

Unitarian Universalist Society: East



*Member of the Clara Barton District of the
Unitarian Universalist Association*

**SEPTEMBER 2014
NEWSLETTER**



**Unitarian Universalist Society: East is a
welcoming, open-minded, spiritual community
seeking truth and meaning in its many forms.
We share responsibility for building a more
equitable, peaceful, and sustainable world.**

Sunday Services Schedule

September 2014 Ministry Theme: Vision

Sunday Services at 9:00 and 11:00 AM

September 7: “Enter, Rejoice and Come Home!” Our annual homecoming family service will celebrate our UU community and introduce the idea of “full-week faith.” We will also hear a special message from our Interim Religious Education Consultant, Mr. Barb Greve.

Coordinators: Gina Campellone and Rev. Josh Pawelek

September 14: “Beyond Congregations” Those who pay attention to the national UU media may be familiar with the phrase, “beyond congregations.” What does this phrase mean, and does it really describe the future of liberal religion? If so, how should congregations be setting their visions?

Coordinator: Rev. Josh Pawelek

September 21: “What Vision Pulls You?” Apple’s Steve Jobs said, “If you are working on something exciting that you really care about, you don’t have to be pushed. The vision pulls you.” As a Unitarian Universalist, what vision – for yourself, family, society, the world- pulls you? Musings on this question will be shared by our presenters.

Coordinator: Linda Duncan Presenters: Jason Corsa, Andy Dauphinais and Rhiannon Smith

Music: Ryan Ford

September 28: “Taking Your Faith to Work” Speaking about one’s faith can be challenging in work and other settings where religion isn’t a primary focus. How do we bring our faith with us (and communicate it) in such settings? How do we put it into practice? This sermon was purchased at the 2013 goods and services auction by Christine and Josh Hawks-Ladds.

Coordinator: Rev. Josh Pawelek

October 5th: “Atonement and Other Essential Spiritual Practices” Mindful of the Jewish High Holy days, this morning we begin the exploration of our October ministry theme, atonement.

Coordinator: Rev. Josh Pawelek.

Ministry Themes for Congregational Year 2014-2014

Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Courage	Identity	Vision	Atonement	Faith	Hope	Justice	Brokenness	Generosity	Transcendence	Compassion	Restlessness

Sunday Service Flowers

The sign-up sheet for flowers is in a binder in Annie’s office. Please make sure you check off the box that you want the flowers donated or that you will take them back home with you. The contact person for delivering donated flowers is Gailynn Willett, 860-798-1441, gfwillett@sbcglobal.net.



DVD / Audio CD Loan Services Available in Office

Many of the Sunday Services at UUS:E run on the three community access channels (Cox in Manchester, Community Voice Channel in Bolton and Charter Communications in Windham). The **DVDs** are available at UUS:E and you can sign out the programs you were unable to see. **Audio CD’s** are available one week after each service and as a download from Jane, our sexton, if you provide a flash drive (USB port)

The Minister's Column: Hallelujah

Dear Ones:

As I sit down to compose this column I've just returned with my sons from a local orchard. We picked peaches and our first batch of apples (Ginger Golds and Paula Reds). Before that we attended Mason's middle school orientation. He starts school on August 27th, Max on the 28th. I've been easing my way back into full-time ministry, planning September services, especially our September 7th homecoming service. There is still more than a month of summer remaining, but today feels like one of those 'end of summer' days. It's a bittersweet feeling.

I've written before of my fondness for the times of transition between seasons. Transitions are potent spiritual moments. Whether we're talking about the seasons of the year or the seasons of our lives, in those moments when we come to the edge of one season and begin preparing to enter the next, we have an opportunity for spiritual growth. For me that growth comes as I reflect on the season that is passing away: What have I learned during this season? What has been good about this season? What will I miss about this season? How am I different because of this season? And then, full of thoughts and feelings about the waning season, I can begin to contemplate how I want to live and what I want to experience in the coming season. By intentionally reflecting on the changing of seasons, I find I feel more grounded, more relaxed, more connected, more whole.

Yes, summer is still with us for a few more weeks, but already I am missing the relative freedom and spontaneity of summer—a lighter schedule, going barefoot, grilling, long, warm, sunny days, laying in the hammock, picking berries, days at the beach, ice cream, visiting with family, native tomatoes and corn, more time for games, more time for reading and creative writing, hiking, more opportunities to exercise. But this season cannot go on. And as it winds down, I recognize I am rested, refreshed, renewed. As much as I will miss summer, I am also excited and ready to get back to the work of full-time ministry in autumn, to get back to the practice and the discipline of preaching and pastoring, to get back to the more structured routines of work, family life, and parenting. And I am definitely excited to be back in the midst of our congregation, to be with you, to be present to your joys and sorrows, to be present to your life transitions, and to do my part as we continue to grow our beloved multigenerational spiritual community.

