

# *Unitarian Universalist Society: East*

*Member of the Clara Barton District of the  
Unitarian Universalist Association*



*February 2017  
NEWSLETTER*



Unitarian Universalist Society: East is a welcoming, open-minded, spiritual community seeking truth and meaning in its many forms. We share responsibility for building a more equitable, peaceful, and sustainable world.

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## Sunday Services Schedule

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February 2017 Ministry Theme: **Love**

Services at 9:00 and 11:00 AM

**February 5: "I am from..."**

In a sermon last year, Rev. Josh said the first step in loving our neighbors or strangers—or even enemies—is "loving ourselves fiercely." Love is our theme for February. How do we love ourselves fiercely? We begin by remembering where we are from. Special music by the Guinea Pigs.

Coordinator: Rev. Josh Pawelek

**February 12: "The Experience of Simple Faith"**

A service about spiritual longing: The service presents three points of view on the need to experience deep connection with our beliefs.

Speakers: Nancy Madar, Rev. Andy Sebula

Music: Mary Bopp, Jen Richard

Coordinator: Jack Murphy

**February 19: "Love Matters."**

Guest pastor, the Rev. Persida Rivera-Mendez, will speak from the perspective of a Latina minister who believes that love and activism go hand in hand.

Coordinator: Sheila Foran

**February 26: "A Sunday Morning Kirtan."**

Kirtan is a fun, interactive, and devotional musical event. We repeat simple melodies in a lively call and response style supporting a divine connection with our heart and spirit. It is an easy way for even a new practitioner to experience very deep and blissful meditative states. The positive vibration in the music along with the group energy is catchy and will uplift even the quiet spectator.

Coordinator: Mary Bopp

**March Newsletter Deadline: February 17**

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### 2016-2017 Ministry Themes

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Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Truth	Vocation	Transformation	Suffering	Abundance	Joy	Evil	Love	Surrender	Reconciliation	Devotion	Journeys

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## Community Outreach Ministry

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Charitable Giving for February 2016

As always, thank you for your generosity.

"We do not gather our gifts only for ourselves, but to share with the larger community."

Continuing our practice of sharing our gifts with the community beyond our walls, the recipient of fifty percent of our Sunday plate collections for the month of December will be **Operation Fuel**.

One in five Connecticut residents cannot afford heat. Operation Fuel partners with communities, businesses, government and individuals to ensure people in need have access to year-round energy assistance.

Checks made out to UUS:E will be treated as follows: If the memo line:

- ✓ is blank or "pledge" is written, all will go toward your pledge.
- ✓ has "COM" or the name of the charity is on the memo line, all will go to the charity.
- ✓ has "1/2 pledge, 1/2 COM," it will be divided equally.

The committee overseeing our community outreach efforts welcomes your comments and suggestions.

Please contact Louisa Graver at [Graver30@att.net](mailto:Graver30@att.net), David Lacoss, or Nancy Madar at [nancymadar@hotmail.com](mailto:nancymadar@hotmail.com)

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## Sunday Service Flowers

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The signup sheet for flowers is in a binder in Annie's office. Please make sure you check off the box, indicating whether you want to take the flowers back home with you or have them donated. The contact person for delivering donated flowers is Cyndi Krupa, 860-986-1957, [cyndikrupa@sbcglobal.net](mailto:cyndikrupa@sbcglobal.net).



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## DVD / Audio CD Loan Services Available in Office

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Many of the Sunday Services at UUS:E run on the three community access channels (Cox in Manchester, Community Voice Channel in Bolton, and Charter Communications in Windham). The **DVDs** are available at UUS:E, and you can sign out the programs you were unable to see. **Audio CDs** are available one week after each service, and as a download from Jane, our sexton, if you provide a flash drive (USB port).



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## The Minister's Column: Hallelujah

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Dear Ones:

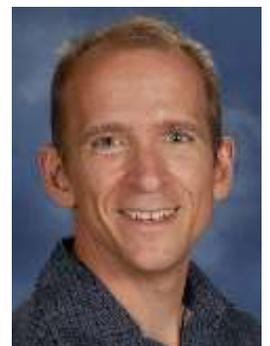
It happens a lot these days. I'm at the grocery store or a restaurant, the kids' music or karate lessons, a memorial service at a local funeral home, a rally or protest—and I encounter someone from UUS:E. There's an instant connection, a feeling of warmth, a sense of mutual understanding. We're part of that wonderful Unitarian Universalist congregational family, attached to that beautiful, green, accessible building on Elm Hill in Manchester's northeast corner.

