance in our lives. As such, we will be doing a potluck thanksgiving dinner followed by walking a labyrinth. We hope you can join us in the celebration.



If you are planning to attend, please RSVP to Peggy Gagne at pgagne15@att.net or 860-646-6828 to make sure we have enough supplies for all and let her know what dish you might be bringing to share.

Launching Our Verplanck Partnership

This fall, UUS:E is launching a new partnership with Verplanck Elementary School in Manchester. We join a program that pairs every elementary and middle school in town with a "faith partner" to support students and their families.

The first request from our Family Resource Coordinator was to collect school supplies—and the congregation responded enthusiastically! Boxes in the coat room are overflowing with notebooks, back packs, folders and more. In addition, Peggy Gagne engaged her employer, Empire Industries, to conduct a similar collection. A pickup truck overflowing with essentials will head over to Verplanck at the end of August. Thank you to everyone who contributed!!

Next up are some back-to-school events: UUS:E volunteers are providing dessert to about 85 staff members on Friday August 30, as they finish setting up their classrooms. We're helping serve the "welcome back" breakfast on Tuesday morning, September 3. And we're supporting the School's Cool BBQ on Thursday evening, September 5.

Starting in October, as the staff get to know their students, we will have the opportunity to work more directly with the children. The school has a "Lunch Buddy" program, and will begin a Read Across America initiative with RSVP (Retired & Senior Volunteer Program).

There are already 25 members of UUS:E who have signed up to help with this partnership. We need those available on a regular basis, as well as those who can contribute only occasionally. Would you like to learn more? Please email Nancy Pappas at nanapap338@aol.com. And thanks again!

School Supplies Needed

The children of Verplanck need your help.

They need the following:

- Backpacks (no wheels and no lights)
- One subject spiral note books
- 2-pocket folders
- Pencils
- Small pencil sharpeners with catch for shavings
- Pens
- Crayons (both small and large)
- Colored pencils (sets of 6)
- Glue sticks
- 12" plastic rulers

We will be collecting the supplies at the meeting house in a bin in the coat room. They will be needed by August 28th. Please donate for the children who are in need of supplies. If you have any questions, please contact Diana Sherman.



Calling all Canners!

We need Jams and Jellies! Now is a great time to harvest for preserves for the 2019 Holiday Fair. If the weather is too hot for canning consider freezing the fruit or vegetable and canning it during cooler weather. We are also looking for Relishes, Salsas and Chutney. Remember that jars can be reused but must be thoroughly cleaned, including removing old labels. Please use new lids and bands. We also need used canning jars! Please leave them on the steel shelf in the janitor's closet next to the coatroom. Please contact Cory Clark at 860-597-9417 or clarkski107@hotmail.com with any questions/concerns, and with a description and quantity of jars you will be donating.

New UUS:E Road Signs

After 2 years of planning and working through various 'red tape' issues, the Growth Strategy Team is pleased to announce that five new UUS:E road signs have been installed in Manchester, Vernon and Bolton. The team would like to extend a special thanks to CT State Representative Geoff Luxenberg, who represents the 12th Assembly District of Manchester, for his invaluable assistance in negotiating with the State of Connecticut DOT on our behalf.

As you travel the area, keep a look out for our new signs!



In Vernon on Route 30 southbound near Arts Center East



In Bolton on Rte 44 westbound near the intersection with Rte 85

GHIAA Public Meeting

Monday, October 28, 7:00 PM

(location to be announced)

Please mark your calendars for the Greater Hartford Interfaith Action Alliance's first major public meeting. Monday, October 28, at 7:00 PM (location TBA). The Greater Hartford Interfaith Action Alliance or GHIAA is a coalition of more than 30 congregations across the region who are joining together to work on issues of common concern. The purpose of GHIAA's public meeting on October 28 is to officially launch this new organization, and to announce to the wider community the issues on which we will be focusing. This will be a rousing and celebratory event! We are hoping that between 80 and 100 members and friends of UUS:E will attend on October 28. There will be opportunities to sign up after services and online. If you know you are planning to attend, please contact Nicole Bornhorst at nbornhorst@gmail.com.



