

Unitarian Universalist Society: East

*Member of the Clara Barton District of the
Unitarian Universalist Association*



*August 2016
NEWSLETTER*



Unitarian Universalist Society: East is a welcoming, open-minded, spiritual community seeking truth and meaning in its many forms. We share responsibility for building a more equitable, peaceful, and sustainable world.

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Find us on Facebook at [/UUSEast](#).



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Sunday Services Schedule

August 2016 Ministry Theme: **Vocation**

Services at 10:00 AM Only

August 7: "The Ten Commandments of Erotic Living."

Continuing the series inspired by Rev. Josh's class "Deepening Your Spirituality" participants will offer their thoughts about and experience of embodied worship.

Presenters: Anne Vaughn, Chris Joyner, and Andy Sebula

Musicians: Mary Bopp, Ryan Ford

Coordinator: Jack Murphy

August 14: "Poetry's Call to a Spiritual Life."

Speakers: Molly Vigeant, Rebecca Durham

Coordinator: Molly Vigeant

August 21: "The Call To Teach."

Those called to teach hold a special place in our efforts to achieve a just and equitable society. Several current and former teachers will share how they came to that profession and how it has affected their lives.

Coordinator: Lauriston King

August 28: "Sermon Survey Winner."

Rev. Josh will preach the sermon named most in his early July survey (see July newsletter column).

Coordinator: Rev. Josh Pawelek

2016-2017 Ministry Themes

Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Truth	Vocation	Transformation	Suffering	Abundance	Joy	Evil	Love	Surrender	Reconciliation	Devotion	Journeys

September newsletter deadline: August 19

Community Outreach Ministry

Charitable Giving for August 2016

As always, thank you for your generosity.

“We do not gather our gifts only for ourselves but to share with the larger community.”

Continuing our practice of sharing our gifts with the community beyond our walls, the recipient of fifty percent (50%) of our Sunday plate collections for the month of August will be split between **Job For America’s Graduates—Connecticut** (JAG-CT) and the **KADO Pet Foundation**.

JAG-CT is the state branch of a national nonprofit organization that works with young people who are most at risk, helping students stay in school through graduation, pursue post-secondary education and secure quality employment. Our contributions will go directly to assist students at Manchester High School.

The **KADO Pet Foundation** provides lifetime care for animal companions living with low income seniors and those with serious medical conditions. KADO provides pet food, supplies, and veterinarian services as well as assistance with adoption to qualified individuals who want to have an animal companion and may not be able to pay for its care.

The committee overseeing our community outreach efforts welcomes your comments and suggestions.

Please contact Louisa Graver at Graver30@att.net, David Lacoss, or Nancy Madar at nancymadar@hotmail.com

Checks made out to UUS:E will be treated as follows: If the memo line:

- ✓ is blank or “pledge” is written, all will go toward your pledge.
- ✓ has “COM” or the name of the charity is on the memo line, all will go to the charity.
- ✓ has “1/2 pledge, 1/2 COM,” it will be divided equally.

Sunday Service Flowers

The signup sheet for flowers is in a binder in Annie’s office. Please make sure you check off the box, indicating whether you want to take the flowers back home with you or have them donated. The contact person for delivering donated flowers is Cyndi Krupa, 860-986-1957, cyndikrupa@sbcglobal.net.



DVD / Audio CD Loan Services Available in Office



Many of the Sunday Services at UUS:E run on the three community access channels (Cox in Manchester, Community Voice Channel in Bolton, and Charter Communications in Windham). The **DVDs** are available at UUS:E, and you can sign out the programs you were unable to see. **Audio CDs** are available one week after each service, and as a download from Jane, our sexton, if you provide a flash drive (USB port).



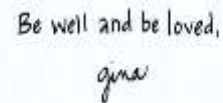
The Minister's Column: Hallelujah

Rev. Josh will resume his column for the September newsletter.



Enter, rejoice, and come in! A Religious Education message from Gina

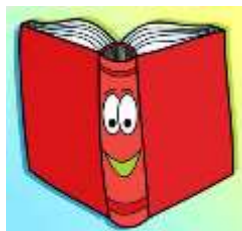
Gina will resume her column for the September newsletter



Books, Classes and Discussions

brought to you by... The Adult Religious Education Committee
(Youth are welcome at all workshops. Childcare is available with one week's notice)

Book Lovers



The Book Lovers will be meeting on Tuesday, August 9 (as always, the second Tuesday of the month), from 3:30 - 5:00 PM, in the chapel area.

