

Unitarian Universalist Society: East

Member of the Clara Barton District of the Unitarian
Universalist Association



Unitarian Universalist Society: East is a welcoming, open-minded, spiritual community seeking truth and meaning in its many forms. We share responsibility for building a more equitable, peaceful, and sustainable world.

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Sunday Services Schedule

April Ministry Theme: Transcendence

Services at 9:00 and 11:00 AM

April 1: "Sunrise Song."

Our Annual Easter Music Service. Family Service. "Very early on the first day of the week, when the sun had risen, they went to the tomb..." Easter points us toward new beginnings both personal and cosmic. What new beginning offers itself to you this Easter? What sunrise song are you singing?

Coordinators: Mary Bopp, Gina Campellone, Rev. Josh Pawelek

April 8: "I Sing the Body Transcendent."

Our ministry theme for April is transcendence, a term often used to identify God as over, above, beyond and different from humanity and the earth. Yet, people across the planet purport to commune with God through spiritual practices that use the body. Do our bodies transcend?

Coordinator: Rev. Josh Pawelek

April 15: "Language School."

At UUS:E, many "languages" are used to convey matters of the heart, spirit, and mind. One member will share his thoughts about some of these and the ways in which they have awakened awareness of connections just dimly perceived. Speaker: Lauriston King.

Coordinator: Lauriston King.

Coordinator:

April 22: "Earth Guardians."

Family Service. This morning we present and celebrate the work of the Earth Guardians, who describe themselves as "a tribe of young activists, artists, and musicians from across the globe stepping up as leaders to co-create the future we know is possible." Bring a drawing, painting, picture, water color, poster, etc. that portrays something you love about the earth. Photo-op after worship!

Coordinators: Anne Vaughan, Ellen Castaldini, Lorry King, Gina Campellone, Rev. Josh Pawelek

April 29: "Building (and Living!) Your Own Theology."

Building (and Living!) Your Own Theology is an adult religious education program that helps participants explore their own personal journeys of faith. Program participants were drawn from Unitarian Universalist Society: East, the Unitarian Society of Hartford, and the Universalist Church of

West Hartford. Three members of the program will present their reflections in this service.

Speakers: Peggy Webbe (UUS:E), Zean Gassmann and Crystal Kelley (USH).

Coordinator: TBD

May 6: "The Weight of So Much Inhumanity."

This title comes from the Jewish theologian Abraham Joshua Heschel, who lamented the failure of prophetic witness and action among the Abrahamic faiths in the 20th century. Rev. Josh reports on the rebirth of Martin Luther King's "Poor Peoples' Campaign" in 2018. This sermon was purchased by Stan and Sue McMillen at the 2017 UUS:E Goods and Services Auction.

Coordinator: Rev. Josh Pawelek

2017-2018 Ministry Themes

July	Courage
August	Identity
September	Vision
October	Atonement
November	Faith
December	Hope
January	Justice
February	Brokenness
March	Generosity
April	Transcendence
May	Compassion
June	Restlessness

Sunday Service Flowers

The signup sheet for flowers is in a binder in Annie's office. Please make sure you check off the box, indicating whether you want to take the flowers back home with you or have them donated. The contact person for delivering donated flowers is Cyndi Krupa, 860-986-1957, cyndikrupa@sbcglobal.net

Recorded Services Available

Many of the Sunday Services at UUS:E run on the three community access channels (Cox in Manchester, Community Voice Channel in Bolton, and Charter Communications in Windham). The DVDs are available at UUS:E, and you can sign out the programs you were unable to see. Audio CDs are available one week after each service, and as a download from Jane, our sexton, if you provide a flash drive (USB port).

Community Outreach Ministry

Charitable Giving for April 2018

As always, thank you for your generosity.

"We do not gather our gifts only for ourselves, but to share with the larger community."

Continuing our practice of sharing our gifts with the community beyond our walls, fifty percent of our Sunday plate collections for the month of April will be split between **CT Alliance to End Sexual Violence** and **Covenant to Care for Children**.

Connecticut Alliance to End Sexual Violence (The Alliance) is a statewide alliance of individual sexual assault crisis programs. The Alliance works to end sexual violence through victim assistance, community education, and public policy advocacy.

Covenant to Care for Children channels the generosity of caring and faithful people to advocate for, and provide direct assistance to Connecticut's children who are neglected, abused and/or impoverished. The committee overseeing our community outreach efforts welcomes your comments and suggestions.

Please contact Louisa Graver at Graver30@att.net, David Lacoss, or Nancy Madar at nancymadar@hotmail.com.

Checks made out to UUS:E will be treated as follows: If the memo line:

- ✓ is blank or "pledge" is written, all will go toward your pledge.
- ✓ has "COM" or the name of the charity is on the memo line, all will go to the charity.
- ✓ has "1/2 pledge, 1/2 COM," it will be divided equally.

