

Unitarian Universalist Society: East

Member of the Clara Barton District of the Unitarian Universalist Association



Unitarian Universalist Society: East is a welcoming, open-minded, spiritual community seeking truth and meaning in its many forms. We share responsibility for building a more equitable, peaceful, and sustainable world.

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Sunday Services Schedule

November Ministry Theme: Memory

Services at 9:00 and 11:00 AM

November 4: "Evolution."

In honor of the November 1859 publication of Charles Darwin's book, **On the Origin of Species**, Mr. Darwin, himself, will speak to us about his evolving faith in a static world. He will share with us his religious beliefs and give us an insight into the vibrant world of 19th-century Victorian England. (This is the first Sunday of Standard Time so remember to "Fall Back" one hour.).

Coordinator: Sheila Foran

November 11: "Claiming Power & Healing Community in a Culture of Sexual Violence."

Our November ministry theme is **memory**. This morning Rev. Josh explores what it means for individuals and communities to remember and name the reality of sexual violence. How do individuals reclaim power in the wake of such violence? How do communities heal? We will acknowledge and affirm survivors of sexual violence.

Coordinator: Rev. Josh Pawelek

November 18: "Sittin' at the Welcome Table."

All-congregation worship.

Today we welcome spoken-word artist and national Unitarian Universalist leader,

Christopher Simms. Chris will help us bring a seasonal message that all are welcome, all are loved.

Coordinators: Gina Campellone, Mary Bopp, Rev. Josh Pawelek



November 25: "Taming Your Dragon: De-cluttering for Spiritual Well Being."

Most of us know the pitfalls of cluttered work and living spaces. Today we take a light-hearted look at excess external stuff, and also consider the internal clutter in our minds and hearts. Speakers include Fay Peters.

Coordinator: Martha Larson

2018-2019 Ministry Themes

July	Witness
August	Freedom
September	Vision
October	Sanctuary
November	Memory
December	Mystery
January	Possibility
February	Trust
March	Journey
April	Wholeness
May	Curiosity
June	Beauty

Sunday Service Flowers

The signup sheet for flowers is in a binder in Annie's office. Please make sure you check off the box, indicating whether you want to take the flowers back home with you or have them donated. The contact person for delivering donated flowers is Cyndi Krupa, 860-986-1957, cyndikrupa@sbcglobal.net

Recorded Services Available

Many of the Sunday Services at UUS:E run on the three community access channels (Cox in Manchester, Community Voice Channel in Bolton, and Charter Communications in Windham). The DVDs are available at UUS:E, and you can sign out the programs you were unable to see. Audio CDs are available one week after each service, and as a download from Jane, our sexton, if you provide a flash drive (USB port).

Community Outreach Ministry

Charitable Giving for November 2018

As always, thank you for your generosity.

"We do not gather our gifts only for ourselves, but to share with the larger community."

Continuing our practice of sharing our gifts with the community beyond our walls, the recipient of fifty percent of our Sunday plate collections for the month of November will go to **Manchester Senior, Adult and Family Services**.

The Manchester department of **Senior, Adult and Family Services** works to improve the quality of life and help maintain the independence of Manchester residents by offering information, referral, outreach, advocacy, assessment of needs and individual consultation on human services benefits and programs.

Please contact Louisa Graver at lgraver163@gmail.com, David Lacoss, or Nancy Madar at nancymadar@hotmail.com.

Checks made out to UUS:E will be treated as follows: If the memo line:

- ✓ is blank or "pledge" is written, all will go toward your pledge.
- ✓ has "COM" or the name of the charity is on the memo line, all will go to the charity.
- ✓ has "1/2 pledge, 1/2 COM," it will be divided equally.

Equal Exchange

Fair-trade, sustainably-grown, **organic coffee, tea, chocolate and now olive oil** are available for purchase in the lobby after each service on the **second Sunday of every month**. These products are good for the growers, good for the Earth, and offered at a very good price. And did you know that the coffee served on Sunday mornings and at other UUS:E events is also **Equal Exchange** brand?

Sponsored by your Sustainable Living Committee.

2018-2019 COM Recipients

July	Three area food banks (Manchester, Vernon, East Hartford)
August	Kado Pet Foundation and STRIVE
September	KIDSAFE CT
October	Free at Last Players
November	Manchester Senior, Adult and Family Services
December	Three area shelters McKinney Men's Shelter (Hartford), East Hartford Community Shelter, Cornerstone Shelter (Rockville)
January	Moral Monday CT
February	Operation Fuel
March	Rebuilding Together (Manchester) and Communitas
April	CT Alliance to End Sexual Violence and Covenant to Care for Children
May	MARC and MARCH, Inc
June	Mary's Place and True Colors

Stop & Shop

UUS:E sells Stop & Shop gift cards after services on the first and third Sundays of the month. If you do your weekly grocery shopping at Stop & Shop, buying these cards is a GREAT way to support the church without it costing you a cent. Cards for \$50, \$100, or \$250 can be purchased at face value, and, in return, Stop & Shop gives the church 5 percent of the sales. This simple fundraiser has raised nearly \$2,000 each year for UUS:E. It's likely a lot more folks from UUS:E are out there who can participate but just don't realize it. If you shop at Stop & Shop, please consider picking up one of these easy-to-use cards.