We will be discussing **The Light in the Ruins**, by Chris Bohjalian.

All are welcome, even if you haven't read the book!
For information: mheaney1932@frontier.net

UU Buddhists



The Buddhist Group will meet at 7:00 PM, Tuesday, August 2, in Room 2, for meditation, dharma, and discussion. The August ministry theme is "vocation."

Contact Nancy Thompson, nancythompson123@yahoo.com, with any questions.

Community Drum Circle

Tuesday, August 16, 7:00-8:30 PM
(Third Tuesdays in the Sanctuary)

Open to all levels of ability and experience. Facilitator Mary Ertel provides djembe drums and other hand instruments, and you may bring your own.

Drum with Intentionality, Send Good Vibes Out into the World!!

Contact Paul Cocuzzo at pcocuzzo@gmail.com or 978-270-2056 with questions or to reserve a drum.



Yoga Classes

Come enjoy yoga at UUS:E!

The current yoga session with Ruth Rempt, ruthrempt@cox.net, ends Tuesday, August 2. Ruth is offering a special promotion throughout August. All Tuesday morning classes will be free of charge. If you haven't ever tried Yoga, this is an opportunity to sample, at no cost.

The regular payment schedule will resume in September. That eight week session will run Tuesday, September 6 - October 25.

Monday yoga classes with Jessica De Carli, Jess.decarli@gmail.com, will resume on September 12 and run through November 14, with no class on Columbus Day, October 10, or Halloween, October 31.

Cost: \$40 for an eight-week session or \$6 drop-in fee.

Check the weekly E-Blast and the church bulletin for further notification.

In case of inclement weather or sickness, Ruth and Jessica will call or email registered participants, and, if the building is closed, yoga classes will be cancelled.

Come experience physical strengthening and emotional awakening with these two certified yoga instructors.

To read about their classes, visit [UUSE.org](http://uuse.org/religious-ed/adult/yoga-classes/#.ViVPB-tCiX0).
<http://uuse.org/religious-ed/adult/yoga-classes/#.ViVPB-tCiX0>

Women's Sacred Singing Circle

Every Thursday from 7:00 - 9:00 PM, we will be singing in the sanctuary. All women and girls eight years and older are welcome to join our circle regardless of musical training or ability. Come when you are able, stay as long as you wish.

Sing, laugh, and be in community.

For more information, contact Jane Osborn: janeosb3@gmail.com



UUS:E Calendar of Events for August

For details, please go to <http://uuse.org/events/calendar-2/#.VB9etWd0y71>

Unitarian Universalist Society: East						
August 2016						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
31 10am Sunday Service 1pm Mental Health Min	Aug 1 12pm AA Group, MR/K 7pm RE Committee, Rr 7pm RE Building & Ground 7pm Sustainable Living 7pm Buddhist Group, F	2 Jane - Vacation	3	4 5:45pm Sisters in Harm 7pm Manchester Women 6pm Andy Dauphinais/ 10am Music Rehearsal,	5	6
7 10am Sunday Service	8 12pm AA Group, MR/K 7pm Communications (3:30pm Book Lovers, C 6:30pm Growth Strateg 7pm Finance Committe	9 9am MIL/Foreigners Av 7pm Manchester Women	10 9am MIL/Foreigners Av 7pm Manchester Women	11 7pm Community Kirtan 10am Music Rehearsal, 2pm Memorial Service	12	13
14 10am Sunday Service 12:15pm Music Commit	15 12pm AA Group, MR/K 7pm NLDLC, Rm3 7pm Membership Comi	16 9:30am Yoga/Adult RE, 7pm Membership Comi	17 5:45pm Sisters in Harm 6:30pm Policy Board, C 7pm Manchester Women	18 5:45pm Sisters in Harm 6:30pm Policy Board, C 7pm Manchester Women	19	20 10am Music Rehearsal,
21 10am Sunday Service	22 12pm AA Group, MR/K 7pm Denominational A	23 9:30am Yoga/Adult RE, 7pm Denominational A	24 (2:00pm) Sitings for Photo Directory, MR/P 5:45pm Sisters in Harm 7pm Citizens Climate L 7pm Manchester Women	25 (2:00pm) Sitings for Photo Directory, MR/P 5:45pm Sisters in Harm 7pm Citizens Climate L 7pm Manchester Women	26 10am Sitings for Photo 10am Music Rehearsal,	27
28 10am Sunday Service	29 12pm AA Group, MR/K 9:30am Yoga/Adult RE,	30 7pm Yoga/Adult RE, 7pm Holiday Fair Kicko	31 5:45pm Sisters in Harm 7pm Manchester Women 7pm RE Parent Orienta	Sep 1 5:45pm Sisters in Harm 7pm Manchester Women 7pm RE Parent Orienta	2	3 10am Music Rehearsal,



