

Unitarian Universalist Society: East

Member of the Clara Barton District of the Unitarian Universalist Association



Unitarian Universalist Society: East is a welcoming, open-minded, spiritual community seeking truth and meaning in its many forms. We share responsibility for building a more equitable, peaceful, and sustainable world.

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Find us on Facebook at /UUSEast.



Table of Contents

- Sunday Services Schedule 2
- 2016-2017 Ministry Themes..... 2
- Sunday Service Flowers..... 2
- Recorded Services Available..... 2
- Community Outreach Ministry 3
- 2016-2017 COM Recipients..... 3
- SPECIAL THANKS from the Stewardship Committee . 3
- The Minister’s Column: 4
- Enter, rejoice, and come in! 5
- Visitors and Newcomers 6
 - Welcome! 6
 - Newcomers Social 6
 - Intro to UU 6
 - Meet the Church..... 6
 - New Member Sundays 6
- Announcing a New Playgroup at UUS:E..... 6
- Membership News 7
 - Sunday Morning Teams..... 7
 - Goodies..... 7
 - Mentor Program 7
 - The Committee 7
- Spring Clean-up..... 8
- Annual UUS:E Piano Bash 8
- Plant Sale 8
- UA Elects a New President..... 8
- Mental Health Ministry News and NAMI Walk Alert ... 9
- The Big Easy 9
- Calling All Poets..... 9
- And Music Lovers..... 9
- Circle of Race Unity.....10
- UUS:E Summer Potluck Picnic11
- How Can YOU Be Part of Our UUS:E 2017 Auction??
12
- Green Sanctuary News13
 - Gardening.....13
 - Citizens’ Climate Lobby13
 - Solarize With Faith.....13
 - Vegan Potluck.....13
 - Yoga News14
- Books, Classes and Discussions14
 - Community Drum Circle14
 - Book Lovers.....14
 - Women’s Sacred Singing Circle14
 - UU Buddhists14
- Books, Classes and Discussions15
 - Understanding the Other Side, Part 215
 - Saving Jesus Redux15
 - A Joint Offering with Our 3 Local UU Churches15
- Get Connected! with UUS:E on the Web.....16
- Pastoral Friends Sharing16
- Stop and Shop Fundraiser.....16
- Equal Exchange.....16

Sunday Services Schedule

May Ministry Theme: **Devotion**

Services at 9:00 and 11:00 AM, except for May 21

May 7: "White Supremacy Teach-In."

This morning, in response to recent events within the Unitarian Universalist Association, more than five hundred UU congregations across the United States have pledged to participate in a 'white supremacy teach-in.' UUS:E is among them.

Coordinator: Rev. Josh Pawelek

May 14: "Flower Communion."

Family worship. Through wonderful music and our annual flower communion, we will celebrate our beloved multigenerational community. Please bring a flower or flowers to share!

Coordinators: Gina Campellone, Mary Bopp, Rev. Josh Pawelek

May 21: "Affirmation."

10:00 AM only

We continue our tradition of affirming our coming-of-age youth who plan this service with their mentors and will share their credo statements with the congregation. This is always one of our most rewarding services.

Coordinator: Gina Campellone, Director of Religious Education

May 28: "Growth Through Service."

We develop passion for the people and ideas we are devoted to. In keeping with the theme of Devotion we will explore how we can combine our passion and quest for service to create personal and spiritual growth.

Speakers: Ted Pappas, et. al.

Coordinator: Jack Murphy

June 4: "Reinventing the Sacred"

Rev. Josh explores the potential for a new definition of God based on the research by the biologist Stuart Kauffman. (This sermon was purchased by Fred and Phil Sawyer at the 2016 UUS:E Goods and Services auction). We will also perform a "bridging" ceremony for our graduating high school seniors

Coordinator: Rev. Josh Pawelek

2016-2017 Ministry Themes

July	Truth
August	Vocation
September	Transformation
October	Suffering
November	Abundance
December	Joy
January	Evil
February	Love
March	Surrender
April	Reconciliation
May	Devotion
June	Journeys



Sunday Service Flowers

The signup sheet for flowers is in a binder in Annie's office. Please make sure you check off the box, indicating whether you want to take the flowers back home with you or have them donated. The contact person for delivering donated flowers is Cyndi Krupa, 860-986-1957, cyndikrupa@sbcglobal.net



Recorded Services Available

Many of the Sunday Services at UUS:E run on the three community access channels (Cox in Manchester, Community Voice Channel in Bolton, and Charter Communications in Windham). The DVDs are available at UUS:E, and you can sign out the programs you were unable to see. Audio CDs are available one week after each service, and as a download from Jane, our sexton, if you provide a flash drive (USB port).

Community Outreach Ministry

Charitable Giving for May 2017

As always, thank you for your generosity.

"We do not gather our gifts only for ourselves, but to share with the larger community."

Continuing our practice of sharing our gifts with the community beyond our walls, the recipient of fifty percent of our Sunday plate collections for the month of May will be split between **MARC Inc.** and **MARCH Inc.**

MARC Inc. of Manchester is an organization which supports people with disabilities, empowering them to live, work, and enjoy all their community has to offer. Through the provision of many support services, their clients become able to live their lives to the fullest according to their individual goals and dreams.