The Minister's Column: Hallelujah!

Dear Ones:

Our ministry theme for November is memory. Like so many of our themes, memory is a vast topic. So where to begin?

The first words that came to mind for me are from a reading in our hymnal by the Rev. Bill Schulz. It's an invitation to worship: "Come into this place of memory / and let its history warm your soul." Given that 2019 is our congregation's 50th anniversary year, we're going to be reflecting on our UUS:E and our Unitarian Universalist history. We'll be peering back, remembering where we've been, where we've come from. We'll be recalling our founding generations. We'll be celebrating their commitment to our liberal faith, and to our specific religious home at 153 West Vernon St. in Manchester. I am confident this remembering will warm our souls, as Schulz suggests.

All good worship leads to remembering. We live in the midst of a dominant culture that is toxic to memory, a dominant culture that wants us to forget what has happened and what is happening around us; a dominant culture that wants us to squirrel ourselves away in front of screens, wants us to focus exclusively on our material lives, wants us to drift apart from our neighbors. Good worship counters these dynamics by reminding us of our highest values, our most passionate aspirations, or deepest commitments, and how we are connected. Good worship reminds us of what matters most in our lives. We need such reminders to meet the challenges presented to us by the dominant culture.

I found this quote posted on the UU resources site, "Soul Matters:"

The space of memory is elusive. Mysterious. Seemingly beyond our grasp. Who can really say "where" it is? But here's what we do know: it is in the space of memory that we are somehow held together, and also re-assembled. As we remember, we are re-membered. In that space, memories become these self-animated threads that weave the pieces and parts of us into this more complete thing we call "me" and "you."

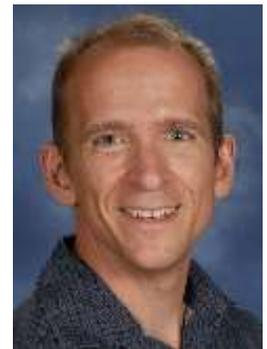
These words remind me of much of the research on how people heal from trauma. Healing often requires that the survivor remembers what happened, and is then able to express the memory to therapists, family, friends, religious community, etc.—people who are able to listen, support, and honor their experience. Such remembering is difficult for the survivor. Sometimes it doesn't happen. It is difficult for the community that holds them. Sometimes the community turns away. But this remembering and naming is a path to healing.

In late September it was painful to witness the national turmoil over Christine Blasey Ford's memories of sexual assault at the hands of now Supreme Court justice Brett Kavanaugh. The situation forced many people to relive painful memories of sexual violence and trauma. Mindful of how difficult this national moment was for so many people, I plan to preach about it on November 11. I say, let's be part of the healing!

Further, on November 20, we are invited to participate in Transgender Day of Remembrance (TDOR) at the Metropolitan Community Church in Hartford (see announcement in this newsletter). TDOR is a global observance that remembers transgender people who've been murdered because of their gender identity or expression. It is a solemn occasion, yet one filled with hope for a more just and humane future. This is yet another way people of faith use memory in the service of healing.

With love,
—Rev. Josh

Josh



Enter, rejoice, and come in!

A Religious Education message from Gina

Dear Friends,

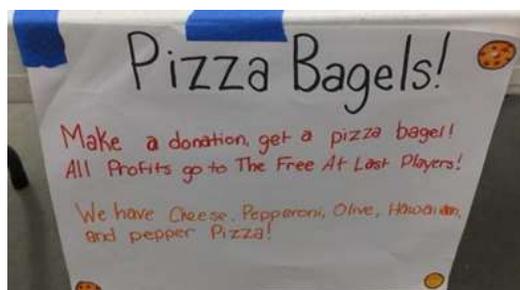
Have you heard about Cooking for a Cause? Once a month, generally on the 2nd Sunday, children in grades 1 – 8 work together with adult volunteers to bake or prepare a tasty treat. Following the second service, the congregation is invited down to the Garden Level to sample these culinary creations in exchange for a small (or large) donation. Each month's proceeds are donated to a charitable organization selected by the children.

Thanks to a team of enthusiastic volunteers, the program is off to a great start. In October we discussed mental illness and why it's important to challenge the stigma that surrounds it. The children learned about several organizations in our community that provide support for folks with mental illness, and voted to donate the proceeds of our first cooking project to the Free at Last Players, a not-for-profit theater group dedicated to dispelling the myths and misconceptions that surround mental illness. After deciding on the recipient, over thirty children and eight adults spent the next 45 minutes slicing bagels, spreading sauce, shredding cheese, and chopping veggies to make over one hundred bagel pizzas. Following the service, the Garden Level was filled to capacity with hungry congregants, enticed by the delicious aroma of freshly baked pizza. Thanks to the hard work of our chefs and the generosity of our congregation, our Religious Education program raised over \$200 for the Free at Last Players.

Future Cooking for a Cause projects include mason jar soups and cookies to be sold at the holiday fair, potato pancakes, chocolate dipped pretzels, fruit smoothies, and more.

