

# *Unitarian Universalist Society: East*

*Member of the Clara Barton District of the  
Unitarian Universalist Association*



*November 2016  
NEWSLETTER*



Unitarian Universalist Society: East is a welcoming, open-minded, spiritual community seeking truth and meaning in its many forms. We share responsibility for building a more equitable, peaceful, and sustainable world.

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Find us on Facebook at [/UUSEast](#).



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## Sunday Services Schedule

November 2016 Ministry Theme: **Abundance**

Services at 9:00 AM and 11:00 AM

### November 6: "Abundance."

Election seasons like the one we're currently in can often lead to a perception of scarcity when it comes to money, jobs and security, etc. What spiritual resources can help us encounter the world as a place of abundance rather than scarcity?

Coordinator: Rev. Josh Pawelek.

### November 13: "Journey Into Leadership."

This morning we welcome Bailey Saddlemire into our pulpit. Bailey grew up at UUS:E. She recently began serving as a Youth Observer to the Unitarian Universalist Association Board of Trustees. She will share her journey into UU leadership.

Coordinator: Jack Murphy

### November 20: "Thanksgiving."

Family service. In story and song, we celebrate Thanksgiving.

Coordinators: Martha Larson, Mary Bopp, Gina Campellone and Rev. Josh Pawelek

### November 27: "What About All that Rage?"

Rev. Josh reflects on the omnipresence of anger in the 2016 presidential election cycle. Where did it come from? What can we learn from it? How must it be addressed now that the elections are over?

Coordinator: Rev. Josh Pawelek

## 2016-2017 Ministry Themes

Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Truth	Vocation	Transformation	Suffering	Abundance	Joy	Evil	Love	Surrender	Reconciliation	Devotion	Journeys

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## Community Outreach Ministry

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Charitable Giving for November 2016

As always, thank you for your generosity.

“We do not gather our gifts only for ourselves but to share with the larger community.”

Continuing our practice of sharing our gifts with the community beyond our walls, the recipient of 50% of our Sunday plate collections for the month of November will be **Manchester Senior, Adult, and Family Services**.

The Manchester Senior, Adult, and Family Services is the town agency that assists senior citizens, adults and families in the community meet their basic needs—food, heat and utilities, and clothing. In addition, social work services are provided to families and individuals in need. Available resources are always spread very thin—especially during the winter months. As has been the case for the past two years, our contribution will be used to purchase grocery gift cards to be distributed as the need arises.

Checks made out to UUS:E will be treated as follows: If the memo line:

- ✓ is blank or “pledge” is written, all will go toward your pledge.
- ✓ has “COM” or the name of the charity is on the memo line, all will go to the charity.
- ✓ has “1/2 pledge, 1/2 COM,” it will be divided equally.

The committee overseeing our community outreach efforts welcomes your comments and suggestions.

Please contact Louisa Graver at [Graver30@att.net](mailto:Graver30@att.net), David Lacoss, or Nancy Madar at [nancymadar@hotmail.com](mailto:nancymadar@hotmail.com)



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## Sunday Service Flowers

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The signup sheet for flowers is in a binder in Annie’s office. Please make sure you check off the box, indicating whether you want to take the flowers back home with you or have them donated. The contact person for delivering donated flowers is Cyndi Krupa, 860-986-1957, [cyndikrupa@sbcglobal.net](mailto:cyndikrupa@sbcglobal.net).

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## DVD/Audio CD Loan Services

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Many of the Sunday Services at UUS:E run on the three community access channels (Cox in Manchester, Community Voice Channel in Bolton, and Charter Communications in Windham). The **DVDs** are available at UUS:E, and you can sign out the programs you were unable to see. **Audio CDs** are available one week after each service, and as a download from Jane, our sexton, if you provide a flash drive (USB port).



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## The Minister's Column: Hallelujah

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Dear Ones:

Our November ministry theme is **abundance**. I've been wondering: what are the good things we possess in abundance? This feels like such an important question to me, in part because 2016 has been a year of perceived scarcity. This year's election cycle has focused so much on what we lack, on what's wrong with the United States, and on what's wrong with the world, that it's easy to forget what we possess in abundance. Not only the election, but multiple, high-profile acts of violence (terrorist attacks, police violence and anti-police violence) have drawn our attention to anger and rage, to the ways in which the very fabric of our society seems frayed and torn. To the extent we focus our attention on these acts (and sometimes we do need to focus on them) there is always the possibility that we will begin to feel small, isolated, frightened and angry ourselves. At times like these, it is essential that we ask: What are the good things we have in abundance?

Of course, the answer is different for different people. Some will name family and friends who love and support them. Some will name the UUS:E community that loves and supports them, and hopefully challenges them to live a principled life. Some will name opportunities for growth and learning. Others will name opportunities for service. Still others will name meaningful work. Some will name only the basics: access to food, clean water, shelter—and even these are lacking at times. Others will name access to health care, higher education, technology, and transportation; or access to clean, breathable air, green spaces, hiking trails, Nature. And some will speak of their relationship with the Sacred, God, the Great Mystery—whatever name they choose. Yes, we each have different answers to the question, but I've never encountered anyone who doesn't have some semblance of an answer, even at the lowest moments of their lives. What are the good things we have in abundance?

As we gain clarity about our answers to this question, we also gain strength, centeredness and resilience to meet the cynicism and mistrust that seem so pervasive in our nation. That is, when we approach life from an understanding of what we possess in abundance as opposed to what we lack, we give ourselves grounding. We give ourselves a center.