2017-2018 COM Recipients

July	Three area food banks (Manchester, Vernon, East Hartford)
August	Kado Pet Foundation and STRIVE
September	KIDSAFE CT
October	Free at Last Players
November	Manchester Senior, Adult and Family Services
December	Three area shelters McKinney Men's Shelter (Hartford), East Hartford Community Shelter, Cornerstone Shelter (Rockville)
January	Moral Monday CT
February	Operation Fuel
March	Rebuilding Together (Manchester) and Communitas
April	CT Alliance to End Sexual Violence and Covenant to Care for Children
May	MARC and MARCH, Inc
June	Mary's Place and True Colors

New Contact Info

Leslie Greene's new address:

17 Regan St (**not** Road), Apt A
Vernon, CT 06066

Same cell phone, 860-268-3059.

The Minister's Column: Hallelujah!

Dear Ones:

I want to share my learnings from the March 18th "On Being a Sanctuary Congregation" presentation by the Rev. Paul Fleck, along with members of the UU Church of Meriden and First and Summerfield Methodist Church, New Haven. It was a powerful and inspiring presentation, attended not only by UUS:E members and friends, but also by members of at least three other local congregations.

First, I learned about the urgent need to provide sanctuary, especially in our region where no congregation is yet doing so. Deportations have increased dramatically in the last year. Most discouragingly, Immigration and Customs Enforcement (ICE) is now deporting people who don't have criminal convictions; who have minor children who are U.S. citizens; who are primary breadwinners for or caregivers to family members who are citizens; who are married to citizens; who have been living and working in the U.S., paying taxes, and contributing to their communities for decades; or who came to the U.S. to escape ecological disaster or political or gang persecution in their home countries. The federal government's treatment of such people is immoral and disgraceful. As a Unitarian Universalist who affirms the inherent worth and dignity of every person, and justice, equity and compassion in human relations, I can no longer tolerate witnessing this escalation in deportations, this breaking apart of families, this returning innocent people to extreme poverty, hardship, and even death. If we, as the Unitarian Universalist Society: East, can help such people avoid deportation, I am convinced we should do it.

And I am convinced we can do it! Why? First, our building is incredibly well-suited for this purpose. We have a shower, laundry facilities, 2 kitchens, 6 bathrooms, and lots of rooms. Wherever we might house someone, it would be slightly disruptive to the normal flow of our congregational life, but it would be a small price to pay for living out our principles.

Second, we can set clear parameters around the terms of our sanctuary offer. This is not an open-ended housing arrangement. It is only a last resort for someone who is about to be deported. If we offer sanctuary to an individual or family, we can

(and truly must) confirm that they have competent legal counsel, and that we are providing housing only while they have active legal options in progress. If their legal options become exhausted, then they would be forced to leave the country. They would not stay with us in perpetuity.

Third, we won't be in this effort alone. There are a number of networks providing support and funding for immigrants facing deportation. Already, the leaders of United for a Safe and Inclusive Community, Manchester, have pledged their support for UUS:E if we choose to go this route. Participants in the March 18th presentation said they were overwhelmed with the outpouring of community support and funding. The UU Church of Meriden is projecting a surplus of sanctuary funds once their current guests have resolved their legal issues.

Finally, the Meriden and New Haven congregations said they have found sanctuary work to be life- and faith-affirming. They have made new connections in their communities, including with the police, and their congregations feel alive and inspired.

Of course, this is a congregational decision. The Policy Board is currently discerning next steps. It is likely we will establish a Sanctuary Committee that will be responsible for creating a plan that can be quickly executed in the event we are called on to offer sanctuary. If you are interested in working with such a committee, please let me know. Also, I am very interested in hearing the opinions of people who have reservations about becoming a sanctuary congregation, and I welcome your feedback at revpawelek@gmail.com or 860-652-8961.

With love,
--Rev. Josh



Enter, rejoice, and come in!

A Religious Education message from Gina

Dear Friends,

Recently at a Religious Education conference I was asked to share the basic structure of our RE program here at UUS:E. I described the format we follow—classroom sessions twice a month, a social action project once a month, and a multigenerational worship service once a month. While such a format is certainly not unique to our congregation, it's true that most UU congregations do not currently offer multigenerational worship monthly. However, more frequent multigenerational worship is indeed something that many congregations are working toward. In fact, increasing opportunities for folks of all age to not only worship, but also play, pray, eat, work, and talk together has become a common goal of UU churches everywhere.

Planning multigenerational programming can be challenging. This is especially true of multigenerational worship services. Creating a worship service that is meaningful and engaging to people of all ages requires careful preparation and intentional inclusion of many different components, including incorporating multiple learning styles, considering attention span, allowing opportunities for movement and interaction while also keeping in mind those with limited mobility, and so forth. One of the most important components of a quality multigenerational service is offering elements with multiple levels of meaning on a theme, like layers of an onion that can be peeled away. Some folks may be able to get at the very heart of the message, while others may only scratch the surface, but everyone gets something from it.

