

Unitarian Universalist Society: East

Member of the Clara Barton District of the Unitarian Universalist Association



Unitarian Universalist Society: East is a welcoming, open-minded, spiritual community seeking truth and meaning in its many forms. We share responsibility for building a more equitable, peaceful, and sustainable world.

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Sunday Services Schedule

June Ministry Theme: **Journeys**

Services at 9:00 and 11:00 AM

June 4: "Reinventing the Sacred."

Rev. Josh explores the potential for a new definition of God based on the research by the biologist Stuart Kauffman. (This sermon was purchased by Fred and Phil Sawyer at the 2016 UUS:E Goods and Services auction). We will also perform a "bridging" ceremony for our graduating high school seniors.

Coordinator: Rev. Josh Pawelek

June 11: "Religious Education Sunday."

It's been a year filled with exuberant, enthusiastic learning in RE. Join us for a celebration of the UUS:E Religious Education program and help us show our gratitude to the awesome volunteers whose energy and dedication make it all possible.

Coordinator: Gina Campellone

June 18: "Recovering Self-Reliance."

Conservative Nebraska Senator Ben Sasse has received high praise for his recent book, **The Vanishing American Adult: Our Coming-of-Age Crisis—and How to Rebuild a Culture of Self-Reliance**. Rev. Josh reflects on 21st-century parenting and wonders how Sasse's use of the term "self-reliance" compares to Ralph Waldo Emerson's 1841 essay "Self-Reliance."

Coordinator: Rev. Josh Pawelek

June 25: "Returning to Faith: A UU Perspective."

Many of us were brought up in one religious tradition, left for a variety of reasons, and later returned to faith through Unitarian Universalism and UUSE. What are these journeys like? Explore this question and others as we look at what draws us to our faith tradition and our congregation.

Coordinator: Marsha Howland

2016-2017 Ministry Themes

July	Truth
August	Vocation
September	Transformation
October	Suffering
November	Abundance
December	Joy
January	Evil
February	Love
March	Surrender
April	Reconciliation
May	Devotion
June	Journeys



Sunday Service Flowers

The signup sheet for flowers is in a binder in Annie's office. Please make sure you check off the box, indicating whether you want to take the flowers back home with you or have them donated. The contact person for delivering donated flowers is Cyndi Krupa, 860-986-1957, cyndikrupa@sbcglobal.net



Recorded Services Available

Many of the Sunday Services at UUS:E run on the three community access channels (Cox in Manchester, Community Voice Channel in Bolton, and Charter Communications in Windham). The DVDs are available at UUS:E, and you can sign out the programs you were unable to see. Audio CDs are available one week after each service, and as a download from Jane, our sexton, if you provide a flash drive (USB port).

Community Outreach Ministry

Charitable Giving for June 2017

As always, thank you for your generosity.

"We do not gather our gifts only for ourselves, but to share with the larger community."

Continuing our practice of sharing our gifts with the community beyond our walls, the recipient of fifty percent of our Sunday plate collections for the month of June will be split between **True Colors**, with headquarters in Manchester, and **Mary's Place**, located in Windsor.

True Colors Sexual Minority Youth and Family Services is a not-for-profit organization working to eliminate the stigma associated with sexual and gender minority status and to ensure that the needs of the LGBTI community are competently met by those responsible for our education, health, and well-being. True Colors sponsors the largest sexual minority youth conference in the nation.

Mary's Place, a non-profit organization located in Windsor, provides a safe place in which children, teens and families who are grieving a death share their experiences, receive support and find comfort. Recognizing that after a death families may experience financial concerns, Mary's Place does not charge a fee for its services nor do they receive any state or federal funding. All programs are supported solely through donations

Please contact Louisa Graver at Graver30@att.net, David Lacoss, or Nancy Madar at nancymadar@hotmail.com.

Checks made out to UUS:E will be treated as follows: If the memo line:

- ✓ is blank or "pledge" is written, all will go toward your pledge.
- ✓ has "COM" or the name of the charity is on the memo line, all will go to the charity.
- ✓ has "1/2 pledge, 1/2 COM," it will be divided equally.

2016-2017 COM Recipients

July

Three area food pantries

August

Kado Pet Foundation and Hartford Higher Education Consortium (CT-JAG)

September

KidSafe CT and Families in Crisis

October

Free At Last Players

November

Manchester Senior, Adult and Family Services

December

Three area shelters

January

Manchester Community Refugee Resettlement Group (MCRRG).

February

Operation Fuel

March

Rebuilding Together (Manchester) and Communitas

April

CT Alliance to End Sexual Violence and Covenant to Care

May

MARC and MARCH, Inc

June

Mary's Place and True Colors

Stop and Shop Fundraiser

Please consider buying these cards—the more sales we do, the more it helps UUS:E to fund its programs. It is also a very good way to volunteer your time to sell them. Easy to do and not a lot of time is required. Please call Gail Crook at 860-649-9508 or via email at e.gail.crook@gmail.com if you'd like to volunteer or have questions.



The Minister's Column: Hallelujah!

Dear Ones:

The following meditation, entitled "Cooling Down," is adapted from our new publication, **Here the Earth Call**.

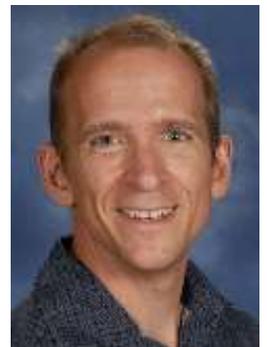
Summer approaches in earnest. May's cool, dry, sunny days give way to June's drenching, muggy heat. We melt. We wither. We stick. We shrink. We welcome any rain, any breeze. We welcome an ice-cold drink of anything on these hot, humid June afternoons. Whatever cools us down we welcome: lemonade, ice cream, popsicles, freeze pops, Italian ice, gelato, sherbet, sorbet, swimming pools, fountains, sprinklers, shade, shadows, clouds, dusk, sunset, evening, vespers, twilight, night, A life of the spirit is like this. So often our greatest spiritual insights, our greatest truths, those elements of human experience that link us to the sacred and the transcendent—love, beauty, sorrow, joy, suffering, death—so often they too inhabit the cool places, the dark places. So often we encounter them in the life-giving shade, the cooling rain, the gentle breeze, the roaring thunder, the darkening night, the deepening dream, the widening ocean, the quenching of our thirst. So often we encounter them not in the glaring light and blazing heat but in the cool, dark places where we perceive less with our minds and more with our hearts.