I hope your transition from summer to fall is a good one. I hope you can say a good 'goodbye' to the season that is passing away, and make yourself ready to embrace the season that is coming with all the grace and dignity you can muster.

With love,
Rev. Josh



The President's Column
A message from Alan Ayers

No article while Alan is on vacation

Alan



A message from Gina

Dear Friends,

The evenings are now cooler than they were just a few weeks ago. The goldenrod at the edge of the woods is yellow. Johnny Appleseed's Orchard has announced that the apples are ready to be picked. These are all signs that summer is coming to an end and autumn will soon be upon us.

I must admit, I am sad to see summer draw to a close. I will miss all the joys that summer brings: leisurely days and relaxed bed times, without the imposed structure of school's busy schedule, evening homework, and the early morning bus stop; soft serve ice cream cones with rainbow sprinkles; weekend camping trips spent playing endless rounds of Bananagrams with my family.

At the same time, I am also eagerly anticipating fall, and all the gifts it offers: crisp, cool air and the satisfying crunch of leaves beneath my feet as I walk the dog; Saturday mornings at the soccer field watching my children play; agricultural fairs where one can eat fried dough while checking out New England's biggest squash; creamy pumpkin pie, fragrant pumpkin coffee – pretty much pumpkin *everything!*

Of course, fall also means the start of a brand new year in Religious Education, and I'm excited to share all of the great things we have planned.

All of this will be covered in detail at our orientations for parents and volunteers. But I'll list a few of the highlights here.

- More frequent multi-generational services – we think you'll be pleased and surprised by what we've got in mind.
- Some changes to children's worship, including an opportunity for kids to share Joys & Concerns
- A brand new curriculum for middle school youth called "Popcorn Theology"
- Multi-generational game nights
- Lock-ins for youth and mini-retreats for kids
- More art! More music! More puppets! (Yes, puppets.)

I'm looking forward to seeing everyone at our Homecoming worship service on 9/7, during which there will be a "Blessing of the Backpacks." All are welcome to bring their backpack. RE will begin the following Sunday, 9/14, at 11:00 AM.

Be well and be loved,

Gina

Be well and be loved,
gina



Community Outreach Ministry

Charitable Giving for September 2014

As always, thank you for your generosity.

“We do not gather our gifts only for ourselves but to share with the larger community.”

Continuing our practice of sharing our gifts with the community beyond our walls, the recipient of fifty percent (50%) of our Sunday undesignated plate collections for the month of September will go to **KIDSAFE CT** and **Families In Crisis, Inc.**

KIDSAFE CT concentrates on preventing and treating child abuse and neglect in 12 east of the river towns. It is part of a network of centers established by the National Exchange Club Foundation for the Prevention of Child Abuse. Our contribution will support the Parent Aide Program, which matches trained volunteers with parents at risk of abusing or neglecting their children, offering support and guidance.

Families In Crisis, Inc. is one of only a few organizations dedicated to meeting the critical needs of the families of those who are incarcerated. Families of offenders, especially children with parents who are incarcerated, have special needs. The programs and services for offenders and their families are based on documented best practices in the field and are designed to help preserve and strengthen family ties.

Checks made out to UUS:E will be treated as follows: If the memo line:

✓is blank or “pledge” is written, all will go toward your pledge.

✓has “COM” or the name of the charity is on the memo line, all will go to the charity.

✓has “1/2 pledge, 1/2 COM,” it will be divided equally.

The committee overseeing our community outreach efforts welcomes your comments and suggestions. Please contact Louisa Graver, David Lacoss, or Nancy Madar

Community Outreach Ministry Significantly Increases Generosity.

For the past nine years UUS:E has been donating 50% of our Sunday morning undesignated plate collection to local charitable organizations. This program has actually been in place for ten years and grew out of the Social Justice Committee’s initiative to support local groups in need and the Stewardship Committee’s desire to increase the spirit of generosity in the congregation.

Historically, our plate collections did not bring in much income—around \$2000 per year. Ten years ago, members of UUS:E attended a seminar on *generosity as a spiritual practice*, where the speaker advocated increasing charitable giving as a way for churches to express this aspect of spirituality. We began by donating the undesignated plate collection one Sunday a month but after a year increased it to 50%. We now take in about \$20,000, giving away about \$10,000 each year. The spirit of generosity at UUS:E is healthy and is validated by the appreciation of the recipients (see thank you letters on the bulletin board). A complete financial accounting is included in the Annual Report.