Reverend Josh and I often collaborate on the creation of multigenerational services, and this year, members of the Sunday Services Committee have begun to work with us, as well. No doubt about it, planning such services requires a significant amount of time and energy for all involved. So why do it? What's the big deal about multigenerational services anyway? The answer is easy—we do it because it's important. We do it because it matters. We do it because we believe that it is essential to the spiritual growth and development, not just of our children, but all of us.

*Multigenerational worship benefits everyone. When we include children in worship we all get to practice being more patient and more generous with one another. Multigenerational worship makes us stronger. When we all worship together we establish and strengthen relationships across generations. It also makes us more welcoming. When we welcome kids into worship, we demonstrate how welcome everyone is. Multigenerational worship is how our children learn our liturgy. It's how they learn our rituals, hymns, and responsive readings. It's where they learn the value of hearing one another's stories and the gift of holding one another in times of sorrow and celebrating in times of joy. Multigenerational worship lets children know that they are important members of our community right now—not just at some point in the future when they grow up.

Sure, multigenerational worship planning is time intensive, but it's worth it. Reverend Josh and I, along with the RE Committee and the Sunday Services Committee all agree that it's worth the extra time and effort. It's also exciting to know that we are not alone in our work toward expanding multigenerational ministry. This summer I will attend a week-long workshop on multigenerational ministry and faith formation, and I look forward to sharing ideas with colleagues and learning from those who are on the cutting edge of thought and research on this very topic.

If you have ideas for multigenerational worship services or programming, I would love to hear from you.

With love,

Gina



*Thalia Kehoe Rowden explores the many benefits of multigenerational worship in her article "Twelve Reasons to Welcome Kids in Church + Tips for Actually Doing It," from which I shared just a few examples. The article in its entirety can be read here: <http://sacraparental.com/2016/06/11/12-reasons-welcome-kids-church-tips-actually/>

Leadership Opportunities

Do you have a passion to communicate? Would you like to grow personally and spiritually through leadership? Can you imagine experiencing leadership as love? Leadership for many at UUS:E represents growth, love and moving our beloved community forward.

We are looking for leaders to head our program committees and for officers on our Policy Board.

The following positions are now or soon will be open.

Committees Under Program Council

Social Justice Co-Chair

Lead the Committee in its mission to encourage the broadest possible congregational participation in and financial support for social justice advocacy, service activities and social action, to advocate for, and educate the UUS:E community about, social and economic justice concerns, linking these with Unitarian Universalist principles, and to act as liaison to the UUSC* and interreligious social justice organizations.

*Unitarian Universalist Service Committee

Stewardship Chair

Lead Committee meetings and delegate responsibilities to conduct the Annual Appeal and stewarding opportunities for new members throughout the year.

Pastoral Friends Chair

Pastoral Friends helps fulfill our church mission of a caring community. There is joy and fulfillment in generously giving time and caring for others. The Committee provides/facilitates direct services to UUS:E members and friends with short-term needs and refers members to organizations that provide longer-term services. The Committee sponsors/leads the Mental Health Ministry, the Elder Council, and the Circle Groups.

Membership Co-Chair

Lead the Membership Committee in administering programs that promote fellowship among members and friends of the Society, with a goal of strengthening membership and commitment.

Policy Board/Committees Under Policy Board

Vice President

Presides at Program Council (PC) meetings. The PC members are chairpersons of program-related standing committees. The VP acts in the place of the President during his/her absence and performs duties delegated by the President.

Treasurer

Leads the Finance Committee that provides annual budgets, administers the Endowment Fund, maintains financial records and policies and, as a member of the Policy Board, participates in policy making of the Society.

Personnel Chair

Presides at Personnel Committee meetings. The Committee develops and recommends personnel policies, including recruiting, hiring, and termination, employee evaluation, satisfaction and performance standards, annual salary levels and benefits.

NLDC Member (we need four members)

Recruit leaders, and develop and nurture leadership skills and experiences among UUS:E members and friends. Conduct workshops to train and support current leaders.

Denominational Affairs Chair

The Denominational Affairs Committee informs the congregation on UUA** and New England Region activities and programs, and encourages active participation. The Committee sponsors forums for members to discuss, initiate, and support resolutions in accordance with the Commission on Social Witness and those passed at UUA General Assembly.

** Unitarian Universalist Association

Please contact a member of the Nominating and Leadership Development Committee if you are interested and please suggest someone you think should be considered. Thank you.

Nancy Schwartz, Peter Marotto, Rhona Cohen and Stan McMillen

Membership News



Greetings from the Membership Committee!