As summer approaches, as the temperature and humidity continue to rise, along with our anxieties about what things cost, about war, about violence, about the earth; as we welcome that which cools our bodies, may we also welcome that which soothes our spirits. In our moments of spiritual melting, withering, sticking and shrinking may we welcome, too, those insights, those truths, those sacred and transcendent experiences that provide respite from whatever wears us down and dries out our souls. May we welcome and drink in the deepest truths of our lives, like the sip of a cold glass of lemonade, out on the porch, as a cool evening breeze begins to whisper on a hot June night.

Hear the Earth Call is a collection of my nature writing, accompanied by the photography of Duffy Schade, and designed by Sharon Gresk. The first printing will be arriving soon. If you have not yet purchased a copy and would like to, please contact the UUS:E office. All proceeds from book sales go to UUS:E.

Our ministry theme for June is "journeys." As summer approaches, as the heat and humidity rise, it is my hope and prayer that each of you, in the midst of whatever journey you are on, has the opportunity to pause and to find rest, respite, insight and wisdom in the cool places, in the afternoon shadows, the evening breeze, the silver night, the morning dew. May the coolness refresh you and make you ready to continue on your way

With Love,
Rev. Josh



From the Outgoing Religious Education Chair

A Message from Beth Corsa

My first stint as RE Co-Chair came in 2006-2007 when Vicki Merriam was the long-time Director of Religious Education (DRE). We had a somewhat different program then. At the tail end of Vicki's tenure, April 2014, I volunteered again because I thought it was important to help guide the committee and the program through the transition. As you may recall, we established a Transition Team, which I also served on, and hired a UUA-affiliated consultant. We have come a long way in the past three years by taking some risks, remaining flexible and assessing what works and what does not. I don't write this to pat myself on the back, rather to state in a beloved community such as ours, there is always the need for people to step up. When you get involved everyone benefits and you, the volunteer, can experience personal growth as a human being.

It was amazing to be part of the process which has landed us firmly where we are today. Sunday after Sunday reaffirms that we made a wonderful choice in hiring Gina Campellone as our DRE. Gina has expertly and lovingly put her vision into place and we are fortunate to have her. I'm grateful to have had the opportunity to work with her and witness her develop into a professional DRE. It has been an honor to serve as the Religious Education Committee chair these past three years. In that time the program has seen some significant changes.

Besides hiring Gina, we changed to a longer "school" year model, hired a Nursery Coordinator to offer consistency and organization to the nursery, and we offered more multi-generational services. On non-teaching Sundays the kids would gather together for Cooking for a Cause (last year) or to learn Spiritual Practices (this year).

Just recently we blended with the Youth Advisory Committee (YAC) as we take a year to experilearn and figure out which path we want to take going forward and how best to serve the youth of our community. We also had a very new friend of UUS:E seek us out to serve on the committee. I'm appreciative of the time and effort the current and new committee members put into the program.

Although my interactions with teachers and the kids and youth is somewhat limited, I would also

like to recognize them. We have inquisitive, compassionate children and youth who are receiving a top-notch liberal religious education. None of this would be possible if it were not for the teachers who give graciously of their time each Sunday.

Volunteers are always needed in different capacities in the RE program. Talk to someone on how to get involved. Even though I am the outgoing chair, I'm happy to meet new families or talk with prospective volunteers. Gina is of course around a lot and can provide more in-depth knowledge about our curriculum, programming and philosophy. Emmy Schultz is our newest employee and is a friendly face in RE that can answer your questions. If you haven't met her yet, c'mon down to the garden level to say hello.

All my best for the continued success of the program.

Beth Corsa

Religious Education Chair

RE Summer Fun Days

Sun **Jun 25**, 11 AM service

☀ Lyn Lawrence, **Giant Bubbles**

Sun **Jul 2**, 10 AM service

☀ Emmy Schultz, **Patriotic Painting**

Sun **Jul 9**, 10 AM service

☀ Tammy Stolzman and Jeanne Worthen,
Something Sciency

Sun **Jul 16**, 10 AM service

☀ Michelle Spadacini, **Self Care/Self Massage**

Sun **Jul 23**, 10 AM service

☀ Jake Cournoyer, **Arts and Crafts**

Sun **Jul 30**, 10 AM service

☀ Beth Corsa, **Paper Projects** (origami, collages)

Sun **Aug 6**, 10 AM service

☀ Kristen Morgan, **T-shirt Decorating**

Sun **Aug 13**, 10 AM service

☀ Emmy Schultz, **Grapevine Wreaths**

Sun **Aug 20**, 10 AM service

Nicole Bornhorst, **Nature Crafts**

Sun **Aug 27**, 10 AM service

☀ Gina Campellone, **Art Extravaganza**

Sun **Sep 3**, 11 AM service

☀ TBD (Labor Day weekend)

Visitors and Newcomers

Welcome!

We hope we had a chance to greet you when you first visited. Please stop by the welcome table inside the front door to speak with the person there or join in at the Newcomers Café during coffee hour. You can also contact membership co-chairs Edie Lacey at elacey1@cox.net or 860-481-1922 or Jennifer Klee at jenduv@sbcglobal.net or 860-875-1285.

Newcomers Social

Join us on Third Fridays! Newcomers, new members, and those who want to meet new people, are invited to a friendly evening of coffee, dessert, and socializing at Susan and Malcolm Barlow's Manchester home. Bring a short reading or poem to share with the group. Plan for a few relaxed moments at the end of your week. Info & RSVP: sbarlow627@aol.com. Due to logistical constraints, this event is for adults only. P.S. The reading doesn't have to be religious or even serious; maybe something you're reading or a favorite quote or song lyric. Third Fridays, June 16, July 21 and August 18 at 7 PM.