So why exactly do we dedicate one Sunday morning a month to cooking? Sure cooking is fun, but does it have anything to do with religious education? You bet! If we truly want

to foster a strong Unitarian Universalist identity among our children, simply learning to recite the Seven Principles is not nearly enough. We need to provide them with opportunities to embrace, embody, and practice the principles in a very real, concrete way. Cooking for a Cause offers just this. When we come together as to cook as a community and to raise funds to help those who need our support, we are living out our first, second, third, fifth, and sixth principles. What better way to spend a Sunday morning?



Be well & be loved,
Gina

Membership News

Greetings from the Membership Committee!



Happy November!

We hear UUS:E referred to as our beloved community all the time. **All of us** contribute towards making our community truly beloved, a place we all love and of which we want to be a part.



Fill Up The Front, and Meet Someone New

The best way of showing who we are at UUS:E is in **showing who we are**. During our services show our spirit by sitting next to one of our visitors, our new members, or even someone you've not met before. It really helps if seats up front and in the middle are filled first. Who knows? New friends may be made!



Coffee Hour

Coffee hour is a great time to connect. If you see someone standing alone at coffee hour, go talk to him/her. Or, introduce yourself to someone you don't know.



Want to join in?

Volunteering is fun and fulfilling. It takes an army of volunteers to make things happen on Sunday mornings.

Hospitality

Serving refreshments during coffee hour is a great way to greet everyone in our community, and it is fun! It's easy, and we'll show you everything you need to know. Contact Jackie Heintz (jacqonstance@gmail.com).

Goodies

You can sign up to bring snacks for Sunday morning, and it is so appreciated! You'll find the sign-up sheet and very detailed instructions posted next to the serving window. All you have to do is pick a Sunday and drop off your goodies. The hospitality team will serve them. Annie will send you a reminder and your name will be listed in the program.

Welcome Table

Be the first to welcome new visitors, and say Hi to all the folks you know. Contact Jennifer Klee (jenduv@sbcglobal.net)

Greeters

Working with a partner, you help to make our services flow smoothly while helping our community share and care. Contact Louisa Graver (lgraver163@gmail.com)

The Committee

Are you interested in joining our busy (and fun) committee? We'd love to have you! Talk to Edie Lacey, chair, (edielacey1@gmail.com; elacey1@cox.net) or any committee member: Jennifer Klee, Gail Crook, Louisa Graver, Jackie Heintz, Betsy Nelson, Alexander Herpst, Susan Barlow, and Kathi Lee to learn more.

COMING UP!!! EXCITING!!

New Member Sunday
December 9, 2018

Faith-Based Community Organizing Coming to UUS:E



For the past two years, members of UUS:E have been involved in a new effort to create an interfaith social justice organization in the greater Hartford region. There are more than fifty congregations involved in the process, each of them at various stages of readiness to be part of such an effort. There have been multiple trainings in community organizing and anti-racism as part of this process. Currently, ten UUS:E members and Rev. Josh have established a UUS:E Core Team. This team has many responsibilities, but while the larger organization is in its beginning stages, the Core Team is responsible for getting to know as many other UUS:E members as possible. They want to know who you are, what you are passionate about, and what issues most draw your attention, concern and action. The better they get to know you, the better they can represent you to the larger organization.

With this in mind, the UUS:E Core Team is beginning a period of "congregational in-reach." They will be conducting a series of one-on-one meetings with UUS:E members and friends throughout the fall. We will be selecting a rather large group of you at random to be interviewed by Core Team members. Again, the purpose of the congregational in-reach is to get to know YOU. We've learned through our training that all successful community organizing is grounded in strong relationships. Through these one-on-one meetings, we hope to strengthen and deepen our relationships at UUS:E.

If you receive a phone call or an email from one of our UUS:E Core Team members, please respond in a timely manner. If, for any reason, you'd rather

not meet with a Core Team member, just let them know. If you don't get contacted, but you'd like to meet with one of the Core Team members, please reach out to Rev. Josh at 860-652-8961 or revpawelek@gmail.com.

And if you think you might like to learn more about building a faith-based community organization, or if you think you'd like to become a member of the UUS:E Core Team, there are trainings available. Rev. Josh can connect you with the training that is right for you.

Special thanks to Polly Painter, Monica Van-Beusekom, Nicole Bornhorst, Jim Adams, Al Benford, Judi Durham, Marcia Leonard, Nancy Pappas, Lisa Sementilli and Rhona Cohen who are all serving on UUS:E's Core Team.

Everyone Evacuate the Building!

A Message from the UUS:E Emergency
Management Team

"Everyone evacuate the building!" Hearing this during a Sunday Service, you will know the Emergency Response Plan has been activated. But what do you do? If it happens during a Sunday service, you must leave the building, using both exits out to the parking lot. Go to your car and remain in your car. If you have a child on the garden level, you may assemble at a safe distance from the front of the building so that your child can be brought to you. If you are on the Garden Level when the alarm is sounded, RE children and staff are to exit the building at the nearest exit and assemble at a safe distance from the building. Adult RE leaders will bring small groups of children at intervals around to the front of the building to be reunited with their parents.

Very important: fire apparatus must come down the exit ramp—STAY IN YOUR CARS AND DON'T DRIVE OUT, CLOGGING THE WAY FOR RESPONDERS! Wait for fire officials to let you know you can leave.