Welcomers Needed!

We could really use a few more people to greet members, friends and visitors at the welcome table on Sunday mornings. This job is fun and easy and **important**. If you can help out, please contact Jennifer Klee at jenduv@sbcglobal.net.

Refreshments

Have you picked a Sunday to provide snacks yet? The schedule is on the wall next to the kitchen serving window. All you need to do is **drop the goodies off**, the coffee team will serve them.

The Committee

Are you interested in joining our busy (and fun) committee? We'd love to have you! To learn more, talk to Jennifer Klee or Edie Lacey, co-chairs, or any committee member: Susan Barlow, Gail Crook, Lisa Drexler, Louisa Graver, Jackie Heintz, Kathy Lee, Betsy Nelson, and Wilda Wyse.

Intro to UU

Would you like to know more about Unitarian Universalism and Unitarian Universalist Society: East? Rev. Josh leads this seminar where you will learn more about the UU faith tradition, including a brief history and background of our theology and UUS:E. It provides a great opportunity to meet others, share our stories about what brings us together as UUs, and to find out how to get more involved in the life of our society. And it's required if you choose to become a member. We will have a class on Sunday, May 6, from 12:45 – 4:00 PM. Lunch will be provided and childcare is available upon request. RSVP to Annie at 860-646-5151 or uuse153@sbcglobal.net

New Member Sunday

We have a ceremony to welcome new members twice a year. The next one is on Sunday, June 3. RSVP to Annie Gentile in the UUS:E office at 860-646-5151. Contact Jennifer Klee with any questions (jenduv@sbcglobal.net). If you cannot attend one of these services but want to become an official member, you can "sign the book" at any time! Contact Rev. Josh to make arrangements.

Meet the Church

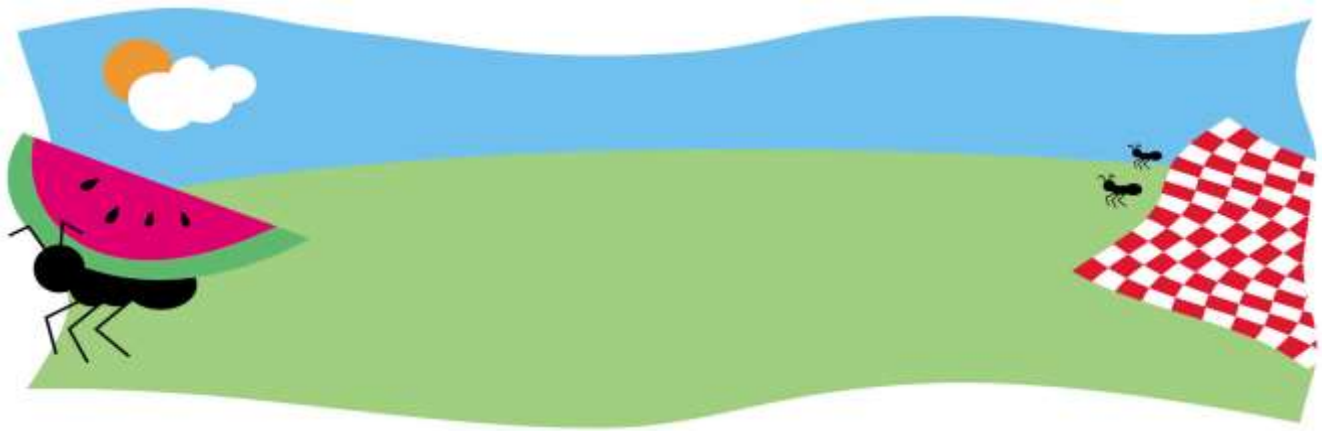
Visitors are invited to meet Rev. Josh for a brief overview of UUS:E, followed by a tour of the building and grounds. Meet in his office after each service. No RSVP required. Sunday, April 22 and June 3.

Newcomer Socials

Join us on Third Fridays for a friendly gathering for newcomers (both members and friends) and anyone who wants to meet newcomers. We'll share coffee, tea and dessert and good conversation! Bring a short poem or song lyric or anything that speaks to you to share with the group. On Friday, April 20 we will meet at The Klees' home in Vernon at 7 PM. RSVP to Annie in the office or Jennifer Klee (jenduv@sbcglobal.net) by Wednesday, April 18. Save the date for May 18 and June 15! Because we meet at someone's home, these are adult-only events. If you would like to host one of the socials, contact Jennifer Klee.

Summer Picnic

See the separate article in this newsletter



UUS:E Summer Potluck Picnic

Sunday, June 24, 2018

Northwest Park, Manchester

New! Summer Salad Taste-Off

Do you have a specialty that everyone wants the recipe for? Or a family favorite? We'll have a friendly competition to find the best summer dishes!