Our committee designates monthly recipients based on the following criteria: the organizations should be nonprofit, local, truly in need (our donation should make a difference), and fiscally responsible. Additionally, the values of the organizations selected are in alignment with the Social Justice goals of service, education, witness, advocacy, and/or transformation.

Members of the congregation are encouraged to suggest appropriate recipients to the committee.

A Buddhist Perspective

Ministry Theme for September is Vision

By Nancy Thompson



I start each day with a brief recitation recommended by Thich Nhat Hahn: Waking up, I smile. Twenty-four brand-new hours are before me. I vow to live fully present in each moment and to look at the world with eyes of compassion.

Often, I find myself contemplating the phrase "eyes of compassion" as I get ready to start my day. What does it mean to see with eyes of compassion? Do things look different? How would I view a particular situation through the eyes of compassion? Would it be different if I looked with critical eyes, eyes of judgment, eyes of hatred?

Think of a plant. It could be seen as a beautiful living thing, an out-of-place invader, a potential source of suffering for those with allergies, and more. That's how it is with most things -- how we see is the result of not only how well our eyes work but the interpretations we bring to the physical action of seeing.

September's ministry theme is Vision. It generally refers both to the physical process of apprehending visual stimulation in this moment and to the view of what we want to see in the future.

Buddhism is more concerned with the present moment and seeing clearly what is happening in the moment, including the arising of prejudices, memories, and conceptions that affect our direct experience and lead to more preferences and judgments that affect the future. Many of the practices associated with Buddhism, including various methods of meditation, are intended to help us become aware of those filters and to lead us to direct, unfiltered experience of our world.

Direct experience is the foundation of the Buddhist path. The Buddha himself said not to take anything he said on faith but to test it out and determine by your own experience whether it is valid. He laid out a path, but you have to do the work of walking it to know if it is true. The many wise teachers out there can point the way and help keep you on the path, but you have to put in the "joyful effort," as Pema Chodron calls it, to move toward liberation.

The Buddha named Right View as the first step on the Eightfold Path to liberation from suffering. Right -- also called Wise -- View includes an understanding of impermanence and interdependence, that everything is always changing, and in the interdependent web of existence, those changes ripple out and affect others. Buddhist monk and scholar Bikkhu Bodhi lists Right View as the ninth step on the path because by working through the other steps our view becomes more refined and subtle as we realize and drop our filters.

An enlightened person is said to see clearly what is happening, both in the immediate moment and the causes and conditions that led to that. That wisdom naturally results in compassion -- and Right Action, which is action that leads to liberation from suffering for ourselves and all other beings.

What's Happening from UUS:E

Unitarian Universalist Society: East is a welcoming, open-minded spiritual community seeking truth and meaning in its many forms. We share responsibility for building a more equitable, peaceful, and sustainable world.

Send your e-Blast submissions to:
SBarlow627@aol.com

Rainbow Alliance

The Rainbow Alliance is Unitarian Universalist Society: East's social group for LGBTQ people and their families, that periodically gets together for movie nights, potlucks, picnics and other events!

Did you know? The **Rainbow Alliance** has an email list!

Head to http://groups.yahoo.com/group/UUSE_Rainbow/ to join.

The Social Justice/Anti-Oppression Committee

Presentation of backpacks to recently released prisoners

The first Sunday service of July was dedicated to presenting eight backpacks filled with necessities for recently released prisoners ready for a fresh start on life. Contents, donated by the congregation, included personal hygiene products, bath towels, umbrellas, writing materials, bus passes and shopping cards from Stop n Shop and Walmart. The backpacks were warmly received by our partner agency, Community Partners in Action, with much gratitude for distribution to persons newly released.



The Backpack Project will be ongoing. The next donation process will begin again in the fall. At that time, notice will be provided of the items most needed. There is a leftover inventory of goods awaiting new backpacks. Thank you to all who participated in the program. We look forward to a successful collection again this fall.

Any questions, contact Lynda Dyer, Jim Adams, Ann Rustici, or Krystal Kallenberg through UUS:E at (860) 646-5151.

Calling all Gardeners!!!

For many years, UUS:E has had wonderful and fun plant swaps for members and friends. Perhaps it's time build off our gardeners' energy, talents and generous sharing by having a UUS:E plant sale this coming spring that would be opened to the public. There will be a meeting on Sunday, September 7th at 1:00pm to explore this idea and to gauge the level of interest to support this new fund raiser. If you are unable to attend or have questions, please contact Bob Knapp at RWKnapp@snet.net or 860-644-6159. Deciding on the plant sale now will give us plenty of time to plan the event, divide plants and have something to look forward to as winter approaches. Please join us with your thoughts and ideas.