PS—a fire drill is coming soon to a Sunday Service near you. Be ready!!!

ROMEIO

(Retired Old Men Eating Out) meets monthly on the second Tuesday at noon at various area restaurants (excluding those where we are unwelcome). Most men, retired or not, UU or not, are invited to join us. "Reservations" route through Annie Gentile or the monthly coordinator, who changes monthly.

The monthly luncheon of the ROMEIOs (Retired Old Men Eating Out) for November will be at 12 noon, Tuesday, November 13, at Maggie McFly's restaurant at Buckland Hills, 194 Buckland Hills Drive. It is on the north side of the mall, near the entrance adjacent to Sears. Please respond to Annie at the UUS:E office or Al Benford (AlBenford617@frontier.com) or 860-649-3632 by Monday, November 12.



Fall Clean-Up 2018

Saturday, November 10, 9 AM - 1 PM. Join the Building & Grounds committee in preparing the grounds for the holiday fair and winter. Bring what you have for raking and pruning and we'll supply the rest: snacks, coffee, cider, equipment, direction and a few laughs. Children and youth with a responsible adult are welcome. This is a great way to connect with others in our community and to help steward our beautiful property, the seventh principle in action! Contact Cory Clark or Jane Osborn for more information.

Calling All Singers!

Holiday choir rehearsals are already in progress but it's not too late to join the fun. Every Wednesday night at 7 PM, starting on October 31, Holiday Choir will be in session. We will be getting ready for the Holiday Music Services: December 23rd at 9am and 11am. There are no auditions. If you love to sing you are invited. For more information speak to Mary Bopp, UUS:E Music Director, or any choir member.

Transgender Day of Remembrance

Tuesday evening, November 20, 7:00 PM
Metropolitan Community Church
155 Whyllys St., Hartford



Transgender Day of Remembrance is an annual observance conducted in communities around the world to remember transgender people who've been murdered because of their gender identity or expression. It is a solemn occasion, yet one filled with hope for a more just and humane future.

War in the 21st Century

The Unitarian Universalist congregations of the greater Hartford region welcome United States military veteran and Unitarian Universalist minister the Rev. Dr. Chris Antal.

Saturday evening, November 10, 7:00 PM
Fiske Hall (the auditorium at the rear of the building)

Universalist Church of West Hartford
433 Fern St. in West Hartford, CT



Rev. Dr. Antal will address war in the 21st century, specifically the reality and immorality of drone warfare. We will examine what actions we can take as committed people of faith to address the rapid proliferation of weaponized drone technology.

Baha'i Holy Day

The local Baha'i community is holding its 2019 "Birth of Baha'u'llah celebration at UUS:E on Saturday afternoon, November 10, from 3:00 to 5:00. The Baha'i community encourages you to join them for this spiritual and educational event.

The Birth of Baha'u'llah

PROPHET – FOUNDER OF THE BAHAI FAITH

ALL ARE WELCOME

Saturday, November 10, 2018 at 3:00 PM

Unitarian Universalist Society: East

"O SON OF SPIRIT! The best beloved of all things in My sight is Justice; turn not away therefrom if thou desirest Me, and neglect it not that I may confide in thee. By its aid thou shalt see with thine own eyes and not through the eyes of others, and shalt know of thine own knowledge and not through the knowledge of thy neighbor. Ponder this in thy heart; how it behooveth thee to be. Verily justice is My gift to thee and the sign of My loving-kindness. Set it then before thine eyes."

–Bahá'u'lláh

It's Budget Time Again

It's already time to start thinking about the budget for the 2019-2020 congregational year, our 50th anniversary. Committees should be considering their plans, any big new items and any issues for the upcoming year. November and early December is the time to prepare and submit your budget requests to the Policy Board. Then in January the Finance Committee presents several possible budgets, based on various expense and revenue increases, to the Policy Board for review. The process continues through February and March as the budget is discussed and reviewed. Of course, the final budget is based on the annual Canvass results, and in April the Policy Board makes any adjustments necessary to balance the budget to our projected income. The final budget is presented to the Congregation at our Annual Meeting in May.

As you can see, this is a long and involved process that we need to go through every year. Your thoughtful input is welcomed and can be addressed to treasurer@uuse.org.



Manchester Road Race

Calling all MANCHESTER ROAD RACE FANS! For the past 2 years, UUS:E has sponsored a free cocoa booth at the Manchester Road Race on Thanksgiving Day as a way to reach out to the local community. **We are looking for someone to lead the effort this year on November 22!** We already have two people lined up to help and a detailed plan of what needs to be done. You will have a GREAT VIEW of the race at the UUS:E Cocoa Booth at 172 East Center Street, in front of the Law Office of Malcolm Barlow. Best of all, you'll be home well by in time for Thanksgiving dinner! The event runs from 8:30 AM through the end of the race around 10:30 AM. Please contact Nancy Pappas at nanapap338@aol.com or Michelle Spadaccini at michspad@comcast.net for more information.



Green Sanctuary News

SLC Monthly Meeting

NOTE: NO November meeting, due to set-up week.