The Details:

Sunday, June 24, 2018

12:30 p.m./immediately following the 11 o'clock service.

What to Bring:

Anything and everything you like to eat at a picnic! Please list the ingredients in your dish to help those with allergies.

Burgers and hot dogs (both meat and vegan) will be provided. There will be a tip jar to defray the cost, suggested donation: \$1 per item/\$3 max per family as you are able.

Be green! Bring your own plates, cups and flatware to use at the picnic that you can take back home and wash.

Can You Help?

It will take a team to pull this off! Here's a one-off, no long-term commitment opportunity! We'll need help with set-up, clean-up, grill masters, and keeping things running. Have an idea? Let us know. Please consider chipping in to do one small job!

Questions?

Contact Membership Committee Co-Chairs Edie Lacey (elacey1@cox.net) or Jennifer Klee (jenduv@sbcglobal.net)



Books, Classes and Discussions

brought to you by...

The Adult Religious Education Committee

(Youth are welcome at all workshops. Childcare is available with one week's notice.)



Community Drum Circle

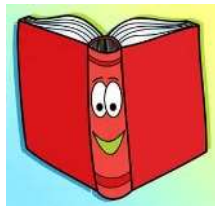
Third Tuesdays and Fourth Mondays
in the Sanctuary
7:00 – 8:30 PM

Note: 4th Monday in May is cancelled, due to Memorial Day.

Open to all levels of ability and experience. Facilitator Mary Ertel provides djembe drums and other hand instruments, and you may bring your own.

Drum with intentionality, send good vibes out into the world!!

Contact Paul Cocuzzo at pcocuzzo@gmail.com or 978-270-2056 with questions or to reserve a drum.



Book Lovers

We meet every second Tuesday from 3:30 to 5:00, downstairs in the chapel area. Everyone is welcome—including friends from outside UUS:E. Even if you haven't finished the book, you are invited to the discussion. Books are selected by participants, and we try to choose books that are old enough to be available in paperback, or at least in public libraries.

- April 10: **The Handmaid's Tale**, by Margaret Atwood
- May 8: **Hillbilly Elegy**, by J.D. Vance
- June 12 **The Curious Charms of Arthur Pepper**, by Phaedra Patrick

For information: marlar@wordshard.com

UU Buddhists

First Tuesdays, Room 2

The Buddhist Group meets at 7:00 PM on the first Tuesday of each month, for meditation, dharma, and discussion. The April ministry theme is "transcendence." Contact Nancy Thompson nancythompson123@yahoo.com with questions.

Women's Sacred Singing Circle

Every Thursday from 7:00 – 9:00 PM, we will be singing in the sanctuary. All women and girls eight years and older are welcome to join our circle regardless of musical training or ability. Come when you are able, stay as long as you wish.



Sing, laugh, and be in community.

For more information, contact

Jane Osborn: janeosb3@gmail.com

Yoga News

Come enjoy yoga at UUS:E!

The current yoga session with Susan Barlow ends March 28. Her next session is April 4 - May 30, (no class on May 16), 11AM – 12 noon. The current yoga session with Jessica De Carli ends April 2. Her next session is April 9 – June 4, (no class on May 28), 5:45-6:45PM.

Come enjoy physical strengthening and emotional awareness. Bring a yoga mat or towel and wear comfortable clothes. All welcome, including beginners!

\$40 for the eight-week session or \$6 drop-in fee.

You can register with, and direct questions to:

- Jessica at jess.decarli@gmail.com
- Susan at SBarlow627@aol.com
- Or Annie at uuse153@sbcglobal.net

To read about their classes, visit UUSE.org.

<http://uuse.org/religious-ed/adult/yoga-classes>

Books, Classes and Discussions

continued



Community Kirtan—Charlie's Back

Friday, April 13, 7:00 PM

As always, ALL ARE WELCOME, although a \$15 donation is requested at the door. No one is ever turned away. Chair seating is provided. Bring your own floor cushions if you want to sit on the floor in the front. Footwear is optional. The kirtan is held in a scent-free space.

About Charlie Braun & Friends

Charlie Braun's kirtan is in the Western style: a fusion of melodic folk-rock that meanders into reggae, blues, and other musical forays while staying true to the heart-opening power of Sanskrit mantras. A lifelong singer-songwriter, Charlie is also an award-winning record producer, award-nominated music creationist, and an acclaimed guitarist. Joined by vocalist Brie Sullivan and Charlie Shew (percussion), Charlie guides the group in the call-and-response singing of mantras, co-creating a sacred musical container in which to be uplifted, deepened, comforted, and revitalized.

Check out Charlie's kirtan music at <http://www.charliebraun.com>.

Join us on Friday, May 11, when [Adam Bauer](#) returns to lead our next kirtan.