Intro to UU

Our next class will be in September. Keep an eye out over the summer for the date!

Meet the Church

Visitors are invited to meet Rev. Josh for a brief overview of UUS:E, followed by a tour of the building and grounds. Meet in his office after each service. No RSVP required, watch for announcements in the order of service.

Date: 6/4

New Member Sundays

We will have a ceremony to welcome new members twice a year. RSVP to Annie Gentile in the UUS:E office at 860-646-5151. Contact Jennifer Klee with any questions (jenduv@sbcglobal.net). The next one will be on ??

If you cannot attend one of these services but want to become an official member, you can "sign the book" at any time! Contact Rev. Josh to make arrangements.



Announcing a New Playgroup at UUS:E

Are you looking for a relaxed playgroup? Do you know someone with a child under 3 years old, who could use the support of other parents and free programming during the week for their young child? Read on to find out more about a new playgroup being offered at UUS:E.

Please join Religious Education Assistant Emmy Schultz in the nursery every Wednesday from 9:30 to 11, with your child age 3 or younger for a fun and inviting playgroup. (Older siblings are welcome to be in the classroom next door. An adult volunteer will be supervising any older children.) The group had their first meeting on April 26, but new folks are welcome to join at any time.

The playgroup is open to the public and welcomes all caregivers.

Upcoming programs include:

- Big book storytelling with finger puppets
- Crafts and fine motor activities for babes and tots
- Sign Language
- Music sing along
- Baby-wearing 101
- Teddy Bear picnic lunch (extended time, BYO lunch)
- Nutrition/Feeding Q&A with Breastfeeding USA and La Leche League counselors
- First Aid/CPR

Please email Emmy at UUSE.REasst@sbcglobal.net with any questions.

Membership News



Greetings from the Membership Committee!

Summer is almost here although this rapidly changing New England weather of late has been a little crazy. There are a few “end of the year” events going on at UUS:E and I hope you will go to one or two or all!



The **Spring Fling Goods & Services Auction** is on June 3. For those who are not familiar with it, here’s how it works—members of the congregation donate all sorts of things and they are auctioned to raise money for the society. Many are activities, classes and dinners that provide great opportunities to get to know each other. In addition, the auction itself is a fun evening with socializing and food and drink. Childcare is available as well (call Annie). I encourage everyone to come!



The **Summer Picnic** is going to be right here on the UUS:E grounds this year on Sunday, June 25 right after the second service. This is our last Sunday of two services before we switch to one for the summer. We can’t make it much easier for you to come, so please do! There will be activities for young and old, and we’ll have a chance to say “have a nice summer” to each other.

Sunday Morning Teams

We will be setting up our Sunday morning teams over the summer to take care of welcoming visitors at the welcome table, greeting (distributing orders of service, passing the mic, and taking the collection) and hospitality (the friendly folk who make the coffee). To make it simpler, we ask people to commit to one set service a month, for example, second Sundays at 11. That’s only 11 times a year (you get a month off in the summer) and the team members are very flexible about swapping with each other as needed. We will also have training as a reminder for the veterans and to bring “newbies” up to speed. We would love to have some new faces join us! Contact Louisa Graver for greeters, Jennifer Klee for welcome table, and Jackie Heintz or Edie Lacey for hospitality.

As always, I encourage you to check the calendar and come to an event or two, or review the committee listing in the front of the directory and pick a committee to try out. They’d all be happy to have you.

The Committee

Are you interested in joining our busy (and fun) committee? We’d love to have you! Talk to Jennifer Klee (jenduv@sbcglobal.net) or Edie Lacey, co-chairs, or any committee member: Gail Crook, Louisa Graver, Jackie Heintz, Wilda Wyse, Susan Barlow, Kathy Lee, and Betsy Nelson to learn more. Talk about the various committees we have and other opportunities for service and suggest ways he/she might like to become involved.

New Member Profiles

Barbara Vizoyan



Barbara came to Connecticut with her son Jeff, then 5, by way of a new job. She came to the Unitarian Universalist Meeting House by way of a Roman Catholic upbringing. The Catholic faith and parochial school were a constant in a childhood of moving from one state in the South to another due to her father's work with the Defense Department. When the family moved up North, back in the day it was culture shock. Her mom left the grocery store and the groceries because the cashier was so "rude."

After Barbara got her graduate degree in New York City she stayed to pursue her career, mostly on Wall Street. The move to Connecticut brought not only a new job, but a change in direction from the corporate world to a university environment. She has been retired from the University of Connecticut for 3 years.

Her passion is protecting the environment. UUS:E has provided a venue for activism through the Sustainable Living Committee. She loves to visit Connecticut waterfalls and places of nature. She travels within the country and abroad whenever possible. She also enjoys reading Italian short stories in Italian, historical mysteries set in foreign lands, and foreign films. She volunteers for the Arts Center East in Vernon. She loves art but is a groupie rather than an artist.

After years of seeking a spiritual connection that included community she finally found Unitarianism through a friend. About 2 years ago, she attended a UU workshops series and decided to attend Sunday services because she found a spiritual home.

Chris Larson



Chris grew up outside of Pittsburgh, PA. She moved to Mystic, CT, then Montville, and finally settled in Manchester 35 years ago. She has had various jobs and careers—everything from selling kites to massage therapy to graphic arts at an insurance company. She retired from the insurance company, sold her house, moved to an apartment and became a grandmother for the first time—all in January of 2017.

She has two sons, both married and living in Colorado. Her wonderful granddaughter is four months old, so she will be making many trips to Colorado.

Her artist studio (aka basement) is one of her favorite places. She also loves to garden, read, hike and bike. Tai chi is her preferred form of meditation. Chris has volunteered with the Manchester Art Association for many years, currently as president.

She grew up in the Catholic tradition, and as a result, lost interest in religion. She became interested again through talking with people and reading spiritual books. At UU, she found a community of compassionate, caring, interesting people and stayed!

