

Unitarian Universalist Society: East

Member of the Clara Barton District of the Unitarian Universalist Association



Unitarian Universalist Society: East is a welcoming, open-minded, spiritual community seeking truth and meaning in its many forms. We share responsibility for building a more equitable, peaceful, and sustainable world.

Table of Contents

Sunday Services Schedule	2
2017-2018 Ministry Themes	2
Sunday Service Flowers	2
Recorded Services Available	2
Community Outreach Ministry	3
2017-2018 COM Recipients	3
Stop & Shop	3
Equal Exchange	3
The Minister's Column: Hallelujah!	4
Reflecting on Our Year in Religious Education	5
The Policy Board's Column	6
Annual Meeting Results	6
Leadership News from NLDC	7
Donations Needed	8
Meeting Notice - Know Your Rights	8
Get Connected! with UUS:E on the Web	8
Membership News	9
UUS:E Summer Potluck Picnic	10
Books, Classes and Discussions	11
Community Drum Circle	11
Book Lovers	11
UU Buddhists	11
Women's Sacred Singing Circle	11
Yoga News	11
Community Kirtan	12
Walk with Me—Intergenerational Poetry Walks	12
UUS:E Mental Health Ministry Summit	12
Calling all Canners!	12
Green Sanctuary News	13
Bike Rodeo	13
What Should You Do in the case of FIRE or SMOKE at UUS:E?	13
Sacred Dance Guild 60 th Anniversary	14
Pastoral Care Message of Gratitude	14
Graduation Announcement	14
Change of Contact Info	14
UUS:E History Memorabilia Search	14
Engaging Our Community at Imagine Main Street, Manchester	14
Art Show	14
Emergency Preparedness #8 Temporary Sheltering of Members	15



Sunday Services Schedule

June Ministry Theme: Restlessness

Services at 9:00 and 11:00 AM

June 3: "God, the Great Protagonist."

Modern Biblical scholars have long recognized that the Good Book's main protagonist, God, displays a multitude of personalities, identities and motivations. Rev. Josh explores Jack Miles' Pulitzer Prize-winning **God: A Biography**. This morning's sermon was purchased by Fred and Phil Sawyer at the 2017 UUS:E Goods and Services Auction.

Coordinator: Rev. Josh Pawelek

June 10: "Celebration of Religious Education."

Our third and fourth UU Principles promote "acceptance of one another and encouragement to spiritual growth in our congregations" and "a free and responsible search for truth and meaning." Please join us at our annual multi-generational RE Sunday Worship Service to celebrate our enthusiastic and inquisitive learners and seekers, and the awesome volunteer guides who make our program strong and vibrant!

Coordinator: Gina Campellone

June 17: "The Blessings of Restlessness."

Our ministry theme for June is **restlessness**—a great theme to welcome summer. With poetry and prose, Molly Vigeant and Rev. Josh reflect on the blessings—and the challenges—of being restless.

Coordinators: Molly Vigeant and Rev. Josh Pawelek

June 24: "Speaking Truth to Power."

Former military chaplain and UU minister, Rev. Chris Antal, joins us this morning to talk about his courageous protest of United States drone warfare policies while stationed in Afghanistan. Rev. Antal joins us courtesy of the Interfaith Network on Drone Warfare and the Coalition for Peace Action. For more info on Rev. Antal, visit:

<http://chrisantal.org/biography/>.

Coordinators: Lorry King and Rev. Josh Pawelek

July 1: "What to Witness."

Our ministry theme for July is witness. We witness on a variety of levels: the inner life, the present moment, the wider world, instances of oppression and justice-making, etc. This morning Rev. Josh, cellist Leah Coloff, and UUS:E Music Director Mary Bopp reflect on the different dimensions of spiritual witness.

Coordinators: Mary Bopp, Rev. Josh Pawelek

2017-2018 Ministry Themes

July	Courage
August	Identity
September	Vision
October	Atonement
November	Faith
December	Hope
January	Justice
February	Brokenness
March	Generosity
April	Transcendence
May	Compassion
June	Restlessness



Sunday Service Flowers

The signup sheet for flowers is in a binder in Annie's office. Please make sure you check off the box, indicating whether you want to take the flowers back home with you or have them donated. The contact person for delivering donated flowers is Cyndi Krupa, 860-986-1957, cyndikrupa@sbcglobal.net



Recorded Services Available

Many of the Sunday Services at UUS:E run on the three community access channels (Cox in Manchester, Community Voice Channel in Bolton, and Charter Communications in Windham). The DVDs are available at UUS:E, and you can sign out the programs you were unable to see. Audio CDs are available one week after each service, and as a download from Jane, our sexton, if you provide a flash drive (USB port).

Community Outreach Ministry

Charitable Giving for June 2018

As always, thank you for your generosity.

"We do not gather our gifts only for ourselves, but to share with the larger community."