MARCH Inc. serves people with developmental disabilities in greater Manchester, and supports their families in a number of ways. It has a respite program that gives youth the chance to socialize together while giving their families a break

Please contact Louisa Graver at Graver30@att.net, David Lacoss, or Nancy Madar at nancymadar@hotmail.com.

Checks made out to UUS:E will be treated as follows: If the memo line:

- ✓ is blank or "pledge" is written, all will go toward your pledge.
- ✓ has "COM" or the name of the charity is on the memo line, all will go to the charity.
- ✓ has "1/2 pledge, 1/2 COM," it will be divided equally.



SPECIAL THANKS from the Stewardship Committee

The Stewardship Committee wants to thank all who helped and all who contributed to make this year's Annual Appeal a success. At this writing, we have \$423,892 pledged. This is not the 5% increase we had hoped for, but with 207 pledging units and perhaps a few more to come in, we are convinced that the spirit of generosity at UUS:E is strong.

We especially want to thank the forty-eight individuals who volunteered to be stewards and/or to host potluck events. This outreach is essential to our success. We are extremely appreciative for the continued commitment of these members.

If you have not yet made a pledge and wish to do so, please speak to one of the members of the Stewardship Committee, to Rev. Josh, or call the church office.

Louisa Graver, Sande Hartdagen, Lynn Kayser, Larry Lunden, Stan McMillen, Hal Reed, Phil Sawyer, and Debbie Starkel

2016-2017 COM Recipients

July	Three area food pantries
August	Kado Pet Foundation and Hartford Higher Education Consortium (CT-JAG)
September	KidSafe CT and Families in Crisis
October	Free At Last Players
November	Manchester Senior, Adult and Family Services
December	Three area shelters
January	Manchester Community Refugee Resettlement Group (MCRRG).
February	Operation Fuel
March	Rebuilding Together (Manchester) and Communitas
April	CT Alliance to End Sexual Violence and Covenant to Care
May	MARC and MARCH, Inc
June	Mary's Place and True Colors

The Minister's Column: Hallelujah!

Dear Ones:

It's been a rough few months for the Unitarian Universalist Association (UUA) and the Unitarian Universalist Ministers Association (UUMA). As many of you know, in early April, the Rev. Peter Morales resigned as President of the UUA in the midst of allegations of racism in hiring practices. More resignations followed. What many of you may not know is that, in the wake of these resignations, there has been a great deal of conflict, much of it playing out on social media among clergy and other religious professionals. While some of the conflict is productive, some isn't. People aren't treating each other well. At times it feels like our faith is being torn apart. This is heart-breaking.

White supremacy is at the heart of this conflict. It feels really, really important for me to name that and for all of us to stay focused on it. When it became apparent that hiring decisions at the UUA were consistently favoring qualified white candidates over qualified candidates of color, something had to be said. Because the UUA has a stated commitment to hiring a diverse staff and a long-held commitment to conducting itself in antiracist ways, something had to be said. Unitarian Universalist religious professionals of color were the first to say it publically in early March. Very soon after that, many religious professionals of color and their white allies starting referring to "white supremacy" at the UUA. The organization Black Lives of Unitarian Universalism and some of its partners called for congregations to dedicate their worship services on April 30th or May 7th to a "white supremacy teach-in." (We will be participating!)

Much of the current conflict has spun out around the use of the term "white supremacy." This should not be hard to understand. We typically think of the Ku Klux Klan, the Neo-Nazis and other hate groups as white supremacists. During last year's presidential campaign, so many of us were upset that Donald Trump's team intentionally courted voters of the "Alt-Right," a code-word for white supremacist agitators. But Unitarian Universalists? How could anyone in their right mind use that term to describe us? How could "white

supremacy" apply to our justice-seeking, Black-Lives-Matter supporting, refugee resettling, criminal-justice reforming, earth-saving, GBLTQ-welcoming, answering-the-call-of-love, liberal faith?

Well, unfortunately, it can apply, and, all too often, it does. But I want to be crystal clear that attaching this term to Unitarian Universalism is in no way an attempt to equate our beloved faith with the KKK and other hate groups. To speak of white supremacist outcomes inside an organization (e.g., only hiring white people) does not mean that the people in that organization are white supremacists. But it does mean that the culture of the organization may harm people of color despite the good intentions of white leaders. That is what happened at the UUA.

I also want to be crystal clear that Unitarian Universalism isn't somehow alone in this. Virtually every historically white institution in the United States has embedded within it some degree of white supremacy. This goes back to the founding of the United States and its legacies of genocide, colonization and slavery.

The question is, are we willing and able to recognize it? If religious professionals of color say it, can those of us who are white refrain from reacting negatively to the use of the term "white supremacy," and instead open our hearts, approach the conversation with curiosity, and try to learn—really learn—why the term is being used? I hope and trust that we can. See you on May 7th!

Amen and blessed be.

Rev. Josh



Enter, rejoice, and come in!