When anger and rage threaten to destabilize our nation, we will more easily remember that there is more to life than anger and rage if we understand the good things we possess in abundance,

When fear of the "other" threatens to divide our communities, we will more easily remember that there are options other than fear; that there are ways to work together and stay united—if we have a deep sense of abundance.

When violence erupts, we will more easily remember to respond with love and compassion, if we are grounded in an understanding of abundance.

If we are clear about the good things we possess in abundance, then, when people complain about increasing scarcity, lack and unfairness, we will know to listen and learn, trusting there is a way beyond scarcity, trusting there is enough for everyone.

As New England farmers bring in the final harvest of the year; as crimson, gold, orange and brown leaves pile up in yards and woods; as we enter the Thanksgiving season – let's give priority to asking and answering this question: What are the good things we have in abundance?

With love,  
Rev. Josh



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## Enter, rejoice, and come in!

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A Religious Education message from Gina

Dear Friends,

Have you heard the buzz about Religious Education? Word around the meetinghouse is that something pretty special is happening down on the Garden Level, and I concur! We have nearly a dozen new children this year, a bustling nursery, engaging curricula, and enthusiastic volunteers. We have children learning to pray, practicing stewardship, sharing joys and concerns, exploring world religions, cooking, singing, and playing together, and discovering what it means to be part of a Unitarian Universalist community. Our Religious Education program is vibrant and healthy. Why? Because as a congregation we dared to dream big! But our work is not done. In fact, it has only just begun. We need to continue to work with diligence and intention if we want our program to continue to grow and thrive. And that can't happen without you. Yes, you! The support of the whole congregation is integral to maintaining a strong Religious Education program.

If you are a volunteer in the Religious Education program, I thank you. You are doing important, life-changing work. If you are not yet an RE volunteer, I hope that you will consider trying it out. Volunteering need not be a long-term commitment. There are plenty of opportunities to help that require as little as a single hour of your time, sometimes even less!

Please check out the following list of ways you might help support the Religious Education program:

- Teach in a classroom twice per month
- Assist in a classroom once per month
- Substitute as needed
- Care for babies in the nursery
- Cook with the kids
- Read or share a story at children's worship
- Help the kids make a quilt
- Teach the kids to do yoga
- Play guitar or piano during children's worship
- Be an affirmation mentor
- Attend a training to teach Spirit Play or Our Whole Lives
- Help create a story basket for Spirit Play
- Sign up to help one Sunday over the summer
- Join the RE Committee
- Lead a family friendly art class
- Talk to the kids about a social justice issue that you are passionate about
- Help the kids learn how to be advocates or allies
- Help coordinate a multi-generational game night
- Share a hobby with the kids
- Sign up to take a shift at an overnight youth lock-in
- Surprise the classroom teachers & assistants with homemade baked goods
- Find an RE teacher or assistant, and thank them for their dedication

Thanks for being a congregation that values, celebrates, and supports Religious Education!

Be well & be loved,

Gina



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## Books, Classes and Discussions

brought to you by... The Adult Religious Education Committee  
(Youth are welcome at all workshops. Childcare is available with one week's notice)

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### Book Lovers

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The Book Lovers will be meeting on Tuesday, November 8 (as always, the second Tuesday of the month), from 3:30 - 5:00 PM, in the chapel area.

We will be discussing **A Man Named Ove**, by Fredrik Backman.

Upcoming:

Dec 13: **Brooklyn**, by Colm Toibin.

Jan 10: **The Round House**, by Louise Erdrich

All are welcome, even if you haven't read the book!

For information: [mheaney1932@frontier.net](mailto:mheaney1932@frontier.net)

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### UU Buddhists

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The Buddhist Group will meet at 7:00 PM, Tuesday, November 1, in Room 2, for meditation, dharma, and discussion. The November ministry theme is **abundance**.

Contact Nancy Thompson, [nancythompson123@yahoo.com](mailto:nancythompson123@yahoo.com), with any questions.

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### Community Drum Circle

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Tuesday, November 15, 7:00-8:30 PM  
Third Tuesdays, usually in the sanctuary, but this month it's at Paul's house at 18 Nye St, Manchester.

Open to all levels of ability and experience. Facilitator Mary Ertel provides djembe drums and other hand instruments, and you may bring your own.

Contact Paul Cocuzzo at [pcocuzzo@gmail.com](mailto:pcocuzzo@gmail.com) or 978-270-2056 with questions or to reserve a drum.

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### Women's Sacred Singing Circle

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Every Thursday from 7:00 - 9:00 PM, we will be singing in the sanctuary. All women and girls eight years and older are welcome to join our circle, regardless of musical training or ability. Come when you are able, stay as long as you wish.

Sing, laugh, and be in community.



### Yoga Classes

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Come enjoy yoga at UUS:E!

Monday yoga classes with Jessica De Carli, [Jess.decarli@gmail.com](mailto:Jess.decarli@gmail.com), run through November 14, with no class on November 8. The next session will run November 28 – January 23 (no class December 26).

Tuesday yoga classes with Ruth Rempt, [ruthrempt@cox.net](mailto:ruthrempt@cox.net), through November 1, 9:30-10:30 AM. The new session will run November 8 - through January 3, with no class on Nov. 15.

Cost: \$40 for an eight-week session or \$6 drop-in fee.

Come experience physical strengthening and emotional awakening with these two certified yoga instructors.