The UUS:E Holiday Fair is November 22 & 23, 2019. The Holiday Fair is our biggest fundraiser. Desirée Holian-Borgnis is ecstatic to be stepping in as our Fair Coordinator this year! Many in our congregation who have had leadership roles for various parts of the fair have generously agreed to continue to volunteer their time and talents. We're still looking for more volunteers to work with them. This is a wonderful opportunity to get to know others in our congregation and help make the UUS:E fair a success!

How can you get involved? Donate your time, your talent, and your stuff.

Share Your Time

It's not too early to plan ahead and put our fair on your calendar. We need you! The Fair Week starts on Sunday, Nov. 17 at one with the big set-up. Set-up continues every day during that week from 8:30 AM to 8:30 PM. The fair is open Friday night, Nov. 22 from 6:30 PM – 9 PM and Saturday Nov 23 from 10 AM to 3 PM.

There are lots of ways to lend a hand, and it can be a very short time commitment.

- We need a co-chair and members for a Holiday Fair Committee: We are looking for more people to take on leadership roles this year. There are tasks for every interest: creating newsletter ads, coordinating volunteer sign ups, making announcements at Sunday Services, managing space logistics and more! This is a great opportunity to learn the ins and outs of how the Holiday Fair works. Please contact Desirée Holian-Borgnis at desiree.holian@gmail.com for more information.
- Volunteers needed for the After Fair Party: At the end of the Fair, all volunteers are invited to relax and enjoy with food, drink and conversation. But we need a TEAM with energy to organize it, serve food, and clean up. Please contact Desirée Holian-

Borgnis at 203-206-3605 or desiree.holian@gmail.com if you are willing to help.

- Looking for bookcases to borrow for the Children's Shop during the Fair: Please email Peggy Gagne at pgagne15@att.net.
- Coordinators needed for Friday Night Refreshments: We need a volunteer to coordinate donations and oversee refreshments on Friday night. Please contact Michelle Spadaccini at michspad@comcast.net.
- Chairperson needed for the Stitchery Booth: Sewn or stitched items make great gifts. Please contact Michelle Spadaccini at michspad@comcast.net to coordinate this important booth.

NEW THIS YEAR:

- Set-Up Sunday, Nov. 17: Want to see the transformation? Many hands make light work. We could use help setting up after services on Sunday, Nov 17. Contact Desirée Holian-Borgnis at desiree.holian@gmail.com if you are available.
- Book Shop: Contact Susan Barlow at sbarlow627@aol.com if you can help with our books during fair week.
- Children's Shop: Email Peggy Gagne at pgagne15@att.net to help organize and staff the FUN ZONE!
- Holiday Luncheon on Saturday: We need cooks to help prep, serve and prepare the food, as well as volunteers to clean up. Contact to help.
- Jewelry—New and Used: Contact Peggy Webbe at dwebbe@comcast.net at or Diana Sherman at dcreamer12@aol.com about helping to organize this booth or work a shift during the fair.
- Tag Sale Boutique: Please contact Deb Gould at dagould59@comcast.net or Sandi Karosi at slkarosi@comcast.net if you can help with set-up during fair week and or work a shift during the fair.
- Clean up after the Holiday Fair: We really need FRESH faces on Saturday, Nov 23 for Clean Up. Fair volunteers are tired after 2 days on their feet. We need people with ENERGY to help put things back in order for service the next day. Email Desirée Holian-Borgnis at desiree.holian@gmail.com.
- Leftover removal on Sat Nov 23: Do you have a truck or large SUV? We need people to help remove tag sale and book leftovers. Contact Desirée Holian-Borgnis at desiree.holian@gmail.com to help.