Ed and Shirley Biewald



Ed and Shirley Biewald moved to Manchester in January from Hamden where they were members of the Unitarian Society of New Haven (USNH) for 58 years. During that time they developed close ties as they served the church in many capacities. Shirley was active in the social activities and membership committees, was president of the Women's Association and clerk of the church, sang in the choir, and taught in the religious education program. Ed was active in the Men's Group and was very effective as a welcomer of newcomers. Together they hosted 70 potluck dinners in their home. They have many friends in the Hamden area including John and Linda Pawelek, Josh's parents. Shirley was Josh's Sunday school teacher when he was in fifth grade.

Ed grew up in Ansonia, and Shirley is a Manchester native. Her family has roots that go deep in local history with her great-grandfather owning much property in the South Main, Lewis, and Warren streets area. She graduated from Manchester High School in 1951. The two met at the Teachers College of Connecticut in New Britain in 1952 and were married after Shirley graduated in 1955. Their first teaching jobs were in Litchfield, where Ed taught woodworking and drafting and Shirley taught 8th grade English and U.S. history. They had an apartment across the street from the school. That idyllic situation was interrupted by a call from Uncle Sam for Ed to serve in the Army. By the time Ed was discharged, another Biewald was on her way into the family—their daughter, Connie. She and her three siblings—Bruce, Kurt, and Willa—acquired their Unitarian spiritual base in the USNH Religious Education program. The older three now live in Cambridge, and Willa appropriately lives in Willimantic. A circle of ten grandchildren rounds out the family.

Ed continued to work in education, teaching classes from fourth grade through graduate school for 41 years. Shirley stayed home with the kids until Willa was in school. Then she began a long term of volunteering Ed and Shirley Biewald—12 years in Hospice Home Care, 8 years with Girl Scouts, many years of church work—and then 6 years of substitute teaching. About two years ago it became apparent that it would be wise to make a move to a smaller place nearer to their family. After a lengthy search they found Arbors, a long-term retirement community in Manchester. It was clear at first sight that it would be a good choice for them. After only three months, and thanks in large part to people at UUS:E who have befriended them, such has proved to be the case.

Heather Alexson with Jayson and Willow



Heather is a native New Englander. She grew up in Portland, CT, and has lived in Willington for the past 15 years. Those 15 years she has been very happily married to her best friend of 22 years, Jayson.

Her spiritual journey includes being baptized and confirmed a Roman Catholic, with some remnant Celtic pagan traditions woven in from her Irish maternal elders. Her adult journey explored deeper into her pagan traditions and the discovery of Buddhist philosophy.

Heather has a Bachelor's degree in biology and anthropology, of which she focused on ecology/evolutionary biology and archaeology, respectively. Her earlier professional life revolved around small and large animals: veterinary medicine, training in agility, tracking and herding, foster and rescue. During that period, she also worked part-time as a contract archaeologist for the Mashantucket Pequot Museum. After a short time in pharmaceutical veterinary research, she learned her heart was always in academia and archaeology. She began a new career as a professional archaeologist for a private cultural resource management firm in Storrs, CT. When her daughter was three, she left the profession full-time to become a stay-at-home and homeschooling mom. She volunteers with the Friends of the Office of State Archaeologist and as an independent historian and archaeological consultant.

Heather loves the outdoors and natural history. She was in CTDEEP's pilot Master Naturalist program through CFPA and Goodwin Forest. She feels that her lifelong love of nature and natural history has come to fruition as an outreach educator. This fall

she is a brand new 4H project leader volunteer, starting a group focusing on natural history and environmental science stewardship. When not busy homeschooling her daughter and volunteering, she is reading, writing, illustrating, hiking, or caring for her horses and animal menagerie.

Heather was introduced to UUS:E through fellow homeschooling parents when she started looking for an inclusive community for her daughter, Willow, to discover and explore her own spiritual journey. She feels she has found her tribe and looks forward to being a part of the UU community

Ryan and Jenn Ford



Ryan and Jenn were both born and raised in South Florida and met each other in high school band. They moved to Manchester in 2002 when Ryan began his master's degree at the Hartt School of Music.

Jenn has a bachelor's degree in advertising from the University of Florida and works in internal communications at The Hartford. Ryan went on to earn his doctorate in music at the Hartt School and is an orchestra director in the Simsbury school district and also plays in many Connecticut symphonies like Eastern Connecticut, New Britain and Waterbury. Ryan has recently begun playing the Irish fiddle and Jenn, a registered adult yoga teacher, is currently completing a kids' yoga teacher training program and has begun teaching kids yoga.

Ryan and Jenn have been attending UUS:E on and off for over ten years but their family has been regularly attending over the past two years. They have two daughters who attend religious education at UUS:E. Margeaux is six and is in Superheros and Simone is four and is in Spirit Play. Ryan can often be found playing the bass for services and Jenn enjoys volunteering with the religious education program.

Pamela Johnson & Carl



Pamela currently lives in Ellington CT near Crystal Lake. She grew up in a similar community in Amherst, NH on Baboosic Lake. She was raised Catholic by a liberal Catholic mother and a Unitarian father. Her paternal grandmother was actually the RE Director at their local Unitarian church before it became UU. It was definitely not a traditional Catholic upbringing but Pamela is proud of her Catholic background and values what she has learned from it.

For a long time she has realized that her personal beliefs and values do not line up with those of the Catholic Church. She has a 5 year old son Carl (the precocious blondie you may have seen) and has been seeking a religious home that will be accepting of them both. Pamela's father (also named Carl) used to drive her to her religious classes as a young girl. He was a teacher and together they would talk about the lessons she learned. Over time she realized that her religious beliefs had a strong UU component to them, so she began exploring the religion when her son was born.

Pamela went to Regis College for undergrad and UConn for grad school. She has a Master's in Public Health and has spent her career as a biomedical researcher. She currently works for Hartford Hospital in Research Education. She is the only member of her family who is not a teacher. However, she has the word education in her title so her family insists she is not as unique as she claims to be.