Sacred Dance

The Sacred Dance Group at the Unitarian Universalist Society: East invites new participants to join this ancient tradition. All interested members and friends of UUS:E are welcome, and participation is free. No experience is necessary—just the desire to move to the spirit! (It's not necessary to attend every time the group meets.) If you are interested in exploring sacred dance, contact Christine Joyner at 860-983-6705.

Dates and times for meetings will be determined after receiving input from those who are interested, so please be sure to call Christine.

Sacred dance is movement with spiritual intention. The term is a modern one for an ancient practice of worshipping and expressing spiritual beliefs as a group. Women and men usually worshipped separately with drums and dances, often worshipping the different roles of their lives.

Join the Sacred Dance Group at UUS:E for a wonderful, modern variation on the ancient practice, and experience the expression of spirituality through movement and connection with others.

Green Sanctuary News



Fracking Waste Ban Update!

All concerned about banning the dangerous waste products from hydraulic fracturing, especially Manchester residents, please help. First, everyone from every town, please contact your state senator asking him or her to co-sponsor SB 103. The state bill, which was weak before, has been strengthened to ban wastes from all hydraulic fracturing and related production, processing, storage, etc.

Manchester residents, please plan to attend the 7 PM town council meeting on Tuesday, April 3, and plan to speak briefly but strongly during the residents' comment period, in support of 1) a strong town resolution to ban all fracking wastes, and 2) in support of passage of the SB 103, which is now in the state senate.

Stay tuned, as there may be updates before April 3, but please come out to support this ban that Kat Dargan was working on, even while she was sick with the flu.

Film

Join Mary Lawrence and others for a showing of the Film **Eating You Alive** on Thursday, April 5, at 7 PM at the Buckland Hills theater. More information and the trailer can be found here: <https://www.eatingyoualive.com/>. Learn why Americans are so sick, who's responsible for feeding us the wrong information, and how we can use whole-food, plant-based nutrition to take control of our health—one bite at a time.

Get Smart!



UUS:E is now accepting shoe phones for recycling (no laces, please). Call 1-800-CONTROL for details.



The We Remember Rally

April 4, 4:00 PM

In observance of the 50th anniversary of the assassination of the Rev. Dr. Martin Luther King, Jr., people from around the state will gather for a "We Remember" rally. Along with similar rallies across the country, we will be announcing the rebirth of Rev. King's Poor People's Campaign, and calling for our state and our nation to finally and seriously address the root causes of poverty.

The rally begins at 4:00 PM on the 4th outside the CT Supreme Court building, and will continue with various activities until approximately 7:00 PM. Questions? Contact Rev. Josh Pawelek at revpawelek@gmail.com or 860-652-8961.

Annual UUS:E Passover Seder & Potluck Dinner

Friday, April 6, 2018

Learn the story of Passover, Eat great food, and Spend time with Friends and family!

Arrival: 5:30 PM

Seder Ceremony: 6:00 PM

Potluck Dinner: 6:45 PM (approximately)

Potluck Details: Please try to bring a dish without leavening. If you want to try making a traditional Passover dish but need a recipe, we can make suggestions. Matzo and grape juice will be provided. Wine is BYOB.

Everyone is invited! Children encouraged to attend!
Prizes and Music!

Questions to Rob Bernstein (bernstra@yahoo.com),
Stu Garmise (sgarmise@comcast.net) or Liz
Garmise (llizzard@comcast.net).

Please sign up before or after Sunday services, on Facebook, or contact Liz, Stu, or Rob.

UUS:E History Memorabilia Search

Next year will be our 50th Anniversary as a society. We are looking for any materials you may have saved over the years, such as photos, slides, documents, videos, etc., that we can use during our celebration of this milestone. Please search your attics and garages or any place where you might have these items.

Please contact Joe Madar if you have anything to contribute. The intent is to create a digital history of our society, by having items scanned and returned to you if you wish. Items that can't be digitized will be archived as well.

Thanks for your help.

Joe Madar 860-647-8559



Triple Sale

Saturday, May 19 – Save the Date!

Art Sale + Tag Sale + Plant Sale

Come to UUS:E for one-stop shopping!!!

A garden and outdoor living Tag Sale (9:00-11:30 AM) will feature items for the garden, such as gardening tools, decorative flower pots, seasonal items, gently used household goods and summer sports items. No furniture, Christmas-themed items or damaged goods will be accepted.

The Plant Sale (9:00-11:30 AM) will offer a variety of perennial plants from the gardens of members and friends. If you are thinking of thinning your gardens (or know someone who is), please consider donating plants for the sale (and if you need a little help with the task, please call Bob Knapp).