Share Your Talent

We sell handmade items of all kinds, works of art, and baked goods. Do you make something that would be the perfect holiday or everyday gift? Let us know what you can contribute! Donations need to be brought in between Sunday Nov 17 at 12:00 until Wednesday night, Nov 20.

NEW THIS YEAR: We are asking that you include your name, an estimate of the cost, and a description of your handmade items. Our guests enjoy the 'story behind the item'; it can really help items sell.

- Original Works of Art: note cards, prints, pottery, jewelry and more: Please contact Nancy Madar at nancymadar@hotmail.com.
- Handmade Holiday Crafts or Traditional Items: Are there some holiday ornaments or other decorative items that you enjoy making? We'd love to have more handmade items for the Holiday Table. Contact Louisa Graver at graver30@att.net.
- Knitted Items: Donating small items that can be made in an evening is a great way to get involved in the fair. Contact either Carol Marion at cmarion333@gmail.com or Phil Sawyer at psawyer215@gmail.com.
- Baked Goods: Do you enjoy baking? We need lot of breads, cookies, bars, cakes, and pies. Please contact Joan Macomber at jmacomberjm@gmail.com or Jennifer Klee at jenduv@sbcglobal.net.
- Jams & Jellies, Relishes, Salsa, Chutney: Please note that canning jars can be reused but must be thoroughly cleaned, including removing old labels. Please use new lids and bands. Please contact Cory Clark at clarkski107@hotmail.com with a description and quantity of jars you will be donating.
- Handcrafted wood items are welcome at the woodworking booth. Contact Bill Graver at billgraver30@gmail.com.

Share Your Stuff

Not crafty? We'll gladly take donations of your gently used, pre-loved items. Now's the time to put aside things you can donate as you declutter your home. Donations need to be brought in between Sunday Nov 17 at 12:00 until Wednesday night, Nov 20. PLEASE make sure ANY donations are in GREAT shape, are in WORKING CONDITION and are CLEAN. Unfortunately, we don't have enough time to clean or fix soiled or broken items.

- Jewelry - We are currently collecting jewelry. There's a donation box in the coat room on the shelf. Any donations of fine jewelry (14k, 22k gold, or precious stones) can be left in the office with Annie.
 - Books, including cookbooks, CDs, DVDs can be brought in the week of the fair. (PLEASE, no textbooks, encyclopedias or books with mold/mildew)
 - Tag Sale Boutique: Don't use it anymore? Let someone else! We need LOTS of items in very good condition and are especially looking for a few high ticket items for our Friday Night Specials. If you have any questions about specific, or higher value items you would like to donate, please talk to Lesley Schurmann at lesley57@cox.net.
 - Children's Books, Games, Small Toys, Puzzles for our FUN ZONE – we need A LOT of items for our busy children!
 - Silent Auction Items: Please talk to Mary Ellen Vigeant at mevig@sbcglobal.net if you have special items for our silent auction, or ideas of places who would donate items.
- THE TIME TO START IS NOW! Members are already making items for the fair. Watch for e-blasts, Sunday bulletin ads, the UUS:E website, Facebook pages, and future newsletters to find out how you can get involved. In the fall, watch for the sign-up sheets after services in October or let Desirée Holian-Borgnis know if you would like to help at 203-206-3605. Thank you for your help in making the UUS:E 2019 Holiday Fair a success!

Books, Classes and Discussions

brought to you by...

The Adult Religious Education Committee

(Youth are welcome at all workshops. Childcare is available with one week's notice.)

Science and Religion

4th Thursdays 4:30 – 6:00 in the Chapel

How does science inform our beliefs? Where do science and religion meet? Where are they in opposition? Members of this ongoing group will select and discuss readings covering myriad topics such as evolutionary biology, artificial intelligence, climate change, the brain, genetics...and the way we look at the Big Questions. For information contact LindaKDuncan@gmail.com.