She is thrilled to be ready to take the next step in membership of this community by "signing the book." She wants to thank all of you for being so welcoming of both her and her son.

Peggy Webbe



Peggy Webbe has been a committed, part-time attendee at UUS:E since 1999. Always intending to "sign the book," retirement in early 2015 became the catalyst for embarking on new life activities, including greater involvement at UUS:E.

Raised in the Western U.S., the youthful Peggy dreamed of what the "big world" outside of the Mormon cocoon was like. At 21 she moved to New York City to study flute with NY Philharmonic flutist Julius Baker. The professional music world proved to be a harsh way of life and she returned to Utah to earn degrees in U.S. history and social work. Never abandoning her love of music, Peggy still plays the flute, cello and piano in four different groups. Her other passions include gardening, reading and perpetually finishing her dream house in Tolland.

Peggy spent most of her professional life as a corporate lawyer for UTC. She loved helping her corporate clients solve legal problems, but also never forgot her social work roots. Now in retirement, Peggy is combining both professions working as a volunteer attorney for Legal Services (Legal Aid) in Willimantic, CT assisting the elderly who fall prey to the myriad financial scams prevalent today.

Peggy's spiritual journey has been one of emerging from the heavy hand of Mormonism. First she tried the Episcopal Church, but reading books and exploring the Internet led her to conclude that Unitarian Universalism was most closely aligned with her core belief that one should never stop striving for self-improvement and seeking the greater truth. The key to Peggy's spiritual commitment is an ardent adherence to vegetarianism. A visit to Asia over twenty years ago led to her vow to never eat another animal's flesh, and she happily hasn't since making the vow.



Free Concert

June 14

New York City

On **Wednesday, June 14, at 6:00 PM**, Mary Bopp's ensemble, **Chamber16**, will present a concert: "Embodied: Dances of the Soul" with Sharon Gunderson, violinist, Leah Coloff, cellist; and Hannah Barnard, choreographer/dancer at the **New York Public Library of the Performing Arts at Lincoln Center**. The event is free to the public. Free tickets are available one hour prior to the event.

Special One-Time Performance



Free at Last Players

Saturday, June 10, 7:00 PM at UUS:E

The Free at Last Players is a not-for-profit theater group dedicated to dispelling the myths and misconceptions that surround mental illness. Founded in 1989, the group has performed all over Connecticut and the United States with shows consisting of songs, poems and skits created by the group's members. The group consists of members who—whether they are mentally ill or not—recognize that everyone has strengths and weakness, that everyone deserves to be seen and respected. We warmly welcome the Free at Last Players back to UUS:E. A question-and-answer period and reception will follow the performance. A free will offering will be taken.

Save the Date!

UUS:E Mental Health Ministry Summit

Saturday, September 16 at UUS:E, 9:00 to Noon



All are welcome to attend the UUS:E fall, 2017 Mental Health Ministry Summit. This is an opportunity for anyone who lives with a mental illness, is in recovery from a mental illness, lives with and/or cares for someone with a mental illness, has a family member or friend with a mental illness, works as a health care provider to people with mental illness, or is just interested in the Mental Health Ministry, to meet with a committed, fun-loving group of people for fellowship, food and activities. More information to come. Questions? Contact Rev. Josh Pawelek at 860-646-5151 or revpawelek@sbcglobal.net.

Searching for a Used Car

Former UUS:E member, Blaine Ericson, is in search of a used car. Blaine joined UUS: E in 1992. Blaine became disabled in 1994 from a brain tumor. Since then he has had to deal with a variety of medical issues, including complications from diabetes and heart disease. His sole source of income is a monthly Social Security Disability payment.

He recently learned that his 1997 Mercury Sable is in need of repairs that are well beyond his ability to afford. Given that this car will likely need ongoing, expensive maintenance, Blaine is now looking for a new (used) car. His car is his lifeline. It enables him to run errands and get to medical appointments, and even attend UUS:E events from time to time. While he has help with some rides, he is hopeful that someone in the UUS:E extended family may be aware of an available, reliable used car.

If anyone has a lead on such a car, please contact Rev. Josh at 860-652-8961.

Thanks!

Please join us for a

UUS:E Overnight Camp Out!

What: A UUS:E Camp Out! We will camp out in tents, play games with friends, and enjoy a roaring campfire! All ages welcome!

When: Friday 6/16 at 6 PM through Saturday 6/17 at 11 AM.

Where: Right here at UUS:E! We will set up camp in the grassy field beyond the Memorial Garden.

Questions? Please contact Nicole at nbornhorst@gmail.com to RSVP and for more information.



Shakespeare Lovers Take Note!

Capital Classics, the **Greater Hartford Shakespeare Festival**, presents **Love's Labour's Lost** this summer, a rambunctious and sometimes silly play about the battle of the sexes and other still-relevant themes. The productions take place on the beautiful grounds of University of St. Joseph in West Hartford on 3 weekends (Thursday through Sunday), **July 13 through July 30**. (In case of rain, the show moves indoors to the theater in the Carol Autorino Center--so don't let weather worries hold you back!)

Pre-show entertainment ranges from talks by Shakespeare experts from local colleges, music by the Elizabethan Consort, break dancers from the Hartford Stage Teen Company, prize give-aways, Ben and Jerry's ice cream, and other fun events.

Ticket information: <http://www.usj.edu/arts>. If you come in a group of 10 or more, ask for the **10% group discount**. And if you contact Nancy Simonds (860-254-5418), she will make sure the UUS:E group gets a shout-out from the microphone during opening announcements!

So, bring your picnic and your lawn chairs and prepare to enjoy Shakespeare under the stars. It's a wonderful way to spend a summer evening...



The Big Easy

Considering a visit to New Orleans? Curious about our largest UU gathering of the year? Please think about being a delegate to the UUA General Assembly, convening in New Orleans from June 21 – 25. Wonderful worship, stimulating workshops and significant social action... all taking place with thousands of other committed religious liberals! See more at www.uua.org/ga. Registration and housing options opened March 1, prices went up on May 1. For information—or to talk about being one of the five UUS:E official delegates—please contact Nancy Pappas at 860-643-8082 or nanapap338@aol.com.