Continuing our practice of sharing our gifts with the community beyond our walls, the recipient of fifty percent of our Sunday plate collections for the month of June will be split between **True Colors**, with headquarters in Manchester, and **Mary's Place**, located in Windsor.

True Colors Sexual Minority Youth and Family Services is a not-for-profit organization working to eliminate the stigma associated with sexual and gender minority status and to ensure that the needs of the LGBTI community are competently met by those responsible for our education, health, and well-being. True Colors sponsors the largest sexual minority youth conference in the nation.

Mary's Place, a non-profit organization located in Windsor, provides a safe place in which children, teens and families who are grieving a death share their experiences, receive support and find comfort. Recognizing that after a death families may experience financial concerns, Mary's Place does not charge a fee for its services nor do they receive any state or federal funding. All programs are supported solely through donations

Please contact Louisa Graver at lgraver163@gmail.com, David Lacoss, or Nancy Madar at nancymadar@hotmail.com.

Checks made out to UUS:E will be treated as follows: If the memo line:

- ✓ is blank or "pledge" is written, all will go toward your pledge.
- ✓ has "COM" or the name of the charity is on the memo line, all will go to the charity.
- ✓ has "1/2 pledge, 1/2 COM," it will be divided equally.

2017-2018 COM Recipients

July	Three area food banks (Manchester, Vernon, East Hartford)
August	Kado Pet Foundation and STRIVE
September	KIDSAFE CT
October	Free at Last Players
November	Manchester Senior, Adult and Family Services
December	Three area shelters McKinney Men's Shelter (Hartford), East Hartford Community Shelter, Cornerstone Shelter (Rockville)
January	Moral Monday CT
February	Operation Fuel
March	Rebuilding Together (Manchester) and Communitas
April	CT Alliance to End Sexual Violence and Covenant to Care for Children
May	MARC and MARCH, Inc
June	Mary's Place and True Colors

Stop & Shop

UUS:E sells Stop & Shop gift cards after services on the first and third Sundays of the month. If you do your weekly grocery shopping at Stop & Shop, buying these cards is a GREAT way to support the church without it costing you a cent. Cards for \$50, \$100, or \$250 can be purchased at face value, and, in return, Stop & Shop gives the church 5 percent of the sales. This simple fundraiser has raised nearly \$2,000 each year for UUS:E. It's likely a lot more folks from UUS:E are out there who can participate but just don't realize it. If you shop at Stop & Shop, please consider picking up one of these easy-to-use cards.

Equal Exchange

Fair-trade, sustainably-grown, **organic coffee, tea, chocolate and now olive oil** are available for purchase in the lobby after each service on the **second Sunday of every month**. These products are good for the growers, good for the Earth, and offered at a very good price. And did you know that the coffee served on Sunday mornings and at other UUS:E events is also **Equal Exchange** brand?

Sponsored by your Sustainable Living Committee.

The Minister's Column: Hallelujah!

Dear Ones:

Our ministry theme for June is **restlessness**. I'd like to offer an excerpt from one of my meditations in Hear the Earth Call entitled, "Beyond the Safety of Our Well-worn Paths." I think it speaks to an inherent restlessness in each of us—a restlessness that often surfaces in summer.

In this summer season / may we journey beyond the safety of our well-worn paths, / beyond our customs and habits, / beyond the comfort of our regular lives.

In this summer season / may we discover new creativity, new fervor, new insight; / may we discover in ourselves the spirit of the child that knows no limits and no boundaries, / the child who, every day, imagines the impossible / and sets off to achieve it.

In this summer season, / may we explore the borders of our lives, / the edges and the unformed spaces, / the wildernesses / the still wild places.

In this summer season, / may we establish new patterns where we have been longing for different ways of being, / new paths to go places our old paths will not take us.

In this summer season / may we discard old customs and habits if they have dulled our senses, / silenced our voice, / hidden our truth, / cooled our passions.

In this summer season / may we challenge ourselves to overcome any unnecessary limits we've set for ourselves, / to break through any unnecessary lines we have drawn around ourselves, to transgress any boundaries we've set for ourselves.

In this summer season / May we explore the borders of our lives, / where difference is welcome, / where tension and conflict are welcome, / where even a small dose of chaos is welcome, / where, in the midst of all of it, wisdom grows / and creativity thrives.

In this summer season, / may we explore the borders of our lives, / where nothing is quite as fixed as we'd assumed, / where old orthodoxies fail, / where order is tentative, / where simple dualisms just don't work, / where pointless rigidities are the butt of jokes, / where mixing and merging and morphing take place, / where old selves give way and new selves emerge. / where we are compelled to find common ground with our neighbors, / where we build, however we can, the beloved community, where we remember—because sometimes we forget—that we are related to the whole of life.

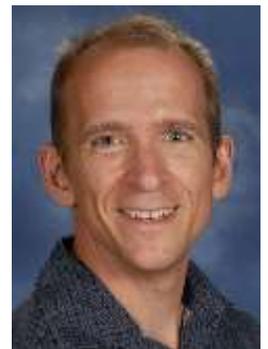
In this summer season / May we / journey, / discover, / create, / practice, / discard, / break through. / transgress, / challenge, / explore, / and remember.