Art Sale: Get your Van Gogh On!!! (9:00 AM-1:00 PM) UUS:E will open its Meeting Room gallery to the public. On display will be the original work of 15+ artists in different mediums (oil, watercolor, pastel, paper, and clay) created by members of both the Manchester Art Association and UUS:E. Each work is the artist's interpretation of either one of Van Gogh's paintings or an original work in Van Gogh's style. All work will be for sale, so bring your check book!

To help make our triple event a success, please put aside your "treasures" for the tag sale, think about donating plants from your gardens, and find a special place in your home for an original art piece.



Photo by Pete Vidal

Andrew McKnight

Sunday, April 15 at 7 PM
at UUS:E

Andrew McKnight is an Americana artist. He performs songs and tells stories influenced by old-time Appalachia to contemporary blues and folk, all backed up by his dead-on guitar playing.

Tickets go on sale starting on March 25 after church services and will also be available at the door.

Prices are \$20 adults, \$18 seniors and youth, \$10 ages 10-18 and free for those under 10. Please notify Sue McMillen if child care is needed by April 8.

<http://www.andrewmcknight.net/index/>



Photo Copyright 2017 Lorena Garay

Surcari

Sunday, April 29 at 4 PM
at UUS:E

Surcari is a performance group originally from Chile and Puerto Rico, under the direction of guitarist Lorena Garay. They perform a blend of traditional and original Latin American music on a wide variety of musical instruments.

Tickets will go on sale starting on April 8 after church services and will also be available at the door.

Prices are \$20 adults, \$18 seniors and youth, \$10 ages 10-18, and free for those under 10. Please notify Sue McMillen by April 22 if child care is needed.

<http://www.lorenagaray.com/surcari.html>

Daring Democracy

Reading group is moving toward actions



On Sunday, March 11, seventeen UUS:E members had a lively discussion about **Daring Democracy** by Frances Moore Lappe and Adam Eichen. Although the book starts with a thorough, but depressing, list of the ways that the anti-democracy forces have systematically worked to suppress our freedoms, it ends with many uplifting examples of groups taking counter-actions to support a new Democracy Movement. Our group is considering possible actions (such as voter registration drives, panel discussions on campaign finance reform, or candidate forums) and will be discussing various possibilities and sharing resources that each participant has been exploring. If you would like to participate in this group, our next meeting is in the Chapel from 1-3PM on April 8. If you would like to examine the various handouts and assignments from the first meeting, please contact Jay Stewart (JStewart@Hartford.edu).

Two Perspectives on the Israeli-Palestinian Conflict

Part II, Sunday, April 8, 2:00 PM
UUS:E Meeting Room



This afternoon we welcome Rabbi Richard Plavin, who will share his experience of life in Israel and his perspective on Israeli security, democracy and human rights.

Rabbi Richard Plavin served Beth Sholom B'nai Israel in Manchester, CT, from 1979 until his retirement in 2016. He is now Rabbi Emeritus there. Rabbi Plavin is passionate about transmitting the beauty of Jewish living to all Jews. To this end, he promotes Jewish education as a lifelong pursuit, and makes his Torah lessons applicable to life today.

Rabbi Plavin is the director of The Institute for Basic Judaism, an introduction to Judaism program that serves the Conservative congregations of the Greater Hartford Area.

Raised in the Conservative Movement, he earned a bachelor's degree (1968) from Columbia University, as well as a doctorate in education (1976) from that institution, and received a master's degree (1971) and ordination (1973) from the Jewish Theological Seminary of America.

Rabbi Plavin is married to Lisa Schnitzer Plavin, and they have three daughters and seven grandchildren.

The Installation of the Rev. Dr. Adam Robersmith

Universalist Church of West Hartford
Sunday, April 29, 4:00 PM



The members of the Universalist Church of West Hartford at 433 Fern St. in West Hartford cordially invite you to attend the installation of their newly-called minister, the Rev. Dr. Adam Robersmith. The installation ceremony will take place on Sunday, April 29 at 4:00 PM. All are welcome.

Rev. Josh Pawelek adds: We don't get to witness many installations in the Greater Hartford area. The installation is a potent symbol of our Unitarian Universalist congregational polity, and worth attending if you've never witnessed one before.

Get Connected! with UUS:E on the Web

UUS:E WEBSITE is located at <http://uuse.org>. Here you can find the latest news about our community and upcoming events, basic information about group and committee activities, Rev. Josh's sermons, and much more.

DIALOGUE FROM HOME is our ongoing virtual **talkback series** that continues online after each of Rev. Josh's sermons. Whether you want to read along, post your thoughts, and/or engage in dialogue about the topic, you are welcome to join this group. Request a password from Annie, the office administrator, to get access to the discussion. Email uuse153@sbcglobal.net.

FACEBOOK! UUS:E has two Facebook pages where members and friends can share all things UUS:E. Our main site is www.facebook.com/UUSEast. You can find out what's going on at UUS:E here. And please share our events on your own page to help spread the word about all of the great things we do!