Calling All Poets

The Sunday Services Committee is planning to have one—or possibly 2—summer services based on poetry. If you have written poetry that you would like to share, along with a talk about how poetry enriches your spiritual life, why you write, and/or how you write, please contact Martha Larson as soon as possible (marlar@wordshard.com). We are especially interested in hearing from people who have not shared their poems before, but would also welcome former participants.



And Music Lovers

If you would like to share a few words about a favorite song or hymn we sing on Sunday mornings at UUS:E, please let Martha Larson know ASAP. Our Annual "Favorite Hymn" service will be coming in early summer.

White Supremacy at UUS:E?

A reflection from the Social Justice / Anti-Oppression Committee

With all we do to foster positive relations and support for people of the global majority, how can Rev. Josh (in his May 7 sermon) possibly say we are susceptible to white supremacy? We are not trying to squelch the right to vote or defending the police when another young black man is shot for a minor offense or sometimes for no reason at all.

What makes the unconscious sense of supremacy so difficult to perceive is its quietness. What we do actively as a congregation is very much trying to support people of color in achieving equality in education, in treatment by police, and in many other areas. But because the vast majority of us have grown up in an essentially racist society, we have become used to the many ways that people of color remain at the edges rather than at the center of life in the United States.

Much of this is unspoken and difficult to notice if one is not paying close attention. A young child of color might be punished more severely in school while a white child might just get a call to a parent or a reminder from the teacher for the exact same behavior. And it might even be more subtle than that, an omission rather than a commission. As Rev. Josh pointed out in his May 7th sermon, UUS:E has not set a formal goal of hiring a racially diverse staff. No one deliberately set out to exclude anyone—it just doesn't occur to us in the normal course of events to encourage people of color to apply for jobs at UUS:E.

In the same way that women can recognize sexism in operation when men see themselves acting as they've always acted—what's the problem?—people of the global majority can pick up on the minor, quiet, ways that white people and institutions reveal an unexamined sense of superiority. "This is how we do things." And some of it is not even spoken—just a quiet assumption that whiteness is the standard by which everything else should be judged.

Here is a link to an online test that measures our automatic (as opposed to stated) preference for one race or another. Try it out—it's pretty interesting.
<http://www.understandingprejudice.org/iat/racframe.htm>

We have much work to do in this area, personally and collectively. Watch for more on this topic.



Black Lives Matter Sign(s)!

At the 2016 UUS:E annual meeting, the congregation agreed to put up a Black Lives Matter sign on the roadside in front of our meeting house. Well, we're now on sign number 5. You may have noticed that it's no longer on the ground but up in a tree. The previous signs have all been removed by passersby who, we suspect, disagree with the message. Luckily, we bought a few backups and were prepared for this disagreement. We'll see if they feel strongly enough to bring a ladder, climb up, take out nails and make off with this last sign. If that should happen, be assured we'll order more signs and maybe find a more permanent way to display them. In cement?

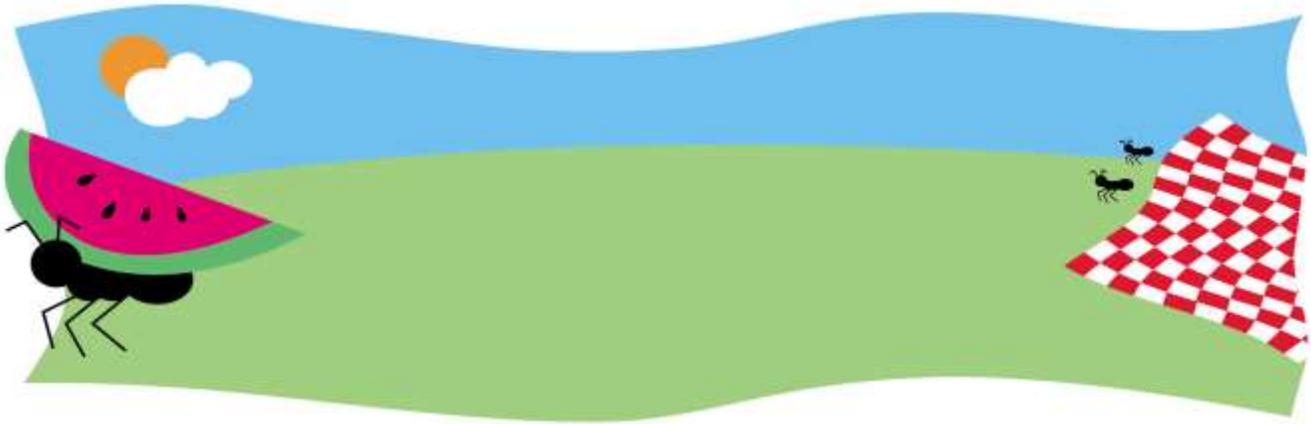
We're moving into a climate where intolerance is coming much more out into the open. As UUs, it's important that we be just as open about our support for Black Lives Matter. It matters to those targeted by racism, but it's also just as important for our own spiritual well-being for us to take a courageous stand.



Equal Exchange

Fair-trade, sustainably-grown, **organic coffee, tea, chocolate and now olive oil** are available for purchase in the lobby after each service on the **second Sunday of every month**. These products are good for the growers, good for the Earth, and offered at a very good price. And did you know that the coffee served on Sunday mornings and at other UUS:E events is also **Equal Exchange** brand?

Sponsored by your Sustainable Living Committee



UUS:E Summer Potluck Picnic

Sunday, June 25, 2017

Here on the UUS:E Grounds

It's the Annual Summer Potluck Picnic!

With a new spin: we're having it right here at UUS:E

The Details: Sunday, June 25, 2017

Set-up begins immediately following the 11 o'clock service.

What to Bring: Anything and everything you like to eat at a picnic!