A Religious Education message from Gina

Dear Friends,

You've heard me say it before, and you'll hear me say it again – and again and again – I love our Religious Education volunteers! This year we have over 60 volunteers, and no matter how large or small their role, every single one of them is important. If you are currently an RE volunteer, I thank you. If you are not yet a volunteer, I strongly encourage you to get in on the fun. Not convinced? Perhaps the following list will persuade you to give it a try.

Top Ten Reasons to Volunteer in RE

10. Grow in your faith. RE is a place where everyone has the opportunity to learn about world religions, ask big questions, gain a deeper understanding of UU Principles, search for truth and meaning, and explore ways to share the love and grace of Unitarian Universalism with the wider world.

9. Meet new people. Or strengthen your connections with other members of the UUS:E community. Our team of volunteers is made up of folks of all ages, including young adults, parents, and elders. Volunteering in RE is a great way to be a part of a thriving, joyful, and connected multigenerational community.

8. Share your gifts. Are you passionate about working for social justice? Perhaps you love drumming, singing, painting, or cooking? Are you a great story teller? Everyone has something special to share. (And if you're not sure what your "something special" is, come talk to me. We'll figure it out!)

7. Share your story. We each have a unique and important story to tell. Your stories are a gift to our children and youth. Please come share them!

6. Have fun. Children learn through play, so we do a lot of playing in RE. And play is essential to the health and well being of folks of all ages!



5. Attend Sunday services. RE volunteers are asked to commit to just one or two Sundays per month. That means you will still have the opportunity to attend worship services on a regular basis.

4. Support one of our largest ministries. That's right, our Religious Education program serves nearly 100 children and youth, making it one of UUS:E's largest

ministries. It's important work, and we can't do it without your help!

3. Be appreciated. RE volunteers are treated to a special breakfast in the fall, an appreciation dinner in the spring, recognition on RE Sunday, and some very cool swag. Our volunteer appreciation gifts are awesome – just like our volunteers!

2. Be part of a well-organized program. Volunteers attend an orientation session in September and are provided with a complete curriculum. All materials are obtained and prepared in advance. You'll receive weekly email updates with reminders and resources.

1. Be a UU Super Hero. Yes, it's true. As an RE volunteer you will help nurture and grow future generations of

Unitarian Universalists. Your work today will help insure a strong and thriving UU faith for all the days to come. That makes you a Super Hero in my book!

I hope you will consider volunteering in RE for the 2017-2018 school year.

Be well and be loved,
Gina

Be well and be loved,
gina



Visitors and Newcomers

Welcome!

We hope we had a chance to greet you when you first visited. Please stop by the welcome table inside the front door to speak with the person there or join in at the Newcomers Café during coffee hour. You can also contact membership co-chairs Edie Lacey at elacey1@cox.net or 860-481-1922 or Jennifer Klee at jenduv@sbcglobal.net or 860-875-1285.

Newcomers Social

This is something new we're trying. Join us on Third Fridays! Newcomers, new members, and those who want to meet new people, are invited to a friendly evening of coffee, dessert, and socializing. In May, the social will be held at Jennifer & Roland Klee's Vernon home. Bring a short reading or poem to share with the group. Plan for a few relaxed moments at the end of your week. Info & RSVP: Jennifer at jenduv@sbcglobal.net. Due to logistical constraints, this event is for adults only. P.S. The reading doesn't have to be religious or even serious; maybe something you're reading or a favorite quote or song lyric.

Third Fridays, May 19 and June 16 at 7 PM.

Intro to UU

Our next class will be in September. Keep an eye out over the summer for the date!

Meet the Church

Visitors are invited to meet Rev. Josh for a brief overview of UUS:E, followed by a tour of the building and grounds. Meet in his office after each service. No RSVP required, watch for announcements in the order of service.

Date: 6/4

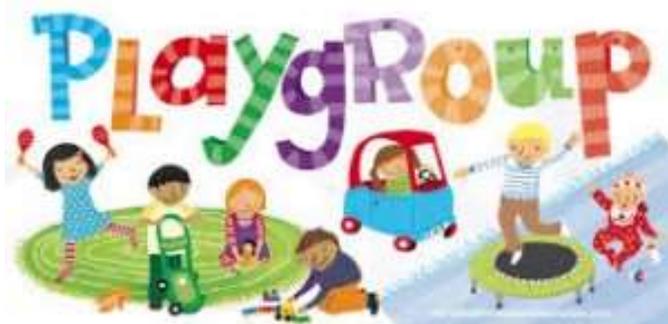
New Member Sundays

We will have a ceremony to welcome new members twice a year. RSVP to Annie Gentile in the UUS:E office at 860-646-5151. Contact Jennifer Klee with any questions (jenduv@sbcglobal.net).

The next one will be on Sunday, May 7, 2017.

There will be a reception and dress rehearsal on the Thursday before, May 4, from 7 – 9 PM.

If you cannot attend one of these services but want to become an official member, you can "sign the book" at any time! Contact Rev. Josh to make arrangements.



Announcing a New Playgroup at UUS:E

Are you looking for a relaxed playgroup? Do you know someone with a child under 3 years old, who could use the support of other parents and free programming during the week for their young child? Read on to find out more about a new playgroup being offered at UUS:E.