Community Drum Circle

Third Tuesdays and Fourth Mondays
in the Sanctuary
7:00 – 8:30 PM

Open to all levels of ability and experience. Facilitator Mary Ertel provides djembe drums and other hand instruments, and you may bring your own.

Contact Paul Cocuzzo at pcocuzzo@gmail.com or 978-270-2056 with questions or to reserve a drum.

Book Lovers

We meet every second Tuesday from 3:30 to 5:00, downstairs in the chapel area. Everyone is welcome—including friends from outside UUS:E. Even if you haven't finished the book, you are invited to the discussion. Books are selected by participants, and we try to choose books that are old enough to be available in paperback, or at least in public libraries.

- September 10, **Factfulness**, by Hans Rosling, nonfiction, 2018, leader Carolyn
- October 8, **What the Dog Saw**, by Malcolm Gladwell, nonfiction, leader Linda D.
- November 12, **The Sweet Hereafter**, by Russel Banks
- December 10, Essays of E.B. White

For information: marlar@wordshard.com

UU Buddhists

First Tuesdays, Room 2

The Buddhist Group meets at 7:00 PM on the first Tuesday of each month, for meditation, dharma, and discussion.

Contact Nancy Thompson
nancythompson123@yahoo.com with questions.

Women's Sacred Singing Circle

Every Thursday from 7:00 – 9:00 PM, we will be singing in the sanctuary. All women and girls eight years and older are welcome to join our circle regardless of musical training or ability. Come when you are able, stay as long as you wish.

Sing, laugh, and be in community.

For more information, contact
Jane Osborn: janeosb3@gmail.com



Yoga News

Come enjoy yoga at UUS:E!

As Jessica DeCarli has been on maternity leave, Susan Barlow has been leading both the Monday and the Wednesday yoga classes at UUS:E. Susan's current sessions end Wednesday, September 4, 11AM – 12 noon, and Monday, September 16, 5:45 – 6:45 PM (no class September 2). Jessica will resume teaching her Monday evening classes September 23. Her next session will be September 23 – November 11, 5:45 – 6:45 PM. Susan's next session will be Wednesday, September 11 – October 30, 11 AM – 12 noon.

Come enjoy physical strengthening and the opportunity to quiet the mind. Bring a yoga mat or towel and wear comfortable clothes. All welcome, including beginners!

\$40 for the eight-week session or \$6 drop-in fee. If the fee is an issue, please contact Linda Rohlfs at rohlfs26@comcast.net or at 860-872-2526.

You can register with, and direct questions to:

- Susan at SBarlow627@aol.com, or
- Annie at uuse153@sbcglobal.net

To read about their classes, visit UUSE.org.

<http://uuse.org/religious-ed/adult/yoga-classes>

Books, Classes and Discussions

continued



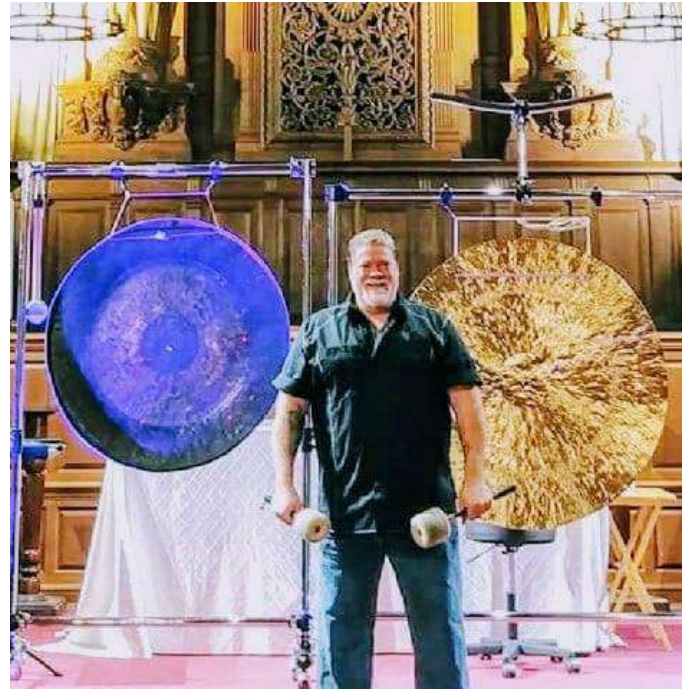
Celebrate Fall's Beauty on Friday the 13th **Kirtan with Charlie Braun Is Back!**