Amen and blessed be.

I know there is much to worry about in the world these days. I know there is much that weighs on all our hearts. It is my fondest hope that in this coming summer season, you find time to feed your restlessness—to be the person you feel called to be.

With love,

--Rev. Josh



Reflecting on Our Year in Religious Education

Although I have been on the Religious Education Committee since 2014, this has been my first year as Chair and what an exciting and busy year it's been! On Sundays we have continued our monthly model of two Sunday mornings in the classroom, learning our religious education curriculum, one Faith in Action Sunday, where the children put UU Principles in action through social justice and community service projects (filling backpacks for recently released prisoners and taking a bumper sticker "Safari" are just a few examples), and one Sunday where children participate in a multi-generational service upstairs. On those months that have an extra 5th week we call on volunteers to help facilitate special activities with the children. This model is working well for us and we anticipate continuing with it. It brings the children up to the Sunday Service once a month and allows for more adult volunteers to commit to a little less time per month (two Sundays for teachers and one Sunday for the Faith in Action team), which fits more easily into many of their busy schedules. So if you've been thinking of getting involved with our younger crowd now's the time to jump in! We've got all kinds of opportunities to explore. (I just couldn't resist making a quick plug for recruiting potential RE Volunteers.)

In addition, on Sundays our 7th and 8th graders have been learning about human sexuality and relationships in OWL (Our Whole Lives) classes with our dedicated team of OWL teachers. (OWL is offered every other year.)

This year was the first year that the Youth Adult Committee was included under the umbrella of the RE Committee rather than being a separate committee. This merger bridges the gap that seemed to exist in the past between children in RE and those who have moved on to High School by making us a more cohesive group. We also adopted an Experilearn youth ministry program with the Youth Group and Junior Youth Group which has allowed us to experiment with new ways to extend fellowship among these groups beyond Sunday mornings through service projects and fun outings. The Youth Group often met outside of the traditional Sunday morning time, sometimes for lively discussion over a coffee, other times just for fun (most recently on a trip to the trampoline park). The Junior Youth Group also had

fun doing things like taking a ride on "Rails to the Darkside," collecting and delivering items for the Connecticut Humane Society, and participating in the March For Our Lives at the State Capitol. By all accounts both groups have been a success and we look forward to all the good times next year!

To round out our RE calendar we always like to host events that will be fun for kids of all ages and this year was no different! We camped out, did some Trunk-or-Treating, went Holiday Caroling, made chalices, played games, and ate ice cream just to name a few highlights. And we're not done. There's a Bike Rodeo coming up on June 3rd, after the 11:00 AM service, so "bring yer bikes and giddy up!"

Tammy Stolzman
Religious Education Chair

RE Summer Fun Sundays



Jun 24 (11 AM) – TBA

w/Tammy Stolzman

Jul 1 (10AM) – **Theatre Games**

w/Kate Bradway

Jul 8 (10 AM) – **Giant Bubbles**

w/Lyn Lawrence

Jul 15 (10AM) – **Crafts for Holiday Fair**

w/Michelle Spadaccini & Sharon Gresk

Jul 22 (10AM) – TBA

w/Jake Cournoyer

Jul 29 (10AM) – **T-Shirt Decorating**

w/Kristen Morgan

Aug 5 (10AM) – TBA

Aug 12 (10AM) – TBA

Aug 19 (10AM) – **Designing a Scarecrow**

w/Michelle Spadaccini & Carol Marion

Aug 26 (10AM) – **Super Slime Sunday**

w/Gina Campellone

Sep 2 **No RE** – Labor Day Weekend

The Policy Board's Column

A Message from Sylvia Ounpuu

During my first term as Membership Committee Chair at UUS:E, there were two of us from Stonehedge Lane who attended the monthly meetings. I would load Zoe (2 months old) into her car seat, grab copies of the agenda and a note pad and be off. Meetings started at my request at 7:15 PM to give me just a little more time to get home from a day's work, eat dinner and then set out again. At the meeting Zoe would be entertained in her car seat by the committee members, sometimes passed around and sometimes she slept. It was nice to have her with me! Zoe, and her older brother Nevin, actually joined me at a lot of meetings at UUS:E, and even at the UUA General Assembly one year. Zoe was generally good at falling asleep just about anywhere and Nevin, being a little older would either listen, draw, or read quietly while sitting nearby.

While it was hard at times and a little crazy, it was also important for me to show my kids that I was engaged as a volunteer in the communities that were important to me from my church and other groups that support causes that I was passionate about. Volunteering at UUS:E has also benefitted me. I have learned a lot about people and leadership and even finances! I have met and got to know many other members and friends who I would not have known otherwise. I have enjoyed working with others towards common goals as well as discussing and finding solutions to problems. And I have had fun! I also know that UUS:E would not be able to exist without volunteers. As I am not sure what would replace UUS:E if it were not in my life, I know I need to contribute to do my small part to help it exist and thrive.