That sense of connection is no accident. We share seven profound principles. We share a commitment to justice-making and peace-building. We share a faith-based loyalty to the earth. We share a common experience of Sunday morning worship that draws on many sources of religious wisdom, comforts us in difficult times, and sends us forth into the world with love in our hearts. We share a spiritual home! In a world where fear, anger, and injustice seem to be gaining ground, it matters that we have a place like UUS:E that we can call home—a place that knows us, holds us, challenges us, loves us. What a precious and valuable thing to have in our lives, and the lives of our children.

"A Place We Call Home" is the theme for this year's annual appeal, which is fast approaching. Like virtually every year, we are asking for an increase in pledging in order to cover all those fixed costs that regularly increase—insurance, utilities, etc. We also hope to provide our staff with cost of living raises as well as cover the expense of 6-8 guest ministers during my sabbatical next year. We're hoping to continue funding our growth efforts, which include offering innovative, relevant and (sometimes) entertaining programming, and marketing it more effectively to the greater Manchester community. And one of the new programmatic ideas I'm very excited about is an investment in our youth ministry. We're learning, like so many congregations across denominations, that traditional "youth group" models no longer work for today's teenagers. So, our youth ministry team is proposing to spend the coming year experimenting with new models and a variety of new activities for our youth. While the old models don't work, youth still need loving, nurturing spiritual communities that allow them to question, search, test out their values, and discover who they are. Youth need a place they can "call home," and we fully expect to provide it. If you are interested in helping out with our "experilearn" year in youth ministry, please let me or Gina Campellone know. We'd love to include you.

Of course, our children and youth are not the only ones who need a place to call home. All of us need it, a place we can come for human contact, warmth, support, challenge and love. A place for beloved community. A place that not only reminds us to stay focused on our values and commitments, but sends us forth to overcome cynicism and despair with hope, to meet violence with peace, to counter hatred with love. UUS:E is such a place. Please make the most generous pledge possible to this place we call home!

With love,  
Rev. Josh



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## Enter, rejoice, and come in!

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### A Religious Education message from Gina

Dear Friends,

This morning on the drive to school Casey, my 11 year-old, asked if there is a name for someone who doesn't believe in God, but who doesn't not believe in God. It took my still sleepy brain a moment or two to decipher what he was asking. He clarified, "I don't really believe in God, because there's no scientific evidence to support that. But I'm also not entirely convinced that there isn't a God, or some higher power. I just don't think it's possible to know for sure." We talked a little bit about the terms "atheist" and "agnostic," and he shared that most of his peers at school are shocked when they learn that he doesn't believe in Heaven or Hell. He shared that it can be challenging to explain Unitarian Universalism—and I assured him that many adults find it challenging too! We explored some talking points, and came up with some ways one might begin to articulate the Unitarian Universalist faith, such as the Seven Principles. Ultimately Casey decided that for him, at least right now, being a Unitarian Universalist is about love. It's about loving each other, loving the earth, and loving yourself. That works for me!

As Director of Religious Education, it is my hope that UUS:E is a place where our children and youth know that they are loved. It is my hope that it's a place where love is modeled, a place where children and youth can learn and practice loving the earth, loving others, and loving themselves. And spending time together in beloved community is one of the best ways to foster this. Over the next several months, the RE Committee will be offering many opportunities for children, youth, parents, and adults of all ages to spend time learning, playing, and having fun together. Please check out the list of activities below, and be sure to add the dates to your calendar. If you would like to help with any of these events, or if you have ideas for events or programs that might strengthen and nurture beloved community, please let me know!

- RE Kids Afternoon Workshops, Sun. 2/19 12:30 – 3:30
- Movie: Kubo & the Two Strings, Sun. 2/26 12:45 – 3
- Jr. Youth Overnight, Fri. 3/24 - Sat. 3/25, 6 PM - 10 AM
- Family Talent Show (in conjunction with the monthly Coffeehouse), Sat. 4/1, 6 PM
- Obstacle Course, Sun. 5/14, 12:45 -1:30
- Bike Rodeo, Sun. 6/4, 1 – 3
- Camp Out, Fri. 6/16 - Sat. 6/17, 6 PM - 11 AM:

Be well and be loved,

Gina

Be well and be loved,  
gina



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## Visitors and Newcomers

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Welcome! We hope we had a chance to greet you when you first visited. Please stop by the welcome table inside the front door to speak with the person there or join in at the Newcomers Café during coffee hour. You can also contact membership co-chairs Edie Lacey at [elacey1@cox.net](mailto:elacey1@cox.net) or 860-481-1922 or Jennifer Klee at [jenduv@sbcglobal.net](mailto:jenduv@sbcglobal.net) or 860-875-1285.