Friday, September 13, 7:00 PM

Charlie Braun's kirtan is a cornerstone of joy for our kirtan season at UUS:E. It's a fusion of melodic folk-rock that wanders into reggae, blues, and other musical forays, but stays true to the heart-opening power of Sanskrit mantras. A lifelong singer-songwriter, Charlie is also an award-winning record producer, award-nominated music creationist, and an acclaimed guitarist. As usual, Charlie will be joined by a percussionist and by vocalist Brie Sullivan. They will guide the group in the call-and-response singing of mantras, co-creating a joyful, sacred musical atmosphere that uplifts, comforts and is a whole lot of fun. So come sing, dance, or just kick back and drink it in!

Check out Charlie's kirtan music at <https://www.charliebraun.com/>

All are welcome. While a \$15 donation is requested at the door, no one is ever turned away. Chair seating is provided. Bring your own floor cushions if you want to sit on the floor in the front. Footwear is optional.



Another Path to Sound's Healing Power

Gong Journeys:

Into the Sacred Heart with Ed Cleveland

Friday, October 11, 7:00 PM

We all know that music soothes the soul in myriad ways, but join Ed Cleveland's Gong Journeys: Into the Sacred Heart, to experience the power of sound on a deeper level. Ed is a certified Reiki Master and Holographic Sound Master and Teacher, offering a wide range of abilities to enrich your healing experience. Using singing bowls and gongs, he creates sound waves that trigger the release of healthy neurochemicals and hormones—sounds that can ease pain, boost your creativity, and promote a healthier, freer state of mind. Be still, dance, sway, or lie down—let the vibrations and tones wash over your body and into your soul.

A \$15 donation is requested at the door, but no one is ever turned away. Chair seating is provided. Bring your own floor cushions if you want to sit on the floor. If you choose to lie on your back for the hour, bring your own mat, blanket, pillows—whatever you need for your comfort.

Tonal Eclipse

Sunday, September 22 at 4:00 PM

You loved them at Coffee house, now hear them in concert. The Music Committee is thrilled to sponsor Tonal Eclipse, a talented and entertaining a cappella group. Put Sunday, September 22 on your calendars if you want to enjoy a noncontroversial, fun, sometimes funny, always awesome, amazing group of musicians.

Flyer



women singing acapella



Tonal Eclipse is a vocal quartet of women who prioritize having fun. We sing barbershop, jazz, classics, Broadway, oldies, cheeky classical and a few pop songs from this century. We love weaving our voices together to make chords ring, people smile and hearts soar!

Suggested Donation:

\$15 (more if you can; less if you can't)

Green Sanctuary News

A UUS:E Library of Things is coming! A library of things can loan out kitchen appliances, tools, gardening equipment, electronics, toys and games, craft supplies, musical instruments, recreational equipment, and more. We'll be sending out a survey with more information to see how many at UUS:E are interested in loaning and borrowing.