To read about their classes, visit [UUSE.org](http://uuse.org/religious-ed/adult/yoga-classes/#.ViVPB-tCiX0).  
<http://uuse.org/religious-ed/adult/yoga-classes/#.ViVPB-tCiX0>

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### Community Kirtan

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Friday, November 11, 7:00-9:00 PM

Central CT Community Kirtan and the Call & Response Foundation present... Liquid Radha. Liquid Radha is a Branford-based, musical caravan created by Steph D'Aniello & Mark Zarrillo to spread their love of Kirtan and build Community. Their combined musical influences are vast-ranging—from jazz to classic rock to old-school R&B, to the indigenous music of Africa and to mystical India. When they aren't practicing the repetition of the Name, they are listening to various musical influences, gathering ideas and inspiration that they weave together to create their own interpretation of traditionally inspired northern Indian street Kirtan. A donation is requested. No one will be turned away.

For more info, email Sudha: [beingshining@gmail.com](mailto:beingshining@gmail.com).

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## Books, Classes and Discussions

brought to you by... The Adult Religious Education Committee

(Youth are welcome at all workshops. Childcare is available with one week's notice)



### Mindfulness and Movement Workshops

Saturday, November 5: 10:30 AM to 12 noon

Join Kate Grigg for creative movement, mindfulness and community. She is offering two workshops this fall. Both will be held in the beautiful sanctuary of Unitarian Universalist Society: East, in Manchester, CT.

This workshop is an invitation to connect with your body and release your inner dancer. We will explore mindfulness, meditation, Qigong and moving to music. You will feel your power, your grace and your joy, and have the opportunity to connect with yourself and others in a unique and powerful way.

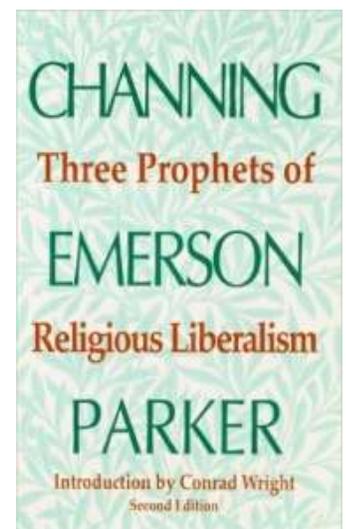
Bring a yoga mat, meditation cushion or bench if you have one, and clothes you can move in. Suitable for all levels of experience.

Inspired by her training in Shake Your Soul®: The Yoga of Dance. Cost is \$10, cash or check, payable to Katherine Grigg. Register by contacting her at [kate@kategrigg.com](mailto:kate@kategrigg.com), or Annie Gentile at [uuse153@sbcglobal.net](mailto:uuse153@sbcglobal.net). Walk-ins welcome.

### Three Prophets of Religious Liberalism

Join Rev. Josh for a close reading of three foundational works that gave rise to the modern Unitarian Universalist identity. We will read and discuss William Ellery Channing's "Unitarian Christianity" for November 6, Ralph Waldo Emerson's "Divinity School Address" for November 20; and Theodore Parker's "The Transient and Permanent in Christianity" for December 11. All sessions start at 1:00 PM at UUS:E. Please contact Rev. Josh if you would like to reserve childcare during any of the sessions. Planning on attending? Please sign up with Annie Gentile in the UUS:E office.

Note: each of these essays can be found online with a quick Google search. However, some class participants may wish to purchase "Three Prophets of Religious Liberalism," edited by Conrad Wright, from the Unitarian Universalist Association's bookstore, inSpirit.



