

Rhythms of Life

A Musical Documentary



This award winning film explores the questions how does drumming make you feel and how does rhythm affect us.

[Learn more and connect: www.roidoc.com](http://www.roidoc.com)

Rhythms of Life Film and Drum circle

**Sunday afternoon, March 8, 2-3:30 PM
Unitarian Universalist Society: East
153 Vernon Street West, Manchester**

Watch this 50-minute **AWARD WINNING FILM** capturing the ancient and modern practices of drumming to heal, celebrate and transform.

Afterwards, experience the **JOY** and **COMMUNITY** yourself as film producer,

Craig Norton, leads us in a **DRUM CIRCLE**. Bring your own drum/rhythm instrument or use Craig's.

Children can enjoy the film with parents or play in daycare and join us after the film for the drum circle. Daycare spots must be reserved ahead and is provided at no cost.

Suggested donation \$10 per adult but no one is turned away;

RSVP at 860-646-5151 or uuseoffice@uuse.org to reserve a drum or daycare spots.

***We are all born with rhythm – our heartbeats!
No wonder drumming has universal appeal!***