The **Greater Hartford Citizens' Climate Lobby (CCL)** chapter is resuming thanks to the efforts of Janet Heller and Ellen Castaldini. CCL works to pass bipartisan legislation, including the Energy Innovation and Carbon Dividend Act that our congregation voted to support. If you are interested, see the link below or contact Janet Heller janet.heller@snet.net or Ellen Castaldini ellen.castaldini@gmail.com. The next CCL meeting is Sunday, Sept. 8 from 3 – 5 PM at the Unitarian Society of Hartford.

https://citizensclimatelobby.org/chapters/CT_Greater_Hartford/

"Our house is on fire." These are the words of young climate change activist Greta Thunberg. On September 20, millions of us will walk out of our workplaces and homes to join young climate strikers on the streets and demand an end to the age of fossil fuels. Connecticut students are asking adults to join them for a Climate Action on Friday, September 20 (time TBA) at our State Capitol in Hartford to kick off a week of local events. Check the 350.org website for details.

Save the date of Friday, October 18. We will show the film **Advertising at the Edge of the Apocalypse**. Scholar Sut Jhally explores the devastating personal and environmental fallout from advertising, commercial culture, and rampant American consumerism.

<https://www.mediaed.org/advertising-at-the-edge/>

Join us! The Sustainable Living Committee meets on the second Tuesday of each month at 7:00 PM and welcomes newcomers. Our next meeting is September 10.

Honoring the Past, Envisioning the Future



Golden Gala

Dining & Dancing Across the Decades

Friday October 4, 6:30 – 9:30 PM

Georgina's Restaurant, Bolton

Don't miss the highlight of our anniversary year!! A delightful evening for young, old and everyone in between! Dinner, dancing and the premiere of Sandy Johnson's song about our first half-century!

The menu offers vegetarian/vegan/gluten-free options. Buy tickets every Sunday after services from August 4 – September 15. \$20 for adults and teens, free for children age 12 and under, \$60 household maximum. On-site child care for 5 and under by reservation. Can't get to church on a Sunday? Email Lesley Schurmann to make reservations: lesley57@cox.net. Let's celebrate 50 years of Unitarian Universalism East of the River!

September Milestones ~ This Month in UUS:E History:

September 1968: More than 85 people attend a meeting at Buckley School to explore forming a Unitarian Universalist congregation in Manchester. Publicity circulated by Malcolm Barlow and supported by the Connecticut Valley District Extension Committee. Nearly 80 people vote to form a UU congregation.

September 1979: On September 9, the first service in our new building on West Vernon Street begins with a congregational procession and "Prayer for This House." On September 23, UUS:E holds an open house and dedication to serve the larger community. Those participating included a rabbi, a priest, and protestant clergy, along with other community leaders.

Looking forward to other 50th Anniversary commemorations, including:

- "Revisiting the Empowerment Controversy," discussion of Rev. Morrison-Reed's book about friction between the Unitarian Universalist Association and African American UUs. September 19 at 3 and 7 PM. See article elsewhere in this issue.
- Looking Back, Looking Forward. A legacy service on November 3.
- Save the date for an Affirmation Reunion on December 1 (Thanksgiving weekend). Help build the contact list by emailing tammystolzman@gmail.com.

Questions? Ideas? Want to volunteer for anything?? Contact Anne Carr:

acarr06040@yahoo.com

UUS:E GENERAL INFORMATION

UUS:E Office Schedule: Monday-Friday, 8:00 AM to 4:00 PM

Meetinghouse Office: 860-646-5151

Office Administrator: Annie Gentile email: uuseoffice@uuse.org

Minister: Rev. Joshua Pawelek 860-652-8961, revpawelek@gmail.com

OFFICE HOURS: Tuesday 10 AM to 7 PM and Thursday 10 AM to 4 PM

President: Rob Stolzman, 907-268-1871, robandtammylee@yahoo.com

Director of Religious Education:

Gina Campellone, 860-875-8468, redirector@uuse.org

Newsletter Editor: Paul Cocuzzo, 978-270-2056, newsletter@uuse.org

Website Coordinator: Carol Marion 860-643-8765, uuseweb@gmail.com

World Wide Web address: <http://uuse.org>

October Newsletter Deadline:
September 20

Unitarian Universalist Society: East
153 West Vernon Street
Manchester, CT 06042