Not Too Early

It's not too early to start preparing books for the November holiday fair. Select sale-able books in good condition, keeping in mind our small book room! No encyclopedias, textbooks, magazines, damaged or mildewed books, please.



UUS:E Holiday Fair's KICK-OFF GATHERING

- WHO:** All members and friends of UUS:E are invited to attend. If you have ever thought about volunteering to help with our fair now's the time to get involved.
- WHAT:** Our annual Holiday Fair Kick-Off Gathering includes fellowship time, a brief meeting, and refreshments. We're looking for feedback from last year's fair and new ideas for this year's fair.
- WHEN:** Wednesday, August 31, from 7 - 9 PM
- WHERE:** UUS:E Meeting House—Main Meeting Room
- WHY:** This is our opportunity to come together to plan for this year's holiday fair. Our fair will take place on Friday evening Nov. 18 and all day on Saturday, Nov. 19. We have a number of volunteers returning to work on the fair, but we need more volunteers—

WE NEED YOU!

Everyone has time and talent that they can give—we'll help you find what's right for you. Being a part of the fair is a great way to meet new people and deepen our connections with one another. Our annual budget relies on the success of this fundraiser. We can modestly say: "It's the best holiday fair in town!" Join us at the Kick-Off Gathering and help make this year's fair our best yet!

If you have any questions about the fair please contact Carolyn Gimbrone, Fair Coordinator at: 860-643-9310 or by email at: Bowbrone@aol.com.



Growth Team

The Growth Team was formed last year to explore and develop strategies to help our congregation grow. Our work isn't done and the committee is looking for a couple members at-large to complete the team. If you are interested talk to team members Rev. Josh, Louisa Graver, Jennifer Klee, Carol Marion, Nancy Pappas, Michelle Spadaccini or Beth Zambrano. We'd also like to thank resigning co-chairs Jason Corsa and Peggy Gagne for their work last year to get this initiative started!

Our Refugee Family



It's getting nearer! We hope to have our family here with us in Manchester sometime in September. We've been working hard to have everything in place so that their adjustment will be as smooth as possible.

We've done well, but there are two areas where we could really use your help. We need to have at least \$6,000 in order to ensure that their rent and other needs are taken care of during the time before they can find jobs. And we aren't there yet. If you'd like to contribute, you can make out a check to MACC (Manchester Area Conference of Churches) with Refugee Resettlement on the memo line. You can either give it to Judi Durham or mail it to P.O. Box 3804, Manchester, CT 06045-3804.

If you'd rather use a credit card, go to <http://www.macc-ct.org/donate/>. Select the credit card you will use, and after filling in the information on the next page, go to the bottom of the page and click on Donation Information, then select from the drop-down menu Manchester Refugee Project.

All contributions made through MACC are tax-deductible. You will receive a receipt to use with your tax return.

The second area is housing. We will need a **two or three-bedroom apartment** on or near a bus line and, we hope, with a sympathetic landlord. The tricky part of this is that we won't know the size of the family until they actually are here. If you know of such a place or can steer us to a contact who knows of one, please let Judi know at judi.durham@gmail.com.

Thanks so much for all you've done so far. We're doing well and are looking forward to actually meeting our family!

Attending General Assembly as an Armchair Traveler



Are you interested in doing some armchair traveling?