We also have a second site, UUS:E Happenings, designed specifically to share ideas and events with others in the UUS:E community. Anyone can post here. Is your child going to be in a play? Are you performing a concert? Looking for people to hike with? Post it here! This is a closed group, request to join here:

<https://www.facebook.com/groups/587066578028806/>

MEETUP: We have started a Meetup page! Join our group! Find events, RSVP and more at: <http://www.meetup.com/Unitarian-Universalist-Society-East/>. If you'd like to add an event to the Meetup site, contact Carol Marion at cmarion333@gmail.com.

Rev. Josh has his own website located at <http://revjoshpawelek.org>

Catch up on his latest writings, community work, and more. You can also follow Rev. Josh on **Twitter @revjoshpawelek**, or connect with him at **LinkedIn** and **Facebook**.

Weekly e-blast: Contact Annie at uuse153@sbcglobal.net to be added to this weekly email of what's happening at UUS:E. Send submissions to SBarlow627@aol.com



Family Talent Show!

UUS:E holds a Coffee House the first Saturday of each month. The upcoming Coffee House on April 7 will start with a Family Talent Show at 6 PM. Kids are invited to come and share their talents—singing, dancing, magic, juggling, poetry, gymnastics, skits—all are welcome! Family acts are encouraged! After the talent show portion of the night, we'll have a brief intermission before moving onto the regular Coffee House. Kids are most welcome to stay for that too! Bring your own dinner or snacks to enjoy during the show. This event is always a lot of fun! We hope to see lots of you there!

Did you know...

...UUS:E sells Stop & Shop gift cards after services on the first and third Sundays of the month? If you do your weekly grocery shopping at Stop & Shop, buying these cards is a GREAT way to support the church without it costing you a cent. Cards for \$50, \$100, or \$250 can be purchased at face value, and, in return, Stop & Shop gives the church 5 percent of the sales. This simple fundraiser has raised nearly \$2,000 each year for UUS:E, and with stores in Manchester, Vernon, South Windsor, East Hartford, and Glastonbury—it's likely a lot more folks from UUS:E are out there who can participate but just don't realize it. If you shop at Stop & Shop, please consider picking up one of these easy-to-use cards.



Emergency Preparedness #6

6

Disturbed Person with a Weapon

Our newly authorized Emergency Operations Plan defines actions to be taken when a critical situation occurs on the property. This "all hazards plan" identifies twelve situations that could risk personal safety or property damage. Each emergency situation is designated as a separate annex with specific instructions. Let's next look at Annex D: Disturbed Person with a Weapon.

DID YOU KNOW...

...the average time an incident with an armed shooter lasts is only 7 minutes? Did you know that most fatalities from this situation are people lying still trying to hide?

DO YOU KNOW WHAT TO DO IF THERE IS AN ARMED PERSON WHO IS DISTURBED?

Do you remember when you first learned to drive a car? No one would think of taking a driver's test after just reading an instruction manual. You first take driving lessons. And practice driving.

The following procedures are to be followed (Follow A.L.I.C.E. = Alert, Lockdown, Inform, Counter, and Evacuate):

1. **A**lert others throughout the building that a shooter is present.
2. **L**ockdown by barricading the room you are in, staying out of view and remaining quiet.
3. **I**nforn authorities by calling 911.
4. **C**ounter if the shooter is present by throwing hymnals, chairs and other objects, and by creating a lot of noise to distract and confuse the shooter. Close in if possible to disarm the person.
5. **E**vacuate when safe to do so.
6. Follow instructions of identified police officers directing you where to go as you leave the building.

The tabletop exercise reenactment held on January 28, 2018 demonstrated the effectiveness of this approach. Future exercises will be held to properly train staff, leaders, members and visitors. It will only work if most people know how to act quickly.

UUS:E GENERAL INFORMATION

UUS:E Office Schedule: Monday-Friday, 8:00 AM - 4:00 PM

Meetinghouse Office: 860-646-5151

Office Administrator: Annie Gentile email: uuse153@sbcglobal.net

Minister: Rev. Joshua Pawelek 860-652-8961, revpawelek@gmail.com

OFFICE HOURS: Tuesday 10 AM to 7 PM and Thursday 10 AM to 4 PM

President: Rob Stolzman, 907-268-1871, robandtammylee@yahoo.com

Director of Religious Education:

Gina Campellone, 860-875-8468, UUSE.REdir@sbcglobal.net

Newsletter Editor: Paul Cocuzzo, 978-270-2056, uuse.nletter@sbcglobal.net

Website Coordinator: Carol Marion 860-643-8765, uuseweb@gmail.com

World Wide Web address: <http://uuse.org>

May Newsletter Deadline:

April 20

Unitarian Universalist Society: East
153 West Vernon Street
Manchester, CT 06042