Now as I end my most recent term (due to term limits) of leadership at UUS:E where I have served as Vice President for 4 years, it is an opportunity to reflect on this experience. Coordinating the monthly Program Council meetings, which is a gathering of all UUS:E leadership, has been a wonderful opportunity to better understand the breadth of UUS:E and its offerings and to meet and get to know the wonderful UUS:E leaders. One of my goals in this position has been to help committees support each other and work together in achieving their goals. In the VP role, I also

attend the monthly Policy Board meetings where I am involved in the many important decisions that help UUS:E move forward. I am grateful to have had this experience and will miss being in the "thick of all things" at UUS:E, and the people who I have worked with so closely. Thanks to UUS:E for these opportunities for me to grow and contribute to this wonderful community! Now I need to figure out what is next!

Sylvia Ounpuu
Vice President

Annual Meeting Results

The results of our Annual Meeting on May 20, included the following:

1. The congregation approved a resolution to become a sanctuary congregation. To find out about some of the implications of this, see <http://uuse.org/community/social-justice-activities-and-concerns/why-offer-sanctuary/>
2. The congregation adopted a new vision statement (below).

Unitarian Universalist Society: East will be home to a spiritually alive, richly diverse and growing congregation. We will send forth energy, spirit and strength into our beloved communities. We will love, be present to suffering, comfort, heal, bear witness to oppression, and boldly work toward social and environmental justice.

3. The congregation approved the Policy Board's proposed budget for the 2018-2019 fiscal year, which includes the hiring of a Membership Coordinator at 20/hours per week starting on January 1, 2019.

Leadership News from NLDC

(Nominating and Leadership Development Committee)

We'd like to welcome our newly elected leadership team for the 2018-2019 year:

Kevin Holian-Borgnis	first 2-year term Vice President
Kate Kimmerle	first 2-year term NLDC
Cressie Goodwin	first 2-year term NLDC
Lynn Dove	first 2-year term NLDC
Beth Hudson-Hankins	first 2-year term NLDC
Melissa Falb	first 2-year term Program Clerk
Deb Gould	first 2-year term Building & Grounds Chair
Lauire Semprebou	second 2-year term Policy Board Member-at-large
Anne Carr	second 1-year term Policy Board Member-at-large
Larry Lunden	second 2-year term Policy Board Clerk
Stan McMillen	third 2-year term NLDC (no term limits for this position)
Vivian Carlson	first 2-year term Personnel Committee Chair
Randy Stewart	first 2-year term Treasurer

It's not too late! We still need volunteers for the following positions:

- Denominational Affairs Committee Chair
- Pastoral Friends Committee Chair
- Stewardship Committee Chair
- NLDC (one position)
- Membership Committee Co-Chair
- Social Justice Committee Co-chair

Please contact a member of the Nominating and Leadership Development Committee if you are interested and please suggest someone you think should be considered. Thank you. Nancy Schwartz, Peter Marotto, Rhona Cohen and Stan McMillen

Donations Needed

Following is a list of items that are needed for the guest we will be welcoming into our Sanctuary in the near future:

- New or like new sleeper sofa or Sleeping futon
- Bed frame/ mattress & box spring (new or like new), size = double
- New or like new sheets & blankets
- New pillows
- Towels (bath + hand towel), washcloth (new or new)
- Table or small desk with chair
- Dresser
- Clothing rack (to hang items with hangers)
- Lamps
- Night stand
- Like new throw rugs, large area rug.
- Radio
- Night light and flashlight
- Lockable cabinet of some kind for personal items (including medications)
- Trash can/ waste basket
- Laundry basket
- Comfortable chair
- Bathroom/shower caddy for carrying supplies to/from bathroom
- Set of pots/pans for cooking
- Dishes, silverware, glasses, coffee cups, etc.

If you have any of these things that you would like to donate, please contact Susan Randolph (Susan.M.Randolph@gmail.com). Please, do not bring them to the church until you have been contacted.

Monetary donations are also appreciated. Checks may be sent to UUS:E with the word SANCTUARY in the memo line.

Meeting Notice - Know Your Rights

A "Know Your Rights" workshop led by Cressy Goodwin will be held at UUS:E on Thursday, June 14 at 3:00 PM and again at 5:00 PM.

This workshop explores rights and their limitations for immigrants who may be confronted with Immigration and Customs Enforcement (ICE) officials. It is intended for anyone who has an interest in the subject including immigrants, members and friends of UUS:E now that we are officially a Sanctuary Congregation, and any other members of the community who are concerned about immigration issues.

Get Connected! with UUS:E on the Web

UUS:E WEBSITE is located at <http://uuse.org>. Here you can find the latest news about our community and upcoming events, basic information about group and committee activities, Rev. Josh's sermons, and much more.