Please join Religious Education Assistant Emmy Schultz in the nursery every Wednesday from 9:30 to 11, with your child age 3 or younger for a fun and inviting playgroup. (Older siblings are welcome to be in the classroom next door. An adult volunteer will be supervising any older children.) The group had their first meeting on April 26, but new folks are welcome to join at any time.

The playgroup is open to the public and welcomes all caregivers.

Upcoming programs include:

- Big book storytelling with finger puppets
- Crafts and fine motor activities for babes and tots
- Sign Language
- Music sing along
- Baby-wearing 101
- Teddy Bear picnic lunch (extended time, BYO lunch)
- Nutrition/Feeding Q&A with Breastfeeding USA and La Leche League counselors
- First Aid/CPR

Please email Emmy at UUSE.REast@sbcglobal.net with any questions.

Membership News



Greetings from the Membership Committee!

Our job is to welcome visitors and to encourage all of our members, whether long-standing or new, to make the most out of your participation in our beloved community. What does “make the most” look like? Well, that varies from person to person, depending on what you’re passionate about, interested in, and need right now. Maybe the Sunday morning music feeds your soul, maybe you’re looking for connections to people, maybe you have a cause to fight for. Opportunities for all of these and more exist at UUS:E. Check the calendar and come to an event or two, or review the committee listing in the front of the directory and pick a committee to try out. They’d all be happy to have you. There are a few events coming up that offer a chance to get to know other people and a short-term commitment: the plant sale (Bob & Jean Knapp), the auction (Sharon Gresk), the annual picnic (Jennifer Klee), Speak-Up (Rev. Josh), and the spring clean-up (Jim Adams). Give a little of your time and talent—you’ll get a LOT.

Sunday Morning Teams

We can always use more help on Sunday mornings. Contact Louisa Graver for greeters, Jennifer Klee for welcome table, and Jackie Heintz or Edie Lacey for hospitality.

Goodies

Thank you to everyone who has signed up and brought in snacks for Sunday morning! There is plenty of room on the schedule if you want a turn. You don’t have to serve; we are only asking for people to provide the snacks. You’ll find the sign-up sheet and very detailed instructions posted next to the serving window.

Mentor Program

Would you consider being a mentor to help new members and regularly attending newcomers ease their integration into the UUS:E community? All you have to be is friendly! Please contact Eric Vogel at esvogel@cox.net if you are interested.

Mentor Roles

1. Be a friend.

Get to know the person and his/her interests and strengths so you can suggest ways to become involved in our community.

Look for your person at coffee hour, introduce him/her to others you know.

Ask him/her to attend a UUS:E event with you.

2. Serve as a guide.

Explain UUS:E events such as the fair, stewardship potlucks, the auction, congregational meetings, Ferry Beach.

Translate our jargon! When the acronyms or other UUS:E-specific terminology starts to fly, provide an explanation.

Talk about the various committees we have and other opportunities for service and suggest ways he/she might like to become involved.

The Committee

Are you interested in joining our busy (and fun) committee? We’d love to have you! Talk to Jennifer Klee (jenduv@sbcglobal.net) or Edie Lacey, co-chairs, or any committee member: Gail Crook, Louisa Graver, Jackie Heintz, Eric Vogel, Wilda Wyse, Susan Barlow, Kathy Lee, and Betsy Nelson to learn more.



Spring Clean-up

Sponsored by Building & Grounds Committee

Where: UUS:E

When: Saturday, May 6

Time: 9:00 AM – noon

Clear winter debris, prep for summer.

Family friendly event.

Bring gloves and garden tools (we also have some to lend).

Refreshments and good company provided.

Contact Cory Clark 860-647-0705 with questions.



Annual UUS:E Piano Bash

Sunday, May 7, 2017, at 3 PM in the meeting room.

Please notify Mary Bopp, Music Director, if interested in participating by playing a piece or two on one of our wonderful pianos!

This is a free presentation sponsored by the Music Committee.



Plant Sale

Saturday, May 20, 9:30 – 11:30 at the Meetinghouse

Outdoors, rain or shine

A wide variety of perennials (most \$5)

Plants will be labeled

Master gardeners will be available for consultation

If you have questions, please contact Bob or Jean Knapp.



UA Elects a New President

This year our denomination elects a new president to serve a six-year term, choosing among three strong female candidates. The Denominational Affairs Committee will show a video of the recent forum held at the Regional Gathering in Woburn, MA., where the three candidates expressed their views on faith, social justice, and the future of our denomination. For an update on the election, go to: <https://www.uuworld.org/articles/follow-uua-presidential-campaign>

The election will be held at this year's General Assembly in New Orleans, and we must instruct our delegates on our preferred candidate during the May 21 UUS:E Annual Meeting. The video will be offered twice: at 6:30 PM on May 11 and again at 2 PM on May 17 in Room 2.

This is a particularly important election as our incumbent president, the Rev. Peter Morales, resigned before the end of his term over charges of racism in hiring within the UUA. Three distinguished leaders, including past president Rev. William Sinkford, will serve as interim co-presidents until the election over hiring practices of <https://www.uuworld.org/articles/peter-morales-resigns>

The video of the forum will be posted on the website of the UUA's New England region after April 27. Watch for it at <http://www.uua.org/new-england>.