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### Save the Date!

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There are lots of opportunities to learn more about UUS:E or to pursue membership:

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### Meet the Church

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Visitors are invited to meet Rev. Josh for a brief overview of UUS:E, followed by a tour of the building and grounds. Meet in his office after each service. No RSVP required, watch for announcements in the order of service.

**Dates: 3/26 and 6/4**

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### Intro to UU

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Rev. Josh and the Membership Committee present a lively and informative three-to-four-hour seminar about Unitarian Universalism and Unitarian Universalist Society: East. It's a great way to learn more, and is required if you choose to become a member. Please RSVP to Annie Gentile in the UUS:E office at 860-646-5151. Contact Jennifer Klee with any questions ([jenduv@sbcglobal.net](mailto:jenduv@sbcglobal.net)). Childcare is available upon request.

**Thursday, April 6, 6-9 PM, light refreshments**  
**Sunday, April 23, 1-4 PM, 12:45 for lunch**



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### New Member Sundays

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We will have a ceremony to welcome new members twice a year. RSVP to Annie Gentile in the UUS:E office at 860-646-5151. Contact Jennifer Klee with any questions ([jenduv@sbcglobal.net](mailto:jenduv@sbcglobal.net)). The next one will be on **Sunday, May 7, 2017**. There will be a reception and dress rehearsal on the Thursday before, May 4, from 7-9 PM.

If you cannot attend one of these services but want to become an official member, you can "sign the book" at any time! Contact Rev. Josh to make arrangements.

## Books, Classes and Discussions

brought to you by... The Adult Religious Education Committee  
(Youth are welcome at all workshops. Childcare is available with one week's notice)



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### Yoga Classes

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Come enjoy yoga at UUS:E!

Barring cancellations, the current yoga sessions run Tuesday, January 10 - February 28, 9:30-10:30 AM with Ruth Rempt, [ruthrempt@cox.net](mailto:ruthrempt@cox.net), and Monday, January 30 – March 20, 5:45-6:45 PM with Jessica DeCarli, [Jess.decarli@gmail.com](mailto:Jess.decarli@gmail.com).

In case of inclement weather or sickness, Ruth and Jessica will call or email registered participants, and if the building is closed, yoga classes will be cancelled.

Cost: \$40 for an eight-week session or \$6 drop-in fee.

Come experience physical strengthening and emotional awakening with these two certified yoga instructors.

To read about their classes, visit UUSE.org.  
<http://uuse.org/religious-ed/adult/yoga-classes/#.ViVPB-tCiX0>

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### Mindfulness and Movement Class.

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There are two classes remaining for Katherine Grigg's Mindfulness and Movement Class: Monday, February 6 and February 13, 9 – 10 AM. These classes are an invitation to slow down, connect inward, be in your body and move to music. Come explore meditation, qigong and creative expression through dance. All are welcome. No previous experience required. Cost is \$10 at the door. Bring a yoga mat, meditation cushion or bench if you have one, and wear clothes you can move in freely. Contact Annie Gentile at [uuse153@sbcglobal.net](mailto:uuse153@sbcglobal.net), or Kate Grigg at [kate@kategrigg.com](mailto:kate@kategrigg.com), to sign up. Walk-ins welcome.



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### Book Lovers

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The Book Lovers will be meeting on Tuesday, February 14 (as always, the second Tuesday of the month), from 3:30 - 5:00 PM, in the chapel area. We will be discussing **Olive Kitteridge** by Elizabeth Strout.

Upcoming:

March 14: **Never Let Me Go**, by Kazuo Ishiguro (author of **Remains of the Day**)

All are welcome, even if you haven't read the book!

For information: [mheaney1932@frontier.net](mailto:mheaney1932@frontier.net)



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### UU Buddhists

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The Buddhist Group will meet at 7:00 PM, Tuesday, February 6, in Room 2, for meditation, dharma, and discussion. The December ministry theme is "love." Contact Nancy Thompson, [nancythompson123@yahoo.com](mailto:nancythompson123@yahoo.com), with any questions.