# UUS:E Calendar of Events for November

For details, please go to <http://uuse.org/events/calendar-2/#.VB9etWd0y71>

## Unitarian Universalist Society: East

Today ▶▶▶ November 2016 ▶

Print Week Month Agenda

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 Meet the Church (im 9am Sunday Service 11am Sunday Service 2pm Black Lives Matte	31 12pm AA Group, MR/K 9am Jane/Supervision 10am Annie/Supervisi 12pm Piano Rehearsal, 4pm Mental Health Min 6pm CCIU Event, MR 7pm Buddhist Group, F 7pm Social Justice/Ant	Nov 1 2pm AI Anon Group, R 7pm Choir Rehearsal, I 7pm Manchester Wome 7pm New Member Rec	2 5:45pm Sisters in Harm 6:30pm Game Night, M 9am Sacred Dance, MR 10:30am Mindfulness ar 6pm CoffeeHouse Setu 7pm CoffeeHouse, MR/	3 6:30pm Sisters in Harm 7pm Manchester Wome 6pm UU Society of Har 7pm Community Kirtan 9am Singing Circle Woi	4 8am Fall Cleanup, Gro 9am Sacred Dance, MR 9am Singing Circle Woi	5 9am Sacred Dance, MR 9am Singing Circle Woi
6 New Member Sunday 9am Sunday Service 11am Sunday Service 1pm Circle Group Potl 1pm Adult RE/Three Pr	7 12pm AA Group, MR/K 5:45pm Yoga, MR 7pm Building & Ground 6pm Growth Strategy 7pm Sustainable Living 7pm Finance Committe	8 12pm Piano Rehearsal, 2pm AI Anon Group, R 3pm Politics & Public Pl 6pm UU Society of Har 7pm Community Kirtan 9am Singing Circle Woi	9 3pm Politics & Public Pl 6pm UU Society of Har 7pm Community Kirtan 9am Singing Circle Woi	10 6pm UU Society of Har 7pm Community Kirtan 9am Singing Circle Woi	11 8am Fall Cleanup, Gro 9am Sacred Dance, MR 9am Singing Circle Woi	12 9am Sacred Dance, MR 9am Singing Circle Woi
13 Holiday Fair Setup, All Building	14 Holiday Fair Setup, All Building	15 Holiday Fair Setup, All Building	16 Holiday Fair Setup, All Building	17 Holiday Fair Setup, All Building	18 Holiday Fair Setup, All Building	19 10am Holiday Fair
20 9am Sunday Service 11am Sunday Service 1pm Adult RE/Three Pr 6pm Affirmation Class,	21 12pm AA Group, MR/K 5:45pm Yoga, MR 7pm NILDG, Rm3 7pm Denominational A 7pm Small Group Minis 7pm Pastoral Friends, :	22 12pm Piano Rehearsal, 2pm AI Anon Group, R 4:30pm God Talk: An C 7pm Choir Rehearsal, I 7pm Citizens Climate L 7pm Manchester Wome 7pm Program Council,	23 5:45pm Sisters in Harm 6:30pm Policy Board, C 7pm Manchester Wome	24 5:45pm Sisters in Harm 6:30pm Policy Board, C 7pm Manchester Wome	25 9am Sacred Dance, MR	26 9am Sacred Dance, MR
27 9am Sunday Service 11am Sunday Service	28 12pm AA Group, MR/K 6:30pm Navigators, Ch 7pm Adult RE/Political	29 12pm Piano Rehearsal, 2pm AI Anon Group, R 5:45pm Sisters in Harm 7pm Choir Rehearsal, I 7pm Manchester Wome	30 11am UTR Retirees Grc 11am UTR Retirees Grc	Dec 1 9am Mental Health Mini 9am Sacred Dance, MR 6pm CoffeeHouse Setu 7pm CoffeeHouse, MR/	2 9am Mental Health Mini 9am Sacred Dance, MR 6pm CoffeeHouse Setu 7pm CoffeeHouse, MR/	3 9am Mental Health Mini 9am Sacred Dance, MR 6pm CoffeeHouse Setu 7pm CoffeeHouse, MR/



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## CCIUI Series

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Connecticut Council for Interreligious Understanding (CCIUI) presents two programs in its Series:

### **The Basics of Our Faith Communities – What We Believe and What We Do**

As part of CCIUI's ongoing offerings to increase our understanding of other religions and to engage in dialogue with our neighbors, we are pleased to present two sessions that address the themes of **Beliefs** and **Practices** and an opportunity to interact with neighbors of other faiths. Light refreshments will be served.

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### **Baha'i Birth of the Bab Holy Day at UUS:E**

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Tuesday, November 1, 2016, 6 - 8 PM

153 Vernon Street West, Manchester, CT

Host: Anne Alleva, Terry Robinson, the Baha'is, and UUS:E

The Birth of the Bab is one of the Twin Holy Birthdays that celebrate the birth of two central figures of the Bahá'í Faith on November 1 and 2, in 2016. The local Baha'i community, which meets in the homes of its members, does not have a local house of worship. The event will take place in the UUS:E sanctuary. Anne Alleva (Baha'i), Terry Robinson (Baha'i), and Greg Dupuis (UU) are CCIUI board members.

Since this event is taking place at UUS:E, Greg Dupuis requests some help hosting this event and encourages UUS:E members to attend.

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### **Hindu and Jain House of Worship Open House**

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Sri Satyanarayana Temple

Sunday, November 13, 2016, 2 - 4 PM

11 Training Hill Road, Middletown, CT

Hosts: Radha Radhakrishnan, Faquir Jain, and Temple Families

The Sri Satyanarayana Temple is the only sanctified Hindu temple in Connecticut and was built as a center to unite all Hindus throughout the state. The temple serves the religious, cultural, and social needs of the Indian community throughout Connecticut. Radha Radhakrishnan (Hindu) and Faquir Jain (Jain) are CCIUI board members.

If you're interested, please pre-register at [info@ccfiu.org](mailto:info@ccfiu.org). If you want more information, please contact Greg Dupuis at 860-614-2669 or [gregory.dupuis@pw.utc.com](mailto:gregory.dupuis@pw.utc.com).

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## Holiday Fair Books

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We need books for the November holiday fair. Select sale-able books in good condition, keeping in mind our small book room! No encyclopedias, textbooks, magazines, damaged or mildewed books, please.



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## Calling all Canners...

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Now is a great time to harvest for preserves for the holiday fair. If the weather is too hot for canning, consider freezing the fruit or vegetable, and canning it during cooler weather. Remember that jars can be reused but must be thoroughly cleaned, including removing old labels. Please use new lids and bands. You can label the contents with a marker on the lid (no labels on jars, please). As we get closer to fair time, there will be a notice about how/whom to notify what you are donating. Contact Cory Clark or Joan Macomber with any questions/concerns.

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## Holiday Fair Jewelry

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UUS:E Holiday Fair is November 18 and 19. We always have a great jewelry booth. Please plan to donate any of your excess or unwanted jewelry to benefit the UUS:E Holiday Fair. Just take a look through your jewelry boxes and storage to see what you are willing to part with for the benefit of UUS:E: Costume, vintage, fine jewelry... all are appreciated. Donations can be given Peggy Webbe or Diana Creamer or taken to the office after November 1.