A side dish, salad, appetizer, dessert, fruit, or veggies, 8 to 10 servings worth. Watch for sign-up sheets in the lobby. *Please list the ingredients in your dish to help those with allergies.*

Burgers, vegan burgers and hot dogs will be provided. There will be a tip jar to defray the cost, suggested donation: \$1 per item/\$3 max per family as you are able.

Be green! Bring your own plates, cups and flatware to use at the picnic that you can take back home and wash.

Can You Help? It will take a team to pull this off! Here's a one-off, no long-term commitment opportunity! We'll need help with set-up, clean-up, grill masters, running an activity. Have an idea? Let us know. Please consider chipping in to do one small job!

Questions? Contact Jennifer Klee (jenduv@sbcglobal.net) or Edie Lacey (elacey1@cox.net)





Unitarian Universalist Society: East

Come to the Auction!

Saturday, June 3, 2017 6-9 PM

Fun, Food, Services & More!

Fun! Come and socialize while you peruse the many auction items. The proceeds will help balance the UUS:E budget as we approach the fiscal year end!

Food! Admission is FREE! Enjoy the tasty refreshments, wine and soft drinks.

Services & More! Bid on a great array of items, from extraordinary dinners, attractive and useful goods, and superb services—ranging from low cost to priceless!

Free child care is available by registering with the church office (860-646-5151) no later than Wednesday, May 31.

Come for the fun and be surprised at what you might take home with you!

Deadline Approaches for Solarize with Faith Solar Panels. On January 8, UUS:E members approved our participation in the Solarize with Faith campaign. Sustainable Living Committee and Climate Action Team will not be hosting any further presentations. The deadline to get into this program is July 9. If you are interested go to the Solarize with Faith Web page at <http://www.solarizect.com/faith> or call Sunlight Solar at 203-878-9123. Be sure to mention you are in the Solarize with Faith campaign at UUS:E.

Citizens' Climate Lobby (CCL) Changes Name and Meeting Place. The Manchester chapter of CCL is now The Greater Hartford chapter of Citizens Climate Lobby. The name change reflects the growth of our Manchester CCL chapter and desire to include more people from the whole capitol region. We are now meeting at Goodwin College on Riverside Drive, East Hartford, CT. GPS set to 195 Riverside Drive—the first smaller building on the right—Room 201. We will continue to meet every 4th Thursday of the month at 7 PM. Our next meeting is in Thursday, June 22.

- Like clean renewable energy? Contact your CT State Representative. Go to the CCL URL on June 9, <http://citizensclimatelobby.org/call-congress-about-climate-change> to find who your Rep is and email your Rep through the Congressional Call-in form. Ask your Rep to support CCL's Carbon Fee and Dividend and to increase support for renewable clean energy.
- Janet Heller and Ellen Castaldini will join more than a thousand climate advocates in Washington, D.C. for the 8th Annual Citizens' Climate Lobby & Citizens' Climate Education's International Conference & Lobby Day, June 11-13. Janet will use this opportunity to discuss CCL's Carbon Fee and Dividend with John Larson and other members of congress. You are encouraged to call office of Rep John Larson (or Joe Courtney) and the offices of Senator Murphy and Blumenthal on Friday, June 9, or the next Monday to voice your support for passing legislation to place a fee on carbon and return dividends to the people. Please use this link: <https://citizensclimatelobby.org/call-congress-to-act-on-climate>

Farmers Market opens in Manchester. The Spruce Street Market will be open for business every Wednesday evening from June 21 through October 4 from 5 to 8 PM. Local produce from local farmers. Check out our Vegan Recipes: <http://uuse.org/sustainable-living/vegan-recipes> and enjoy those veggies while doing your part for Mother Earth. Remember you can still get a CSA Membership and a steady supply of local, organic produce by joining a CSA (Community Supported Agriculture). A few farms in the state offer CSA memberships and these tend to sell out, so find which ones are near you at <http://ctnofa.org/CSAs.htm>

Got a Green Thumb? Even without one you can help weed and care for the gardens around UUS:E on Wednesday mornings. You may find people already there to work with you.

SAVE THE DATE: Saturday, July 15 vegan potluck and movie time. Join SLC/CAT for a Vegan Potluck at 6 PM followed by the presentation of "SEED: The Untold Story." View the trailer at <http://www.seedthemovie.com/trailer>

The Governor's Council on Climate Change meets June 2, Friday, 1:30 – 3:30 PM at the Gina McCarthy Auditorium, 5th Floor 79 Elm Street Hartford, Connecticut. For the agenda see: http://www.ct.gov/deep/lib/deep/climatechange/gc3/gc3_6_2_17/publicnotice_6_2_17_unofficial.pdf

A Good Read is New York Times best seller **Climate of Hope: How Cities, Businesses and Citizens Can Save the Planet** by Michael Bloomberg, former New York City Mayor and Carl Pope, Sierra Club former executive director . <https://us.macmillan.com/static/smp/overheated/>

Upcoming meetings you are welcome and encouraged to attend:

- Sustainable Living Committee/Climate Action Team meets at 7 PM on Tuesday, June 8, Room 2 downstairs.
- Citizens Climate Lobby meets at 7 PM on Thursday, June 22, at Goodwin College, Room 201



Books, Classes and Discussions

brought to you by...

The Adult Religious Education Committee

(Youth are welcome at all workshops. Childcare is available with one week's notice.)

Yoga News

Come enjoy yoga at UUS:E!

The current yoga sessions are underway and run Monday, April 3 – June 5, 5:45 – 6:45 PM, with Jessica DeCarli, (no class May 31), and Wednesday, May 31 – July 19, 11 AM – 12 noon, with Susan Barlow. Jessica's next session is June 12 – July 31. \$40 for the eight-week session or \$6 drop-in fee. Walk-ins welcome.

You can register with:

Jessica at jess.decarli@gmail.com

Susan at SBarlow627@aol.com

Or Annie at uuse153@sbcglobal.net

To read about their classes, visit UUSE.org.

<http://uuse.org/religious-ed/adult/yoga-classes/#.ViVPB-tCiX0>

Community Drum Circle

Tuesday, June 20, 7:00 – 8:30 PM

(Third Tuesdays in the Sanctuary)

Open to all levels of ability and experience.