Stop & Shop Fundraiser ! We need Volunteers...

In case you haven't heard, or it's been slipping your mind... UUSE is still selling Stop & Shop gift cards on the second and fourth Sunday of each month after services. The church keeps five percent of the cost of every card we sell.

If you'd be willing to sell cards after service some Sunday, we'll be signing up people at the Stop & Shop table and could use your help for one or more Sundays.

Thanks to all those who have stepped up to help with this project.



Unloved jewelry...

...can find a home at the holiday Fair's jewelry table. Clean out that jewelry box this week. Retro or clunky, elegant or junky, old-fashioned or hip jewelry can find a home at the Fair's jewelry booth. If it's really valuable, please attach a note to it, so we'll know to price it accordingly. Give good used or new jewelry to Susan Barlow or Molly Beaudoin, who will make sure your unwanted baubles make money for UUS:E at the November holiday fair. We collect jewelry year-round. Questions may be directed to Susan at sbarlow627@aol.com.

Books, Classes and Discussions

brought to you by...*The Adult Religious Education Committee*

(Youth are welcome at all workshops. Childcare is available with one-week's notice)

Women's Sacred Singing Circle

Every Thursday from 7:00 P.M. to 9:00 P.M. we will be singing in the sanctuary. All women and girls eight years and older are welcome to join our circle regardless of musical training or ability. Come when you are able, stay as long as you wish.

We sing chants, songs and rounds as we remember them. Through song we intend to honor the consciousness of Mother Earth, express love for the environment, and celebrate traditions from many cultures. Sing, laugh, and be in community. For more information, contact Jane Osborn:

janeosb3@gmail.com



The UUS:E Book Lovers



The next meeting of the Book Lovers will be held on Tuesday, September 9, at 3:30-5 PM in the chapel area. We will be discussing

Light Between Oceans, by M.L. Stedman.

All are welcome, even if you haven't read the book!!

Future Discussions:

10/14 - *Girls of Atomic City: The Untold Story of the Women Who Helped Win WWII*, by Denise Kiernan

11/11 - *Proust Was a Neuroscientist*, by Jonah Lehrer

Any questions -- contact maryheaney32@att.net

UU Buddhists ...for September

The Buddhist Group meets at 7 PM Tuesday, Sept. 2, in Room 2 for meditation and dharma discussion. No experience required. We'll talk about Right View in relation to the September ministry theme: Vision.

Contact Nancy Thompson, nancythompson123@yahoo.com, with any questions.



AED Training

Come and learn about our new defibrillator on either date:

Saturday, September 13 @ 10:00 AM or
Wednesday, September 17 @ 7:00 PM

We would like as many people as possible to know how to use this equipment.

Jason Race will demonstrate the use and the life saving capabilities of our new Zoll AED Plus defibrillator. He is a member of the East Hartford Fire Department, a certified EMT and owner of PROACTIVE SAFETY which sells and services these devices. The orientation session will last about 45 minutes with time for Q&A.

Refreshments will be served.

Contact Bill Graver with questions: 860-645-1377

Yoga Classes Resume at UUS:E

Practice a style of yoga that encourages both physical strengthening and emotional awakening. The intensity of the classes will be appropriate for all levels of experience. Beginners are especially encouraged to attend. Wear comfortable clothes and bring a yoga mat or beach towel. Classes taught by certified instructors. Two class times are offered. Eight sessions for \$40. Eight-week sessions will also be offered in Winter and Spring.

To register, call the UUS: E office at 860-646-5151. A minimum of five participants is needed to offer the class.

Mondays, with Jessica DeCarli, beginning Sept. 22, 5:45-6:45 p.m.

Tuesdays, with Ruth Rempt, beginning Sept. 23, 9:30-10:30 a.m.

Books, Classes and Discussions

brought to you by...The Adult Religious Education Committee

(Youth are welcome at all workshops. Childcare is available with one-week's notice)



Question, Persuade, Refer (QPR) Training

Tuesday, September 30, at 7:00 PM

Joe Navarra, a counselor at Manchester Community College, will lead this class. If you are a family member, neighbor, friend, co-worker, etc. and would like to be able to help then this training is for you.

Question, Persuade, Refer (QPR) training is suicide prevention training. Like CPR training, if one out of every four Americans take QPR training it could help save many lives. Please plan to stay for 90 minutes.

See <http://www.qprinstitute.com/about.html> for more information. Sponsored by Pastoral Friends.

World War I and Our Age of Uncertainty"

Tuesdays, 7:00-8:30 p.m.: Sept. 9, Oct. 7, Nov. 4, and Dec. 2.