Mental Health Ministry News and NAMI Walk Alert

The UUS:E Mental Health Ministry's team for this year's NAMI (National Alliance on Mental Illness) Walk is Team **UUS;EAST**. The walk will be in Bushnell Park on Saturday, May 20, with check in beginning at 9 AM. It is a gentle walk around the park that begins at 10 AM.

If you can't be there, you can still be a virtual walker by donating to the CT-NAMIWalk. You can give a donation in person to Sarah Karstaedt or Christine Joyner or send a check to the UUS:E office. Your check should be written to NAMI-CT. The money collected funds education, advocacy and support for those with a mental illness and their family members. The money will go to NAMI/National, NAMI/CT and our local affiliate, NAMI/Manchester. Your donation is deeply appreciated.

Another way to donate to the walk is online. You can go to the [NAMI Connecticut Walk site](#) (using Google is an easy way to do this) and then choose Team **UUS;EAST**. You can make a direct, online donation at the team's site. Please choose the Manchester affiliate when filling in the information for your donation.

The Manchester NAMI affiliate has a special, local fundraiser on May 13. It is a showing of the film, "Pack Up Your Sorrows" at Center Congregational Church, 11 Main St. in Manchester. This film tells the personal story of singer-songwriter Meg Hutchinson's journey with mental illness. The film is at 7 PM. The tickets are being sold in advance through Center Congregational Church. For information on tickets, call 860-647-9941.

UUS:E will have a presentation from the Free at Last Players on June 10 at 7 PM. This group entertains as they educate about mental illness and stigma. This should be a fun evening for all ages. A free will offering for the Players will be collected at the performance.

If you have any questions about these events and the UUS:E Mental Health Ministry, please feel free to contact Sarah at 860-875-5238.



The Big Easy

Considering a visit to New Orleans? Curious about our largest UU gathering of the year? Please think about being a delegate to the UUA General Assembly, convening in New Orleans from June 21 – 25. Wonderful worship, stimulating workshops and significant social action... all taking place with thousands of other committed religious liberals! See more at www.uua.org/ga. Registration and housing options opened March 1, prices go up on May 1. For information—or to talk about being one of UUS:E's five official delegates—please contact Nancy Pappas at 860-643-8082 or nanapap338@aol.com.

Calling All Poets

The Sunday Services Committee is planning to have one – or possibly 2 – summer services based on poetry. If you have written poetry that you would like to share – along with a talk about how poetry enriches your spiritual life, why you write, and/or how you write – please contact Martha Larson as soon as possible. (marlar@wordshard.com) We are especially interested in hearing from people who have not shared their poems before, but would also welcome former participants.

And Music Lovers

If you would like to share a few words about a favorite song or hymn we sing on Sunday mornings at UUS:E, please let Martha Larson know ASAP. Our Annual "Favorite Hymn" service will be coming in early summer.

Circle of Race Unity

Presentation and Discussion

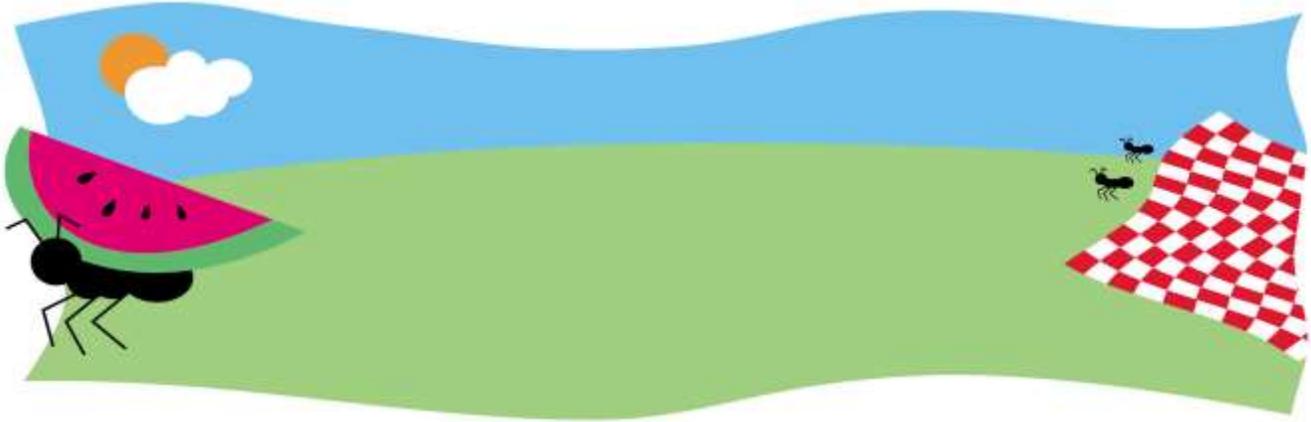
May 30, 7:00 PM

At Unitarian Universalist Society: East, 153 Vernon St West,
Manchester, CT (860-646-5151)

Join us for a 2 hour public program and interactive discussion facilitated by a local grass roots organization, Circle of Race Unity (CRU). CRU is a diverse group dedicated to improving communication between people of different cultures, religions, races, nationalities and other distinctions.