DIALOGUE FROM HOME is our ongoing virtual **talkback series** that continues online after each of Rev. Josh's sermons. Whether you want to read along, post your thoughts, and/or engage in dialogue about the topic, you are welcome to join this group. Request a password from Annie, the office administrator, to get access to the discussion. Email uuse153@sbcglobal.net.

FACEBOOK! UUS:E has two Facebook pages where members and friends can share all things UUS:E. Our main site is www.facebook.com/UUSEast. You can find out what's going on at UUS:E here. And please share our events on your own page to help spread the word about all of the great things we do!

We also have a second site, UUS:E Happenings, designed specifically to share ideas and events with others in the UUS:E community. Anyone can post here. Is your child going to be in a play? Are you performing a concert? Looking for people to hike with? Post it here! This is a closed group, request to join here:

<https://www.facebook.com/groups/587066578028806/>

MEETUP: We have started a Meetup page! Join our group! Find events, RSVP and more at: <http://www.meetup.com/Unitarian-Universalist-Society-East/>. If you'd like to add an event to the Meetup site, contact Carol Marion at cmarion333@gmail.com.

Rev. Josh has his own website located at <http://revjoshpawelek.org>

Catch up on his latest writings, community work, and more. You can also follow Rev. Josh on **Twitter @revjoshpawelek**, or connect with him at **LinkedIn** and **Facebook**.

Weekly e-blast: Contact Annie at uuse153@sbcglobal.net to be added to this weekly email of what's happening at UUS:E. Send submissions to SBarlow627@aol.com

Membership News



Greetings from the Membership Committee!

Reminder

With our annual appeal wrapping up, I'd like to remind everyone that almost everything that happens at UUS:E is done by one of US (and our small but amazing staff). This means that UUS:E doesn't just need your financial gifts, it needs your time and talent! Committee work is a great way to be creative, to get to really know other members of our congregation and to feel good about the things you accomplish as part of a team. It's fun! So please, look through the first few pages of the directory and choose a committee to visit for a meeting or two. They will be happy to have you!

Summer Picnic

Did you LOVE the fun and community at the auction? Did you miss it but hear how much fun it was? We can recreate the magic! All it takes is all of us to fill the tables. Be sure to save the date for the summer picnic! Sunday, June 24 at Northwest Park, at 12:30 PM We will have a summer salad taste-off, so watch for the sign up table in the lobby to enter your masterpiece.

Newcomer Socials

Join us on Third Fridays this SUMMER, starting in July. We'll share coffee, tea and dessert and good conversation! Because we meet at someone's home, these are adult-only events. If you would like to host one of the socials, contact Jennifer Klee.

Welcomers Needed!

We could really use a few more people to greet members, friends and visitors at the welcome table on Sunday mornings. This job is fun and easy and important. If you can help out, please contact Jennifer Klee at jenduv@sbcglobal.net

Refreshments

Have you picked a Sunday to provide snacks yet? The schedule is on the wall next to the kitchen serving window. All you need to do is drop the goodies off, the coffee team will serve them.

The Committee

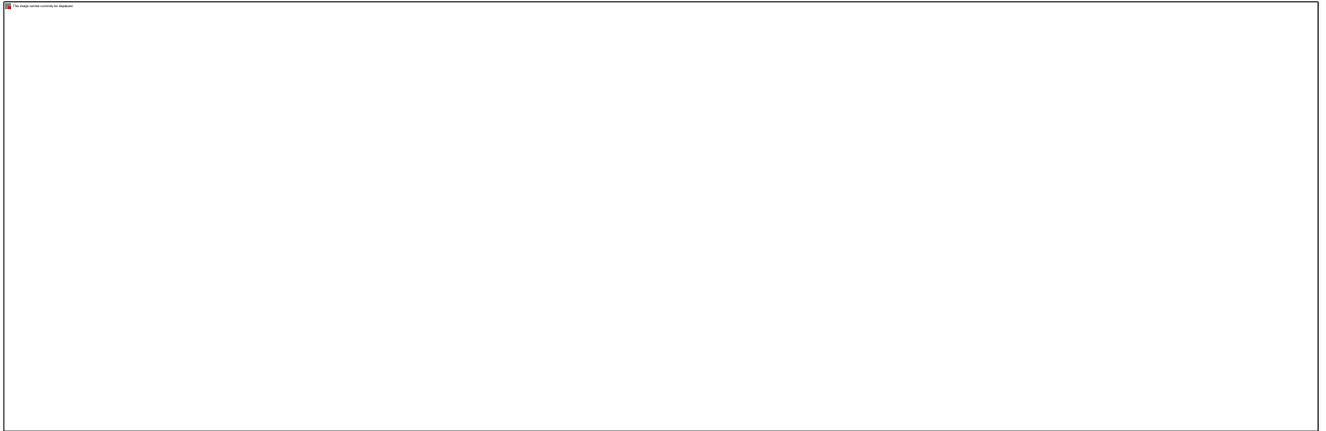
Are you interested in joining our busy (and fun) committee? We'd love to have you! Talk to Jennifer Klee or Edie Lacey, co-chairs, or any committee member: Susan Barlow, Gail Crook, Lisa Drexler, Louisa Graver, Jackie Heintz, Kathy Lee, Betsy Nelson, and Wilda Wyse to learn more.