The four members of UUS:E who attended the General Assembly of Unitarian Universalist Congregations (GA) in Columbus OH in June would like to take you on a journey right in the comfort of your home. You can see videos and read articles about everything described in this article—and much more—at <http://www.uua.org/ga>.

This year's delegates were Stan and Sue McMillen, and Ted and Nancy Pappas. Among us we have a couple of centuries of UU experience, but we still find that a five-day gathering of thousands of UUs can be challenging, moving, inspiring and exciting.

The heart-opening experience started with the Banner Procession, where our elegant satin chalice moved among nearly 300 other congregational

standards. "The opening remarks from Rev. William Barber were overwhelmingly inspirational and struck at the heart of our nation's oppressive racism, sexism and anti-LGBT attitudes," says Stan.

GA participants were lucky enough to hear from Rev. Barber again, along with Jewish and UCC leaders, at a rally and public witness entitled State of Emergence: Faith Filled People Rally for Racial Justice. Many who attended said it had the music and pacing of a revival. "The speakers were articulate and emotional; very moving. There was a very large crowd in attendance and it felt like we were cohesive in our focus on the topic and directions to take," says Sue.

CONTINUED, NEXT PAGE...

Armchair, continued



Challenge Yourself

During that welcoming celebration, UUA President Rev. Peter Morales, asked participants to challenge themselves during GA – to get out of their comfort zone and try something entirely new. For Ted, that new experience was a workshop on The Spirituality of Hip Hop. “I made a conscious choice to go into something entirely new, and learned that hip hop is a contemporary, valid language that speaks to members of many cultures,” Ted says. “It’s important to understand that conversation if we want to have real communication.”

Those who attended the fantastic public worship on Sunday morning heard some of that communication, as Dr. Glen Thomas Rideout provided moving and spiritual commentary in counterpoint with the glorious GA Choir that he was leading. This was one of the highlights of the entire GA, and is well worth watching on line!

Defending Our Democratic Principles

Every other year, delegates choose a Congregational Study/Action Issue of broad national significance for a four-year period of study and action with opportunities for congregational and district comment. At the 2016 GA, delegates chose “The Corruption of our Democracy” (www.uua.org/statements/current) Congregations study this topic and take actions that raise awareness and work toward a more representative governance. At the same time, we are entering Year 3 of the cycle for “Escalating Inequality,” which was a theme throughout many of the workshops and worship experiences.

The delegates also chose three Actions of Immediate Witness, statements that express the conscience of the GA at which they are passed. The final text will be posted by the UUA in August: (1) Expressing solidarity with Muslims; (2)-Advocating gun reform following the Pulse nightclub massacre, and (3) Affirming support for transgender people. Once these are published, UU leaders at the local, regional and national levels “may use them as a basis for public statements on the matter and are urged to act on them.”

New Leadership for the UUA

At the 2017 GA in New Orleans, UUs will vote for a new president to serve as the denomination’s chief executive officer for a six-year term. Similar to American political conventions, delegates are instructed by their home congregations to vote for a particular candidate. We attended a forum to hear from the candidates, who all have great ideas for our faith community: Rev. Susan Frederick-Gray, Rev. Alison Miller and Rev. Jeanne Pupke. Take a look at the video on line at uua.org/ga, read the coverage in the UU World and watch for opportunities to hear more directly from the candidates – they will be visiting each region and providing webinars where they answer our questions!

A Huge Kaleidoscope

Finally, there is no way to summarize the experiences the four of us had at GA. We went to a reception honoring Martin Luther King III, attended more than 20 workshops (collectively) and reconnected with former UUS:E members –including Bailey Saddlemire, a high school junior who will be one of two youth observers to the UUA national board!

Here is one more snapshot: Westboro Baptist Church in Kansas sent a small number of protesters to the Columbus Convention Center to protest against UU support for LGBTQ people and abortion rights. Stan and Sue attended the counter-demonstration with hundreds of other UUS, including young people wearing angel wings sent by the Orlando UU congregation. Stan describes it: “As we marched to the site where Westboro had assembled, we sang and chanted “Love Wins” until the Westboro folks walked away. It was very moving.”

We hope to share some of this at the UU:E worship service on September 25. But please experience this for yourself, by looking at the workshops and worship services on line, and planning to attend the New Orleans General Assembly, June 21-25, 2017.