Facilitator Mary Ertel provides djembe drums and other hand instruments, and you may bring your own.

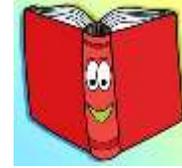
Drum with intentionality, send good vibes out into the world!!

Contact Paul Cocuzzo at pcocuzzo@gmail.com or 978-270-2056 with questions or to reserve a drum.

Understanding the Other Side, Part 2

Continuing the conversation we began in April: social psychologist Jonathan Haidt's research in moral psychology can help us understand the turbulent political polarization in our country. In **Part 2**, we'll watch and discuss a 2012 Bill Moyers interview, in which Haidt explains the moral foundations of intuitive ethics and how they apply to liberal and conservative values and culture. Sunday, June 4, 1:00 – 3:00 PM in the main meeting room. Light refreshments will be available. Please contact Annie at 860-646-5151 or uuse153@sbcglobal.net to sign up.

Childcare will be arranged, if requested.



Book Lovers

The Book Lovers will be meeting on Tuesday, June 13 (as always, the second Tuesday of the month), from 3:30 – 5:00 PM, in the chapel area. We will be discussing **Ordinary Grace**, by William Kent Krueger.

Upcoming Discussions:

- July 11 **When Breath Becomes Air**, by Paul Kalanithi et al.
- August 8 **The Muralist**, by B.A. Shapiro

All are welcome! Please join us, even if you haven't read the book.

For information: mheaney1932@frontier.net

Women's Sacred Singing Circle

Every Thursday from 7:00 – 9:00 PM, we will be singing in the sanctuary. All women and girls eight years and older are welcome to join our circle regardless of musical training or ability. Come when you are able, stay as long as you wish.

Sing, laugh, and be in community.

For more information, contact Jane Osborn:

janeosb3@gmail.com



UU Buddhists



The Buddhist Group will meet at 7:00 PM, Tuesday, June 6, in Room 2, for meditation, dharma, and discussion. The June ministry theme is "Journeys." Contact Nancy Thompson,

nancythompson123@yahoo.com, with any questions.

Books, Classes and Discussions

brought to you by...

The Adult Religious Education Committee

(Youth are welcome at all workshops. Childcare is available with one week's notice.)



Come and Grow

A Joint Offering with Our 3 Local UU Churches

Building (and Living!) Your Own Theology is a newly designed, intensive and interactive 12-session program in which participants define/discuss their faith and its impact on their lives, taking a very deliberate look at who they are, what they believe, and who they, individually and collectively, can become.

Program participants will be drawn from the three UU congregations in our area – the Unitarian Society of Hartford (USH), the Universalist Church of West Hartford, and the Unitarian Universalist Society: East (UUS:E) in Manchester. Bi-weekly sessions will be held September – March on **Tuesdays**, from **7:30 – 9:00**. Meeting locations will rotate among the participating congregations. Facilitator is USH member, Tom Gervais: 860-558-3000; tom.j.gervais@gmail.com.

The group will be limited in size, with a maximum of 12 participants, including 4 from each congregation. Please register by August 15, 2017.

UUS:E participants, please sign up as you would for a UUS:E program, by contacting Annie at uuse153@global.net or 860-646-5151.

Get Connected! with UUS:E on the Web

UUS:E WEBSITE is located at <http://uuse.org>. Here you can find the latest news about our community and upcoming events, basic information about group and committee activities, Rev. Josh's sermons, and much more.

DIALOGUE FROM HOME is our ongoing virtual **talkback series** that continues online after each of Rev. Josh's sermons. Whether you want to read along, post your thoughts, and/or engage in dialogue about the topic, you are welcome to join this group. Request a password from Annie, the office administrator, to get access to the discussion. Email uuse153@sbcglobal.net.

FACEBOOK! UUS:E has two Facebook pages where members and friends can share all things UUS:E. Our main site is www.facebook.com/UUSEast. You can find out what's going on at UUS:E here. And please share our events to your own page to help spread the word about all of the great things we do!

We also have a second site, UUS:E Happenings, designed specifically to share ideas and events with others in the UUS:E community. Anyone can post here. Is your child going to be in a play? Are you performing a concert? Looking for people to hike with? Post it here! This is a closed group, request to join here:

<https://www.facebook.com/groups/587066578028806/>

MEETUP: We have started a Meetup page! Join our group! Find events, RSVP and more at: <http://www.meetup.com/Unitarian-Universalist-Society-East/>. If you'd like to add an event to the Meetup site, contact Carol Marion at cmarion333@gmail.com.

Rev. Josh has his own website located at <http://revjoshpawelek.org>

Catch up on his latest writings, community work, and more. You can also follow Rev. Josh on **Twitter @revjoshpawelek**, or connect with him at **LinkedIn** and **Facebook**.

Weekly e-blast – Contact Annie at uuse153@sbcglobal.net to be added to this weekly email of what's happening at UUS:E. Send submissions to SBarlow627@aol.com

UUS:E GENERAL INFORMATION

UUS:E Office Schedule: Monday-Friday, 8:00 AM - 4:00 PM

Meetinghouse Office: 860-646-5151

Office Administrator: Annie Gentile email: uuse153@sbcglobal.net

Minister: Rev. Joshua Pawelek 860-652-8961, revpawelek@sbcglobal.net

OFFICE HOURS: Tuesday 10 AM to 7 PM and Thursday 10 AM to 4 PM

President: Alan Ayers, 860-633-6125, ADayers@BUILDINNOVATION.com

Director of Religious Education:

Gina Campellone, 860-875-8468, UUSE.REdir@sbcglobal.net

Newsletter Editor: Paul Cocuzzo, 978-270-2056, uuse.nletter@sbcglobal.net

Website Coordinator: Carol Marion 860-643-8765, uuseweb@gmail.com

World Wide Web address: <http://uuse.org>

July Newsletter Deadline:

June 20

Unitarian Universalist Society: East
153 West Vernon Street
Manchester, CT 06042