New Member Sunday

We have a ceremony to welcome new members twice a year. The next one is on Sunday, June 3. RSVP to Annie Gentile in the UUS:E office at 860-646-5151. Contact Jennifer Klee with any questions (jenduv@sbcglobal.net). If you cannot attend one of these services but want to become an official member, you can "sign the book" at any time! Contact Rev. Josh to make arrangements.

Meet the Church

Visitors are invited to meet Rev. Josh for a brief overview of UUS:E, followed by a tour of the building and grounds. Meet in his office after each service. No RSVP required. Sunday, June 3.



UUS:E Summer Potluck Picnic

Sunday, June 24, 2018

Northwest Park, Manchester

New! Summer Salad Taste-Off

Do you have a specialty that everyone wants the recipe for? Or a family favorite? We'll have a friendly competition to find the best summer dishes!

The Details:

Sunday, June 24, 2018

12:30 PM/immediately following the 11 o'clock service.

What to Bring:

Anything and everything you like to eat at a picnic! Please list the ingredients in your dish to help those with allergies.

Burgers and hot dogs (both meat and vegan) will be provided. There will be a tip jar to defray the cost, suggested donation: \$1 per item/\$3 max per family as you are able.

Be green! Bring your own plates, cups and flatware to use at the picnic that you can take back home and wash.

Can You Help?

It will take a team to pull this off! Here's a one-off, no long-term commitment opportunity! We'll need help with set-up, clean-up, grill masters, and keeping things running. Have an idea? Let us know. Please consider chipping in to do one small job!

Questions?

Contact Membership Committee Co-Chairs Edie Lacey (elacey1@cox.net) or Jennifer Klee (jenduv@sbcglobal.net)



Books, Classes and Discussions

brought to you by...

The Adult Religious Education Committee

(Youth are welcome at all workshops. Childcare is available with one week's notice.)



Community Drum Circle

Third Tuesdays and Fourth Mondays
in the Sanctuary
7:00 – 8:30 PM

Open to all levels of ability and experience. Facilitator Mary Ertel provides djembe drums and other hand instruments, and you may bring your own.

Drum with intentionality, send good vibes out into the world!!

Contact Paul Cocuzzo at pcocuzzo@gmail.com or 978-270-2056 with questions or to reserve a drum.



Book Lovers

We meet every second Tuesday from 3:30 to 5:00, downstairs in the chapel area. Everyone is welcome—including friends from outside UUS:E. Even if you haven't finished the book, you are invited to the discussion. Books are selected by participants, and we try to choose books that are old enough to be available in paperback, or at least in public libraries.

- June 12: **Hillbilly Elegy**, by J.D. Vance
- July 10: **The Curious Charms of Arthur Pepper**, by Phaedra Patrick
- August 14: *Prodigal Summer* by Barbara Kingsolver
- September 11: **Unless**, by Carol Shields
- October 9: **Ethan Frome**, by Edith Wharton

For information: marlar@wordshard.com

UU Buddhists

First Tuesdays, Room 2

The Buddhist Group meets at 7:00 PM on the first Tuesday of each month, for meditation, dharma, and discussion. The June ministry theme is "restlessness." Contact Nancy Thompson nancythompson123@yahoo.com with questions.

Women's Sacred Singing Circle

Every Thursday from 7:00 – 9:00 PM, we will be singing in the sanctuary. All women and girls eight years and older are welcome to join our circle regardless of musical training or ability. Come when you are able, stay as long as you wish.



Sing, laugh, and be in community.

For more information, contact Jane Osborn: janeosb3@gmail.com

Yoga News

Come enjoy yoga at UUS:E!

The current yoga session with Susan Barlow is June 6 – August 1, (no class July 4), 11 AM – 12 noon. The current yoga session with Jessica De Carli ends June 4. Her next session begins June 11, 5:45-6:45PM. The end date will be determined later.

Come enjoy physical strengthening and emotional awareness. Bring a yoga mat or towel and wear comfortable clothes. All welcome, including beginners!

\$40 for the eight-week session or \$6 drop-in fee.

You can register with, and direct questions to:

- Jessica at jess.decarli@gmail.com
- Susan at SBarlow627@aol.com
- Or Annie at uuse153@sbcglobal.net

To read about their classes, visit UUSE.org.