## Books, Classes and Discussions

brought to you by... The Adult Religious Education Committee  
(Youth are welcome at all workshops. Childcare is available with one week's notice)



### Community Kirtan

Mirabai Moon and Friends  
Friday, February 10, 7 PM  
(Second Fridays in the Sanctuary)  
\$15 donation requested.  
No one is turned away.

Join us for an evening of sweet, uplifting kirtan with singer/songwriter Mirabai Moon (guitar/vocals) and friends (including Kalidasa on flute, percussion, vocals). Mirabai has studied vocal improvisation with jazz legend Bobby McFerrin and Rhiannon of Voicestra. After nearly two decades of songwriting and three original albums, she fell in love with the sacred practice of kirtan. In 2010, Mirabai devoted herself as a bhakta, sharing her profound love of the Divine with others through call-and-response devotional singing of Sanskrit mantra. Today Mirabai tours across North America, guiding participants into profound healing and embodiment of the Divine Essence within human form. Her versatile and expressive voice has been compared to Joni Mitchell, Ani DiFranco, and even mantra artist Deva Premal.

For more info and to hear Mirabai's music visit:  
[www.MysticalKirtan.com](http://www.MysticalKirtan.com).

For details about all monthly kirtans, please visit  
Central CT Community Kirtan at

[www.facebook.com/CTkirtan](http://www.facebook.com/CTkirtan)

or

[www.meetup.com/Nondual-Collective](http://www.meetup.com/Nondual-Collective)



### Community Drum Circle

Tuesday, February 21, 7:00-8:30 PM  
(Third Tuesdays in the Sanctuary)

Open to all levels of ability and experience.  
Facilitator Mary Ertel provides djembe drums and other hand instruments, and you may bring your own.

Drum with intentionality, send good vibes out into the world!!

Contact Paul Cocuzzo at [pcocuzzo@gmail.com](mailto:pcocuzzo@gmail.com) or 978-270-2056 with questions or to reserve a drum.



### Women's Sacred Singing Circle

Every Thursday from 7:00 - 9:00 PM, we will be singing in the sanctuary. All women and girls eight years and older are welcome to join our circle regardless of musical training or ability. Come when you are able, stay as long as you wish.

Sing, laugh, and be in community.

For more information, contact Jane Osborn:  
[janeosb3@gmail.com](mailto:janeosb3@gmail.com)

# UUS:E Calendar of Events for February

For details, please go to <http://uuse.org/events/calendar-2/#.VB9etWd0y7I>

Unitarian Universalist Society: East		February 2017							
		Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	29	9am Sunday Service 11am Sunday Service 1pm Intro to UUS:E, CI 4pm Our Own Voice, M	9am Mindfulness and M 12pm AA Group, MR/K	9:30am Yoga, MR 12pm Piano Rehearsal,	7pm Choir Rehearsal, 6:30pm Young Adult Co	5:45pm Sisters in Harm 6:15pm Restart Program 7pm Manchester Women	2	3	9:30am Brazilian Work 6pm CoffeeHouse Setu 7pm CoffeeHouse, MR/
	5	9am Sunday Service 11am Sunday Service 1pm Chocolate Auction	9am Mindfulness and M 12pm AA Group, MR/K 7pm Building & Ground 7pm RE Committee, Rr	9:30am Yoga, MR 12pm Piano Rehearsal, 7pm Buddhist Group, F 7pm Social Justice/Ant	6:30pm Young Adult Co 7pm Choir Rehearsal, 7pm CT Valley Atheists	5:45pm Sisters in Harm 6:15pm Restart Program 7pm Manchester Women	9	10	9am Sacred Dance, MR
	12	Coffee Sales After Ea 9am Sunday Service 11am Sunday Service 12:15pm Music Commit 4pm Understanding the	9am Mindfulness and M 12pm AA Group, MR/K 7pm Adult RE/Spiritual 7pm Communications/ 7pm Stewardship, Rm: 7pm Finance Committee	9:30am Yoga, MR 12pm Piano Rehearsal, 3:30pm Book Lovers, C 6pm Growth Strategy 7pm Sunday Services, 7pm Sustainable Living	7pm Choir Rehearsal, 7pm UUA Mental Health	5:45pm Personnel, Rm: 6:15pm Sisters in Harm 6:30pm Policy Board, C 7pm Manchester Women	16	17	9am Sacred Dance, MR
	19	9am Sunday Service 11am Sunday Service 12:30pm RE Kids After 4pm Snow date for: Ur 6pm Affirmation Class,	12pm AA Group, MR/K 7pm NLDG, Rm3 7pm Small Group Minis	9:30am Yoga, MR 12pm Piano Rehearsal, 7pm Membership Comi 7pm Drum Circle, MR	7pm Choir Rehearsal, 7pm Sacred Dance, Ch	5:45pm Sisters in Harm 6:15pm Restart Program 7pm Citizens Climate L 7pm Manchester Women 7pm Program Council,	23	24	Leadership & Staff Ap
	26	Josh/Sabbatical Leadership & Staff Ap 9am Sunday Service 11am Sunday Service 12:45pm Movie: Kubo &	12pm AA Group, MR/K 6:30pm Navigators, Ch	9:30am Yoga, MR 12pm Piano Rehearsal, 4:30pm God Talk: An C 7pm Denominational A 7pm Pastoral Friends, .	7pm Choir Rehearsal, 7pm Restart Program	5:45pm Sisters in Harm 6:15pm Restart Program 7pm Manchester Women	2	3	Josh/Sabbatical Annual Appeal Kicks Off 9am Sacred Dance, MR 9am Stewardship Train 6pm CoffeeHouse Setu 7pm CoffeeHouse, MR/