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## Hymnbooks

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The Music Committee is offering to all friends and members of UUS:E the option to purchase the hymnbook, "Singing the Living Tradition" and/or the supplement, "Singing the Journey." This purchase can be either for personal use or as a donation to the church, possibly in memory or in honor of someone. Both books come in regular and large print editions. The "Singing the Living Tradition" (gray one) regular print is \$28 per copy, and the large print is \$45 per copy. The "Singing the Journey" (teal blue one) regular print is \$18 per copy, and the large print is \$25 per copy.

This option will be open until November 1, 2016. The actual cost for each one will be determined by the final quantities ordered, in case there is a quantity discount available. There is always a quantity discount given by the UUA Bookstore on the blue "Singing the Journey" book. We will continue to check the UUA Bookstore website to determine if other discounts are being offered throughout this time period, as additional discounts have been offered in November in the past. Notification of the actual amount owed will be sent to those who ordered books after which payment will be collected ASAP. Payment will be sent to the UUA Bookstore on November 5, 2016.

Please notify Sue McMillen, if you wish to place an order, at 860-742-8447 or [suemcmillen@charter.net](mailto:suemcmillen@charter.net) by the November 1, 2016 deadline.

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## Transgender Day of Remembrance

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Sunday evening, November 20, 6:00 PM  
Metropolitan Community Church  
155 Wyllys St., Hartford



Transgender Day of Remembrance is an annual observance conducted in communities around the world to remember transgender people who've been murdered because of their gender identity or expression. It is a solemn occasion, yet one filled with hope for a more just and humane future.

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## Don't Miss: Holiday Worship with the Larger Community

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Manchester Interfaith Thanksgiving Service  
Sunday afternoon, November 22, 3:00 PM  
Community Baptist Church  
585 East Center St., Manchester, CT

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## Gathering in Spirit

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Gather this spring in Woburn, Massachusetts with Unitarian Universalists from across New England to celebrate our faith. This will be the first All-New England UU Rally! Come for inspired worship, engaged learning, community singing, a UUA Presidential Candidates' Forum, regional workshops, fellowship and fun. Awaken your spirit!

**Awaken! New England** will run from 6 PM Friday, April 21, 2017 to 3:30 PM on Saturday, April 22, 2017. Worship leaders on Saturday morning include Rev. Glen Thomas Rideout, the inspiring musician whose work Stan McMillen introduced at our UUS:E GA service.

Registration is \$115 before February 28, with financial assistance available. Please let Nancy Pappas of Denominational Affairs know if you're interested, so we can share rides or housing. For more details, go to <https://www.eventbrite.com/e/regional-assembly-awaken-new-england-registration-28581951386>.

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## Green Sanctuary News

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What is Solarize UUS:E and Solarize for Faith?

It is a part of the broader "Solarize Connecticut" state program (SolarizeCT.com) that has fostered the installation of over 2000 solar systems on CT homes. These past efforts have focused on residents of specific towns, but now there is a "Solarize for Faith" effort that recruits homeowners via their contacts with various faith groups.

This is how it works:

- A panel of faith group members carefully selects and works with a preferred solar installer.
- The preferred installer offers a discount on their systems because of reduced costs related to publicity, travel, and getting required building permits.
- There are substantial state and federal incentives, but the state incentives decline every year, so the sooner we participate, the better.
- Your electric company pays you when you produce more than you need.
- Low cost financing is available, so you can start saving \$ immediately.

Before the **Solarize UUS:E** program can start, **UUS:E members must give their approval at the Jan. 8, 2017 congregational meeting vote.**

To learn more about this possible program, please attend the Solarize UUS:E Talkback  
Sunday, Dec. 4, 12:30 PM - 1:30 PM in the chapel

If you'd like to be on a task force to work on the project, please see Jay Stewart or a member of the Sustainable Living Committee.

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The Sustainable Living Committee/Climate Action Team meets monthly every second Tuesday. Bring your ideas for keeping UUS:E green to our next meeting Tuesday, Nov. 8, at 7 PM, downstairs in Room 2. For more information, contact any member of the committee, including Jay Stewart, who will be leading the November meeting. ([jstewart@hartford.edu](mailto:jstewart@hartford.edu))

Groups and events we support:

- The 4th annual Climate Stewardship Summit will be held this year on Sunday, Nov 13, at Central Connecticut State University, from 12:00 to 6:00 PM. Sponsored by the Interreligious Eco-Justice Network, this is always an excellent conference! We'll try to carpool. Get tickets here: <https://www.eventbrite.com/e/climate-stewardship-summit-a-greener-future-tickets-27039510905>.
  - Citizens' Climate Lobby, Manchester chapter, meets at UUS:E every 4th Thursday. Except, due to the holidays, there will be a November/December meeting on Dec. 8, with a possible showing of "Facing the Surge." Stay tuned! CCL's goal is to put a fee on carbon, with a dividend to the people. Even Rex Tillerson, ExxonMobil CEO, is now saying there should be a price on carbon!
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Info about CCL: <http://citizensclimatelobby.org/> or contact Janet Heller at: [janet.heller@snet.net](mailto:janet.heller@snet.net).

Coming up December 3: March for Jobs, Justice, and a Livable Earth!

Organized by 350 Connecticut (<http://350ct.org/>) the march is part of the fight to preserve our planet, and halt climate warming, which is inextricably tied to the struggle for all the other elements of a decent human life: jobs, health, equality, and justice.