CRU's mission is to promote the concepts of love and unity for the whole human race, that discord provide opportunity for consultation and finding solutions that are for the common good, and that peace become the reality for all humanity.



UUS:E Summer Potluck Picnic

Sunday, June 25, 2017

Here on the UUS:E Grounds

It's the Annual Summer Potluck Picnic!

With a new spin: we're having it right here at UUS:E

The Details: Sunday, June 25, 2017

Set-up begins immediately following the 11 o'clock service.

What to Bring: Anything and everything you like to eat at a picnic!

A side dish, salad, appetizer, dessert, fruit, or veggies, 8 to 10 servings worth. Watch for sign-up sheets in the lobby. *Please list the ingredients in your dish to help those with allergies.*

Burgers, vegan burgers and hot dogs will be provided. There will be a tip jar to defray the cost, suggested donation: \$1 per item/\$3 max per family as you are able.

Be green! Bring your own plates, cups and flatware to use at the picnic that you can take back home and wash.

Can You Help? It will take a team to pull this off! Here's a one-off, no long-term commitment opportunity! We'll need help with set-up, clean-up, grill masters, running an activity. Have an idea? Let us know. Please consider chipping in to do one small job!

Questions? Contact Jennifer Klee (jenduv@sbcglobal.net) or Edie Lacey (elacey1@cox.net)



How Can YOU Be Part of Our UUS:E 2017 Auction??



Unitarian Universalist Society: East

Our auction on June 3 (6 to 9 PM) is a fun way for all to help build the UUS:E community and contribute to our operating budget. Here are some ideas to jumpstart YOUR creative mind on how to help!

- Do you own a property or time share that you would be willing to have someone stay in for a long weekend, or a week?
- Do you have a favorite local business you frequent (or know someone who owns a restaurant or business)? Ask if they'll donate a gift card or something. You'll be surprised how many places are willing to donate if you just ask. If you do, PLEASE let Sharon Gresk (860-646-8040) know so we don't have multiple people asking the same folks, and she can give you a donation letter (they'll ask for that for their records)!
- Could You Put together a theme basket—you pick the theme and have fun putting it together. Keep track of your expenses so we have a Market Value of your donation.
- Are you willing to Clean house? Offer handyman services? Make trips to the airport (and/or back)? Help with computer stuff, Babysit, do garden chores like Pruning, raking leaves, Cleaning out garden beds, Weeding, Planting, Planning what to put in a garden
- Offer to do a Dinner, a Lunch, how about Breakfast, or a Bar-B-Q at your place, or theirs
- Bake bread once, or once a month, Bake anything and bring it into the Auction
- Teach someone how to make pickles
- Offer tutoring in whatever subject you would like, Mentor a budding musician, Offer lessons on guitar, mandolin, trumpet, piano, harmonica—whatever instrument you play, you can teach someone else to do it too
- Give lessons in something you're good at—Knitting, Crochet, Ribbon embroidery, Quilling
- Offer to make a meal to bring in to someone when they want it, Show someone else how to bake something you really like to bake
- Hikers and bikers, offer a guided tour of a special place you are familiar with
- Teach someone how to do a woodworking project (like make one of those Fancy pens), Do a workshop on how to do Stained glass, Mosaics, or Collage or Doll Making,
- Mat and frame a picture or painting, Do you REPAIR things...like furniture, dolls, clocks, appliances?
- Teach some techniques of photography, Show someone how to use their new digital camera,
- Bring in a very special planter
- Paint a picture, Teach an art class, Offer pet sitting, Or Babysitting!
- Bring in some Wine from your favorite store (a donation from them),
- Four of us are offering 32 seats for High Tea on June 23, 2017..
- Wash windows, Clean basements, Cell phone lessons, Computer lessons.....

Save the date and look for bid forms to submit your special donation!

Finger food and beverages will be served.

The Auction Committee, Sharon Gresk, Kat Dargan, Jennifer Klee, Carol Marion, Helena Deary, Stan McMillen, Hal Reed

Green Sanctuary News



Gardening

We are happy to announce that all of the garden plots on the lower level are spoken for! As you may remember, these garden plots have been used as part of the RE curriculum in the past. Currently gardening is not part of the curriculum, so we decided to have UUS:E folks "adopt" a plot. Sign-ups were in April and were most successful. Thanks to all who signed up, and Happy Gardening!

Citizens' Climate Lobby

The Citizens' Climate Lobby (CCL) chapter we started here, as a subgroup of our Sustainable Living Committee but connected to national CCL, is active and growing. We have recently renamed our Manchester chapter the "Greater Hartford Chapter." We hope to draw more people from the region, and expect to be holding our meetings starting May 25th, 7:00 PM at Goodwin College.

Contact Janet Heller janet.heller@snet.net for chapter details, check the website to know our purpose and philosophy and goals, <http://citizensclimatelobby.org>. Also check out our Facebook page at Facebook@CCLHartford!



Solarize With Faith

Did you miss the **Solarize with Faith** workshop at UUS:E? If so, then you may not know how a solar panel system can save you lots of money and help protect the Earth for your grandchildren. You can get some basic information at <http://uuse.org/sustainable-living/solarize-with-faith/#.WPaLDPnyvc>. More information will be provided at the next Solarize workshop, which will be at **12 noon on Sunday, May 21** at St. John's Episcopal Church, 523 Hartford Turnpike, Vernon.