2014 is the hundred-year anniversary of the outbreak of the First World War--a good time to examine what historian and diplomat George Kennan called the "seminal Catastrophe of the 20th Century." Much of the history of the entire century can be explained in terms of this war, and we are still living with its consequences--political, intellectual, and moral. In four monthly sessions, we will examine the origins, course, and outcomes of World War I and discuss why it is still important to us as Americans and Unitarian-Universalists. We will make use of many sources: documents, letters, memoirs, as well as literary and other material from the arts, including popular music of the period. Facilitator-Mary Ann Handley

There is no charge for this series, which is open to the public, but registration is required. Though each evening is a separate conversation, participants are strongly encouraged to attend all four sessions. To register, call the UUS: East office at 860-646-5151 or email: uuse153@sbcglobal.net.

ADULT RELIGIOUS EDUCATION PLANS FOR FALL 2014

Whatever your interests, there is something to learn – whatever your passions, there is something to share.

The Adult Religious Education (ARE) Committee strives to offer one or more programs a year in each of the following areas: *UU History and Theology, UU and liberal religious themes in literature, film, and the arts, Religions of the World, UU principles and local, national, and world issues, Health and Wellness*

We would love to hear from you on any topics or programs you would like to see this fall and beyond. And if there is **something you would like to offer**, we are especially interested in hearing from you! Please contact Josh at revpawelek@sbcglobal.net or (860) 646-5151 or any ARE Committee member:

Louisa Graver (Chair): Graver30@att.net ,

David Garnes: davidgarnes@cox.net,

June Bray: junegbray@gmail.com,

Crystal Ross: kovaciny.ross@gmail.com,

Linda Duncan: LindaKDuncan@gmail.com,

Lorry King: KingL92@gmail.com

All suggestions and comments about Adult Religious Education programs at UUS:E are welcome!

Other Adult Education Opportunities

Adult OWL

WHAT: OWL (Our Whole Lives):
Adult Human Sexuality Course

WHO: Adults 18 yrs. and Older

WHERE: The Unitarian Universalist Church of
Worcester (90 Holden Street, Worcester, MA
01606)

WHEN: Fall 2014 - 12 weeks beginning Sept.
17 6:30 - 8:30 PM

COST: \$60.00 per person for the course
(\$40.00 for students and seniors 65+)

DESCRIPTION: Using values, communication
skills and spirituality as starting points, this
program explores sexuality issues for adults of all
ages. Builds understanding of healthy sexual
relationships, affirms diversity and helps
participants accept and affirm their own sexuality
throughout their lives.

REGISTRATION DEADLINE: Has been
extended to September 7, 2014

For more info follow this link:

<http://www.uucworcester.org/content/adult-owl-our-whole-lives-adult-human-sexuality-course>

Personal Growth and Service Opportunity

Saturday afternoon September 27

UUS:E is a unique, nurturing environment where we
can develop and live out our passions in a safe,
caring space.

We live out our faith by serving others and in so
doing, develop our own spirituality. By serving, we
are changed. How do we do that? On September 27
we will explore a path toward personal growth
through commitment to one-another. What excites
me, and how can I translate that excitement into
growth for myself and strength for our community?

More details coming soon! For information, please
contact Ted Pappas at falcon338@aol.com, or Stan
McMillen at stanley.mcmillen@uconn.edu.

Study Group

If you are seriously committed to studying the gun
issue and would like to read along with Lorrie King,
Hank Schwartz and me (Jean Labutis), please email
jeanalabutis@gmail.com.

First book: *An Act of Bravery*, by Sue Bowron and
Frederick Jones.

Second book: *Biography of the Second Amendment*,
by Michael Waldman.

Third book: *Every Handgun is Aimed at You*, by
Josh Sugarmann.

We plan to meet at my house to discuss our reading.
Date and time not yet established.



Look up your favorite events on our
Web-based calendar at uuse.org

Religious Education News — Mark Your Calendars

Here's what's coming up this month in Religious Education!

- RE Parent Orientation Sat. 9/6, 6:30 - 8:30 PM (dinner will be served) **or** Mon. 9/8, 7-8 PM
- RE Volunteer Orientation Sun. 9/7, 10 - 11 AM (between services)
- Homecoming Sunday: Multigenerational Worship Service, Sun. 9/7, offered at 9 and 11 AM
During this service there will be a Blessing of the Backpacks, and a special video presentation of first day of school photos of our children and youth. Please email first day of school photos to Gina UUSE.REdir@sbcglobal.net by 9/3. REMEMBER TO BRING BACKPACKS TO THE SERVICE!
- First day of RE Sun. 9/14, 11 AM
- RE Brunch Sun. 9/14, 10:15 AM (between services)
Entire congregation is welcome to attend. Please bring a dish to share.
- Ingathering Potluck Sat. 9/27, 4 PM

Looking ahead to October!