NEXT MEETING: Tuesday, December 11, 7:00 PM

Climate Change Report

The United Nations Intergovernmental Panel on Climate Change (IPCC) released their major report on October 7. It includes dire warnings that planet Earth would become unlivable if nations do not cut carbon emissions drastically. Surely each and every one of us needs to do what we can to do our part, even if each action is small, the sum of them can make a difference. The UUS:E community continually works toward living more sustainably. Here is a link to a New York Times article about the report:

<https://www.nytimes.com/2018/10/07/climate/ipcc-climate-report-2040.html>

Recycle, Reuse, Repurpose

How does the UUS:E pursue this dictum? Profitably!!! Think: Holiday Fair, November 16 & 17. Donations wanted for the Book Shop, Tag Sale Boutique and Jewelry booths! Here is a way to have things we no longer need or want, earn money to help support UUS:E. Plus, remember that buying pre-used items is the sustainable thing to do!!!

Think: Participation in Planet Green E-Waste Recycling Program. So far UUS:E has raised over \$1232 from ink cartridges and no-longer-functioning cell phones, calculators, eBook readers, tablets, video games, digital/video cameras, etc. If you have such small electronic devices that no longer work—don't trash them—put them in the PlanetGreen collection box in the vestibule.

Upcoming Opportunity

Peas & Love Community Meals, Sunday, November 4, 6:30 PM at Unitarian Society of Hartford

Come join us for a plant based potluck with veganism as the focal point. Intended for creating a closer supportive plant based community for vegans and the veg curious, but open to all who can be completely plant based for an evening and will engage in non-violent communication.

<https://www.facebook.com/events/309406002945582/>

Two Upcoming Events in Our Fall Concert Series!



Black Music in Motion

Sunday, November 4, at 3 PM

Find a fresh appreciation of the beauty and messages of "Black Music" through Kareem Mack, Baritenor, and friends Chelsea Lorraine, Soprano and Sarah Puckett, pianist. They will perform spirituals and other selections by African American composers, from traditional hymns to contemporary music. Through singing and movement, Kareem Mack aspires to change the face of many performance fields with his avant-garde persona and willingness to be bold.

Suggested donation \$15; \$10 student (It's only a suggestion—no one is turned away)



Truly Troubadours

Saturday, December 8, at 7 PM

Lara Herscovitch, songwriter-poet-performer and former Connecticut State Troubadour, brings her contemporary folk with blues, pop and jazz influences to UUS:E. Music that's "good for your ears AND your soul," says Sound Waves Magazine. Joining Lara is MARMO—Three Connecticut singer-songwriters with a folk/Americana feel, performing thoughtful, witty, soulful songs about life, love, and beverages. MARMO features Bill Ludwig (Current Troubadour of Manchester CT), Dan Thompson (Troubadour Emeritus), and Christian Loftus (Vocalist/Instrumentalist).

\$20 adult; \$18 senior; \$10 student, under age 10: free

UUS:E Memorial Garden

For all the days to come...

Dear Members and Friends:

Most of you are familiar with our Memorial Garden, located on the grounds in back of the meetinghouse. This wooded area provides a cultivated expanse of beauty and dignity for the burial of ashes of society members, their significant others, and friends of UUS:E. Originally planned and planted in 1992, the garden was installed with over 113 shrubs, trees and perennials.

Enhancements over the years have included new steps and considerable arbor work. In 2008, following the construction of the new building, a new patio, sitting wall, and small retaining wall were installed.

We are about to begin the celebration of our 50th year as a congregation. In keeping with our goal of maintaining and enhancing this special area of repose, the Memorial Garden Trustees, with the approval of the Policy Board, are initiating a project that will improve walkability, reduce erosion, and facilitate the ease of upkeep. Plans include the widening of paths and the installation of pavers and additional steps and handrails. New bulbs, perennials, and fresh mulch will also be added.

In addition to drawing on available funds from the Memorial Garden account, we will encourage members to pre-purchase garden plots and to donate toward this ambitious, but timely, project.

We appreciate the donations we have received so far, and appreciate any future donations. If you would like to contribute, please send a check to the office with "Memorial Garden" in the memo.

David Garnes, for the Memorial Garden Trustees (Jeanne Pitney, Eric Vogel, Sharon Gresk, Gene Sestero, and David Garnes)

UUS:E History Memorabilia Search

Next year will be our 50th Anniversary as a society. We are looking for any materials you may have saved over the years, such as photos, slides, documents, videos, that we can use during our celebration of this milestone. Please search your attics and garages or any place where you might have these items.

Please contact Joe Madar if you have anything to contribute. The intent is to create a digital history of our society, by having items scanned and returned to you if you wish. Items that can't be digitized will be archived as well.

Thanks for your help.

Joe Madar 860-647-8559



Chamber Music Salon

A Chamber Music Salon will be held on Friday evening, November 30, 2018 at 6:30 PM in the main meeting room. This is an informal gathering of musicians of all ages and levels of experience to enjoy making music together. We need to know in advance who is coming and what instrument you play so we can be prepared with the right music. We plan to play some holiday music together towards the end of the salon. If you plan to attend but haven't let us know yet, send an email to Peggy Webbe (peggywebbe@gmail.com) or Mary Bopp (marybopp@verizon.net).

Survey Deadline EXTENDED One More Week!

There's still time!