## Fall Clean-Up

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Saturday, November 12, 9 AM - 12 noon. Join the Building & Grounds committee in preparing the grounds for the Holiday Fair and winter. Bring what you have for raking and pruning, and we'll supply the rest: snacks, coffee, cider, equipment, direction, and a few laughs. Children and youth with a responsible adult are welcome. This is a great way to connect with others in our community, and to help steward our beautiful property, the seventh principle in action! Contact Cory Clark or Jane Osborn for more information.



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## “Black Lives Matter” Sign

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On Sunday, October 9, members of our congregation participated in putting up a **Black Lives Matter** sign on our lawn right near the edge of the road. This was in accordance with a resolution adopted nearly unanimously by the congregation which says in part:

“WHEREAS, our Unitarian Universalist principles call us as individuals and as a congregation challenge injustice;

“WHEREAS, the Black Lives Matter movement has gained powerful traction in conjunction with recent tragic events involving, in particular, police brutality and institutionalized racism target the black community and other people of color communities . . .

“THEREFORE, BE IT RESOLVED:

- 1) UUS:E supports the Black Lives Matter movement;
- 2) UUS:E will indicate its support for the Black Lives Matter movement by placing a Black Lives Matter sign on its property along West Vernon Street;
- 3) The UUS:E Social Justice/Anti-Oppression Committee will design ongoing learning opportunities for UUS:E members and friends to deepen their understanding of anti-Black racism and racism against other people of color in the United States . . .”

You can find the full resolution at <http://uuse.org/wp-content/uploads/2011/07/BLM-Resolution.pdf>

Rev. Josh asked for a blessing on the sign, and the names of many of the young black people killed in the past few years were read, one at a time. It was a very moving ceremony. Here are the names: Michael Brown, Philando Castile, Alton Sterling, Keith Lamont Scott, Eric Garner, Rekia Boyd, Sheranda Pendleton, Natashsa McKenna, Tyre King, Freddie Gray, Carnell Snell Jr., Alfred Olango, Sandra Bland, Terrence Crutcher, Korryn Gaines, Oscar Grant, Miriam Carey, Deravis Rogers, David Joseph. Not one of them had done anything that would have warranted a death penalty in court, yet every one of them is now dead.

On October 30, at 2:00 PM, there will be a community meeting at UUS:E with, we hope, some of our neighbors on West Vernon Street, as well as others in the community. There will be conversation about our sign and how we might change the climate in our community, and in our nation, that leads to such unnecessary deaths. Plan to be there if you possibly can.

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## It's Time to Welcome a "Guest" to Your Table

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Our annual "Guest at Your Table" fundraiser for the Unitarian Universalist Service Committee, kicks off in November and the collection continues at UUS:E through early January 2017.

In case you are new to what the Unitarian Universalist Service Committee is: it is an independent social justice organization, established by UUs during World War II, to rescue war refugees. A wonderful film by Ken Burns was recently aired on by PBS, about the Reverend Waitstill Sharpe and his wife, Martha. The two of them traveled to Europe, risking their own lives, and helped rescue people from the Nazi occupation there. I highly recommend viewing it.

Today, UUSC continues to fight for justice and to protect human rights, in the U.S. and abroad. UUSC's current work includes: helping people at risk after a humanitarian crisis, protecting civil liberties and fighting for economic justice. There is a current effort underway for the Haitians suffering after the devastation from the recent hurricane.

UUSC also works on protecting the human right to water, having a living minimum wage at the state and federal level, and ending the use of torture. UUSC partners with Equal Exchange and other fair trade product organizations.

Your donation to UUSC supports their social justice work. You can donate at church by picking up a Guest at Your Table donation box or envelope. Please bring your donation back to church after the holidays. If you collect change in the box, please convert your cash to a check before returning your donation. This will ensure that your donation can be acknowledged by UUSC more easily. Your check should be made out to "UUSC."

If you prefer to donate directly online, go to [www.uusc.org](http://www.uusc.org).

No matter which way you choose to donate, consider making a donation of \$100, which can be doubled by a matching donation program. Membership level donations of \$40, (\$20 for seniors and \$10 for students) are also appreciated. But any gift will be gratefully accepted and put to good use.

If you have any questions about UUSC, please feel free to contact Sarah Karstaedt, the UUS:E Local Representative for the UU Service Committee.



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## Road Race Cocoa

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Are you planning to watch the Manchester Road Race on Thanksgiving Day, Nov 24, this year?

While you're there, would you us help spread the word about our beloved community at UUS:E?

The Growth Strategy Team is sponsoring a free cocoa table for race spectators on the front lawn on Barlow and Murphy Law Offices at 172 East Center Street. JOIN US! We will be there on Thursday, Nov 24 from 9 am until 12:00 PM. Please help us hand out free cocoa and share information about UUS:E! To sign up to help at the table, or for more information, contact Michelle Spadaccini at [michspad@comcast.net](mailto:michspad@comcast.net) or 860-543-0490.



## The UUS:E Holiday Fair

November 18 & 19, 2016

Each Fall we gather together to create something special—the UUS:E Holiday Fair. A dedicated team of volunteers work hard to offer our best to our community. This is our congregation's biggest fundraiser and we need everyone's participation to make it a success! There are endless ways to participate: help set-up or clean-up, donate handmade items to sell, donate gently used items to the tag sale, book sale, children's shop or "vintage" jewelry booth, help with the luncheon, work in a booth, make jam or jelly, bake! If you have any questions about anything fair-related talk to our fair coordinator Carolyn Gimbrone (860-643-9310 or [bowbrone@aol.com](mailto:bowbrone@aol.com)).