Vegan Potluck

Friday May 19, 6:00 PM in the Meeting room

So, what is all this vegan talk anyway? Well, glad you asked. Research has shown that the massive amounts of animal flesh, dairy products and eggs that we humans eat are not only killing us, but killing the planet! Animal agriculture is the number-one cause of global warming. Hard to accept, when that is mostly what one eats! Well, we are here to help you discover healthy tasty recipes that are not only good for you but good for the planet.

"Herbs and Healing"



We will have a speaker, UUS:E member **Judith Dreyer**. She will teach us all about herbs and the benefits of having wild plants in the yard. Judith is the author of **At the Garden's Gate: A personal guide to self-discovery in growing a**

sustainable backyard meadow, working with nature and the land, living the wheel of truths. She will have copies of the book available.

There are many wonderful vegan recipes to be found online. To be vegan a dish must not contain meat, dairy, or eggs. Technically no honey either. You may also want to check our [UUS:E website](#) for recipes. Click on the **Sustainability** tab, then **Vegan Recipes**. (If you have a recipe to share you can add it there as well.)

Please let Paul know how many are coming, pcocuzzo@gmail.com, so we know how many tables we need. You do not have to commit to a category (salad, entrée, dessert,) let's just see how it works out! To save work for the kitchen crew, **please bring your own plate and utensils.** Thank you!



Books, Classes and Discussions

brought to you by...

The Adult Religious Education Committee

(Youth are welcome at all workshops. Childcare is available with one week's notice.)



Yoga News

Come enjoy yoga at UUS:E!

The current yoga sessions are underway and run Monday, April 3 – June 5, 5:45 – 6:45 PM, (no class May 29) with Jessica DeCarli, and Tuesday, April 5 – May 24, 11 AM – noon, with Susan Barlow. Her next session is May 31 – July 19. Jessica's next session is June 12 – July 31.

\$40 for the eight-week session or \$6 drop-in fee. Walk-ins welcome.

You can register with:

Jessica at jess.decarli@gmail.com

Susan at SBarlow627@aol.com

Or Annie at uuse153@sbcglobal.net

To read about their classes, visit UUSE.org.

<http://uuse.org/religious-ed/adult/yoga-classes/#.ViVPB-tCiX0>



Community Drum Circle

Tuesday, May 16, 7:00 – 8:30 PM

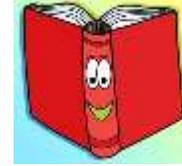
(Third Tuesdays in the Sanctuary)

Open to all levels of ability and experience.

Facilitator Mary Ertel provides djembe drums and other hand instruments, and you may bring your own.

Drum with intentionality, send good vibes out into the world!!

Contact Paul Cocuzzo at pcocuzzo@gmail.com or 978-270-2056 with questions or to reserve a drum.



Book Lovers

The Book Lovers will be meeting on Tuesday, May 9 (as always, the second Tuesday of the month), from 3:30 – 5:00 PM, in the chapel area. We will be discussing **On the Move: A Life**, by Oliver Sacks.

Upcoming:

- **Ordinary Grace**, by W.K. Krueger
- **When Breath Becomes Air**, by Paul Kalanith et al.

All are welcome, even if you haven't read the book!

For information: mheaney1932@frontier.net

Women's Sacred Singing Circle

Every Thursday from 7:00 – 9:00 PM, we will be singing in the sanctuary. All women and girls eight years and older are welcome to join our circle regardless of musical training or ability. Come when you are able, stay as long as you wish.

Sing, laugh, and be in community.

For more information, contact

Jane Osborn:

janeosb3@gmail.com



UU Buddhists



The Buddhist Group will meet at 7:00 PM, Tuesday, May 1, in Room 2, for meditation, dharma, and discussion. The May ministry theme is "devotion." Contact Nancy Thompson,

nancythompson123@yahoo.com, with any questions.

Books, Classes and Discussions

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Understanding the Other Side, Part 2

Continuing the conversation we began in April: social psychologist Jonathan Haidt's research in moral psychology can help us understand the turbulent political polarization in our country. In **Part 2**, we'll watch and discuss a 2012 Bill Moyers interview, in which Haidt explains the moral foundations of intuitive ethics and how they apply to liberal and conservative values and culture. Sunday, June 4, 1:00 – 3:00 PM in the main meeting room. Light refreshments will be available. Please contact Annie at 860-646-5151 or uuse153@sbcglobal.net to sign up. Childcare will be arranged, if request



Saving Jesus Redux

Ever feel like Jesus has been kidnapped by the Christian Right and discarded by the Secular Left? The Saving Jesus Redux video series explores a credible Jesus for the third millennium. Contributors to the series include Brian McLaren, Diana Butler Bass, Robin Meyers, Marcus Borg, Walter Brueggemann, John Dominic Crossan, Matthew Fox, Amy-Jill Levine, and a host of others.

Dates, Tuesdays May 2, 9, 16 and 30, and June 6 and 13. 4:30 to 6:30.