We need to hear from everyone -- new friend or longtime member, occasional visitor or active volunteer!

It is CRUCIAL that we hear from AS MANY PEOPLE as possible so we can get an accurate representation of our community's preferences.

The link to the survey can be found in the email you received or below:

<http://tinyurl.com/uuse-survey>

Please get comfortable before you start – your thoughtful responses will probably take between 30 minutes and an hour. Join more than 130 of your friends, be a Survey Champ!

Questions or need tech support? Contact uuse-gst@googlegroups.com. Need help completing the survey? Call Annie in the church office to connect with a helper to work with you. (860-646-5151)

A is for Auction!

At the beginning of our 50th Anniversary year ... and at the beginning of the alphabet...is the Annual Auction & Chili Cook-off. Please mark your calendars for January 26, snow date February 2 for a grand evening of fun! And do start thinking about the wonderful things you might contribute. Here are a few ideas to "prime the pump:" unique services like home repair, personal training, knitting instruction, garden assistance; outings such as picnics, tours, musical/theatrical performances; meals in your home or other meaningful location; valuable objects that you are willing to donate.

So what can you do right now? If you are a member, a volunteer or a docent at a cultural institution, please ask for a contribution ASAP! In the past we have been fortunate to receive donations from the Mark Twain House, CT Science Center, Hartford Stage, New Britain Museum of American Art and many other organizations. Once you have secured the commitment, the committee will follow up with a formal letter, which the organization can use in their tax records.

Watch for more news about this fun and profitable event. And consider joining the fun right away, by working on the planning group! Contact Stan McMillen, Jen Klee or Nancy Pappas.



Calling all Canners!

We need Jams and Jellies! Now is a great time to harvest for preserves for the 2018 Holiday Fair. If the weather is too hot for canning, consider freezing the fruit or vegetable and canning it during cooler weather. We are also looking for Relishes, Salsas and Chutney. Remember that jars can be reused but must be thoroughly cleaned, including removing old labels. Please use new lids and bands. We also need used canning jars! Please leave them on the steel shelf in the janitor's closet next to the coatroom. Please contact Cory Clark at 860-597-9417 or clarkski107@hotmail.com or Joan Macomber at jmacomberjm@gmail.com with any questions/concerns, and with a description and quantity of jars you will be donating.

Holiday Fair Friday Night Refreshments

As in years past, we will be serving complimentary refreshments on Friday night (Nov 16) of our Holiday Fair. This year we are looking for folks who would be willing to make a dessert (cupcakes, brownies, cookies, pie, cake) or an appetizer (hot or cold) of their choice. Don't like to bake or cook? Consider donating a gallon of apple cider. A signup sheet will be available in the lobby after each service beginning October 21. If you have any questions, you can call or text Donna Johnson at 860-805-0550. Please have all donations to church by 5:30 on Friday night Nov 16. Thank you!

Carecrow

MANY THANKS to Carol Marion, Nancy Pappas, and the many RE families who helped create our UUS:E "Carecrow, Caring for Our Earth." They did a great job!! It was displayed in front of the Forest Street parking lot and we received a lot of positive feedback on it. Questions? Contact Michelle Spadaccini, michspad@comcast.net.

Books, Classes and Discussions

brought to you by...

The Adult Religious Education Committee

(Youth are welcome at all workshops. Childcare is available with one week's notice.)



Community Drum Circle

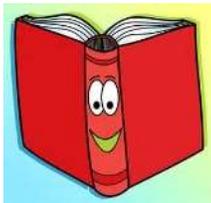
Third Tuesdays and Fourth Mondays
in the Sanctuary
7:00 – 8:30 PM

Open to all levels of ability and experience.

Facilitator Mary Ertel provides djembe drums and other hand instruments, and you may bring your own.

Drum with intentionality, send good vibes out into the world!!

Contact Paul Cocuzzo at pcocuzzo@gmail.com or 978-270-2056 with questions or to reserve a drum.



Book Lovers

We meet every second Tuesday from 3:30 to 5:00, downstairs in the chapel area. Everyone is welcome—including friends from outside UUS:E. Even if you haven't finished the book, you are invited to the discussion. Books are selected by participants, and we try to choose books that are old enough to be available in paperback, or at least in public libraries.

- November 6: **Atonement**, by Ian McEwan (note date change for November meeting to first Tuesday)
- December 10: **Being Mortal—Medicine and What Matters in the End**, by Atul Gawande

For information: marlar@wordshard.com

UU Buddhists

First Tuesdays, Room 2

The Buddhist Group meets at 7:00 PM on the first Tuesday of each month, for meditation, dharma, and discussion. The November ministry theme is "memory." Contact Nancy Thompson nancythompson123@yahoo.com with questions.

Women's Sacred Singing Circle

Every Thursday from 7:00 – 9:00 PM, we will be singing in the sanctuary. All women and girls eight years and older are welcome to join our circle regardless of musical training or ability. Come when you are able, stay as long as you wish.



Sing, laugh, and be in community.

For more information, contact Jane Osborn: janeosb3@gmail.com

Yoga News

Come enjoy yoga at UUS:E!