**Be a part of something special! Lend a hand!**

**We need your time, your talent and your donations!**

### Share Your Time

We need you! Starting Sunday, Nov. 13, at noon for the big set-up. Every day that week, we'll be working from 8:30 AM to 8:30 PM, and of course during the fair itself! There are lots of ways to lend a hand.

- Set-Up Sunday, Nov. 13 and Clean-Up Saturday, Nov. 19: Talk to Carolyn Gimbrone.
- Book Shop: Talk to Susan Barlow to help with our books.
- Organizing the Tag Sale Boutique: Talk to Deb Gould, Sandy Karosi, or Beth Gray if you can help during fair week or during the fair.
- Help with the Luncheon. We need cooks to help prepare the food during fair week and to serve the food during the fair. Talk to Gail Crook, Brent Curtin or Beth Zambrano

### Share Your Stuff

We'll gladly take donations of your gently used, pre-loved stuff. **Please do not bring in books or tag sale donations before Sunday, Nov. 13!**

The earlier during fair week you can get your donations to us the easier it is to organize them.

- Jewelry: Diana Sherman or Peggy Webbe are currently collecting jewelry.
- Books, CDs, DVDs, Cookbooks can be brought in the week before the fair, through Wednesday night.
- Tag Sale Boutique: Don't use it anymore? Let someone else! We need LOTS of items in good condition and are especially looking for a few high ticket items for the Friday Night Specials.
- Children's Books, Games, Small Toys, Puzzles.

### Share Your Talent

We sell handmade items, works of art, jams, jellies, candy, and baked goods. Do you make something that would be the perfect holiday or everyday gift? Let us know what you can contribute!

- Original Works of Art: note cards, prints, pottery, jewelry: Talk to Nancy Madar.
- Handmade Holiday Crafts or Traditional Items: Talk to Louisa Graver.
- Knitted Items: Talk to Carol Marion or Phil Sawyer
- Baked Goods, Pies, Cookies and Candies: Talk to Chris Larson.
- Cat and Dog Treats, Toys, and Trinkets: Talk to Sharon Gresk.
- Jams & Jellies, Relishes, Salsa, Chutney: Talk to Joan Macomber or Cory Clark.
- Silent Auction Items: Talk to Carolyn Gimbrone

### Sample Jobs

Talk to Carolyn Gimbrone if you'd like to help, but are unsure how. A few of our positions are:

- Join the set-up or clean-up team. We are looking for a team of RE parents to help with the downstairs set-up and clean-up.
- Bus tables during the luncheon, wash dishes.
- Work in a booth.
- Greet fair guests.
- And much, much more—we have just the right spot for you!

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## Visitors and Newcomers

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Welcome! We hope we had a chance to greet you when you first visited. Please stop by the welcome table inside the front door to speak with the person there, or join in at the Newcomers Café during coffee hour. You can also contact membership co-chairs Edie Lacey at [elacey1@cox.net](mailto:elacey1@cox.net) or 860-481-1922, or Jennifer Klee at [jenduv@sbcglobal.net](mailto:jenduv@sbcglobal.net) or 860-875-1285.

### Save the Date!

There are lots of opportunities to learn more about UUS:E or to pursue membership:

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### Meet the Church

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Visitors are invited to meet Rev. Josh for a brief overview of UUS:E, followed by a tour of the building and grounds. Meet in his office after each service. No RSVP required.

**Dates: 1/15, 3/26, and 6/4**

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### Intro to UU

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Rev. Josh and the Membership Committee present a lively and informative three-to-four-hour seminar about Unitarian Universalism and Unitarian Universalist Society: East. It's a great way to learn more, and is required if you choose to become a member. Please RSVP to Annie Gentile in the UUS:E office at 860-646-5151. Contact Jennifer Klee with any questions ([jenduv@sbcglobal.net](mailto:jenduv@sbcglobal.net)). Childcare is available upon request.

**Sunday, Jan. 29, 1-4 PM, lunch at 12:45**

**Thursday, April 6, 6-9 PM, light refreshments**

**Sunday, April 23, 1-4 PM, lunch at 12:45**



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### New Member Sundays

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We will have a ceremony to welcome new members twice a year. RSVP to Annie Gentile in the UUS:E office at 860-646-5151. Contact Jennifer Klee with any questions ([jenduv@sbcglobal.net](mailto:jenduv@sbcglobal.net)).

### Sunday, Nov. 6 and May 7

There will be a reception and dress rehearsal on the Thursdays before, Nov. 3 and May 4 from 7 to 9 PM.

If you cannot attend one of these services, but want to become an official member, you can "sign the book" at any time! Contact Rev. Josh to make arrangements.

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## Membership News

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Greetings from the Membership Committee!



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### Sunday Morning Teams

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**We really need your help!**



We are filling up the teams of “welcomers” and coffee hour servers that we need to keep things running on Sunday mornings. We are looking for people to volunteer **one Sunday a month at one service**. We set up a schedule for the 1st Sunday at 9, etc. Fellow team members fill in for each other all the time, so please don't worry that it's too hard to commit to the third Sunday all year. We especially have a hard time finding people to do hospitality. It's really not hard; we'll show you how to run the dishwasher and brew the coffee. No one works alone, so you don't have to be a pro from the start.

Contact Jennifer Klee for welcome table “welcomers” and Jackie Heintz or Edie Lacey for hospitality.