Facilitator: Rev. Josh

To register, please contact Annie Gentile in the UUS:E office, 860-646-5151 or uuse153@sbcglobal.net.



Come and Grow

A Joint Offering with Our 3 Local UU Churches

Building (and Living!) Your Own Theology is a newly designed, intensive and interactive 12-session program in which participants define/discuss their faith and its impact on their lives, taking a very deliberate look at who they are, what they believe, and who they, individually and collectively, can become.

Program participants will be drawn from the three UU congregations in our area – the Unitarian Society of Hartford (USH), the Universalist Church of West Hartford, and the Unitarian Universalist Society: East (UUS:E) in Manchester. Bi-weekly sessions will be held September – March on **Tuesdays**, from **7:30 – 9:00**. Meeting locations will rotate among the participating congregations. Facilitator is USH member, Tom Gervais: 860-558-3000; tom.j.gervais@gmail.com.

The group will be limited in size, with a maximum of 12 participants, including 4 from each congregation. Please register by August 15, 2017.

UUS:E participants, please sign up as you would for a UUS:E program, by contacting Annie at uuse153@global.net or 860-646-5151.

Get Connected! with UUS:E on the Web

UUS:E WEBSITE is located at <http://uuse.org>. Here you can find the latest news about our community and upcoming events, basic information about group and committee activities, Rev. Josh's sermons, and much more.

DIALOGUE FROM HOME is our ongoing virtual **talkback series** that continues online after each of Rev. Josh's sermons. Whether you want to read along, post your thoughts, and/or engage in dialogue about the topic, you are welcome to join this group. Request a password from Annie, the office administrator, to get access to the discussion. Email uuse153@sbcglobal.net.

FACEBOOK! UUS:E has two Facebook pages where members and friends can share all things UUS:E. Our main site is www.facebook.com/UUSEast. You can find out what's going on at UUS:E here. And please share our events to your own page to help spread the word about all of the great things we do!

We also have a second site, UUS:E Happenings, designed specifically to share ideas and events with others in the UUS:E community. Anyone can post here. Is your child going to be in a play? Are you performing a concert? Looking for people to hike with? Post it here! This is a closed group, request to join here:

<https://www.facebook.com/groups/587066578028806/>

MEETUP: We have started a Meetup page! Join our group! Find events, RSVP and more at: <http://www.meetup.com/Unitarian-Universalist-Society-East/>. If you'd like to add an event to the Meetup site, contact Carol Marion at cmarion333@gmail.com.

Rev. Josh has his own website located at <http://revjoshpawelek.org>. Catch up on his latest writings, community work, and more. You can also follow Rev. Josh on **Twitter @revjoshpawelek**, or connect with him at **LinkedIn** and **Facebook**.

Weekly e-blast – Contact Annie at uuse153@sbcglobal.net to be added to this weekly email of what's happening at UUS:E. Send submissions to SBarlow627@aol.com



Pastoral Friends Sharing



Fay Peters



I am astonished and delighted by the love & support I have received from this community.

A LOT went into getting me transportation. Here is some of it:

- * Listening and giving emotional support
- * Coordinating numerous phone calls
- * Providing rides back and forth to church
- * Lending me a car to use for a couple of months
- * Providing funds for a car and it's repair
- * Providing the car for my use

All of these are BIG and some of them are nothing short of a MIRACLE! I am teary eyed over the fact that my church family cared enough about my quality of life to make this happen.

Forever grateful,

Fay Peters

Stop and Shop Fundraiser

Please consider buying these cards—the more sales we do, the more it helps UUS:E to fund its programs. It is also a very good way to volunteer your time to sell them. Easy to do and not a lot of time is required. Please call Gail Crook at 860-649-9508 or via email at e.gail.crook@gmail.com if you'd like to volunteer or have questions.



Equal Exchange

Fair-trade, sustainably-grown, **organic coffee, tea, chocolate and now olive oil** are available for purchase in the lobby after each service on the **second Sunday of every month**. These products are good for the growers, good for the Earth, and offered at a very good price. And did you know that the coffee served on Sunday mornings and at other UUS:E events is also **Equal Exchange** brand?

Sponsored by your Sustainable Living Committee.

UUS:E GENERAL INFORMATION

UUS:E Office Schedule: Monday-Friday, 8:00 AM - 4:00 PM

Meetinghouse Office: 860-646-5151

Office Administrator: Annie Gentile email: uuse153@sbcglobal.net

Minister: Rev. Joshua Pawelek 860-652-8961, revpawelek@sbcglobal.net

OFFICE HOURS: Tuesday 10 AM to 7 PM and Thursday 10 AM to 4 PM

President: Alan Ayers, 860-633-6125, ADayers@BUILDINNOVATION.com

Director of Religious Education:

Gina Campellone, 860-875-8468, UUSE.REdir@sbcglobal.net

Newsletter Editor: Paul Cocuzzo, 978-270-2056, uuse.nletter@sbcglobal.net

Website Coordinator: Carol Marion 860-643-8765, uuseweb@gmail.com

World Wide Web address: <http://uuse.org>

June Newsletter Deadline:

May 20

Unitarian Universalist Society: East
153 West Vernon Street
Manchester, CT 06042