Visitors and Newcomers

Welcome! We hope we had a chance to greet you when you first visited. Please stop by the welcome table inside the front door to speak with the person there or join in at the Newcomers Café during coffee hour. You can also contact membership co-chairs Edie Lacey at elacey1@cox.net or 860-481-1922 or Jennifer Klee at jenduv@sbcglobal.net or 860-875-1285.

Save the Date!

There are lots of opportunities to learn more about UUS:E or to pursue membership—

Meet the Church



Visitors are invited to meet Rev. Josh for a brief overview of UUS:E, followed by a tour of the building and grounds. Meet in his office after each service. No RSVP required, watch for announcements in the order of service.

Intro to UU



Rev. Josh and the Membership Committee present a lively and informative three-to-four-hour seminar about Unitarian Universalism and Unitarian Universalist Society: East. It's a great way to learn more, and is required if you choose to become a member. Please RSVP to Annie Gentile in the UUS:E office at 860-646-5151. Contact Jennifer Klee with any questions (jenduv@sbcglobal.net). Childcare is available upon request.

Sunday, Oct. 16, 1-4 PM, 12:45 for lunch

Sunday, Jan. 29, 1-4 PM, 12:45 for lunch

Thursday, April 6, 6-9 PM, light refreshments

Sunday, April 23, 1-4 PM, 12:45 for lunch



New Member Sundays



We will have a ceremony to welcome new members twice a year. RSVP to Annie Gentile in the UUS:E office at 860-646-5151. Contact Jennifer Klee with any questions (jenduv@sbcglobal.net).

Sunday, Nov. 6 and May 7

There will be a reception and dress rehearsal on the Thursday before, Nov. 3 and May 4 from 7-9 PM.

If you cannot attend one of these services but want to become an official member, you can "sign the book" at any time! Contact Rev. Josh to make arrangements.

Membership News

Greetings from the Membership Committee!



SAY CHEESE

It's time for another UUS:E photo directory!

Do you ever see people at church and wonder what their names are? We are updating our membership photo directory this year, and it will not be complete without you! We want all **members and friends** to be included.

Even if you think that you don't need pictures of yourself, we strongly encourage you to participate. We'd like to have everyone in the directory! And the more participation we get, the more directories we receive free of charge. We only do this project every five years. Each participating family or individual will receive a free 8x10 portrait and a photo directory. You may purchase more of your photos, cards and other photo products. However, it is *not required* that you make a purchase.

Lifetouch photographers will be at UUS:E on:

- Thurs., Aug. 25, 2-9 PM
- Friday, Aug. 26, 2-9 PM
- Sat., Aug. 27, 10 AM – 5 PM
- Thur., Sept. 8, 2-9 PM
- Fri., Sept. 9, 2-9 PM
- Sat., Sept. 10, 10 AM - 5 PM

If you cannot make any of these, contact Jennifer Klee. There are opportunities to have your pictures taken when Lifetouch is at another nearby location.

Click on this link: [Schedule Photo Session](#) to schedule your photo session online, or watch for sign ups in the lobby after Sunday services.

And we can use volunteers to check people in when they come for their session. If you can help, please contact Jennifer Klee or Edie Lacey.

Sunday Morning Teams



We are filling up the teams of greeters, welcomeers and coffee hour servers that we need to keep things running on Sunday mornings. We are looking for people to volunteer **one Sunday a month at one service**. We set up a schedule for the 1st Sunday at 9, etc. Fellow team members fill in for each other all the time, so please don't worry that it's too hard to commit to the third Sunday all year. We especially have a hard time finding people to do hospitality. It's really not hard; we'll show you how to run the dishwasher and brew the coffee. No one works alone so you don't have to be a pro from the start.

Contact Louisa Graver for greeters, Jennifer Klee for welcome table "welcomeers" and Jackie Heintz or Edie Lacey for hospitality.



Goodies

Thank you to everyone who has signed up and brought in snacks for Sunday morning! The new schedule for 2016-17 is up now eagerly awaiting your commitment. You don't have to serve, we are only asking for people to provide the snacks. You'll find the sign-up sheet and very detailed instructions posted next to the serving window.