<http://uuse.org/religious-ed/adult/yoga-classes>

Books, Classes and Discussions

continued



Community Kirtan

Kick off Summer with the return of **Music + Mantra**, Kirtan with Charlie! Join the fun on Friday, June 8, 7 PM, UUS:E meeting room. Enjoy the stellar musicianship of Charlie Braun and percussionist Charlie Kew and vocalist Brie Sullivan, as Charlie leads us in kirtan's fun and inspiring call-and-response style song or chant. Suggested donation is \$15, but no one is turned away. If you've never tried it, give yourself a treat. Experience kirtan firsthand! More information at charliebraun.com

Walk with Me—Intergenerational Poetry Walks

Sunday, 5/6, 10:25 AM
(Inclement weather cancels)

Join us for an informal, congenial poetry session. We'll walk about one mile over paved, hilly terrain along a portion of the East Coast Greenway. Bring a Mary Oliver poem to share if you like, but please come even if you don't want to read aloud. All are welcome, including children. We'll gather in the Meetinghouse lobby at 10:25 AM and convoy to our destination. Contact Susan Barlow at 860-808-7103 with questions or any problem finding us. Contact: Susan Barlow, sbarlow627@aol.com.

UUS:E Mental Health Ministry Summit

Saturday, June 23rd at UUS:E, 9:00 to Noon



All are welcome to attend UUS:E's spring/summer Mental Health Ministry Summit. This is an opportunity for anyone who lives with a mental illness, is in recovery from a mental illness, lives with and/or cares for someone with a mental illness, has a family member or friend with a mental illness, works as a health care provider to people with mental illness, or is just interested in the Mental Health Ministry, to meet with a committed, fun-loving group of people for fellowship, food and activities. If there are particular activities you'd like to engage in during the summit, or if you just have questions, contact Rev. Josh Pawelek at (860) 646-5151 or revpawelek@gmail.com.



Calling all Canners!

We need Jams and Jellies! Now is a great time to harvest for preserves for the 2018 Holiday Fair. If the weather is too hot for canning consider freezing the fruit or vegetable and canning it during cooler weather. We are also looking for Relishes, Salsas and Chutney. Remember that jars can be reused but must be thoroughly cleaned, including removing old labels. Please use new lids and bands. We also need used canning jars! Please leave them on the steel shelf in the janitor's closet next to the coatroom. Please contact Cory Clark at 860-597-9417 or clarkski107@hotmail.com or Joan Macomber at jmacomberjm@gmail.com with any questions/concerns, and with a description and quantity of jars you will be donating.

Green Sanctuary News

Meet Jenny Brown

Founder of Woodstock Farm Animal Sanctuary
Saturday, June 2, 4:00-6:00 PM

The Sustainable Living Committee is pleased to bring the inspirational Jenny Brown to Connecticut to speak about her experience running a farm animal sanctuary and learning from the hundreds of animals she helped rescue. Jenny Brown is the Founder of Woodstock Farm Animal Sanctuary in New York—one of the country's most recognized and respected sanctuaries for farmed animals. She previously worked in film and television, until she went undercover in Texas to document farmed animal abuse. That experience led her to dedicate her life to helping farmed animals, raising awareness about the plight of animals used and abused in food production. Jenny's story has been featured in the New York Times, Rolling Stone, New York Magazine, CNN, and more.

Jenny's talk will be preceded by vegan snacks and refreshments, and there will be opportunity for Q&A and discussion at the end. Jenny will have copies of her book, "The Lucky Ones: My Passionate Fight For Farm Animals," available for purchase and autographing. Please join us for this event which has been organized in tribute to SLC member and passionate animal advocate, Kat Dargan.

"Tech" Recycling at UUS:E

Bring your used (or no longer needed) inkjet cartridges and small items such as cell phones, pagers, GPS and radar detectors, calculators, eBook readers, iPods/MP3 players, iPads/tablets, small digital/video cameras to the Recycling Box in the lobby near the drinking fountain. Planet Green Recycle

<https://planetgreenrecycle.com/fundraising/> pays UUS:E for these items! We received \$53.25 from a recycling submission in April! Got questions? Email Duffy Schade: duffy@goodalehillpress.com.

Community Garden Update

The Peas & Love Community Garden is growing! Beds have been dug, seeds have been planted, compost has been turned, and mulch has been laid, thanks to our hard-working volunteers. Stop by and take a look at the peas, carrots, kale, collards, garlic, and radishes making their debut.



Bike Rodeo

Join us at UUS:E on Sunday, June 3, from 12:45 – 1:45 in the lower parking lot (near the Garden Level entrance.)

Bring your bike for a safety check, have a helmet fitting, learn about bike safety, tune ups, and maintenance, and have fun riding with your friends!

Contact Kristen (mamaspike@gmail.com) for more info.



What Should You Do in the case of FIRE or SMOKE at UUS:E?

Join the Emergency Preparedness Team on Thursday, June 7 at 1:00 PM in the Meeting Room where the team will welcome members of the Manchester Fire Department to discuss fire and smoke training, emergency medical situations, and six of the twelve annexes in the Emergency Preparedness Plan. There will be time to ask questions and to learn more about our important plan.