- Middle-school Over-night Lock-in Fri. 10/10, 6 PM - Sat. 10/11, 10 AM (Volunteers needed!)
- Harvest Celebration Sun. 10/12
- Halloween Dance Sat. 10/25
- Day of the Dead Multigenerational Worship Service

Green Sanctuary News

As a Green Sanctuary congregation, we have done and try to do many things to benefit the planet, the eco-system, and our future as inhabitants of the earth. Our Sustainable Living Committee has tried to lead the way and monitor our congregational efforts over the years. We do small things in our daily lives and big things that take much planning and huge efforts.

Recently we started up a Climate Action Team. This group is interested in helping us reduce our carbon footprint, individually and collectively. We have shown films, signed petitions, written letters for carbon tax (by way of our Citizens Climate Lobby affiliate - CCL) and anti-fracking legislation, and we are co-sponsoring the **ingathering potluck on September 27th**. Look for more information about this potluck and program, and start thinking about what you can bring that is prepared largely with locally-grown produce. We highly recommend buying from local farms, at farmer's markets, or using home-grown produce as much as you can this time of year especially. One good way to reduce your

carbon footprint is by promoting and supporting local agriculture. Consider how the long-term impact of the drought out west will impact food traditionally grown there and exported to us.

A big effort that will be very exciting will be to get as many of us from UUSE to NYC on **September 21st for the huge Climate March**. Bus loads, trains and carpools of people from all over the US and beyond will gather there for the biggest climate march in history. If you have any interest in going and even think you just MIGHT go, we need to hear from you. Contact me, at janet.heller@snet.net to let our group know of your interest. We will keep a list. Also contact <https://docs.google.com/forms/d/1impY5Oj0VezSRQCuhU9KFFHqgcZBn2U1HcOP6Tf0niA8/viewform>. to let them know of your interest in taking a bus (probably from Hartford unless there are enough from here!). This is not yet a commitment but helps them with planning how many buses they'll need. They will ask for a firm commitment later on. So sign up there and inform Janet.

UUS: E Holiday Fair News for September

Preparations are underway for the November 21 and 22 Holiday Fair.

Workshops

Nancy Madar will be having fair workshops during September and October. They will be “open studio” - bring what you are working on and you can join others as we work to create items for the upcoming Holiday Fair. There is a large flat surface (plywood) for work. Dates and times will be announced during September and October. Contact Nancy nancymadar@hotmail.com with questions.

Save the Date

Tuesday, October 21 for the Pre-Fair Gathering 7 to 9 in the main room

Ways to Help

If you can share your talent, our fair features:

- original works of art - note cards, prints, pottery, jewelry, stained glass, etc. – See Nancy Madar
- crafts of handmade holiday or traditional items – See Lousia Graver
- sewn and knitted items – See Carol Marion, Phil Sawyer, Carla Reinhardt
- baked goods, cookies, jellies and jams – See Carol Lacoss

If you want to donate some pre-owned belongings or re-gift them to UUSE, our fair’s favorite areas include:

- vintage jewelry from every era – See Susan Barlow
- tag sale treasures – See Beth Gray
- books, CDs, DVDs, cards, stationery – See June Bray
- Children’s small toys and books – See Peggy Gagne

SO...PLEASE set aside the “in very good condition”

jewelry, books, children’s books and small toys, puzzles, CDs, DVDs and tag sale items destined for the fair set up day, Sunday, November 16, 2014 or during the week from November 16 to no later than Wednesday night, November 19.

If you can offer your time in November, see the following people

- help to set up on the Sunday before the fair and during the week and with clean up on Saturday after the fair – See Carol Lacoss
- help with preparing and serving the luncheon – See Gail Crook, Ann Carr, and Sarah Karstaet
- help during the week with organizing the books for sale – see June Bray for book shop or Peggy Gagne for children’s books and toys
- help with organizing “The Tag Sale Boutique” – See Beth Gray and Sandy Johnson

Or see anyone on the fair team for suggestions and ideas!!

Carol Lacoss, coordinator, Jennifer Klee and Debbie Starkel



Equal Exchange

...fair-trade, sustainably-grown, **organic coffee, tea, chocolate and now olive oil!** are available for purchase in the lobby after each service on the **second Sunday of every month**. These products are good for the growers, good for the Earth, and offered at a very good price. And did you know that the coffee served on Sunday mornings and at other UUS:E events is also *Equal Exchange* brand? Sponsored by your Sustainable Living Committee



We know everyone enjoys coffee hour after the service, but to make it work, we need volunteers! We are looking for a few more people who will commit to preparing the after-service refreshments one Sunday a month. It's easy and fun! Please contact:

- Jackie Heintz jacqonstance@gmail.com,
- Jennifer Klee jenduv@sbcglobal.net or
- Sylvia Ounpoo ounpoo.adams@comcast.net

UUS:E recycles!