[Today](#) | [February 2017](#) | [Print](#) | [Week](#) | [Month](#) | [Agenda](#)

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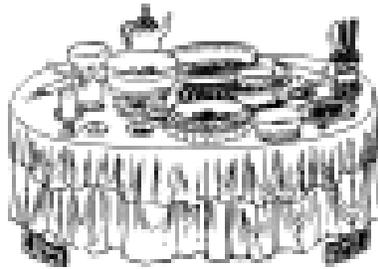
## A Place We Call Home...

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With "A Place We Call Home" as the theme for this year's Annual Appeal, the Stewardship Committee invites each of you to consider the importance of UUS:E as your spiritual home. We welcome all who come seeking comfort and support, seeking to learn, seeking spiritual guidance and renewal, seeking community with like-minded souls, seeking to be challenged and empowered, seeking justice.

Our Annual Appeal, which will take place in March, calls each of us to financially support this place we call home as generously as we can to sustain it for ourselves, for our families, and for all seekers who come through our doors.

Support the Annual Appeal by hosting or attending a pledging potluck, by volunteering to be a steward, and by making as generous a contribution as you are able.



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## Looking for hosts for Pledging Potlucks!

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This spring, the Stewardship Committee will again offer Pledging Potlucks during two weekends: **March 10 - 12** and **March 17 - 19**. We are looking for people who will host a potluck during those weekends. The potlucks are often dinners, but could be a brunch or lunch—especially on a Sunday. We need some events that are family-friendly. A steward may attend to facilitate the conversation about pledging, if you choose. We need to gather a **list of hosts with dates and times by February 5, 2017**. These potlucks are a way to come together in community, enjoy good food and have a deeper conversation about our connection to UUS:E. We hope you will consider being a host!

Please contact Phil Sawyer at 860-633-8655 or [psawyer215@gmail.com](mailto:psawyer215@gmail.com) to volunteer.

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## Stewarding Opportunity!

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The Stewardship Committee is planning our 2017 Annual Appeal for this spring. We are looking for stewards who meet briefly with members about their annual pledges. This is an opportunity to get to know new people, share your passion and commitment for UUS:E, and help make our Annual Appeal a success. The time commitment is relatively short, with one training session and a few weeks to steward a pledging potluck and/or visit with a maximum of **four** members or friends. The stewardship conversations are a time of fellowship and sharing our dreams and aspirations. Talking about financial commitment is a **small** part of a much larger conversation about generosity and community. So please consider volunteering to be a steward this year.

We will provide training on Tuesday evening, **March 7**, from 6 - 8 PM (pizza & salad provided), and Saturday morning, **March 4**, 2017 from 9:30 – 11:30 AM (light refreshments). Please email Phil Sawyer at [psawyer215@gmail.com](mailto:psawyer215@gmail.com) or call 860-633-8655 if you are willing to help or have any questions.

Our Annual Appeal will occur during March 5 – April 9, 2017.