### Goodies

Thank you to everyone who has signed up and brought in snacks for Sunday morning! The new schedule for 2016-17 is up now, eagerly awaiting your commitment. You don't have to serve, we are only asking for people to provide the snacks. You'll find the sign-up sheet and very detailed instructions posted next to the serving window.

### The Committee

Are you interested in joining our busy (and fun) committee? We'd love to have you! Talk to Jennifer Klee ([jenduv@sbcglobal.net](mailto:jenduv@sbcglobal.net)) or Edie Lacey, co-chairs, or any committee member: Gail Crook, Louisa Graver, Jackie Heintz, Eric Vogel, Wilda Wyse, Susan Barlow, or Betsy Nelson to learn more.

## Get Connected! with UUS:E on the Web

**UUS:E WEBSITE** is located at <http://uuse.org>  
Here you can find the latest news about our community and upcoming events, basic information about group and committee activities, Rev. Josh's sermons, and much more.

**DIALOGUE FROM HOME** is our ongoing virtual **talkback series** that continues online after each of Rev. Josh's sermons. Whether you want to read along, post your thoughts, and/or engage in dialogue about the topic, you are welcome to join this group. Request a password from Annie, the office administrator, to get access to the discussion. Email [uuse153@sbcglobal.net](mailto:uuse153@sbcglobal.net).

**FACEBOOK!** UUS:E has two Facebook pages where members and friends can share all things UUS:E. Our main site is [www.facebook.com/UUSEast](http://www.facebook.com/UUSEast). You can find out what's going on at UUS:E here. And please share our events to your own page to help spread the word about all of the great things we do!  
We also have a second site, UUS:E Happenings, designed specifically to share ideas and events with others in the UUS:E community. Anyone can post here. Is your child going to be in a play? Are you performing a concert? Looking for people to hike with? Post it here! This is a closed group, request to join here:  
<https://www.facebook.com/groups/587066578028806/>

**MEETUP:** We have started a Meetup page! Join our group! Find events, RSVP and more at:  
<http://www.meetup.com/Unitarian-Universalist-Society-East/>. If you'd like to add an event to the Meetup site, contact Carol Marion at [cmarion333@gmail.com](mailto:cmarion333@gmail.com).

**Rev. Josh** has his own website located at <http://revjoshpawelek.org>  
Catch up on his latest writings, community work, and more. You can also follow Rev. Josh on **Twitter @revjoshpawelek**, or connect with him at **LinkedIn** and **Facebook**.

**YOUTUBE** – We have our own UUS:E YouTube channel with Rev. Josh's sermons and other services: [www.youtube.com/user/uuseweb](http://www.youtube.com/user/uuseweb)

**Weekly e-blast** – Contact Annie at [uuse153@sbcglobal.net](mailto:uuse153@sbcglobal.net) to be added to this weekly email of what's happening at UUS:E. Send submissions to [SBarlow627@aol.com](mailto:SBarlow627@aol.com)

Your Communications Committee

## Stop and Shop Fundraiser

Please consider buying these cards—the more sales we do, the more it helps UUS:E to fund its programs. It is also a very good way to volunteer your time to sell them. Easy to do, and not a lot of time is required. Please call Gail Crook at 860-649-9508, or email her at [e.gail.crook@gmail.com](mailto:e.gail.crook@gmail.com), if you'd like to volunteer or have questions.



## Equal Exchange

Fair-trade, sustainably-grown, **organic coffee, tea, chocolate and now olive oil** are available for purchase in the lobby after each service on the **second Sunday of every month**. These products are good for the growers, good for the Earth, and offered at a very good price. And did you know that the coffee served on Sunday mornings, and at other UUS:E events, is also **Equal Exchange** brand?

Sponsored by your Sustainable Living Committee



## UUS:E recycles!

Bring your used ink-jet cartridges and old cell phones here. They will be properly recycled, and the money will go into the UUS:E general operating fund. The collection box will be in the vestibule most Sundays, especially coffee sales days. The box will be kept in the Recycling Room when not in the vestibule. Please insert the cartridge into a plastic bag, so the ink doesn't leak out.



**UUS:E GENERAL INFORMATION**

**UUS:E Office Schedule:** Monday-Friday, 8:00 AM - 4:00 PM

**Meetinghouse Office:** 860-646-5151

**Office Administrator:** Annie Gentile email: [uuse153@sbcglobal.net](mailto:uuse153@sbcglobal.net)

**Minister:** Rev. Joshua Pawelek 860-652-8961, [revpawelek@sbcglobal.net](mailto:revpawelek@sbcglobal.net)

**OFFICE HOURS:** Tuesday 10 AM to 7 PM and Thursday 10 AM to 4 PM

**President:** Alan Ayers, 860-633-6125, [ADAyers@BUILDINNOVATION.com](mailto:ADAyers@BUILDINNOVATION.com)

**Director of Religious Education:**

Gina Campellone, 860-875-8468, [UUSE.REdir@sbcglobal.net](mailto:UUSE.REdir@sbcglobal.net)

**Newsletter Editor:** Paul Cocuzzo, (978) 270-2056, [uuse.nletter@sbcglobal.net](mailto:uuse.nletter@sbcglobal.net)

**Website Coordinator:** Carol Marion 860-643-8765, [uuseweb@gmail.com](mailto:uuseweb@gmail.com)

**World Wide Web address:** <http://uuse.org>

December Newsletter Deadline:  
November 21

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