Bring your used ink-jet cartridges and old cell phones here. They will not be trashed, will be properly recycled, and the money we receive will go into the UUS:E general operating fund. The collection box will be in the vestibule most Sundays, especially coffee sales days. The box will be kept in the Recycling Room when not in the vestibule. Please insert the cartridge in a plastic bag so the ink doesn't leak out.



Visitors and Newcomers

Welcome – We hope we had a chance to greet you when you first visited. Of course, there's no obligation to introduce yourself during Time for Sharing, but we'd love to talk with you any time. Please stop by the Welcome Table to speak with the person there, who will be happy to answer any questions.

Upcoming sessions:

- **Meet the Church, Sunday, Sept. 14** immediately following both services. This is a talk-back session with Rev. Josh followed by a tour of our Energy Star building.
- **Intro to UU, Sunday, Oct. 5 at 1 PM.** This is an orientation to Unitarian Universalism in general and specifically to UUS:E.

Thinking About Becoming a Member of UUS:E? Our next **New Member Sunday** is TBA.

If you've attended the Intro to UU class and are interested in signing our membership book, please speak to Rev. Josh or Sylvia Ounpoo, Membership Chair, for details.

Printed directory – Each autumn, UUS:E prepares an annual *Directory of Members and Friends*. The process includes sending a communication to all newcomers to ask if they want to be listed in the directory. If you want to be listed, please phone the church office or e-mail UUSE153@sbcglobal.net. There is no cost or obligation to be listed in the directory, and it is free to members and friends.

Name tags – free and helpful! Just ask the welcome table representative or phone the church office 860-646-5151 between 8 AM and 4 PM, to speak with Annie Gentile, the office administrator.

What's Happening NOW!

(new column -)

SHARE YOUR LIFE EVENTS WITH
OTHER UUSE MEMBERS

Who are You? Name

What are you up to?

**Recital, Theater, Chorus,
Lecture, Concert, Art Show...**

When is it happening?

Day, Date, Time

Where is it Happening?

Place, Cost

With so many of us involved in personal activities, it seems that the time has come to publicize these events in advance so that those of us who would like to attend, can plan them into our schedules.

The only criteria for getting your information into this column is UUS:E member participation, meeting the monthly newsletter deadline, and sending the relevant information to me by email - I'll keep working on the article all month long as the information comes in and then submit it in time to meet the newsletter deadline.

Think of all the concerts, ball games, lectures, chess tournaments, art shows, plays, musicals we shall all be able to share and enjoy!

Jean A. Labutis jeanalabutis@gmail.com

NOTE:

For this new column to be successful, we need to hear from you!

What's Happening NOW!

(with UUSE members)

GUINEA PIGS GIGS!!!

(Sandy Johnson, Dan Thompson, Steve Dauphiniu?)

Sept 4 3-6pm Wethersfield Farmers Market, Solomon Wells Home, Wethersfield

<http://guineapigsmusic.blogspot.com/>

Get Connected! with UUS:E on the Web

Use your iPad, iPhone, iPod, iAnything, the Cloud, even a computer, ...or any other electronic device - to check out UUS:E!

UUS:E WEB SITE located at <http://uuse.org> Here you can find the latest news about our community and upcoming events; basic information about group and committee activities; Reverend Josh's sermons, and much more.

DIALOGUE FROM HOME is our on-going virtual talkback series that continues online after each of Reverend Josh's sermons. Whether you want to read along, post your thoughts, and/or engage in dialogue about the topic, you are welcome to join this group. Request a password from Annie, the office administrator, to get access to the discussion. email - uuse153@sbcglobal.net

FACEBOOK! UUS:E now has its own Facebook page where members and friends can share all things UUS: E. Request to join here:

<http://www.facebook.com/UUSEast>

NEW! UUS:E HAPPENINGS Facebook page: <https://www.facebook.com/groups/587066578028806/>

Rev. Josh has his own website located at <http://revjoshpawelek.org>

Catch up on his latest writings, community work, and more. You can also follow Rev. Josh on **Twitter** @revjoshpawelek, or connect with him at **LinkedIn**, and **Facebook**.

SHUTTERFLY - please check out photos of UUS:E activities and consider adding your own photos to this photo sharing site.

<http://uuseast.shutterfly.com/pictures>

Password: UNITARIAN

YOUTUBE - We have our own UUS:E YouTube channel with Josh's Sermons and other services. Go to uuse.org for this link.