The current yoga session with Susan Barlow is October 3 – November 21, 11 AM - 12 noon. On Wednesday, November 14, her class will meet at a different location due to Fair set up at UUS:E. Please contact Susan for more information. Her next session will be November 28 – January 16. The current yoga session with Jessica De Carli is November 5 – January 14, 5:45-6:45 PM, no class November 12, December 24, and December 31.

Come enjoy physical strengthening and the opportunity to quiet the mind. Bring a yoga mat or towel and wear comfortable clothes. All welcome, including beginners!

\$40 for the eight-week session or \$6 drop-in fee.

You can register with, and direct questions to:

- Jessica at jess.decarli@gmail.com
- Susan at SBarlow627@aol.com, or
- Annie at uuse153@sbcglobal.net

To read about their classes, visit [UUSE.org](http://uuse.org).

<http://uuse.org/religious-ed/adult/yoga-classes>

Books, Classes and Discussions

continued

Living Your Faith!

Living Your Faith (formerly known as Buiding [and Living!] Your Own Theology) is an intensive and interactive 12-session program in which participants define/discuss their faith and its impact on their lives, taking a very deliberate look at who they are, what they believe, and who they, individually and collectively, can become.

Program participants will be drawn from the three UU congregations in our area: The Universalist Church of West Hartford, the Unitarian Society of Hartford, and UUS:E. The group will be limited in size (like a Small Group) and meeting locations will rotate among the participating congregations.

Sessions will be held twice a month, September – March on Tuesdays, from 7:30 – 9:00 PM. If you would like to participate, please contact the facilitator, USH member Tom Gervais, at 860-558-3000 or tom.j.gervais@gmail.com.

Program dates:

- Session 5 – Soul and Religious Experience (11/6/2018)
- Session 6 – Congregational Life (11/20/2018)
- December Potluck Gathering, date t/b/d
- Session 7 – The Nature of God (1/8/2019)
- Session 8 – Ethics (1/22/2019)
- Session 9 – Repentance and Forgiveness (2/5/2019)
- Session 10 – Putting Faith to Work in the World (2/19/2019)
- Session 11 – So What? Imperatives of My Theology (3/5/2019)
- Session 12 – The Manifesto (3/19/2019)
- Post-Program Potluck Gathering (date TBD)

Manifesto Services will be held at the three participating congregations on (dates TBD) at the Unitarian Society of Hartford, the Unitarian Universalist Society: East in Manchester, and the Universalist Church of West Hartford.



Celebrate the Joy of Life

Kirtan with Charlie Braun Is Back!

Friday, November 9, 7:00 PM

Charlie Braun's kirtan is a fusion of melodic folk-rock that wanders into reggae, blues, and other musical forays, but it still stays true to the heart-opening power of Sanskrit mantras. A lifelong singer-songwriter, Charlie is also an award-winning record producer, award-nominated music creationist, and an acclaimed guitarist. Joined by vocalist Brie Sullivan and percussionist Justin Green, Charlie guides the group in the call-and-response singing of mantras, co-creating a sacred musical atmosphere that is uplifting, comforting and absolutely joyful. Plus, it's a whole lot of fun! Check out Charlie's kirtan music at www.charliebraun.com.

As always, ALL ARE WELCOME, although a \$15 donation is requested at the door. No one is ever turned away. Chair seating is provided. Bring your own floor cushions if you want to sit on the floor in the front. Footwear is optional.



The UUS:E Holiday Fair is November 16 & 17, 2018

The Holiday Fair is our biggest fundraiser! Please donate your time, your talent, & your stuff.

Share Your Time

We need you! The Fair Week starts on Sunday, Nov. 11 at noon with the big set-up. The fair is open Friday night, Nov. 16 from 6:30 PM - 9 PM and Saturday Nov 17 from 10 AM to 3 PM.

- **NEW THIS YEAR:** Looking for volunteers to **personalize ornaments** during the Fair and **apply temporary tattoos** for guests. Please contact Michelle Spadaccini at 860-543-0490 or michspad@comcast.net.

Sign up to help in one of these areas:

When?	Where?	What?	Contact
Sun Nov 11, 12:30 pm	Set up	Move things out and bring in tables	Michelle Spadaccini: michspad@comcast.net
Mon Nov 12 - Fri Nov 16	Tag Sale	Sorting & organizing items	Deb Gould: dagould59@comcast.net or Sandi Karosi: slkarosi@comcast.net
Mon Nov 12 - Fri Nov 16	Jewelry (Lucy's Locket)	Sorting & organizing items	Peggy Webbe: dwebbe@comcast.net or Diana Sherman: dcreamer12@aol.com
Fri Nov 16, 6 pm - 9 pm	Friday Night Refreshments	Help serve food & clean up	Donna Johnson: dhmjohn@gmail.com or Sande Hartdagen: drsehart@gmail.com
Sat Nov 17, 11 am - 2 pm	Luncheon	Help with desserts	Gail Crook: e.gail.crook@gmail.com
Fri Nov 16 6:30 - 9 pm Sat Nov 17 10 am - 3 pm	Floater	Check on booths & give workers breaks	Michelle Spadaccini: michspad@comcast.net
Fri Nov 16 6:30 - 9 pm Sat Nov 17 10 am - 3 pm	Greeter	Greet customers & hand out programs	Michelle Spadaccini: michspad@comcast.net
Sat Nov 17, 3 pm	Tag Sale	Large vehicles to remove leftovers	Deb Gould: dagould59@comcast.net or Sandi Karosi: slkarosi@comcast.net
Sat Nov 17, 3 pm	Break Down	Move out tables & put things back	Jake Cournoyer: jacob.cournoyer@gmail.com
Sat Nov 17, 4 - 8 pm	After Fair Party	Help prepare food, serve & clean up	Brooke Cournoyer: brookecournoyer@gmail.com
Suns Nov 18 & Nov 24 10:15 am & 12:15 pm	After Fair Sales	Help staff sale table	Michelle Spadaccini: michspad@comcast.net