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## Pastoral Friends Sharing

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Recent news regarding our UUS:E congregational family and other pastoral items of note. If you would like to be included or know of someone we should reach out to, we would love to hear from you. Please send an email to both Patricia Wildes, [pwildes@yahoo.com](mailto:pwildes@yahoo.com), and Gene Sestero, [oretsets@aol.com](mailto:oretsets@aol.com).



Fay Peters



Fay's car requires extensive costly repairs that she cannot afford and the car's market price does not justify. We are publishing Fay's need for a car in case a member or friend has a used car they could donate to Fay. Cash donations are an alternative also. We will not collect the funds unless/until there are enough to purchase a used car. If you want to help, you can reach out to Patricia Wildes or Rev. Josh. Patricia's contact information is below:

Email: [pwildes@yahoo.com](mailto:pwildes@yahoo.com)

Home phone: 860-646-7157

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## Green Sanctuary News

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**Stewardship in our hearts. Solar on our roofs!** At our January 8 congregational meeting UUS:E members approved our participation in the **Solarize with Faith** campaign. Later this spring, Sunlight Solar Energy of New Haven will give presentations explaining how solar photovoltaic panels work, their benefits to the environment and your wallet, and how to purchase high quality panels at a discount price. If you already know that you want to pursue this renewable energy option, you can **start now** by visiting the Solarize with Faith Web page at <http://www.solarizect.com/faith> or by calling Sunlight Solar at: 203-878-9123; be sure to mention that you are in the **Solarize with Faith at UUS:E** campaign.



**Get your CSA Membership now!** Looking forward to spring and a summer full of fresh vegetables? You can get a steady supply of local, organic produce by joining a CSA (Community Supported Agriculture). A few farms in the state offer CSA memberships and these tend to sell out, so find which ones are near you at <http://ctnofa.org/CSAs.htm>.

**SAVE THE DATE:** Saturday-Sunday, March 11-12, is the winter conference of CT's chapter of the Northeast Organic Farming Association. **Social justice activists** will want to hear the keynote speaker, Leah Penniman, discuss "Ending Racism and Injustice in the Food System." For more information, call Janet Heller or Anne Vaughan, or visit the website: <http://ctnofa.org/winterconference/>.

Upcoming meetings you are welcome and encouraged to attend:

- Sustainable Living Committee/Climate Action Team meets at 7 PM on Tuesday, Feb. 11, Room 2.
- Citizens' Climate Lobby Manchester chapter meets at 7 PM on Thursday, Feb.23 in Children's Chapel.



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It's coming.....  
Once again.....



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## The Fourth Annual UUS:E Chocolate Auction!!!

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Special Pre-Valentine's Day Edition!  
Sunday afternoon, February 5, 1:00 PM

**What:** The Fourth Annual UUS:E Chocolate Auction!

**When:** Sunday afternoon, Feb. 5th, 1:00 PM

**Where:** UUS:E Main Meeting Room

**Why:** Because chocolate is awesome, and a chocolate auction is a great way to raise \$\$\$\$ for UUS:E!  
We need BAKERS and BIDDERS (and a few volunteers to help out).

All UUS:E members and friends are invited to create chocolate confections (cookies, brownies, cakes, cupcakes, and any other kind of chocolate dessert you can imagine). Bring your creations to the meeting house on the 14th (include your name and a list of ingredients). Please let Rev. Josh know you are bringing something for the auction at [revpawelek@sbcglobal.net](mailto:revpawelek@sbcglobal.net).

Then, come to the auction at 1:00 and bid on whatever looks best to you! Bring your checkbook or cash, and pay when you collect your confection. It's that simple!!!

We need 5-6 volunteers to help out on the 5th. If you'd like to volunteer, please contact Rev. Josh!



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## The Big Easy

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Considering a visit to New Orleans? Curious about our largest UU gathering of the year? Please think about being a delegate to the UUA General Assembly, convening in New Orleans from June 21-25. Wonderful worship, stimulating workshops and significant social action... all taking place with thousands of other committed religious liberals! See more at [www.uua.org/ga](http://www.uua.org/ga). Registration and housing options open March 1, prices go up on May 1. For information—or to talk about being one of UUSE's five official delegates—please contact Nancy Pappas at 860-643-8082 or [nanapap338@aol.com](mailto:nanapap338@aol.com).

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## Get Connected! with UUS:E on the Web

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**UUS:E WEBSITE** is located at <http://uuse.org>. Here you can find the latest news about our community and upcoming events, basic information about group and committee activities, Rev. Josh's sermons, and much more.