Your Communications Committee

In-Gathering Potluck Celebrating Our Connections

To each other, to the food we eat, to the Earth



Saturday, September 27, 2014
5 PM at the Meetinghouse

Socialize, share a good meal, play charades, make S'mores!
Fun for all ages!

The In-Gathering Potluck is an annual, multigenerational event that gives us a chance to catch up with one another and say, "Welcome back!" As we reconnect after a busy summer, learn how what we eat connects us to the Earth and to each other. The climate action team (CAT) will be on hand with easy tips and ideas about how you can reduce your carbon footprint.

What to do?

Bring a dish to share! We encourage you to include local ingredients in your dish, a delicious way to reduce your carbon footprint. And please list the ingredients to help those with allergies. Watch for sign-up sheets in the lobby in September.

Bring your sense of fun! There will be activities, charades, plenty of time to socialize, and a fire pit to make S'mores for dessert.

Questions? Contact Jennifer Klee (jenduv@sbcglobal.net) or Sylvia Ounpuu (ounpuu.adams@comcast.net), Janet Heller (janet.heller@snet.net) or Gina Campellone (uuse.redir@sbcglobal.net)

Co-hosted by the membership, RE and sustainable living committees.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31 10am Sunday Service	Sep 1 12pm AA Group, MR/K	2 7pm Anti-Oppression/S 7pm Buddhist Group, R	3 7pm Music Search Com	4 5:30pm Sisters in Harm 7pm Climate Action Tea 7pm Women's Singing	5 6pm UUTH, Rm2 and G	6 6:30pm RE Parent Ori
7 Youth Group Picnic 9am Sunday Service 10am RE Volunteer Ori 11am Sunday Service 1pm Plant Sale Explor	8 12pm AA Group, MR/K 7pm Building & Ground 7pm Communications C 7pm Writing Group, Rm 7pm RE Parent Orienta	9 3:30pm Book Club, Chaj 7pm Stewardship, Rm1 7pm Sunday Services, 7pm Sustainable Living 7pm Adult RE Program	10 7pm CT Valley Atheists, 7pm Denominational Af 7pm Music Search Com	11 5:30pm Sisters in Harm 7pm Finance Committe 7pm Transition Team, C 7pm Women's Singing	12 7pm Dream Group, Rm	13 10am AED Defibrillator
14 10:15am & 12:15pm, 9am Sunday Service 10am RE Brunch, Garde 11am Sunday Service 12:30pm Music Committ	15 12pm AA Group, MR/K 7pm Music Search Com 7pm NLDC, Rm2	16 10:30am Small Group M 7pm Music Search Com 7pm AED Defibrillator C	17 10:30am Small Group M 7pm Music Search Com 7pm AED Defibrillator C	18 5:30pm Sisters in Harm 7pm Policy Board, Chaj 7pm Women's Singing	19 7pm JCF Mythological R	20 9am Women's Singing (C 2:30pm SS Rehearsal, M
21 9am Sunday Service 11am Sunday Service 1pm UUTH, Rm2	22 12pm AA Group, MR/K 5:30pm Yoga (starts at 7pm CAY, Rm2 7pm Music Search Com 7pm Small Group Minis	23 9:30am Yoga/Adult Ed, 7pm Membership, Rm2 7pm Pastoral Friends, J	24 7pm Music Search Com	25 11am UTR Retirees, MR 5:30pm Sisters in Harm 7pm Program Council, C 7pm Women's Singing	26 7pm Youth Sitter Traini	27 12pm Leadership Retre 4pm Ingathering Potluc
28 9am Sunday Service 11am Sunday Service	29 12pm AA Group, MR/K 5:30pm Yoga (starts at 7pm Music Search Com	30 9:30am Yoga/Adult Ed, 7pm Adult RE program	Oct 1 7pm Choir Rehearsal, M	2 5:30pm Sisters in Harm 7pm Climate Action Tea 7pm Women's Singing	3 6pm UUTH, Rm2 and G	4

UUS: E GENERAL INFORMATION

UUS:E Office Schedule: Monday-Friday, 8:00 A.M. - 4:00 P.M.

Meetinghouse Office: (860) 646-5151

Annie Gentile, Office Administrator: email: uuse153@sbcglobal.net

Minister: Rev. Joshua Pawelek (860) 652-8961, revpawelek@sbcglobal.net

OFFICE HOURS: Tuesday 10 A.M. to 7 P.M. and Thursday 10 A.M. to 4 P.M.

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**October Newsletter Deadline:
Wednesday, September 24**

Unitarian Universalist Society: East
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