Or take a shift at one of these Shops any time during the Fair:

Shop	Contact	Shop	Contact
Bake Shop	Jean Mamonas: bjeanmamonas@gmail.com or Jennifer Klee: jenduv@sbcglobal.net	Knitting/ Winter Wear	Phil Sawyer: psawyer215@gmail.com or Carol Marion: cmarion333@gmail.com
Children's Shop	Peggy Gagne: pgagne15@att.net	Tag Sale	Deb Gould: dagould59@comcast.net or Sandi Karosi: slkarosi@comcast.net
Stitchery	Carolyn Gimbrone: bowbrone@aol.com	Jewelry	Peggy Webbe: dwebbe@comcast.net or Diana Sherman: dcreamer12@aol.com
Pride /Rainbow Shop	Ctaci Belster-Coleman: this.is.ctaci@gmail.com	Gallery	Nancy Madar: nancymadar@hotmail.com

Share Your Talent

Please bring in donations between Sunday Nov 11 at 12 pm and Wednesday Nov 14 at 8 pm.

NEW THIS YEAR: We are asking that you include your name, an estimate of the cost, and a description of your handmade items. Our guests enjoy the ‘story behind the item’; it can really help items sell.

Where?	What?	Contact
Stitchery Booth	Handmade Stitchery items for home, adults & children	Carolyn Gimbrone: bowbrone@aol.com
Gallery	Original works of art	Nancy Madar: nancymadar@hotmail.com
Holiday Crafts	Handmade ornaments	Louisa Graver: lgraver163@gmail.com
Knitting	Patterns for mittens & hats available!	Phil Sawyer: psawyer215@gmail.com or Carol Marion: cmarion333@gmail.com
Baked Goods	Cookies, pies, breads, vegan, gluten free, your choice	Jean Mamonas: bjeanmamonas@gmail.com or Jennifer Klee: jenduv@sbcglobal.net
Jams and Jellies	Jams & jellies, relishes, salsa	Cory Clark: clarkski107@hotmail.com
Woodworking	Handcrafted wood items	Bill Graver: billgraver30@gmail.com
Pride Shop	LGBTQIA & rainbow related	Ctaci Belster-Coleman: this.is.ctaci@gmail.com

Share Your Stuff

Please bring in donations between Sunday Nov 11 at 12 pm and Wednesday Nov 14 at 8 pm and

PLEASE make sure ANY donations are in GREAT shape, are in WORKING CONDITION and are CLEAN.

Where?	What?	Contact
Jewelry	All kinds, but donations of fine jewelry can be left in the office	Peggy Webbe: dwebbe@comcast.net or Diana Sherman: dcreamer12@aol.com
Books	Books, CDs, DVDs (PLEASE, no textbooks, encyclopedias or books with mold/mildew)	Susan Barlow: sbarlow627@aol.com
Children’s Shop	Games, toys, puzzles, books	Peggy Gagne: pgagne15@att.net
Friday Night Specials	higher ticket tag sale items	Lesley Schurmann: lesley57@cox.net
Silent Auction	Unique items minimally at \$50	Mary Ellen Vigeant: mevig@sbcglobal.net

Watch for the sign-up sheets at the Holiday Fair table after Sunday services in October and November or contact Michelle Spadaccini at michspad@comcast.net.

Or sign up ONLINE at UUS:E.org under *Upcoming Events - Craft and Food Holiday Fair*

Thank you for your help in making the UUS:E 2018 Holiday Fair a success!

UUS:E GENERAL INFORMATION

UUS:E Office Schedule: Monday-Friday, 8:00 AM - 4:00 PM

Meetinghouse Office: 860-646-5151

Office Administrator: Annie Gentile email: uuse153@sbcglobal.net

Minister: Rev. Joshua Pawelek 860-652-8961, revpawelek@gmail.com

OFFICE HOURS: Tuesday 10 AM to 7 PM and Thursday 10 AM to 4 PM

President: Rob Stolzman, 907-268-1871, robandtammylee@yahoo.com

Director of Religious Education:

Gina Campellone, 860-875-8468, UUSE.REdir@sbcglobal.net

Newsletter Editor: Paul Cocuzzo, 978-270-2056, uuse.nletter@sbcglobal.net

Website Coordinator: Carol Marion 860-643-8765, uuseweb@gmail.com

World Wide Web address: <http://uuse.org>

December Newsletter Deadline:

November 20

Unitarian Universalist Society: East
153 West Vernon Street
Manchester, CT 06042