The Committee

Are you interested in joining our busy (and fun) committee? We'd love to have you! Talk to Jennifer Klee (jenduv@sbcglobal.net) or Edie Lacey, co-chairs, or any committee member: Gail Crook, Louisa Graver, Jackie Heintz, Eric Vogel, Wilda Wyse, Susan Barlow and Betsy Nelson to learn more.

Get Connected! with UUS:E on the Web

UUS:E WEBSITE located at <http://uuse.org> Here you can find the latest news about our community and upcoming events, basic information about group and committee activities, Rev. Josh's sermons, and much more.

DIALOGUE FROM HOME is our ongoing virtual **talkback series** that continues online after each of Rev. Josh's sermons. Whether you want to read along, post your thoughts, and/or engage in dialogue about the topic, you are welcome to join this group. Request a password from Annie, the office administrator, to get access to the discussion. Email uuse153@sbcglobal.net.

FACEBOOK! UUS:E has two Facebook pages where members and friends can share all things UUS:E. Our main site is www.facebook.com/UUSEast. You can find out what's going on at UUS:E here. And please share our events to your own page to help spread the word about all of the great things we do! We also have a second site, UUS:E Happenings, designed specifically to share ideas and events with others in the UUS:E community. Anyone can post here. Is your child going to be in a play? Are you performing a concert? Looking for people to hike with? Post it here! This is a closed group, request to join here: <https://www.facebook.com/groups/587066578028806/>

MEETUP – We have started a MeetUp page! Join our group! Find events, RSVP and more at: <http://www.meetup.com/Unitarian-Universalist-Society-East/>. If you'd like to add an event to the MeetUp site, contact Carol Marion at cmarion333@gmail.com.

Rev. Josh has his own website located at <http://revjoshpawelek.org>
Catch up on his latest writings, community work, and more. You can also follow Rev. Josh on **Twitter @revjoshpawelek**, or connect with him at **LinkedIn**, and **Facebook**.

YOUTUBE – We have our own UUS:E YouTube channel with Rev. Josh's sermons and other services: www.youtube.com/user/uuseweb

Weekly e-Blast – Contact Annie at uuse153@sbcglobal.net to be added to this weekly email of what's happening at UUS:E. Send submissions to SBarlow627@aol.com

Your Communications Committee

Stop and Shop Fundraiser

Please consider buying these cards—the more sales we do, the more it helps UUS:E to fund its programs. It is also a very good way to volunteer your time to sell them. Easy to do and not a lot of time is required. Please call Gail Crook at 860-649-9508 or via email at e.gail.crook@gmail.com if you'd like to volunteer or have questions.



Equal Exchange

Fair-trade, sustainably-grown, **organic coffee, tea, chocolate and now olive oil** are available for purchase in the lobby after each service on the **second Sunday of every month**. These products are good for the growers, good for the Earth, and offered at a very good price. And did you know that the coffee served on Sunday mornings and at other UUS:E events is also *Equal Exchange* brand?

Sponsored by your Sustainable Living Committee



UUS:E recycles!

Bring your used ink-jet cartridges and old cell phones here. They will be properly recycled, and the money will go into the UUS:E general operating fund. The collection box will be in the vestibule most Sundays, especially coffee sales days. The box will be kept in the Recycling Room when not in the vestibule. Please insert the cartridge into a plastic bag so the ink doesn't leak out.



UUS:E GENERAL INFORMATION

UUS:E Office Schedule: Monday-Friday, 8:00 AM - 4:00 PM

Meetinghouse Office: 860-646-5151

Office Administrator: Annie Gentile email: uuse153@sbcglobal.net

Minister: Rev. Joshua Pawelek 860-652-8961, revpawelek@sbcglobal.net

OFFICE HOURS: Tuesday 10 AM to 7 PM and Thursday 10 AM to 4 PM

President: Alan Ayers, 860-633-6125, ADAyers@BUILDINNOVATION.com

Director of Religious Education:

Gina Campellone, 860-875-8468, UUSE.REdir@sbcglobal.net

Newsletter Editor: Paul Cocuzzo, (978) 270-2056, uuse.nletter@sbcglobal.net

Website Coordinator: Carol Marion 860-643-8765, uuseweb@gmail.com

World Wide Web address: <http://uuse.org>

September Newsletter Deadline:
August 19

Unitarian Universalist Society: East
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Manchester, CT 06042