Sacred Dance Guild 60th Anniversary

Call (860)983 6705 or email (spiritmoon7491@gmail.com) Christine Joyner. Prices are \$231.00 including overnights and all meals. \$99.99 for commuters. We will dance to all kinds of music and create your own dances and poems or whatever you want. Chances to perform singly or in group! You can also go on line and see pictures, etc. Spend time with other dancers!!

Pastoral Care Message of Gratitude

The Pastoral Care Committee would like to thank the many volunteers who have contributed food and other help with the memorial services that have been held at UUS:E over the past twelve months.

Your contributions helped us offer a lovely table of refreshments, as well as ensuring that things went smoothly during these services. Thanks very much.

The Pastoral Care Committee is currently putting together a list of people who would like to volunteer with food, rides, cards and/or visits, for members and friends at UUS:E who are in need. If you would like your name added to this list, as an occasional helper, please let us know. You can leave a message with Annie at the UUS:E office about this.

Graduation Announcement

Kayla Bandtlow, granddaughter of Leslie Greene, graduated Lipscomb College with a B.S. in Psychology. She will be moving from Charlotte, NC to Denver, CO August where she will be working as a registered Behavioral Technician. She will be working one on one with autistic children to improve their social and communication skills.

Change of Contact Info

Leslie Greene has moved to 40 Olcott St., Manchester, 06040, and her cell phone number has changed to 860-461-3286.

NOTE: Do not use the phone numbers listed in the pink directory.

UUS:E History Memorabilia Search

Next year will be our 50th Anniversary as a society. We are looking for any materials you may have saved over the years, such as photos, slides, documents, videos, etc., that we can use during our celebration of this milestone. Please search your attics and garages or any place where you might have these items.

Please contact Joe Madar if you have anything to contribute. The intent is to create a digital history of our society, by having items scanned and returned to you if you wish. Items that can't be digitized will be archived as well.

Thanks for your help.

Joe Madar 860-647-8559

Engaging Our Community at Imagine Main Street, Manchester

Join us at Imagine Main Street in downtown Manchester on Thursday, June 7 from 5:30 PM – 8:00 PM for an Old Fashioned Stroll! The Growth Strategy Team is again partnering with Uniting for Safe Inclusive Community-Manchester to sponsor an informational booth and craft project for all ages. Bring your family and friends! Meet people in our community and help us spread the word about UUS:E. Look for us on the sidewalk near Katherine's Hair Design and Sean's Fine Jewelry between Brainard Place and Bissel Street. Hope to see you there!

Next month, Imagine Main Street is on Thursday, June 7, and the theme is Old Fashioned Stroll. More details to follow!

Art Show

An opening reception for the art show "Flights of Fancy: Mixed Media Imaginings" by Jeannette LeSure will be held in the UUS:E meeting room on Saturday June 9, from 6:30 to 9:00 PM Jeannette's watercolor collages are inspired by her sense of wonder and love of New England, but filtered through dreams and imagination. The reception is free and refreshments will be served. Jeannette's artwork will be on display for the month of June. All are welcome.



8

Emergency Preparedness #8 Temporary Sheltering of Members

Our newly authorized Emergency Operations Plan defines actions to be taken when a critical situation occurs on the property. This "all hazards plan" identifies twelve situations that could risk personal safety or property damage. Each emergency situation is designated as an annex with specific instructions. Let's look at Annex F: Temporary Sheltering of Members.

DID YOU KNOW...

...members without power or fuel are able to stay in the building during business hours for cooling in summer or warming in winter?

DO YOU KNOW WHAT TO DO WHEN A MEMBER SEEKS SHELTER?

The following procedures are to be followed:

1. It is requested a call be made to the office in advance.
2. It is understood there are no generators, cots, blankets, food or medical supplies available,
3. Sheltering is possible only as the building has electricity and water supply available.
4. The kitchen may be used if personal food is brought in.
5. Before leaving to go home, the individuals will sign out at the administrative office.

UUS:E GENERAL INFORMATION

UUS:E Office Schedule: Monday-Friday, 8:00 AM - 4:00 PM

Meetinghouse Office: 860-646-5151

Office Administrator: Annie Gentile email: uuse153@sbcglobal.net

Minister: Rev. Joshua Pawelek 860-652-8961, revpawelek@gmail.com

OFFICE HOURS: Tuesday 10 AM to 7 PM and Thursday 10 AM to 4 PM

President: Rob Stolzman, 907-268-1871, robandtammylee@yahoo.com

Director of Religious Education:

Gina Campellone, 860-875-8468, UUSE.REdir@sbcglobal.net

Newsletter Editor: Paul Cocuzzo, 978-270-2056, uuse.nletter@sbcglobal.net

Website Coordinator: Carol Marion 860-643-8765, uuseweb@gmail.com

World Wide Web address: <http://uuse.org>

July Newsletter Deadline:

June 20

Unitarian Universalist Society: East
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Manchester, CT 06042