**DIALOGUE FROM HOME** is our ongoing virtual **talkback series** that continues online after each of Rev. Josh's sermons. Whether you want to read along, post your thoughts, and/or engage in dialogue about the topic, you are welcome to join this group. Request a password from Annie, the office administrator, to get access to the discussion. Email [uuse153@sbcglobal.net](mailto:uuse153@sbcglobal.net).

**FACEBOOK!** UUS:E has two Facebook pages where members and friends can share all things UUS:E. Our main site is [www.facebook.com/UUSEast](http://www.facebook.com/UUSEast). You can find out what's going on at UUS:E here. And please share our events to your own page to help spread the word about all of the great things we do!

We also have a second site, UUS:E Happenings, designed specifically to share ideas and events with others in the UUS:E community. Anyone can post here. Is your child going to be in a play? Are you performing a concert? Looking for people to hike with? Post it here! This is a closed group, request to join here:

<https://www.facebook.com/groups/587066578028806/>

**MEETUP:** We have started a Meetup page! Join our group! Find events, RSVP and more at: <http://www.meetup.com/Unitarian-Universalist-Society-East/>. If you'd like to add an event to the Meetup site, contact Carol Marion at [cmarion333@gmail.com](mailto:cmarion333@gmail.com).

**Rev. Josh** has his own website located at <http://revjoshpawelek.org>

Catch up on his latest writings, community work, and more. You can also follow Rev. Josh on **Twitter @revjoshpawelek**, or connect with him at **LinkedIn** and **Facebook**.

**Weekly e-blast** – Contact Annie at [uuse153@sbcglobal.net](mailto:uuse153@sbcglobal.net) to be added to this weekly email of what's happening at UUS:E. Send submissions to [SBarlow627@aol.com](mailto:SBarlow627@aol.com)

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## Stop and Shop Fundraiser

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Please consider buying these cards—the more sales we do, the more it helps UUS:E to fund its programs. It is also a very good way to volunteer your time to sell them. Easy to do and not a lot of time is required. Please call Gail Crook at 860-649-9508 or via email at [e.gail.crook@gmail.com](mailto:e.gail.crook@gmail.com) if you'd like to volunteer or have questions.



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## Equal Exchange

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Fair-trade, sustainably-grown, **organic coffee, tea, chocolate and now olive oil** are available for purchase in the lobby after each service on the **second Sunday of every month**. These products are good for the growers, good for the Earth, and offered at a very good price. And did you know that the coffee served on Sunday mornings and at other UUS:E events is also *Equal Exchange* brand?

Sponsored by your Sustainable Living Committee.



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## UUS:E Recycles – Update

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In addition to inkjet cartridges, cell phones & accessories, we can now also accept calculators, GPS & radar detectors, and iPods/MP3 players in the collection box in the lobby. As long as these items can fit through the slot on the box, we will send them to Planet Green, and UUS:E will get refunded for reusable items. Please place leaky cartridges in a plastic bag. For larger items, check your hometown's electronic collection site. If the collection box is not in the lobby, it may be found in the Recycling Room.



**UUS:E GENERAL INFORMATION**

**UUS:E Office Schedule:** Monday-Friday, 8:00 AM - 4:00 PM

**Meetinghouse Office:** 860-646-5151

**Office Administrator:** Annie Gentile email: [uuse153@sbcglobal.net](mailto:uuse153@sbcglobal.net)

**Minister:** Rev. Joshua Pawelek 860-652-8961, [revpawelek@sbcglobal.net](mailto:revpawelek@sbcglobal.net)

**OFFICE HOURS:** Tuesday 10 AM to 7 PM and Thursday 10 AM to 4 PM

**President:** Alan Ayers, 860-633-6125, [ADAyers@BUILDINNOVATION.com](mailto:ADAyers@BUILDINNOVATION.com)

**Director of Religious Education:**

Gina Campellone, 860-875-8468, [UUSE.REdir@sbcglobal.net](mailto:UUSE.REdir@sbcglobal.net)

**Newsletter Editor:** Paul Cocuzzo, 978-270-2056, [uuse.nletter@sbcglobal.net](mailto:uuse.nletter@sbcglobal.net)

**Website Coordinator:** Carol Marion 860-643-8765, [uuseweb@gmail.com](mailto:uuseweb@gmail.com)

**World Wide Web address:** <http://uuse.org>

March Newsletter Deadline:  
February 17

Unitarian Universalist Society: East  
153 West Vernon Street  
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